



SAINT BENEDICT CVA SIXTH FORM

**SUPER-CURRICULAR
EVIDENCE FOR THE
PERSONAL
STATEMENT
2025 ENTRY**



VIRTUAL WORK EXPERIENCE -SPRINGPOD

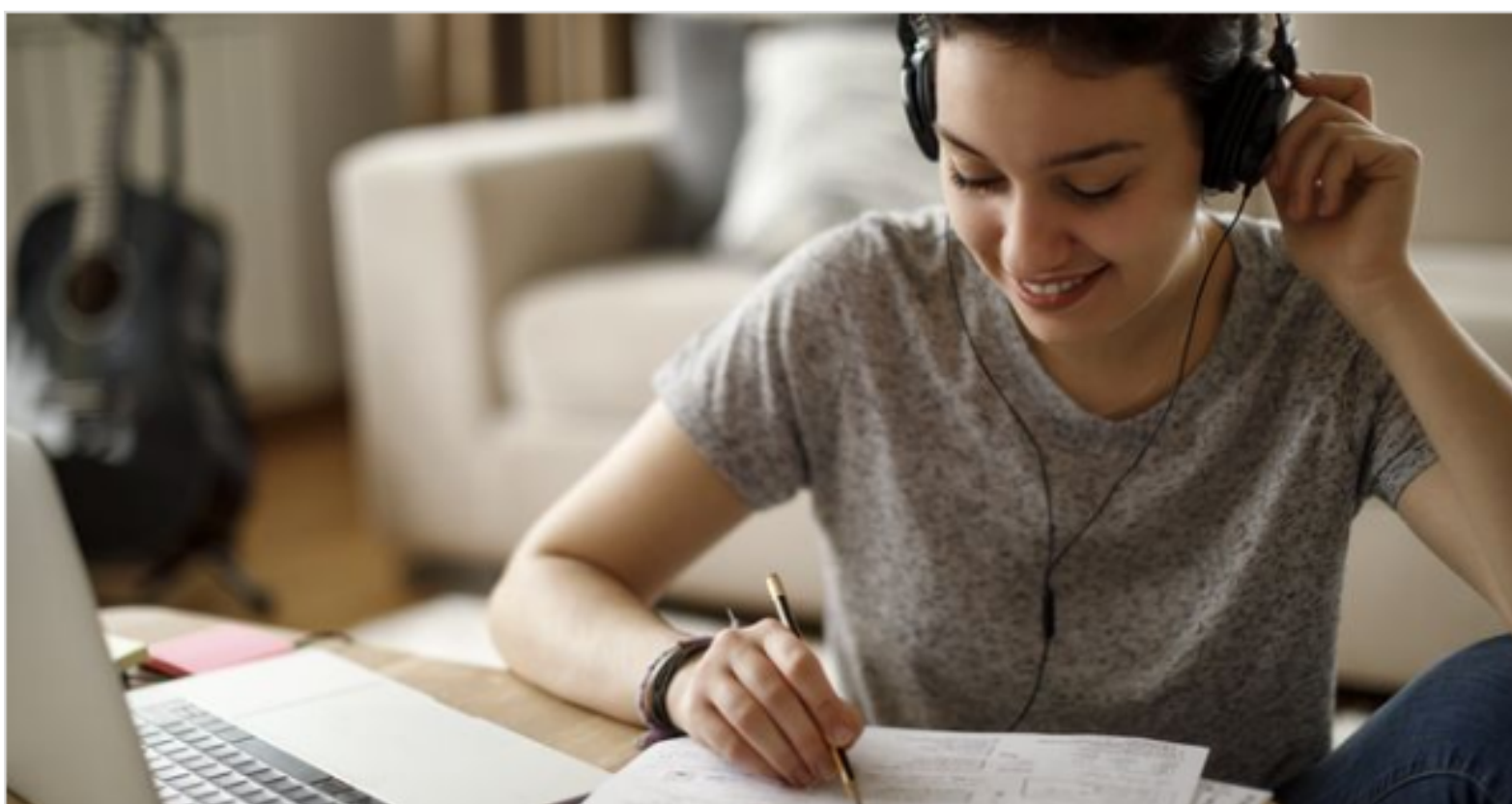
Springpod has a diverse range of virtual work experiences for free.

Many of their work experiences are on demand, so you can complete at a time convenient for you.

Universities are really keen on this, so make sure you complete one in a field relevant to you.

New for 2025 entry - link directly from UCAS HUB to Springpod.

SPRINGPOD LINKS



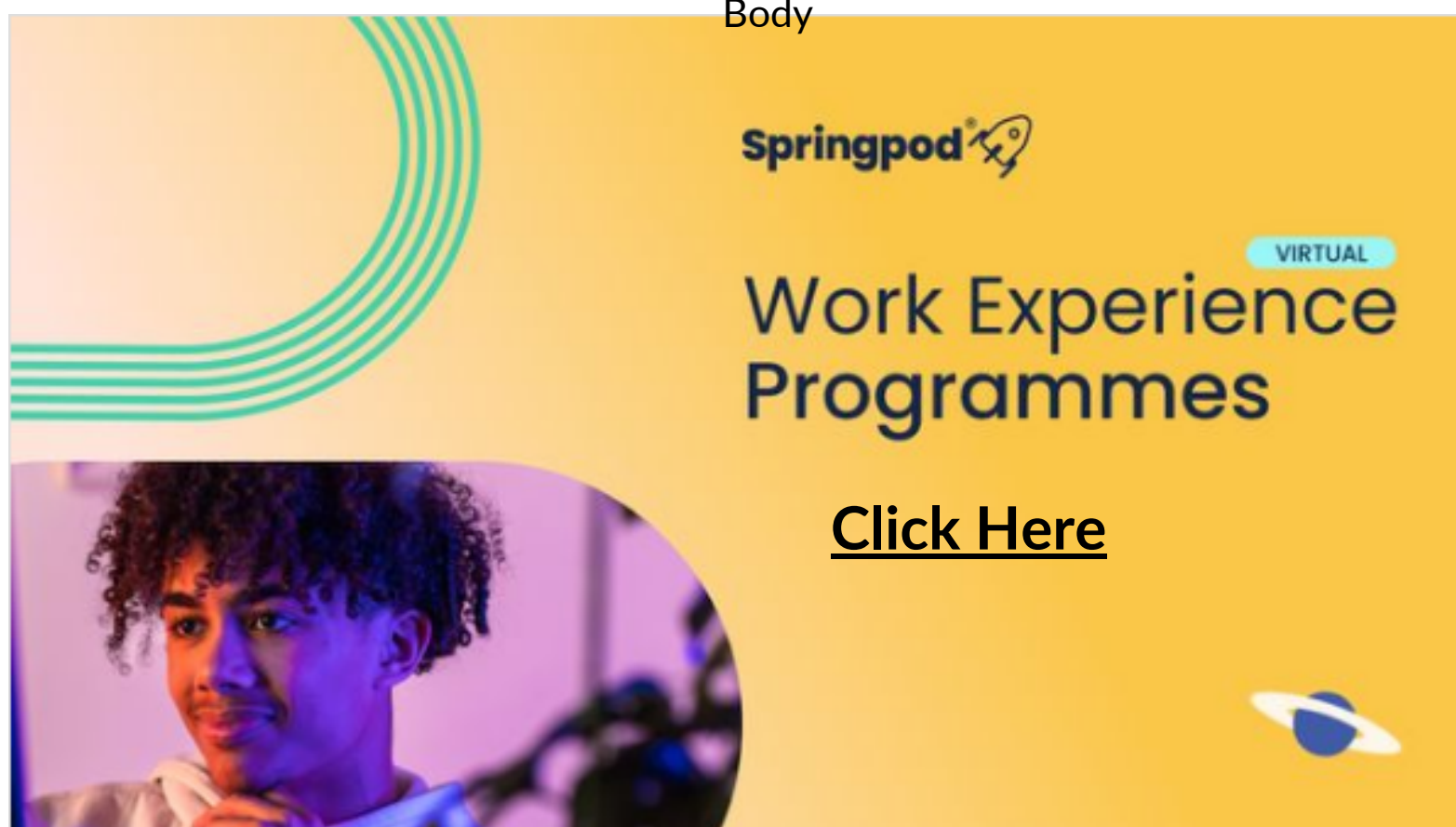
Virtual work experience on a diverse range of fields from journalism, business to aerospace engineering etc..

Search | Virtual work experiences | "springpod"

Not sure what to do? Explore subjects, locations, universities, and colleges



Body



Virtual work experience on a diverse range of fields from journalism to aerospace engineering

Springpod Virtual Work Experience Search

Find Virtual Work Experience with top employers with Springpod. Boost your CV - 100% free!

 springpod.com



VIRTUAL WORK EXPERIENCE NHS:

- Interested in an NHS Career then please take a look at these:



[BSMS Virtual Work Experience - Click Here](#)

brighton and sussex
medical school

BSMS Virtual Work Experience

This course provides an online work experience for those considering to apply to medical school. You will be taken through six areas of medicine, exploring the roles, skills required and challenges faced by today's...

Brighton and Sussex Medical School

Virtual work experience in medicine from Brighton & Sussex Medical School - this a must do for any one interested in medicine



Royal College of General Practitioners

[RCGP- Click Here](#)

GP work experience

Work experience and placement guidance for school and college pupils aged 16+ who are interested in studying medicine.

 rcgp.org.uk

Virtual work experience in medicine from Brighton & Sussex Medical School - this a must do for any one interested in medicine



Home | Medical Schools Council

The Medical Schools Council provides medical schools a forum to share expert opinions for medical education and research.

 medschools.ac.uk

[Click Here](#)

Everything you need to know about applying to study medicine



VIRTUAL WORK EXPERIENCE NHS:



Explore NHS Roles

Virtual Work Experience Quick Start Guide The aim of these sessions is to give you a basic understanding of the career and pathways into th...

 350+

[Click Here](#)

Virtual work experience in:

- Medicine
- Nursing
- Physiotherapy
- Speech & Language Therapy
- Prosthetist & Orthotist
- Paramedicine
- Occupational Therapy
- Radiography
- Communications & PR
- Catering



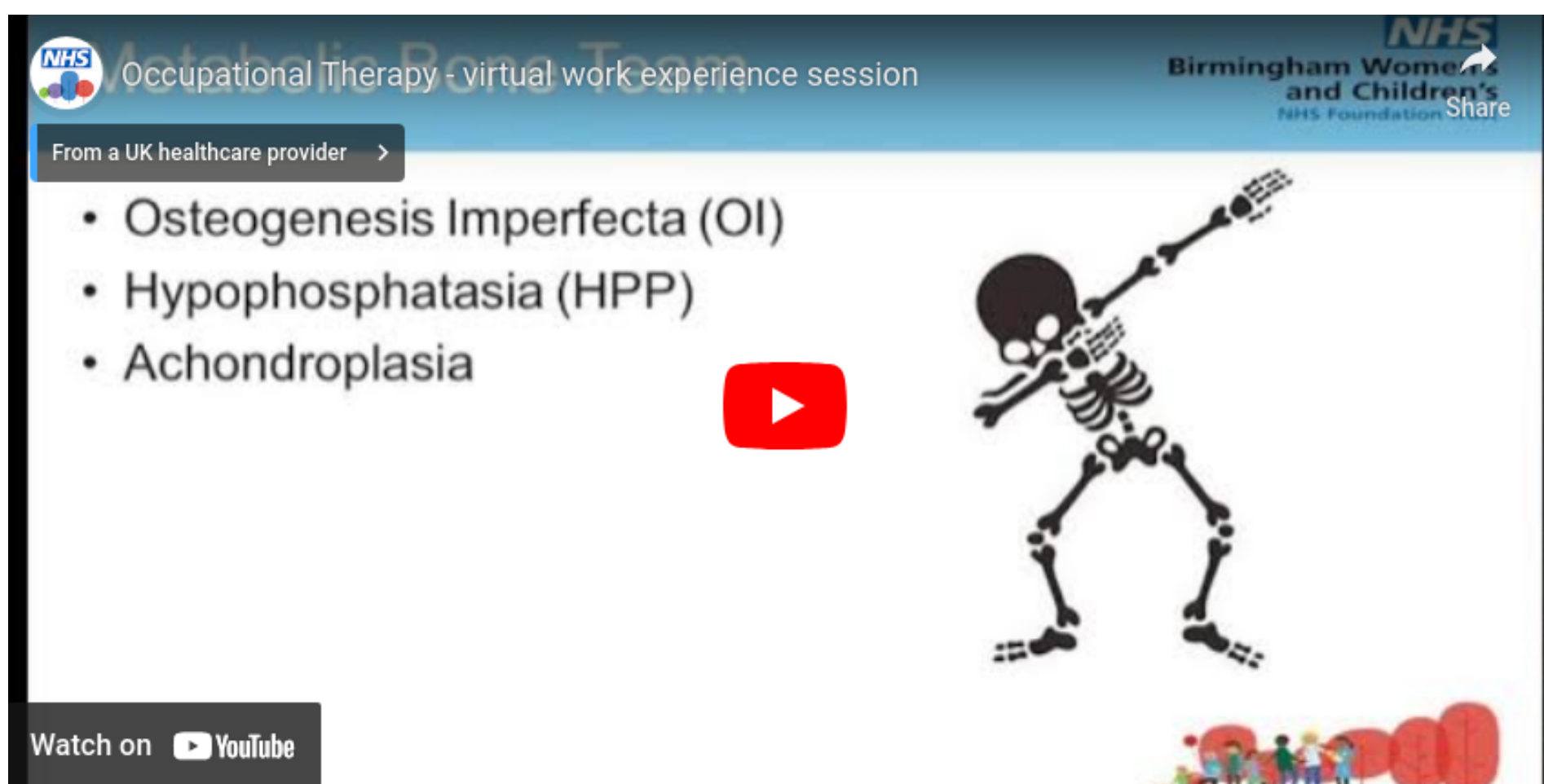
Patients & visitors

Due to COVID19 we have moved our physiotherapy work experience online. If you are interested in a career in physiotherapy you can access a range of...

 scot.nhs.uk [The Breadth of Physiotherapy - Click Here](#)

Virtual work experience in physiotherapy which shows the diversity of the role:

- Musculoskeletal Physiotherapy
- Orthopaedic Physiotherapy
- Elderly and Stroke
- Home First Physiotherapy
- Mental Health
- Learning Difficulties
- Paediatric

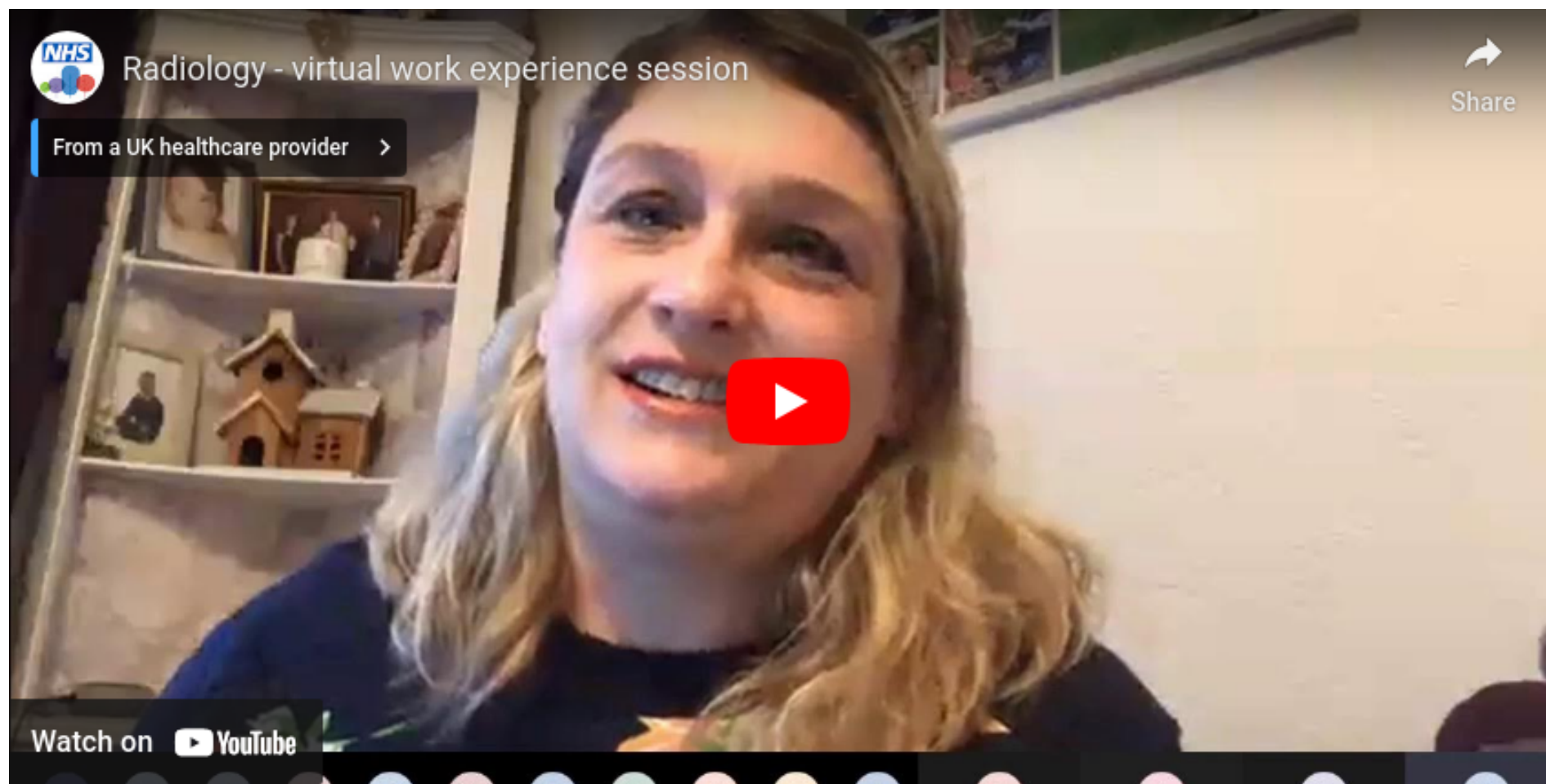


<https://www.youtube.com/watch?v=ShtDy5eHVTI>

Occupational Therapy



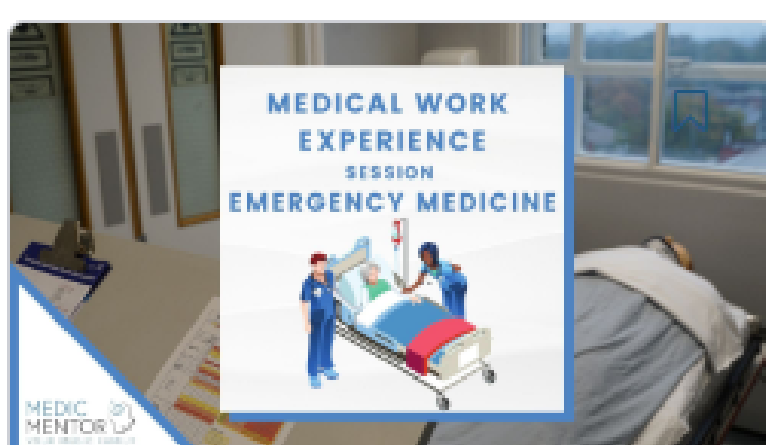
VIRTUAL WORK EXPERIENCE NHS:



Diagnostic Radiography

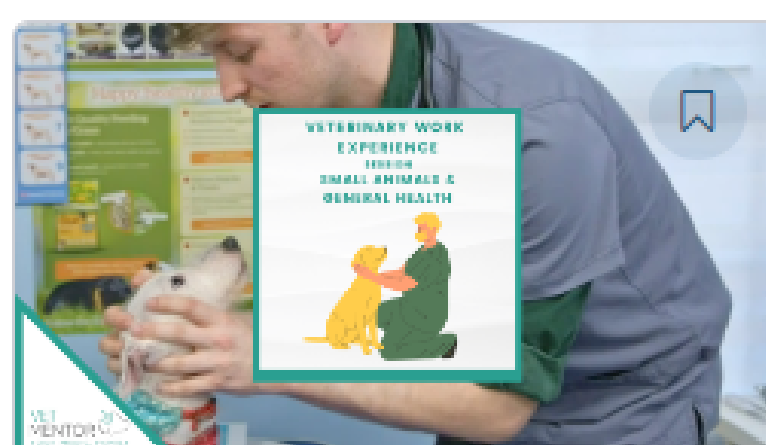
<https://www.youtube.com/watch?v=muzVSPrzNFw&t=2s>

Medic Mentor Free WE



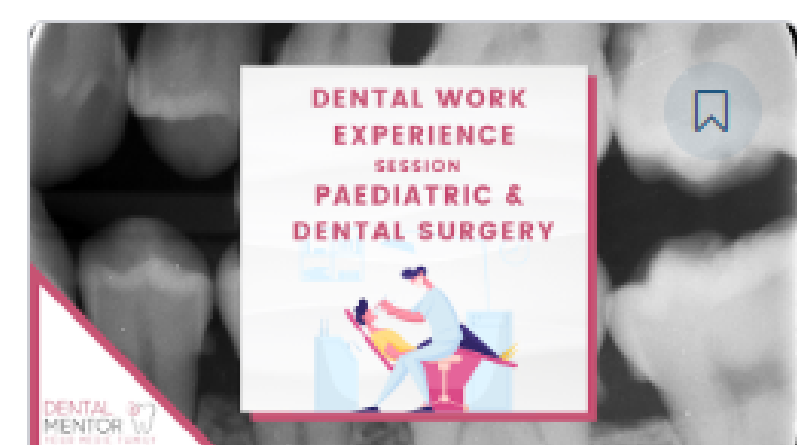
★★★★☆ 4.67 (3)

Medic Mentor Work
Experience - Emergency
Medicine



☆☆☆☆☆

Vet Mentor Virtual Work
Experience - Small
Animals & General...



★★★★☆ 4.81 (43)

Dental Mentor Work
Experience - Paediatric
& Dental Surgery

⌚ 4h 3m



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WEBINARS, ONLINE LECTURES & TASTERS

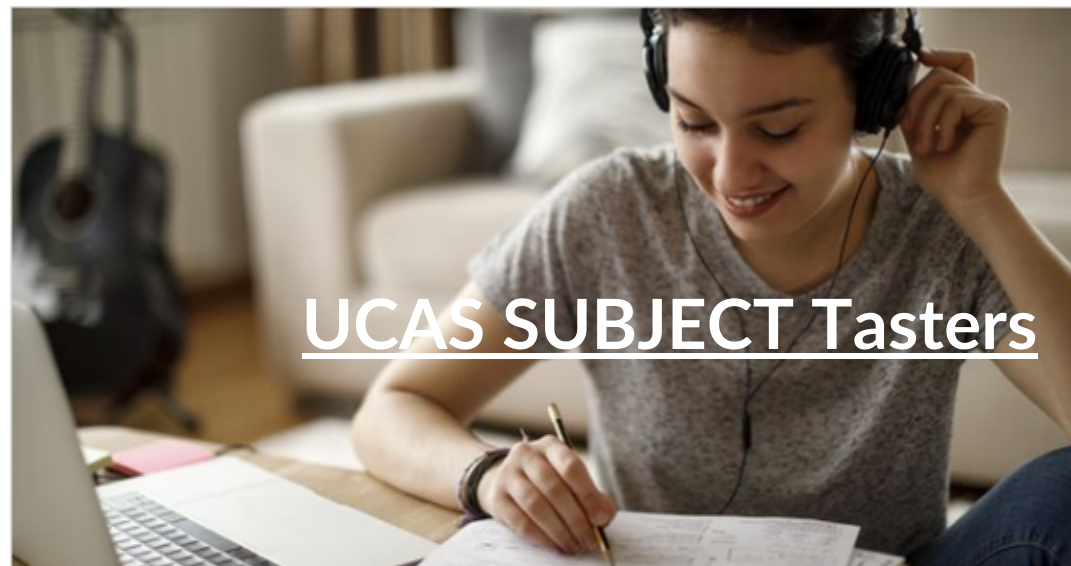


University of
Nottingham
UK | CHINA | MALAYSIA

[A-Z of Online Lectures](#)

unifrog

[Webinars](#)



[UCAS SUBJECT Tasters](#)

Subject tasters

Try university degrees before you apply. Subject Spotlights from Springpod give you a taste of what it's like to study real subjects delivered by university lecturers and developed in partnership with the...

UCAS / Jun 25



There is a wealth of online lectures on every subject on [YouTube](#)

eventbrite

[In-person events](#)



[Free online courses](#)

MOOC.org

[Try this alternative to Unifrog MOOCs](#)



[Future Learn Short Online Courses](#)

Is FutureLearn free?



Yes. FutureLearn offers a range of short courses you can join and audit completely free of charge. However, access to the free version of courses ends after five weeks and doesn't include tests, grades, or a certificate



READING:

Reading is one of the most effective ways to prepare for university and writing your personal statement.

- Read the university course profile.
- Many courses have a suggested reading list.
- You have the creative freedom to read whatever you want- it's good to be original.
- You can read books, magazines, online articles, journals, websites....
- Here's some ideas - but you have the freedom to choose!

[Reading list for medicine](#) [St George's recommended Prep](#)

[Departments KS5 Reading Lists](#) [Maths](#)



Historical Association
The voice for history

[University Transition HUB](#)

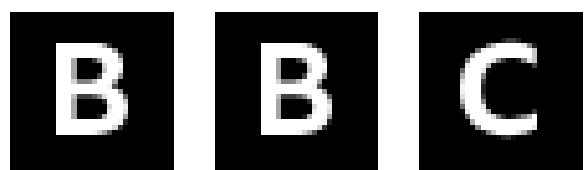
Not just reading lists
but podcasts and
other sources too!

**The ultimate
psychology reading
list**



READING ONLINE ARTICLES

- Your choice of online article is unlimited.
- Google something of interest, but make sure your source is academic.
- Particularly good for all science, healthcare, politics, psychology, sociology, geography and law!
- If your degree is vocational, read how that field is changing in the future, or current advancements in the field, or how it is being influenced by AI.



THE CONVERSATION

Academic rigour, journalistic flair Law cases that changed the world



14 Mega-Trends In Marketing Right Now





READING MAGAZINES

- Many magazine will not be available unless you purchase a copy or subscription - these are just ideas. You may be able to find them in your local library, or can access online copies free with a Derby City Library Card.



The
Economist

Health
THEWEEK



New
Scientist

 The Law
Society
Gazette

THE
SPECTATOR

nature
International weekly journal of science

Nursing
Times



PROFESSIONAL BODIES WEBSITES:

- Read about the career and its future developments on the websites of professional bodies. If the field you're interested in isn't listed search for it.





-
- A photograph of a busy exhibition stand with various people, including a woman in a black hijab, looking at informational posters. One poster is titled "PROCESS OF FALLING INTO". The stand has yellow tables and blue railings. Other people are visible in the background, some looking at other posters and others talking. The atmosphere is educational and interactive.

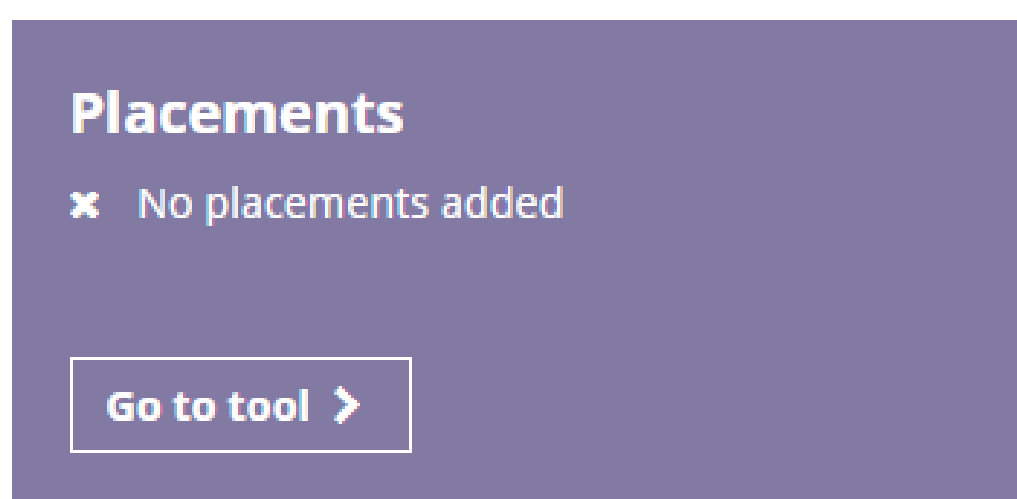
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IN -PERSON ACTIVITIES

- **Work Experience** - all Year 12 students will have the opportunity to complete 5 days of work experience.
- Work experience is a brilliant chance to immerse yourself in a professional setting and bridges the gap between your theoretical knowledge gained from your A-Levels and the practical application of your knowledge.
- Work experience is administered through the placement tool on Unifrog



- **Summer Schools**- Summer schools are run through the Sutton Trust or directly through the University. There is no better way to experience what university and your subject of interest is like than through actively getting involved.



Summer Schools have no closed for 2025 entry - most deadlines are around March.
Most are aimed at widening participation students so you need to meet the eligibility criteria.

• What is a Nuffield Research Placement?

It is a 2-3 week placements over the summer holidays. Students will participate in real life research at a higher institution or a STEM based company. The students will complete the research and write a scientific report and poster on the research they have completed. This will be showcased at a celebration event in front of their peers, parents, STEM ambassadors and the school.

Eligibility Criteria

- Students need to be in Year 12 and in full-time education
- Students must be studying 1 or more A-Levels in a STEM based subject, also including social sciences (sociology, psychology, history & geography)
- Students must have at least 5 GCSEs at Level 6 or above.
- The student is the first in family to go to higher education.
- The student comes from a low income household (less than 30K a year) or have received free school meals in the past 6 years.
- To find out more [click here!](#)

