

# Knowledge <br> Book 2023-2024 



Saint Benedict
A Catholic Voluntary Academy

Sticker Name


## BE WHO GOD MEANT YOU TO BE AND YOU WILL SET THE WORLD ON FIRE.

## LOVE

As we know we are loved by God, we will learn to love ourselves and care for our own body mind and soul.

We will show love to one another by being patient and kind, not by being rude, boastful or proud.

As one body in Christ, we will ensure that no member of our community is left out or left behind

## BELIEF

We will encourage one another and build each other up.

We will let our light shine, making the world a better place for all.

## KNOWLEDGE

We will value knowledge: intelligent hearts acquire knowledge, the ears of the wise seek knowledge.

## INTEGRITY

We will always strive to make the right choice even when this is the harder path to take.

We will live and work sustainably.

## MY EQUIPMENT PLEDGE

To succeed you must be prepared. Every night before school, you need to check your school bag to ensure that you have all the correct equipment.

Here is the list of equipment you need for every lesson:

- Black or blue pens
- Red pens (one or two)
- A ruler
- A pencil
- A scientific calculator (CASIO)
- A rubber
- A protractor
- Colouring pencils
- A sharpener
- Glue stick
- Your KNOWLEDGE BOOK

I pledge that I will always bring the correct equipment to class so that I can effectively learn.

Your signature:
Parent/carer's signature: Form tutor's signature:

## Respect

## What is Respect?

Showing respect is an important part of life, and how you maintain relationships.

Three types of respect:

1. Respect Yourself
2. Respect Others
3. Respect the Planet

| Key words | Definitions |
| :--- | :--- |
| Respect | Due regard for the feelings, wishes and <br> rights of others |
| Honour | The quality of knowing and doing what <br> is morally right |
| Dignity | Sense of pride and self respect |
| Relationships | The way two or more people or groups <br> connect and behave towards each other |
| Worthiness | The quality of being good enough |

## Why is respect important?

Receiving respect from others is important because it helps us to feel safe and to express ourselves. Respecting others helps maintain a peaceful world and encourages others to be better people. Showing respect to our planet allows us to maintain it for future generations.

## Rules and Sanctions

## Build up a loving community

| Key word |  |
| :--- | :--- |
| Conduct | The way in which a <br> person behaves. |
| Unacceptable | Something that is not <br> suitable or appropriate. |
| Boundaries | The limits of something. |
| Sanction | A penalty or action taken <br> when a rule or law has <br> been broken. |
| Consistent | Acting in the same way <br> overtime to be fair. |

## Behaviour

Rules and sanctions are things which guide our behaviour. We follow rules and regulations to be fair and consistent. Sanctions occur if we do not follow rules or deliberately break them.

## Preparation for life

All aspects of life require us to follow rules. There are rules in school; rules in your family and home; rules to follow when crossing the road and using the bus and so on. Structure and rules allow us all to know what is acceptable and how to conduct ourselves. Rules reassure us

## The law

We are all bound by the rules of the law. If we break the law, we face a raft of different sanctions. Ultimately, having rules in schools is about a lifelong understanding about what is right and what is wrong.

## Kindness

Treat others how you would want to be treated yourself.

## What is Kindness?

The quality of being friendly, generous and considerate

| Key word |  |
| :--- | :--- |
| Empathy | Understand and share feelings of <br> others |
| Compassion | Concern for misfortune of others |
| Compliment | Praise or congratulate others |
| Considerate | Thoughtfulness and sensitivity to <br> others |
| Generous | Being liberal with things |

## Emotions

| Key Words |  |
| :--- | :--- |
| Feelings | An emotional state or reaction. |
| Relationships | The state of being <br> connected with someone else. |
| Instinct | A fixed pattern of behaviour. |
| Intuitive | Using what you feel to be true <br> even without conscious <br> reasoning. |
| Reaction | Something done, felt or thought <br> in response to a situation or <br> event. |
| Identification | The act or process of identifying <br> someone or something. |

## Work and play in harmony

## What are emotions?

Emotions are biological states associated with the nervous system.

Thoughts, feelings, behavioural responses, and relationships all generate emotions.

An instinct or, intuitive reaction or feeling can create emotions

## Identifying feelings

Making sense of what and how you feel is not always easy. To do this, we need to regularly check in with ourselves, making time to think about the feelings we are having and naming them. To do this, we need to think about our daily lives which may help us to see patterns of behaviour.

## Not all feelings or emotions are bad or negative!

It is important to recognise when you feel happy; relaxed and good about yourself. Knowing what has led to these feelings can help us identify things we do not like which may cause us negative feelings.

## Verbal Communication

| Key Words | Clarity |
| :--- | :--- |
| Vocal clarity means you do not speak too fast <br> or too slowly. You consider carefully the words <br> you mean and whether your listener can <br> understand you. |  |
| Honesty | Honesty is speaking the truth. |
| Respect | Respect means that you accept somebody for <br> who they are, even when they are different <br> from you or you do not agree with them. |
| Appropriate | fitting the practical or social requirements of <br> the situation. |
| Tone | a quality in <br> the voice that expresses your feelings or thou <br> ghts, often towards the person being spoken <br> to or the subject being spoken about |
| Courtesy | politeness, good manners, or consideration for <br> other people. |

What is verbal communication?
Verbal communication is the use of words to share information with other people.

What does it mean to communicate effectively?
Every time you verbally interact with someone you are aiming to develop your understanding of the world; you may be wishing to obtain information, respond to a request or offer support or guidance to another. In every one of these exchanges you are representing your tutor, your family and most importantly yourself.

## Why is it important to communicate effectively?

All young people need to develop good speech, language and communication skills to reach their full potential.

Speech, language and communication underpin the basic skills of literacy and numeracy and are essential for you to understand and achieve in all subjects.

## How can we communicate effectively?

Make eye contact
Speak honestly
Consider your role within the school
Consider the role of the person you are speaking to
Think carefully why you need to speak to the person you are addressing
Where necessary adapt as your conversation develops

## Manners

| Key Words |  |
| :--- | :--- |
| Manners | A person's words or way of behaving <br> towards others. |
| Respect | A regard for the feelings, wishes, <br> or rights of others. |
| Listen | To take in what you hear. |
| Harmony | A time of behaving in one way <br> to produce a pleasing effect. |
| Vocabulary | The range of words that we <br> know and use. |
| Gratitude | The quality of being <br> thankful; readiness to show <br> appreciation for and to return <br> kindness. |

## Loving...harmony...dignity

## Treat your neighbour as yourself

The way in which we behave and speak towards others, reflects in their actions and words towards us.

## Show the best side of yourself

When you speak to others, always show respect; be polite and thankful. Use the words 'please, thank you, sorry and pardon' when communicating with others.

## Manners are for every situation

Every interaction has space for the use of manners: speech, emails, messages. Often when we get upset or angry we don't use manners. However it does calm a situation if you do.

## Change

| Key Words | Definition |
| :--- | :--- |
| Change | Make or become different |
| Organised | Make arrangements or preparations for <br> an event or activity |
| Opportunity | A time set of circumstances that make it <br> possible to do something |
| Coping | To deal effectively with <br> something difficult |
| Embrace | Accept (a belief, theory or <br> change) willing and enthusiastically |
| Strategies | A plan of action designed to achieve |
| a long term or overall aim |  |

## Develop potential to the full

## Find the positive

Don't allow yourself to become negative about the changes in your life. Change is good, keep repeating it.

## Feeling vulnerable

Facing change can be very overwhelming, leaving you feeling very emotional. Make it your mission to be proactive and respond to it positively.

## Talk about it

It's good to talk about change in your life. Focus on problems, solutions and the positives that change will bring. Try to avoid focussing on the negatives and letting emotions take over.

## Study Skills - Ways to learn and remember

Self quizzing (look, cover, write)


Read through the information in the knowledge book that you want to

Cover the information up

Write down as much as you can remember learn


Use the knowledge book to;
a) Correct any mistakes
b) Add any information that you forgot

## Study Skills - Ways to learn and remember

## Spacing



Complete a self quiz of the information you want to learn


Wait for a day or 2 (depending on the deadline)


Repeat the self quiz.

The more times you can repeat this process, the more you will be able to remember without the book

## Study Skills - Ways to learn and remember

## Elaboration



Think about the topic that you are studying

Ask questions such as who, what, why, where, when how. Try to find the answers

See how these ideas connect - a mind map will be useful for this

## Study Skills - Ways to learn and remember

Concrete Examples

## Pythagoras theorem example

If you tried to explain Pythagoras's theorem to someone verbally, it would be quite hard to understand.

By using a concrete example that shows exactly how to use Pythagoras theorem, it is much easier to remember, understand and use

A concrete example is an clear example of an abstract idea


## Study Skills - Ways to learn and remember

## Interleaving



Research says we will actually learn more effectively if we mix our study skills up rather than using the same techniques all the time

1. Try to use different study skills rather than just one technique.
2. When revising for exams, prepare a revision timetable and try to revise more than one subject during a session

## Study Skills - Ways to learn and remember

## Dual Coding



As well as writing information down, create an icon/ drawing too for individual facts. This helps your brain to remember the information


~
First, use a contents page or a topic list for the subject you are going to revise.
Then, fill in the following table - the topics, and how well you know them.
Next, prioritise. Which topics will you revise first? Spend time studying the topics
which will make the biggest difference to your results.

| Topic | Knowledge | Priority |
| :--- | :--- | :--- |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it know it/Don't know it |  |
|  | Know it/Sort of know it/Don't know it |  |

[^0]| Prioritise: write out the three most important sentences. Rank 1-3 in terms of |
| :--- |
| importance. Justify your decision. |
| Reduce: reduce the key information to 20 words. |
|  |
| Categorise: sort out the information into three categories. Give each category a |
| title which sums up the information. |
| Extend: write down three questions you would like to ask an expert in this subject. |


Read the text and transform it into 10 questions to ask someone.


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# Year 7 Personal Development Curriculum 

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Year 7 Personal Development Curriculum
Topic - Dealing with change

| Key <br> Vocabulary | A routine is like a habit or sequence that <br> doesn't vary. There are daily routines <br> things that must be done on a regular |
| :--- | :--- |
| basis. |  | | To do something different from what |  |
| :--- | :--- |
| Change | A plan of action designed to achieve a <br> long-term or overall aim. |
| Strategy |  |

Year 7 Personal Development Curriculum
Topic - The challenge of moving to Secondary School

## Key Knowledge

Change is a regular part of people's lives, moving school, moving to college or university, moving jobs.

Change should be a good experience.
Organisation is the key to dealing with such changes.
Preparation of the next step, knowing what is required and expected of you.

Strategies for dealing with change are :Talking to someone you they trust, making time for relaxing activities, Having realistic expectations, ensuring you eat and drink healthily, creating a daily routine, giving yourself time to adjust, thinking positively and self encouragement.

Never be afraid to ask for help. Everyone was new once.
Make an effort to make friends and to try things that are new.
Do your best to follow the school rules.
Enjoy every day, make the most of every
moment.

## Key Knowledge

Moving to Secondary School is a milestone in all people's lives

Moving to the next experience is a regular part of people's lives, moving school, moving to college or university, moving jobs.

Organisation is the key to dealing with such changes.

Preparation of the next step , knowing what is required and expected of you.

Check timetable, pack bag, have equipment, positive attitude.

Never be afraid to ask for help. Everyone was new once.
Make an effort to make friends and to try things that are new.

Do your best to follow the school rules.
Enjoy every day, make the most of every moment.

Year 7 Personal Development Curriculum

## Topic - How to establish and manage friendships

## Year 7 Personal Development Curriculum

Topic - How to improve study skills


## Key Knowledge

It takes effort to maintain a friendship.

A person can have many friends, this means that you ae not dependant on any one person should circumstances change.

Friendships have varying levels of intensity, ranging from those you meet on and off to a 'best' friend who you share more times and experiences with.

Friends reflect who you are; therefore surround yourself with good people.

Qualities of a good friend are trust, loyalty, humour, compassion, empathy, listening, supporting, honest and allowing you to be yourself.

## Key Knowledge

The brain is a very busy organ of the body.
The memory is like a filing cabinet of all that you have done in our lifetime.

Your working memory can hold about seven times at a time.

It sifts, rejects and selects information to go into the long term memory.

Your long term memory is your storage system which holds millions of pieces of data.

The memory needs a filing system don't clutter it with useless information be selective in what your read and watch.

Feed your brain and memory, drink plenty, exercise, eat healthily, get enough sleep.

Practice, practice, practice until things become a habit and routine.

Year 7 Personal Development Curriculum

## Topic - How to identify personal strengths and areas for development

| Key <br> Vocabulary | Something that you are good at <br> doing or that you possess. |
| :--- | :--- |
| Strength | The ability to do something well |
| Skill | A process of growth that <br> is characterised by improvement or <br> change |
| Development |  |

## Year 7 Personal Development Curriculum

## Topic -Personal safety and travel safety

| Key |  |
| :---: | :---: |
| Vocabulary |  |
| Pedestrian | A person walking rather than travelling in a vehicle |
| Safety | The condition of being protected from or unlikely to cause danger or risk |
| Dangerous | Able or likely to cause harm or injury. |
| Traffic collision | Occurs when a vehicle collides with another vehicle, pedestrian, animal or the road |
| Fine | A fixed amount of money someone has to pay as a result of a penalty |
| Passenger | A traveller on a public or private conveyance other than the driver, pilot, or crew |
| Penalty | A punishment imposed for breaking a law, rule, or contract. |

## Key Knowledge

Every human is unique and special

We all have talents, strengths and gifts

No person is good at everything - and that is normal

Weaknesses or areas for development are opportunities for us to grow

It is good to reflect on our strengths and areas for development

As we grow our strengths and areas for development will change

## Key Knowledge

Road collisions remain one of the main causes of death among children and young people aged 0-15.
$35 \%$ of child pedestrians are killed or seriously injured during what is typically classified as the 'school run'.
More boys are injured as a result of a road traffic collision than girls in England.
In 2014, 1,171 boys aged 0-15 were killed or seriously injured compared to 611 girls.

You must wear a seat belt if one is fitted in the seat you're using - there are only a few exceptions - You can be fined up to $£ 500$ if you don't wear a seat belt when you're supposed to. lt's illegal to hold a phone or sat nav while driving or riding a motorcycle. You must have hands-free access.
As a passenger in a vehicle, you also risk death or serious injury on the road due to the actions of other road users. However, your own actions can also be to blame.

Drivers need to concentrate and distractions within the car can make this difficult.

Year 7 Personal Development Curriculum

## Topic - How to respond in an emergency situation

$\left.$| Key Vocabulary |  |
| :--- | :--- |
| Airway | If not clear, then open by tilting the <br> head back, use one hand on <br> forehead and two fingers under <br> the chin |
| Emergency | A situation where they is an <br> immediate problem or danger |
| situation | What you do when you first see a <br> casualty - but only when you are |
| Primary survey |  |
| safe |  |$\quad$| The position you put the casualty |
| :--- |
| in when you have completed the | \right\rvert\, | primary survey |
| :--- |

## Key Knowledge

Before attempting to help anyone you first must make sure that you are safe and not putting yourself in danger

The heart needs air (oxygen) and it's a muscle that pumps blood around the body.

There are six main stages to the primary survey
Danger - check that you are safe and the environment around you is safe

Response - Check the casualty's response. Ask questions and gently tap shoulders. Say "open your eyes!"

Shout - Anyone nearby can assist you
Airway- check If not clear, then open by tilting the head back, use one hand on forehead and two fingers under the chin

Breathing- Check for normal breathing. Do not put your face next to theirs, instead look at chest rising and falling only.

Circulation- Check the casualty for bleeding

The recovery position is used to place an unresponsive casualty who is breathing normally into a safe position that allows them to breathe easily

For all casualties, it is important to maintain an open airway throughout the procedures. This can be achieved by opening the airway of the casualty by placing a hand on their forehead, and gently tilting the head back so their mouth opens.

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## Year 7 Personal Development Curriculum

## Topic - Introduction to careers

| Key Vocabulary | Aspiration |
| :--- | :--- |
| Motives | Striving to better ones-self <br> eagerly. |
| Values | A feeling, reason or reasons <br> for acting or behaving in a <br> particular way. |
| Conscientiousness | The quality of wishing to do <br> behaviour; one's judgement of <br> what is important in life. <br> one's work or duty well and <br> thoroughly. |
| Self-Concept | An idea of the self constructed <br> from the beliefs one holds <br> about oneself and the <br> responses of others |
| Assets | A useful or valuable thing <br> or person. |
| Resilience | The capacity to recover quickly <br> from difficulties; toughness. |

## Career <br> Key Knowledge

Career comes from the French carrière, from an older word for "street" or "road." Staying on track for a certain career is like directing a car towards a destination on a road. Maybe the expression "career path" is helpful in remembering that a career is something that progresses, or moves forward.

## Ambition

Ambitious people have clear goals and work very hard to accomplish them. They embrace challenges and enjoy them--they know they are necessary to move forward and learn.

Ambitious people take charge of their destiny and don't expect others to bow down to their needs. They have willpower and determination. They know where they are going and what they have to do to get there. They are capable of changing and measuring up to their dreams and are always watchful for opportunities.

Ambition is a major driver for personal growth and development. Those who wish to be more, know more, do more, give more or have more, have a purpose and a powerful internal drive that leads them to dream bigger and go further.

## Stereotyping

You have probably heard stereotypes: commonly held ideas or preconceptions about specific groups. You most often hear about negative stereotypes, but some are positive - the stereotype that tall people are destined for a career in basketball, for example. One of many problems with any stereotype is that even if it's true in some cases, it's certainly not true in all cases.

## Topic - Effective Teamwork

| Key <br> Vocabulary | When you practice cooperation you are working <br> together on a job or project. Cooperation can <br> sometimes be hard to come by, which is why when <br> someone does a lot of it, it's nice to say thank you. |
| :--- | :--- |
| Co-operation | When you join a group of friends to build a huge <br> sandcastle on the beach, your impressive structure <br> is the result of collaboration, or working together <br> toward a common goal. |
| Collaboration | Morale is the spirit a group has that makes them <br> want to succeed. It's a sense of well-being that <br> comes from confidence, usefulness, and purpose. <br> E. g. There was good morale in the class. |
| Morale | Use the noun productivity to describe how much <br> you can get done. Your teacher at school probably <br> keeps track of your productivity - meaning they're <br> checking to see how much work you do and how <br> well you do it. |
| Productivity | Efficiency is avoiding a waste of time, effort, or <br> resources. Many people have begun to use <br> compact fluorescent light bulbs because of their <br> greater energy efficiency. |
| Efficiency | Taking the time to think about actions, thoughts, <br> behaviours, plans etc, to find an improved way of <br> doing things going forwards. |

## Key Knowledge

Roughly 75\% of employees regard collaboration, communication and teamwork as important. Collaboration and teamwork are in the top four important skills for employees' future success.

Systems encouraging workplace collaboration originated in the 1960s, but why are they still effective today? Many young adults choose careers that require teamwork because they enjoy working with people and want to develop, learn, and serve on a team.

Various workplace collaboration statistics 2019 revealed that many companies whose employees work together stay and grow together.

Research on teamwork shows:
$70 \%$ of employees said digital technology improved their collaboration.
Online collaboration tools and digital workplaces facilitate increased productivity by up to $30 \%$, digital collaboration statistics reveal.
Happy workers can increase their productivity by up to $20 \%$ more than unhappy workers.
Extremely connected teams demonstrate a $21 \%$ increase in profitability.
Employees whose boss acts on their feedback are $4 x$ more likely to remain in the company.

Year 7 Personal Development Curriculum

## Topic- Enterprise Skills

| Key <br> Vocabulary | Enterprise describes a readiness to act boldly to <br> get something started, like the enterprise it takes <br> to start a charity with only a dream and a few <br> pounds. Another meaning of enterprise is "a <br> business venture." |
| :--- | :--- |
| Prioritization | Prioritize means to rank in order of importance. |
| Commercial | Commercial is an adjective describing something <br> with money-making and marketing <br> intentions. The adjective commercial first <br> appeared in the 1680's, long before <br> television commercials, which is probably what <br> you think of when you hear the word. |
| Innovation | An innovation is the introduction of something <br> new. If you run a magazine about new <br> technology, then you're constantly looking out for <br> the next innovation. Innovation comes from <br> Latin innovare for renew, whose root is novus or <br> new. |
| Strategy | In the game of capture-the-flag, running toward <br> your flag screaming is not a good strategy. <br> A strategy is any plan you make to achieve a <br> goal. |

## Key Knowledge

The definition of enterprising is "having or showing initiative and resourcefulness". It's all about being able to spot opportunities and then make the most of them.

Any business is unlikely to be successful if they don't have enterprising leaders to drive them. They need employees who can spot gaps in the market and come up with new ideas to improve processes and results.

Entrepreneurship skills are associated with competence in the process of opportunity identification (and/or creation), the ability to capitalise on identified opportunities and a range of skills associated with developing and implementing business plans to enable such opportunities to be realised.

Proving yourself to be enterprising is a very valuable trait, as it tells your employee information about you as a person: for example, that you are determined to succeed, that you are creative, that you have good initiative and so on.

The available evidence suggests that there are significant numbers of small businesses in the UK with relatively underdeveloped entrepreneurship skills and that there is the potential for substantial impacts on performance.

Topic - Raising aspirations

| Keyword |  |
| :--- | :--- |
| Diversity | The state of being diverse with a lot of <br> variety |
| Goal | The object of a person's ambition or <br> effort; an aim or desired result. |
| Growth | When something grows in size or <br> develops |
| Future | A period of time following the moment or <br> a time that has yet to come or happen |
| Motivation | A feeling, reason or reasons for acting or <br> behaving in a particular way. |
| Plan | A detailed proposal for doing or achieving <br> something ort intention or decision about <br> what one is going to do |
| Reflection | A serious thought or consideration. |
| Target | A goal or aim that a person has |

## Key Knowledge

When setting goals be realistic and specific - specify when and what you will do.

This will increase your chances of getting it done.

You need to break each goal into simple, digestible parts.

The easier you make it to complete each step of the goal, the more likely it is that you will eventually achieve it.

Each goal must have a target time frame.

Make a note of them on your daily or weekly planner and on your overall revision plan.

Write down your goals. It will keep you focused and remind you of what still has to be done.

Be realistic - Start off with a relatively small number of goals and gradually increase their number and size as you become more effective at completing them.

Year 7 Personal Development Curriculum
Topic - Stereotypes and careers

## Key Knowledge

Everyone has the opportunity to apply for a job as long as they meet then entry criteria (qualifications, experience etc).

1975 Sex Discrimination Act it became illegal to advertise gender specific jobs

Before 1975 men and women doing the same job could be paid differently.

The right person for the job is the one who wants to do that role and is passionate about its content.

There are some jobs which are only open to specific gender owing to the nature of the role e.g. require personal and/ or intimate care.

No one has the right to stop someone wanting to take on a job or career.

Topic - Careers and values

| Key <br> Vocabulary | Something that a person, or group <br> of people, believes is important. <br> Values can influence our behaviour <br> and decisions. |
| :--- | :--- |
| Value | The process that initiates, guides, <br> and maintains goal- <br> oriented behaviours |
| Career | An occupation undertaken for a <br> significant period of a person's life <br> and with opportunities for progress. |

Year 7 Personal Development Curriculum
Topic - Career choices

| Key <br> Vocabulary | A qualification in a specific <br> subject typically taken by school students <br> aged 14-16 |
| :--- | :--- |
| A Level | A qualification in a <br> specific subject typically taken by school <br> students aged 16-18. |
| Degree | A qualification gained at university after <br> three or more years of study |
| Skill | The ability to do something well; <br> expertise |
| Apprentice <br> ship | A system for training a new generation of <br> practitioners of a trade or profession with <br> on-the-job training and some <br> accompanying study |

## Key Knowledge

When looking for a job, people can consider whether an organisation has values that match with their own.

People might find that they feel more motivated in a career that has values that they agree with.

People might get along well with colleagues that share similar values.

They could work well as a team or make lasting friendships at work.

Personal values include, honesty, integrity, service, competition, variety.

Motivation is what gets you up each morning ready to face another day.

## Key Knowledge

Qualifications open the door to all careers GCSES taken at end of Year 11

Aged 16 you choose to go to Sixth Form, go to college, or start an apprenticeship

A Levels taken at end of year 13
A Degree is studied at university and taken at least three or more years of study (can be longer)

Personal skills are ones you possess e.g. time keeping, public speaking, decision making etc.

Employability skills are one valued by an employer e.g. teamwork, problem solving, working under pressure, communication, motivation, organisation, numeracy, literacy, ability to work under pressure, ability to adapt.

You need to be able to demonstrate you have these skills when applying for jobs so practice them now in school.

Year 7 Personal Development Curriculum
Topic -Celebrating Diversity
\(\left.$$
\begin{array}{ll}\hline \begin{array}{l}\text { Key } \\
\text { Vocabulary } \\
\text { Diversity }\end{array} & \begin{array}{l}\text { The fact of many different types of things or people } \\
\text { being included in something; a range of different things } \\
\text { or people }\end{array}
$$ <br>

Culture \& Culture, identity, stereotype, discrimination, ethnicity\end{array}\right\}\)| Identity | Who a person is, or the qualities of <br> a person or group that make them different from others: |
| :--- | :--- |
| Stereotype | A set idea that people have about what someone or <br> something is like, especially an idea that is wrong |
| Discrimination | Treating a person or particular group of people differentl <br> y, especially in a worse way from the way in which <br> you treat other people, because of their skin colour, <br> ethnicity, gender, age etc |
| Ethnicity | Relating to a particular race of people. A <br> large group of people who have the <br> same national, racial, or cultural origins, or <br> the state of belonging to such a group |
| Prejudice | An unfair and unreasonable opinion or feeling, especiall <br> y when formed without enough thought or knowledge |
| Protected | Age, Gender reassignment, Being married or in a civil <br> partnership, Being pregnant or on maternity leave, <br> Disability, race including colour, nationality, ethnic or <br> national origin, religion or belief, sex, sexual orientation. |
| Characteristics |  |

## Key Knowledge

Everyone is different and our differences are what make us who we are - we are made in God's image and we are all special

We should be proud of what makes us who we are and never made to feel ashamed

Some people experience negative social interactions because of their Gender, Ethnicity, Appearance, Religion, Age, Sexuality and this is not acceptable.

If we see people being discriminated against we should challenge this. We can do this by explaining that this is wrong. We can tell a teacher at school.

If you experience diversity in your everyday life, you will have regular exposure to people, cultures, traditions, and practices that are unlike your own. This will prepare you to be a part of a global society, whether you are traveling to a new country, working with people from diverse backgrounds, or just reading about events in the news.

If people are being discriminated against because of their diversity this is bullying and we need to stop it.

We shouldn't just accept diversity we should be celebrating it!.

## Year 7 Personal Development Curriculum

Topic - Prejudice and discrimination

| Key  <br> Vocabulary Make an unjust or prejudicial distinction <br> Discriminate Mn <br> in <br> the treatment of different categories of $p$ <br> eople, especially on the grounds of <br> race, sex, age, or disability. <br> Characteristic Typical of <br> a particular person, place, or thing. <br> Prejudice Preconceived opinion that is not <br> based on reason or actual experience. <br> Stereotype A set idea that people have about what <br> someone or something is <br> like, especially an idea that is wrong <br> Protected Age, Gender reassignment, Being <br> Characteristics married or in a civil partnership, <br> Being pregnant or on maternity leave, <br> Disability, , race including colour, <br> nationality, ethnic or national <br> origin, religion or belief, sex, sexual <br> orientation. |
| :--- | :--- |

## Key Knowledge

Prejudice comes from the words 'to judge before'. It is forming an unfavourable opinion or feeling about a person or a group of people, without a full examination of the situation. In theory, it is possible for somebody to be prejudiced without anybody else knowing about it.

Discrimination is making a distinction against a person or thing based on the group, class or category they belong to, rather than basing any action on individual merit. A simple distinction between prejudice and discrimination is that prejudice is to do with attitude, discrimination is to do with action.

We learn our prejudices from society- no one is born with prejudiced attitudes

Many people have suffered injustices based on prejudice: Racist behaviour is one important example of this.

It is important to challenge ourselves and our attitudes - be open tot the idea that we are prejudiced and make sure that we are aware of this.

You are legally protected from discrimination by the Equality Act 2010

| Year 7 Personal Development Curriculum |  |
| :--- | :--- |
| Topic - Bullying |  |
| Key |  |
| Vocabulary | Behaviour that is <br> repeated <br> Bintended to hurt someone <br> either physically <br> or emotionally <br> often aimed certain groups, <br> for example because of race, <br> religion, gender or <br> sexual orientation |
| Victim | A person harmed, injured, or killed <br> as a result of a crime, accident, or <br> other event or action. |
| STOP | Bullying can be defined using <br> STOP |
| Several Times On Purpose |  |

## Year 7 Personal Development Curriculum

Topic -Cyberbullying

| Key <br> Vocabulary | Purposeful, repeated behaviour <br> designed to cause physical <br> and emotional distress. |
| :--- | :--- |
| Cyberbullying | Bullying carried out <br> using technologies, particularly <br> devices connected to the internet <br> or to mobile networks. The use <br> of technologies by an individual <br> or by a group of people to <br> deliberately <br> and repeatedly upset <br> someone else. |
| Homophobic <br> Bullying | Bullying someone because of <br> their actual or perceived <br> sexuality. |
| Peer <br> Pressure | Being encouraged to do <br> something you might not want to <br> do by your classmates |

## Key Knowledge

Bullying takes many forms and can include:
Physical - such as hitting, poking, tripping or pushing
Verbal - such as name calling, insults or abuse
Social - (covert or hidden), such as lying about someone, spreading rumours, mimicking or deliberately excluding someone

Psychological - such as threatening, manipulating or stalking behaviour
Online - often referred to as cyberbullying, which means using technology to bully verbally, socially or psychologically. It can involve sharing of photos which upset or embarrass the person being bullied and taunting or malicious comments. Often people who bully online also bully in person.

Schools have policies to deal with bullying. Being bullied can affect someone's emotional state so much that they feel like they do not even want to live anymore

The survey by charity Ditch the Label spoke to 8,850 people aged 12 to 20 years old. 14\% said they had bullied.
The results also suggest that people who have been bullied are almost twice as likely to become bullies.

Bullying can be harmful to your mental health, your self-esteem and your social relationships.

## Key Knowledge

That cyberbullying is just as harmful as face-to-face bullying.
Because cyberbullying happens on electronic devices it can happen in places people normally feel safe (their homes) This can make the problem feel even worse as there is no escape

Whatever you say online will stay forever - there is a digital footprint. This has led to people losing jobs even years later.

You can get help by reporting the cyberbullying to your school. You can either speak to your form tutor or directly to the safeguarding team:

If you are the victim of cyberbullying
Talk to a trusted adult
Block the person or the number and report them to the service provider, eg Facebook, Instagram or Xbox Live.

Always keep the evidence by saving messages or 'screen shotting' them, so you can show it them to a trusted adult later.

You can reply asking the bully to stop, but never retaliate with mean messages as the bully only wants a reaction. If you write something nasty back, you give the bully what they want, and may make the situation worse.

Report to True Vision (www.report-it.org.uk) if you receive hateful messages and threats because of your race, religion, sexuality or disability.

Topic - Responding to bullying

| Key <br> Vocabulary |  |
| :--- | :--- |
| Behaviours | Ways that people act. |
| Harmful | Causing damage. |
| Repeatedly | Over and over again. |
| Respond | Take action as a result of <br> something happening. |
| Retaliate | 'Get my own back'. <br> 'Get our own back'. |
| Self-care | Looking after ourselves <br> physically and emotionally. |

## Key Knowledge

## A Definition

Bullying can be defined as intentional harmful behaviours carried out repeatedly over time, against an individual with less physical or psychological strength, who cannot defend themselves. There are broadly four types of bullying: physical, verbal, relational and cyber.

## Ways to respond include:

Do your best to avoid those you don't get on with. Ignore individual incidents but not the bigger problem.
Trusted adult e.g.: parent / teacher / doctor / church leader Ask them to stop but don't retaliate.

Report to www.police.uk
Contact www.childline.org.uk 08001111

## Self-care tips

uww.Antibullyingpro.com
Search up 'every mind matters'.
Find 'your people' - spend time with those who appreciate you.

Year 7 Personal Development Curriculum
Topic - Responding to online bullying

## Key

Vocabulary

| Evidence | Proof that something has <br> happened. |
| :--- | :--- |
| Screen <br> snapshot | An image of the screen. <br> (Press 'PrtScr' or 'Print Screen' <br> button on a PC. Paste onto a <br> document. |
| Varies forphones but often <br> power button + volume up at <br> the same time. Save it as a <br> photo. |  |

## Key Knowledge

## Additional actions you might take for online bullying

Leave the online group.
Report to service provider.
Block people.
Keep evidence. Screen snapshots.
Report to TrueVision www.reportit.org.uk (hate crime)

Topic - Supporting others who may be experiencing bullying

| Key <br> Vocabulary |  |
| :--- | :--- |
| Community | A group of similar people. |
| Responsibility | Having a duty to do something. |
| Vulnerable | Able to be harmed. |
| Retaliate | 'Get my own back'. <br> 'Get our own back'. |

## Key knowledge

## General

Don't get involved directly.
Do tell a trusted adult.
Report it e.g. to service provider if online.

## Friends

Encourage them to talk to a trusted adult. Offer to go with them.
Spend time with them doing normal things.

Year 7 Personal Development Curriculum
Topic - Healthy Routines

| Key <br> Vocabulary | A sequence of <br> actions regularly followed. |
| :--- | :--- |
| Routine | A situation in <br> which different elements are <br> equal or in <br> the correct proportions. |
| Healthy | In a good physical or mental <br> condition |

## Key Knowledge

Developing healthy routines is good for the body and mind.

Spending too much time (more than an hour a day) on devices can have a harmful affect on how you function during the day, especially if you are on your device late into the night.

Changing your habits and developing a more balanced routine can help with your intelligence and well-being.

Year 7 Personal Development Curriculum
Topic - Influences on health (sleep)

| Key <br> Vocabulary |  |
| :--- | :--- |
| Routine | A sequence of actions <br> regularly followed. |
| Adolescence | The period following the onset <br> of puberty during which a young <br> person develops from a child into <br> an adult. |
| Influence | The capacity to have an effect on <br> the character, development, or <br> behaviour of someone |

## Key Knowledge

Sleep is vital for the human body.
During sleep, your body and brain repair damaged cells and gain more energy for the day ahead.

The body grows muscle tissue and makes hormones during sleep, and the brain sorts out important things from the previous day to store as memories.

The amount of sleep you need changes as you get older.

As you get into your teenage years, you need around 9 hours' sleep each night.

A lack of sleep can make your mental health can suffer and so can your concentration.

One of the great things sleep does is boost your immune system, which makes you less likely to fall ill.

People who don't get enough sleep over years are at a higher risk of serious medical problems like heart disease, diabetes and high blood pressure.

## Year 7 Personal Development Curriculum

## Topic - Puberty

| Key |  |
| :--- | :--- |
| Vocabulary | Chemical messengers which travel in the blood. |
| Hormone | Hormones are responsible for the changes caused <br> by puberty. |
| Menstrual <br> cycle | A 28-day cycle that occurs in females when they <br> are sexually mature. It involves an egg being <br> matured and released from the ovaries. |
| Oestrogen | The main female sex hormone. |
| Ovaries | Where eggs develop in females. |
| Period | Bleeding from a female's vagina, due to the <br> breakdown of the uterus lining. |
| Pituitary gland | Gland located in the brain which triggers the <br> physical and emotional changes of puberty. |
| Puberty | The process when the body undergoes changes to <br> start the process of becoming an adult. |
| Sexual <br> maturity | The stage where individuals have undergone <br> puberty and are able to reproduce. <br> Where sperm is produced in males. |
| Testes | The main male sex hormone. |
| Testosterone | The |

## Key Knowledge

Puberty is the process when the body undergoes changes to start the process of becoming an adult.

Changes include:
Growth of underarm and pubic hair Growth of facial hair in males Development of sperm in testes of males Voice gets deeper in males Periods (the menstrual cycle) start in females Breast development in females

Puberty begins usually between the ages of 8 and 13.
The pituitary gland located in the brain sends a signal to the brain to begin producing a hormone (oestrogen in girls, and testosterone in boys).
This sets in motion physical and emotional changes that lead to sexual maturity. Puberty can cause emotional changes as well as physical changes, such as mood swings and changing self-confidence.

Topic - Help and support

| Key <br> Vocabulary | Inappropriate Not suitable or proper in <br> the circumstances <br> Empathy Understand and share feelings <br> of others <br> Relationships The state <br> of being connected with someon <br> e else. |
| :--- | :--- |

## Key Knowledge

A trusted adult is a person you feel comfortable to talk to and discuss your feelings.

As a young personwe often feel we have to deal with any experience - this is untrue.

A trusted adult is able to offer support, guidance and advice.

This trusted adult maybe your tutor, member of school staff, parent, a relative or older friend.

We all need a shoulder to share our burdens upon.

Older people have experienced all that a young persongoes through.

There are many organisations that you can talk through via text or email.

Year 7 Personal Development Curriculum
Topic - Personal hygiene during puberty

## Key Knowledge

Because of the hormonal changes in your body you may sweat more and your hair and skin become more greasy.

It is really important to stay clean and wash regularly.

You don't need lots of fancy things on your bathroom shelf, just soap and water.

Some people choose to use deodorant to stop their armpits getting smelly as the day goes on.

You may need to change your clothing more regularly, such as a clean shirt every day.

Puberty can cause some emotional changes for young people as well, such as an increased frequency of mood swings, experiencing changes to levels of self-esteem, needing independence, self-control, and changing self confidence.

Year 7 Personal Development Curriculum

## Topic - Unwanted contact

| Key <br> Vocabulary | When a child is intentionally harmed <br> by an adult or another child. |
| :--- | :--- |
| Child abuse | A purposeful pattern of incidents that <br> occur over time in order for one <br> individual to exert power, control or <br> behaviour <br> coercion over another. |
| Consent | Giving permission for something to <br> happen. |
| Personal | The physical space immediately <br> space |
| surrounding someone. |  |
| assault | This law covers any kind of <br> intentional sexual touching of <br> somebody else without their consent. |
| It includes touching any part of their |  |
| body, clothed or unclothed, either |  |
| with your body or with an object. |  |$|$| Any type of contact which makes |
| :--- |
| someone feel uncomfortable or |
| unsafe. |

## Key Knowledge

Child abuse is when a child is intentionally harmed by an adult or another child. This can be an isolated incident or can happen over a period of time.

Abuse can happen in any relationship; in heterosexual relationships the male or the female could be the perpetrator, and it can also happen in same-sex relationships.

Agreement that is brought about by wearing the other person down, intimidation, physical threats or emotional threats is not consent.

There are four main categories of child abuse:

1) Neglect: The ongoing failure to meet a child's basic needs such as food and cleanliness.
2) Physical abuse: When someone hurts or harms a young person on purpose, for example, hitting.
3) Emotional abuse: This involves the continual emotional mistreatment of a young person, for example, deliberately trying to scare, humiliate, isolate or ignore.
4) Sexual abuse: When a young person is forced or tricked into sexual activity.

## Year 7 Personal Development Curriculum

Topic - Female Genital Mutilation (FGM)

## Key

Vocabulary

| Abuse | To treat with cruelty or violence, especially <br> regularly or repeatedly. |
| :--- | :--- |
| Female <br> Genital <br> Mutilation <br> (FGM) | The act of cutting some or all of a <br> female's external genitals, for reasons which <br> are not medical. |
| Genital | A person's external organs of reproduction. |
| Illegal | Means that something is against the law and <br> people can be prosecuted and sent to jail if <br> they engage in the activity. |
| Mutilation | An act or instance of destroying, removing, <br> or severely damaging a limb or other body <br> part of a person or animal. |
| Prevention | The action of stopping something from <br> happening or arising |
| Tradition | Transmission of customs or beliefs from <br> generation to generation, or the fact of being <br> passed on in this way. |
| Trauma | A deeply distressing or disturbing <br> experience. |

## Key Knowledge

FGM, sometimes referred to as female circumcision, is when a girl's genitals (private parts) are altered or removed. It can cause long-lasting damage as well as ongoing emotional distress.

The operation is usually done by someone who doesn't have any medical training. Girls are given no anaesthetic, no antiseptic treatment and are often forced to keep still.

FGM is a practice which takes place worldwide in at least 30 countries in Africa, Asia and the Middle East. It also takes place within parts of Western Europe and other developed countries.

Although FGM is practised by some Muslims and Christians in some parts of the world, it is not required by Islam, Christianity or Judaism and is not in the Bible or Koran.

Reasons given by people for performing FGM include tradition, becoming a woman, bringing shame on the family if they don't have it done, no one would want to marry you, preservation of virginity, family honour, sense of belonging to a community, her genitals will smell, etc.

FGM is illegal in the UK under the Female Genital Mutilation Act, 2003. Anyone who commits FGM faces up to 14 years in prison, a fine, or both.

Anyone found guilty of failing to protect a girl from risk of FGM faces up to 7 years in prison, a fine, or both.

| Key Vocabulary | The internal sense of being good enough and worthy of love and |
| :--- | :--- |
| Self-worth | The belief that you are able to effectively perform the tasks needed <br> be attain a valued goal. <br> how we value and perceive ourselves. |
| Self-efficacy | The complex process through which people control their thoughts, <br> emotions, and actions. |
| Self-esteem | When past successes or failures lead to changes in self-efficacy. |
| Self-regulation | When seeing other people succeed or fail leads to changes in self- <br> efficacy. |
| Performance <br> Experiences | When trusted people (friends, family, experts) influence your self- <br> efficacy for better or worse by either encouraging or discouraging <br> you about your ability to succeed. |
| Performances | When imagining yourself doing well increases self-efficacy. |
| Verbal Persuasion | Associating negative moods and physical sensations with failure <br> and positive physical sensations with success |
| Imaginal |  |

## Year 7 Personal Development Curriculum

Topic- Self-worth and self-efficacy

## Five of the top factors that people use to measure and compare their own self-worth to the worth of others:

Appearance-measured by the number on the scale, the size of clothing worn, or the kind of attention received;

Net worth - income, possessions, financial assets etc;

Your social circle-some people judge their own value and the value of others by their status and what important and influential people they know;

What you do/your career-we often judge others by what they do;

What you achieve-(whether it's our own worth or someone else's), such as success in business, test scores, or placement in a marathon or other athletic challenge

## Self-Efficacy

Self-efficacy beliefs are influenced in five different ways (performance experiences, vicarious performances, verbal persuasion, imaginal performances, affective states and physical sensations)

Benefits of high self-efficacy include academic achievement, healthy behaviours, athletic performance and self-regulation
People with a strong sense of self-efficacy:
Develop deeper interest in the activities in which they participate, Form a stronger sense of commitment to their interests and activities, Recover quickly from setbacks and disappointments, View challenging problems as tasks to be mastered,.

People with a weak sense of self-efficacy: Avoid challenging tasks, Believe that difficult tasks and situations are beyond their capabilities, Focus on personal failings and negative outcomes, Quickly lose confidence in personal abilities Self-efficacy can be improved by doing the following; Setting simple goals, Positive self-talk, trying new things and facing challenges, accepting failures and criticisms positively, approaching the goals slowly and not overstressing about results, look back at achievements and celebrate success

## Year 7 Personal Development Curriculum

## Topic - Different types of relationships 1

Family - A group of one or more adults and their children brought together by these parental ties Friendship - A group of two or more joined together by similar interests and situations

Acquaintance - A group of one or more people who area aware of each others presence but not actively close Romantic - Two people who are drawn to an intimate knowledge of each other through loving affection.

A child is a big responsibility and takes a lot of time, effort and love.

Babies require lots of support and need adults around to help them and teach them.
It is important to feel safe, supported and stable in a relationship in case your actions result in an unexpected pregnancy.

A child "has the right to be respected as a person from the moment of their conception."

The Encyclical ‘Donum Vitae’

## This letter from the pope in 1987 says that;

A child deserves stability and support If you cannot offer this, you are not ready to parent If you are not ready to parent, you are not ready for the possible outcome of sexual activity

## Topic- Different types of relationships 2

| Key Words | Auclear family |
| :--- | :--- |
| A pair of adults and their children. |  |
| Children can be adopted or |  |
| biological |  |$|$| Reconstituted | Following divorce, two families <br> come together to form group of <br> one or more parents or legal <br> guardians and their children a new <br> family |
| :--- | :--- |
| Single Parent | A single adult has sole or main <br> responsibility for parenting children |
| family | A family unit, joined by other <br> relatives to live <br> together. Grandparents, aunties, <br> cousins etc |
| Responsed family |  |

## Key Knowledge

A family is a group of at least one parent or legal guardian and their children, biological or adopted.

There are various different forms of family, all of which are equally valid and important.

## What I need to know

Parents should take the lead role in a family; setting boundaries, and teaching right from wrong.
Parents are expected to provide the basic needs for their children such as food, shelter, clothing and warmth.

Parents are the first educators of their children, they are expected to provide a good role model to follow.

Parents, step parents, adopted parents, grandparents. All parents should keep the welfare and development of the child as their first intention.

God entrusted children to parents so that they might be steady, righteous examples for those children, that they might love an respect them and do everything possible so that their children can develop physically and spiritually.

Year 7 Personal Development Curriculum

## Topic- Personal values in relationships

| Key Words |  |
| :--- | :--- |
| Affection | A gentle feeling of fondness or liking |
| Friendship | Complete trust or confidence in someone <br> or something |
| Honesty | To be truthful or sincere |
| Kindness | The quality of being generous and <br> considerate |
| Love | Giving constant support to someone or <br> something |
| Respect | Showing consideration for the feelings, <br> wishes and rights of others |
| Value | A principle or standard of behaviour |

## Key Knowledge

Personal values are characteristics and behaviours that motivate us

Our actions are guided by our values
Examples of personal values include:
Love
Friendship
Respect
Honesty
Kindness
Our values shape relationships
Valuing friendship encourages connection between people

Friendship allows trust to build
Love means we show dedication and devotion
There are different types of love
Love requires sacrifice
Love means we consider the thoughts and feelings of others

## Year 7 Personal Development Curriculum

## Topic- Trust in relationships

| Key Words | A gentle feeling of fondness or liking |
| :--- | :--- |
| Affection | Complete trust or confidence in <br> someone or something |
| Faith | Giving constant support to someone <br> or something |
| Loyal | Being trustworthy |
| Respect | Showing consideration for the <br> feelings, wishes and rights of others |
| Trust | To believe in the reliability, truth, or <br> ability of something or someone |

## Key Knowledge

## What is trust?

Trust is faith in the truth or reliability someone or something
Allows you to rely on someone
Building block of all relationships

## Why is trust needed?

Helps us to feel secure in relationships
Provides a foundation for a relationship and a feeling of security

## How is trust built?

Having open conversations
Being true to what we have said
Being honest immediately
Admitting mistakes
Listening attentively
Showing affection
Respecting boundaries

## Topic- How different behaviours influence relationships



## Key Knowledge

## Influential behavior

Attitude and behaviour influence others positively or negatively Leads to attitude, behaviour, action or perception changes
Happy people can positively influence others Unhappy people can make others unhappy Unhappiness can lead to poor mental health Actions or words we share can influence others

## Different types of relationship

Balanced relationships are ideal
Toxic relationships are negative
How you can affect others' behaviour
Keep in mind your personal values
Be aware your actions and behaviour will affect others

## Year 7 Personal Development Curriculum

Topic - Friendships

| Key <br> Vocabulary | the way in which two or more people or things are <br> connected |
| :--- | :--- |
| Relationships | politeness, honour, and care shown towards <br> someone or something that is considered important: |
| Positive <br> relationships | Meaningful interactions that result in positive <br> emotions such as happiness, enjoyment and peace <br> and a sense of well-being. They are constructive <br> and beneficial for all those involved. |
| Romantic <br> relationships | voluntary relationships between individuals who feel <br> very strongly attracted to the other person, both to <br> their personality and, often, also physically |
| Friendship | mutual affection between people |
| Family <br> relationships | Relatedness or connection by blood or marriage or <br> adoption |
| Acquaintance | A person that you have met but do not know well |
| Professional | solely for the purpose of getting your work done. <br> They help you advance your career and would not <br> exist if not for your job |
| Relationship <br> bank account | An account you hold with every person in which a <br> positive deposit or a negative withdrawal can be <br> made during every interaction you have with the <br> person. |

## Key Knowledge

When we feel good about ourselves, and worthy of love we are more likely to choose friends that are good for us. There is a saying that says, "we teach people how to treat us". In other words, how we behave toward ourselves and other people gives them clues as to how they should behave towards us. If we feel good about ourselves and respect ourselves, and treat others with respect, we are showing people how we would like to be treated.

Why is it important to have good friends? True friendship is important. Friends support one another, listen to each other and give advice. When you and your friend share personal information about yourselves, you can learn from each other and explore what you have in common and what makes you different.

Friends can introduce us to exciting things like delicious new foods and interesting customs or celebrations. You can also learn about acceptance by appreciating the different qualities that make us unique individuals. When you accept people for who they are, you are being a respectful friend.

## Topic - Positive relationships

| Key <br> Vocabulary |  |
| :--- | :--- |
| Relationship | The way in which two or more <br> people or groups regard <br> and behave towards each other. <br> "the landlord-tenant relationship" |
| Emotional <br> bank <br> account | A system of emotional deposits <br> and withdrawals that helps build <br> relationships. |
| Deposit | To put something valuable <br> into bank or safe |
| Withdrawal | The act or process of taking <br> something away so that it is <br> no longer available, or of <br> someone stopping being involved i <br> n an activity: |
| Positive | Full of hope and confidence |

## Key Knowledge

Every day we make deposits or withdrawals from our relationship accounts with each person in our lives. He recommended that to keep an overall positive balance, we need to make regular positive deposits. This will ultimately help buffer the negatives that are bound to occur in relationships. Keeping this metaphor of emotional capital in mind could be beneficial for promoting the well-being of the relationships in one's life.

Some research suggests that people, on average, have more positive than negative experiences
Bad events overpowergood events in one's life, which suggests that the negative withdrawals are more salient and more impactful.

The inevitable occasional conflict is not nearly so bad for the relationship when it occurs in a partnership that is otherwise highly positive.

## Year 7 Personal Development Curriculum

Topic - Unhealthy relationships
$\left.\begin{array}{|ll|}\hline \begin{array}{l}\text { Key } \\ \text { Vocabulary }\end{array} & \begin{array}{ll}\text { Imbalance } \\ \text { of power }\end{array} \\ \hline \text { Coercion } & \begin{array}{l}\text { One person hold and asserts more } \\ \text { power over another. }\end{array} \\ \hline \text { Use of force to persuade someone to } \\ \text { do something that they } \\ \text { are unwilling to do }\end{array}\right]$

## Key Knowledge

A sign of a healthy relationship is that both individuals are able to decide for themselves what they see as acceptable, and this view is respected and valued.

It is wrong to make someone agree to do something by using intimidation or threats, physical or emotional. Pressurising or coercing someone to do something that makes them feel uncomfortable, or that they don't want to do, is never acceptable Blaming emotions, or the other person's behaviour, is not acceptable

Unhealthy behaviours that are unacceptable in relationships include behaviours that are non-consensual, intentionally hurtful, or carried out under pressure to fit in or make others happy.

Unhealthy relationship traits - Uninterested, Uncaring,
Disrespectful, Suspicious, Lying, Indifference, Intimidation, Control, Anger, Unpredictable behaviour which causes distress, Frequent mood swings, Pressure

Tips for dealing with an uncomfortable situation:
Be direct - express your feelings without arguing or accusing. E.g.
"I'm not okay with you sharing photos of me."
Be honest - E.g. "I feel uncomfortable when you ask for my passwords."

Year 7 Personal Development Curriculum

## Topic - Stereotypes

| Key <br> Vocabulary | A widely held but fixed <br> and oversimplified image or idea of <br> a particular type of person or thing |
| :--- | :--- |
| Media | The main means of <br> mass communication <br> (broadcasting, publishing, and the <br> internet) regarded collectively. |
| Right | A moral or legal entitlement to have <br> or do something. |
| Responsibility | To have a duty to make certain that <br> particular things are done: |

## Key Knowledge

Gender stereotyping from a young age can have negative consequences and limit future decisions

We all have to challenge ideas of stereotypes
We are all individuals made in the image and likeness of God

All of us have emotions which we display as situations demand

Everyone can participate in any activity that's available - there are no boys or girls only activities

Opportunities are opento all; it is our decision to participate.

We all have a right to be ourselves
We all have a responsibility to allow others to be themselves.

Year 7 Personal Development Curriculum
Topic - Consent

## Key Knowledge

Not saying no' is not giving consent.
A key sign of consent is that the person clearly wants to engage in the activity and actively demonstrates this.

Keep checking for consent.
Responsibility for ensuring consent has been given lies with the person seeking consent, both ethically and in law.

It is not consent if the other person is not actively consenting, does not have the capacity to consent (e.g., not old enough, impaired judgement due to alcohol etc), or is being manipulated, exploited or coerced.

Year 7 Personal Development Curriculum
Topic - How to keep your money safe 1

| Key | Vocabulary |
| :--- | :--- |
| Phishing | Using emails to gain your personal <br> details which could be used to <br> access your bank account and <br> steal your money |
| Vishing | Using the telephone to gain your <br> personal details which could be <br> used to access your bank account <br> and steal your money |
| Smishing | Using SMS text messages to gain <br> your personal details which could <br> be used to access your bank <br> account and steal your money |
| Money muling | Being conned into letting someone <br> use your bank to hide the proceeds <br> of crime |
| Fraud | wrongful or criminal deception <br> intended to result in financial or <br> personal gain |

## Key Knowledge

## Online scams

Scammers advertise goods or services that don't exist or aren't theirs to sell. They convince you to send the payment directly to their bank but the goods never arrive, or are not as advertised.

## Money Mules

A "witting" mule assists the crime by providing the bank account where the proceeds of any fraud or scams can be paid to. Fraudsters and scammers can open an account themselves using fake ID, or can convince someone who already has a bank account to receive money on their behalf. By supplying the information, you also risk getting into trouble as you become complicit in the crime.

Year 7 Personal Development Curriculum
Topic - How to keep your money safe 2

| Key <br> Vocabulary |  |
| :--- | :--- |
| PIN | Personal identification number.. <br> Linked to bank cards and <br> accounts |
| Identity | The use of that stolen identity in <br> fraud <br> criminal activity to obtain goods or <br> services by deception. |
| Anti virus | A set of programs that are <br> designed to prevent, search for, <br> detect, and <br> remove software viruses, and <br> other malicious software like <br> worms, trojans, adware, and <br> more. |

## Key Knowledge

## Top tips for staying digitally safe:

Check how much personal information is public on your social media accounts. Fraudsters can use information such as your birthday, home town, pet names, holiday dates, or job title to steal your identity and apply for bank accounts or buy products in your name
Never share your PIN, bank details or passwords with anyone who approaches you or contacts you through text, email, phone or in person, and don't write them down

Phone organisations directly from the number listed on their website to verify who is contacting you

Password protect your devices using random words and include symbols, numbers and
capitals and regularly change them
Limit your online activity when using open public WiFi connections, including logging on to your email, online banking and online shopping

Check the web address begins with 'https' and that there's an unbroken padlock symbol in the browser address bar, especially when online shopping. You can hover over links without clicking to see the destination

Install anti-virus software on your laptop and any
other personal devices and keep it up to date

## Year 7 Personal Development Curriculum

Topic - Ethical \& unethical business practices and consumerism

| Key <br> Vocabulary <br> Business <br> ethics | The moral rules that govern how <br> businesses operate, how they make <br> decisions etc |
| :--- | :--- |
| Morals | standards of behaviour; principles of right <br> and wrong |
| Stakeholders | Anyone with an interest in the business, <br> e.g. workers, suppliers, environmental <br> groups |
| employees | People who work for a business |
| Corporate <br> Social <br> Responsibility | The responsibility of a business to treat <br> everyone/ everything in a morally correct <br> manner - to do the right thing |
| Consumerism | The idea that increasing the consumption <br> of goods and services purchased in the <br> market is always a desirable goal and that |
|  | a person's wellbeing and happiness <br> depend fundamentally on obtaining <br> consumer goods and material <br> possessions. |

## Key Knowledge

## Ethics

Ethics refers to the moral rights and wrongs of any decision a business makes. It is a value judgement that may differ in importance and meaning between different individuals.
Businesses may adopt ethical policies because they believe in them or they believe that by showing they are ethical, they improve their sales.
Two good examples of businesses that have strong ethical policies are The Body Shop and Co-Op.
Some examples of ethical policies are:
Reduce pollution by using non-fossil fuels. Disposal of waste safely and in an environmentally friendly manner.
Sponsoring local charity events. Trading fairly with developing countries

Some examples of businesses with questionable ethics are Volkswagen, Apple, but other so called top class businesses such as M\&S/ Primark have been shown to demonstrate questionable practices such as employing child/ slave/ migrant labour in factories abroad

Year 7 Personal Development Curriculum
Topic - Savings

| Key <br> Vocabulary |  |
| :--- | :--- |
| Saving | Income not spent; the <br> surplus after all spending <br> done |
| Saving | Reducing expenditure |
| Savings | A bank account where you <br> can store any excess <br> money |
| Savings | What you might be aiming <br> to achieve |
| Poals | A sum of money set aside <br> to provide an income after <br> you finish work |
| Interest | The reward for saving given <br> by your bank. Usually, a <br> small percentage peryear |

## Key Knowledge

The easiest way to get your savings working for you is to set things up so that you automatically add a little bit each month to your savings.

That way you won't have to remember to make the payment and you won't be tempted to skip a month.

Before you know it, you'll have built up a solid chunk of savings for example, one way of saving tax efficiently is through a Cash ISA. But remember you may not have easy access to some accounts

It's a good habit to get into for the future - when you get older you may want to buy a car or a house. You will almost certainly need savings to go towards buying these items (we call this a deposit)

Your bed is great for many things - but storing your savings certainly isn't one of them.

Keeping large amounts of money in your house rather than in a bank or building society is a bad idea because:

Your savings will lose value over time - you won't earn any interest.

Theft or fire could wipe out your savings - many insurance policies won't cover money left in the house and if they do, they only tend to cover a small amount, if you have no contents insurance none of it will be covered.

## Key Knowledge

## Borrowing money

Most people will need to borrow money at some stage to tide them over in an emergency, to buy larger items or to fund a special event. Before you borrow money, it's important to make sure you will be able to keep up the repayments, otherwise you could be taken to court and might even lose your home or other valuable possessions.

## Types of borrowing

There are lots of different ways to borrow money.
Before borrowing it's a good idea to find out about the different options available so you can make a choice about which one is best for you.
Loans (usually from a bank)
Payday loans
Credit cards (usually from a bank or finance company)
Mortgages (usually from a bank or finance company)
Other people you know (friends parents etc)
Hire purchase (usually through the retailer you buy the item from)
Loan sharks - high interest, often associated with criminal activity
Pawnbrokers (cash generators) - sell items for cash

## Year 7 Personal Development Curriculum

## Topic - Budgeting

$\left.\begin{array}{|ll|}\hline \text { Key } \\ \text { Vocabulary } & \text { Bank Rate }\end{array} \begin{array}{l}\text { The interest rate at which the Bank of } \\ \text { England lends money to high street } \\ \text { banks. It influences the interest that } \\ \text { high street banks charge, or pay, their } \\ \text { customers }\end{array}\right]$

## Key Knowledge

Budgeting allows for more choice in financial decisions

It is important that you balance your income against your outgoings

There are essential items(rent, mortgage, food, water, utilities) that we need to spend money on each month and there are luxuries (Nefflix, cinema, eating out) where we like to have them but do not need them.

Essential items should be taken from your budget to allow you to see what is left for luxuries

You may have additional money left over which is not required within any given month, this can be saved for future use

Some people will identify saving as an essential item but may be flexible with how much they save each month

By failing to budget you can get into financial debt or difficulties which can have significant consequences on your credit score

## Key Knowledge

Topic - Financial Risk

| Key <br> Vocabulary | Research something carefully in order to <br> form a judgement |
| :--- | :--- |
| Analyse | Showing something or someone in an <br> unfairly positive or negative way |
| Bias | Someone who thinks carefully about a <br> decision to buy something |
| Critical |  |
| consumer | A physical product, such as food, clothes, <br> mobile phones |
| Goods | A situation that could cause harm or loss |
| Risk | A product offered in the form of a task <br> rather than an actual thing e.g. <br> hairdresser, financial services, waiter |
| Services | The goods and services producers are <br> willing or able to provide at a particular <br> price |

All financial decisions hold an element of risk
Risks include being caught in a scam, paying for goods or services that you didn't want or not getting what you believe you have paid for, or paying excessive amounts.

To eliminate risk we need to balance the feel good emotion with the consequences of this particular transaction

To minimise risk we can ensure we have a contract, talk about what we are about to do with our friends or peers and get their shared experience. We can stick to established big brand businesses and ensure we do some research on what other offers are being made.

Bargains that look to good to be true generally are.

# Year 7 English Knowledge Organiser 

## Full academic year

## Vocabulary

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Page 6-7 Tier Three Vocabulary
Full academic year

William Blake

| WORD | DEFINITION |
| :--- | :--- |
| Childhood | The state of being a child. |
| Industrial | Relating to or characterised by industry. |
| Inequality | A lack of equality. |
| Morality | right and wrong or good and bad behaviour. |
| Poverty | A forcible overthrow of a government or social <br> order, in favour of a new system. |
| Revolution | An artistic and philosophical movement that <br> redefined the ways people think about <br> themselves and the world. |
| Vomanticism | Getting revenge on someone who has <br> wronged you. |

## Women's Literature

| WORD | DEFINITION |
| :--- | :--- |
| Discrimination | The unjust or prejudicial treatment of <br> different categories of people, especially on <br> the grounds of race, age, sex, or disability. |
| Empowerment | The process of becoming stronger and more <br> confident, especially in controlling one's life <br> and claiming one's rights. |
| Equality | The state of being equal, especially in <br> status, rights, or opportunities. |
| Feminism | The belief in women's rights on the ground <br> of the equality of the sexes. |
| Misogyny | A hatred towards women. |
| Patriarchy | A society where men have more power than <br> women. |
| Prejudice | A preconceived opinion that is not based on <br> reason or actual experience. |
| Suffrage | The informal rules that govern behaviour in <br> groups and societies. |
| The right to vote. |  |

## TIERTWOVOCABULARY

## Private Peaceful

| WORD | DEFINITION |
| :--- | :--- |
| Alliance | A union or association formed for mutual <br> benefit, especially between countries. |
| Conflict | A serious disagreement or argument. |
| Cowardice | A lack of bravery. |
| Justice | Just, true and right behaviour. <br> own nation and supports its interests to the <br> exclusion of other nations. |
| Nationalism | A sentimental longing or wistful affection for a <br> period in the past. |
| Nostalgia | A person who has or expresses devotion <br> to their country. |
| Patriotism |  |

Society
People living together in a more or less ordered community.

## Shakespearian Comedy

| WORD | DEFINITION |
| :--- | :--- |
| Expectation | A strong belief that something will happen or <br> be the case. |
| Gender | Gender is the range of characteristics relating <br> to, and differentiating between, femininity and <br> masculinity. |
| Hierarchy | A system in which members of an organization <br> or society are ranked according to relative |
| status or authority. |  |
| A society in which men hold more power than |  |
| women. |  |
| Renaissance | The revival of European art and literature <br> under the influence of classical models in the <br> 14th-16th centuries. |

TIER THREE VOCABULARY

| WORD | DEFINITION | WORD | DEFINITION |
| :---: | :---: | :---: | :---: |
| Adjective | A word describing or naming an attribute of a noun. | Noun | A word used to identify a person, place or thing. |
| Adverb | A word that describes how a verb is being done. | Pathetic fallacy | The use of weather to reflect a |
| Alliteration | The repetition of the same sound in a sequence of words beginning with the same letter. | Personification |  |
| Allusion | A reference to another literary text, event or person. |  | to inanimate things or animals. |
| Foreshadowing First person | A warning or indication of (a future event). When a narrator recounts events from their | Simile | A figure of speech involving the comparison of one thing with another thing of a different kind using 'like' or 'as' |
| narrative | own point of view using the first person such as "I", "us", "our" and "ourselves". | Symbolism | The use of symbols to represent ideas or qualities. |
| Genre | A style or category of art, music, or literature. | Third person narrative | When the writer writes about a character who isn't the speaker. |
| Metaphor | A figure of speech that describes something by saying it is something else. | Verb | A word describing an action or how something is done. $5$ |

## TIER THREE VOCABULARY

| WORD | DEFINITION | WORD | DEFINITION |
| :---: | :---: | :---: | :---: |
| Ellipsis | Intentionally leaving out a word, sentence, or whole section from a text for effect. | Onomatopoeia | The process of creating a word that phonetically imitates, resembles, or suggests the sound that it describes. |
| Emotive language | Words which provoke a powerful emotional response. | Opinion | A belief which cannot be proven to be true. |
| Exaggeration | Representing something as being larger, better, or worse than it really is. | Oxymoron | A figure of speech in which apparently contradictory terms appear next to each other. |
| Direct address | Referring to the reader directly using the pronouns 'we' or 'you'. | Pun | A joke using the different possible meanings of a word or the fact that |
| Facts | Something which can be proven to be true. |  | there are words which sound alike but have different meanings. |
| Knowledge | Knowing the topic/subject you are writing or speaking about. | Repetition | When a word or phrase is used more than once across a text for effect. |

## Grammar

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| $\mathbf{1 0 - 1 2}$ | Apostrophes |
|  | Paragraphs |

Full academic year


A simple sentence is a complete piece of information. It contains a subject, a verb and sometimes an object.

The pen fell on the floor.

Miss Kelly was
tired, so she bought a large coffee.


A complex sentence contains a main clause and a subordinate clause.


A comma indicates a pause between parts of a sentence or separates items in a list.


A semi-colon can be used between two closely related independent clauses, provided they are not already joined by a coordinating conjunction.

A colon is used to precede a list of items, a quotation, or an expansion or explanation.
I went to Morrisons and
bought linguine, king
prawns, garlic and chilli
flakes.

Miss Kureczko was busy; she wouldn't even answer the phone.

Monday: the worst day of the week.

## TERM 3



ISPACE indicates the various ways you can start a sentence. It stands for -ING verbs, Simile, Preposition, Adverb, Connective, -ED verbs.


Adverb

## Connective

$-\operatorname{ING}$ verb example: Flying proudly in the wind, the flag reigned over the castle

Simile example: Like a predator, the child caught the escaping balloon.

Preposition example: Turning to my right, I saw the corridor I was meant to walk down.

Adverb example: Nervously, the cat padded its way across the room.

Connective example: Finally, she arrived at her front door.
-ED verb example: Withered, the trees stood like ancient guards.

An apostrophe is used to indicate either possession or the omission of letters.


Apostrophes for contractions

Using an apostrophe +s ('s) shows that one person/thing owns or is a member of something.

When you combine two words to make a contraction, you will always take out some letters. In their place, use an apostrophe.

Reece's ballet class Iqra's bike Jake's pen Jess' room
they + have =
they've
are + not $=$ aren't
they + will $=$ they'll

A paragraph is a distinct section of a piece of writing, usually dealing with a single theme and indicated by a new line.

New paragraphs should start with a topic sentence, and information within the paragraph should stay focused on that topic.

> A helpful way to remember when to start a new paragraph is to learn TIPToP.


P - stands for Place, so start a new paragraph for each new place.

To - stands for Topic, so start a new paragraph for each new topic, idea or subject.

P - stands for Person, so start a new paragraph for each new person or change of speaker in a dialogue.

# Reading Skills 

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## Full academic year

## RESPONDING TO A TEXT

Ask yourself:
Do you agree or disagree with the statement? Does the text support or go against the question?


## Ask yourself:

How does the text link to the question? Use the keys words from the question in the answer

## Ask yourself:

How did you reach that decision? Which words or phrases from the text made you agree or disagree with the question? Find a quote to support your argument.


Ask yourself:
Which techniques can you see in your quote? Which word is most important? How does this quote link to your original point?
the original

## Ask yourself:

Zoom into one word. What are the connotations of a word? What other words or ideas do they make you think

Ask yourself:
How do the writer's
choice of words make the reader feel? Why has the writer used that particular word?

Ask yourself:
What themes or contextual ideas do the words link to?
question?

## COMPARINGTWOTEXTS



## FINDING CONNOTATIONS



The word " $\qquad$ " creates an image of $\qquad$ .

It emphasises $\qquad$ because it suggests $\qquad$ .

This highlights $\qquad$ and therefore makes the reader feel $\qquad$ about $\qquad$ .

# Year 7 Texts 



Full academic year

# William Blake Poetry 

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THE ROMANTICS


# Women's <br> <br> Literature 

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Women's Literature Themes and Influences



FEMINISMTIMELINE


## Private Peaceful and World War One Context

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## Spring Term

Private Peaceful Themes and Influences


## PRIVATE PEACEFUL CHARACTERS

Tommo

Grandma Wolf
Mr. Munnings

| C |
| :---: |
| Tom |
| lo |$\left\{\begin{array}{l}\text { The narrator of the story } \\ \text { and youngest member of } \\ \text { the Peaceful household }\end{array}\right.$ Tommo and Charlie's older brother who has $\left\{\begin{array}{l}\text { Tommo's evil grandmother } \\ \text { who is hated by the } \\ \text { Peaceful family }\end{array}\right.$ Tommo's first teacher

who is strict and scary
Gives Charlie the cane
for protecting Tommo in a
fight in the playground Charlie
 Molly

A friend of Charlie and Tommo

A childhood friend of the Peaceful family who falls in love with Charlie. meningitis as a child
 later volunteers to go to war
$\left\{\begin{array}{l}\text { Loves to sing 'Oranges and } \\ \text { Lemons' and goes missing } \\ \text { after Bertha is killed } \\ \begin{array}{l}\text { Kind } \\ \text { Generous } \\ \text { Caring }\end{array}\end{array}\right.$
Caning
Gentle
Loving


Peaceful family whilst Mother
works for the Colonel
$\left\{\begin{array}{l}\text { Strict } \\ \mathrm{Cr} \\ \mathrm{Mi}\end{array}\right.$

Strict
Crue
Mise

Sergeant Hanley

## PRIVATE PEACEFULTHEMES



## Shakespearean Genres: Comedy



Page 30 Shakespeare Themes and Influences

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Page 32 A Midsummer Night's Dream Characters

## Summer Term 1

## Shakespearean Themes and Influences



Much Ado About Nothing

## A Comedy of Errors

The Twelfth Night


A MIDSUMMER NIGHT'S DREAM CHARACTERS

## Egeus

## Hermia



## Lysander



Egeus is an important man in Athens, and Hermia's father. He wishes his daughter to marry Demetrius.

He would rather have his own daughter put to death than allow
 of the play

## Puck

A mischievous fairy whose spells and

Helena

## Imaginative Writing

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## Summer Term 2

## COMMONGENRES

| Overcoming the Monster <br> The protagonist sets out to defeat an antagonistic force (often evil) which threatens the protagonist and/or protagonist's homeland. | Rebirth <br> An event that forces the main character to change their ways and often become a better individual. | Quest <br> The protagonist and companions set out to acquire an important object or to get to a location. They face temptations and other obstacles along the way. |
| :---: | :---: | :---: |
| Rags to Riches <br> The poor protagonist acquires power, wealth, and/or a mate, loses it all and gains it back, growing as a person as a result. | Tragedy <br> The protagonist is a hero with a major character flaw or great mistake which is ultimately their undoing. Their unfortunate end evokes pity at their folly and the fall of a fundamentally good character. | Comedy <br> Light and humorous play with a happy or cheerful ending; a dramatic work in which the central motif is the triumph over adverse circumstance, resulting in a successful or happy conclusion. |



## Freytag's Pyramid

Freytag's Pyramid is a paradigm of dramatic structure outlining the seven key steps in successful storytelling: exposition, inciting incident, rising action, climax, falling action, resolution, and denouement.


## In Medias Res

In Medias Res is a Latin term meaning "into the middle of things". Simply put, it's a plot structure that begins in the middle of the story. In Medias Res is best reserved for action-heavy novels like thrillers, mysteries, and horror.


## Cyclical Narrative

A circular plot is a non-linear plot that progresses more or less chronologically and ends with its protagonist returning to a situation similar to the one at the beginning of the story.


## The Hero's Journey

The Hero's Journey operates as a cyclical story structure, meaning that the hero's physical journey will end where it began, though their internal journey as a character will leave them forever changed.

## NARRATIVE STRUCTURE

You could use:
Pathetic fallacy to build
the atmosphere and
foreshadow events.

You could use:
Reflections here which could be revisited later in the story.

You could use:
Short, simple sentences to add to the suspense.

You could use: Flashbacks or flash forwards to show the possible outcomes of the story.

You could use: Repetition from the beginning of the story to show change.


Set the scene, introduce characters and the plot.

Introduce a conflict, a new character, or a dilemma to move the story forward.


The peak of interest in the story, when the tension is at its greatest and the action takes place.


The aftermath of the action; what will happen as a result of the events in the climax of the story.

The final outcome of the story, ether all problems have been solved, or the story ends on a cliff-hanger.

| Foreshadowing | A warning or indication of a future <br> event. |
| :--- | :--- |
| Repetition | The action of repeating something that <br> has already been said or written. |
| Perspectives | A particular attitude towards or way of <br> regarding something; a point of view. |
| Chronological | Following the order in which they <br> occurred. |
| Flashback | A scene in a film, novel, etc. set in a <br> time earlier than the main story. |
| Echo | A close parallel to an idea, feeling or <br> image. |
| Location | The place or type of surroundings <br> where something is positioned or where <br> an event takes place. |


| Climax | The most intense, exciting, or important point <br> of something; the culmination. |
| :--- | :--- |
| Conclusion | The end or finish of an event, process, or <br> text. |
| Links | A relationship between two things or <br> situations, especially where one affects the <br> other. |
| Focus | The centre of interest or activity. |
| Anaphora | The repetition of a word or phrase at the <br> beginning of successive clauses. |
| Changes | An act or process through which something <br> becomes different. |
| Introduction | The action of introducing something. |

## CHARACTER TYPES

| Protagonist (the main character) <br> Every story has this type of character and evolves around it. It appears in the story from the start to end. It is the one who fights with the situations and antagonist characters and takes the story to the happy (or unhappy) ending. | Static or flat character <br> Flat characters don't have strong characteristics or reveal much about the self, but play an important role in helping the main character in his or her intention. They do not change throughout the story and they fill the gaps. Such characters often have a very short role to play. | Changing or dynamic character <br> The dynamic character plays a role that develops and changes during the events in the story. This character may change positively or negatively depending on the need of the story. This type of character often rises from a normal non-important person to an important one and makes a significant effect on the story. |
| :---: | :---: | :---: |
| Antagonist (opposing the main character) <br> The antagonist plays against this heroic character and tries to stop him by posing threats to his and others' lives. An antagonist is usually a negative influence within a story, but doesn't always need to be a person. It can also be a difficult situation or accidental event that works against the protagonist. | Stock character <br> Unlike other characters, the characters of this type are of not much value in a story. They are usually stereotypical and don't have any impact on the plot. They are generally not recognised by the readers. | Round character <br> This is the character which contributes the most in making the story interesting and keeps the reader confused about the person's actual nature. This type of character acts subtly and makes it difficult for the readers to fully understand and identify how the person will act in the story until the end of the story. |


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| A1.2 | Only like terms can be added |
| :---: | :---: |
| Collect like terms by adding and | or subtracted. |
| subtracting | $\begin{aligned} & \text { e.g. } \\ & a+2 a=3 a \end{aligned}$ |
| $\begin{aligned} & \text { e.g. } \\ & a+2 a \end{aligned}$ | $a+2 b$ cannot be added |
| $a+2 b$ | $5 a^{2}-2 a^{2}=3 a^{2}$ |
| $5 \mathrm{a}^{2}-2 \mathrm{a}^{2}$ | $\mathrm{a}^{2}-2 \mathrm{a}$ cannot be subtracted |
| $a^{2}-2 a$ |  |
| A1.3 <br> Simplify simple expressions by multiplying | Terms can be simplified when |
|  | multiplying. |
|  | Multiply any numbers first, |
|  | then write the letters including any powers that result. |
| $\begin{aligned} & \text { e.g. } \\ & \mathrm{axb} \end{aligned}$ |  |
|  | e.g. $a \times b=a b$ |
| $2 \mathrm{a} \times 3 \mathrm{a}$ |  |
|  | $2 \mathrm{a} \times 3 \mathrm{a}=6 \mathrm{a}^{2}$ |

A1: Algebra Notation
Plot Coordinates
Collect Like terms
Simplify Expression


| A1.5 <br> Factorise into a single bracket. | Divide by the highest common factor of each part of each term. |
| :---: | :---: |
| $\begin{aligned} & \text { e.g. } \\ & 4 y-12 \end{aligned}$ | e.g. <br> 4 is the HCF of 4 and 12. <br> $y$ is not common to both terms. $4 y-12=4(y-3)$ |
| $y^{2}+7 y$ | Y is common to both terns. $y^{2}+7 y=y(y+7)$ |
| A1.6 Substitute into an expression. <br> e.g. <br> Find the value of 3a-b <br> when $\mathrm{a}=6$ and $\mathrm{b}=-2$. | Replace the letters with the given numbers, then carry out the calculation. <br> Remember BIDMAS and the rules for negative numbers. $\begin{aligned} & \text { e.g. } \\ & \begin{array}{l} 3 a-b \\ =3 \times 6-(-2) \\ =18+2 \\ =20 \end{array} \end{aligned}$ |

A1: Algebra Notation
Expand a single bracket
Factorise into a single bracket
Substitute into an expression

| A1.4 | Multiply everything in the |
| :---: | :---: |
| Expand a single bracket | bracket by what is outside. |
| e.g. | - |
| Expand 2(x+5) | $x(x-5)=x^{2}-5 x$ |
| Expand $x(x-5)$ |  |
| Expand and simplify expressions with more than one bracket | Expand each bracket and then simplify the expression. Take care with negative numbers. |
| e.g. <br> Expand | $\overparen{3(x+2)}+2(x-5)$ |
| $3(x+2)+2(x-5)$ | $\begin{aligned} & =3 x+6+2 x-10 \\ & =5 x-4 \end{aligned}$ |
| $3(x+2)-2(x-5)$ | $\begin{aligned} & 3(x+2)-2(x-5) \\ & =3 x+6-2 x+10 \\ & =x+16 \end{aligned}$ |


A1: Algebra Notation

| Use a formula by substituting numbers Expand two brackets |  |
| :---: | :---: |
| A1.7 <br> Use a formula by substituting numbers <br> e.g. <br> Use the formula $\mathrm{v}=\mathrm{u}+\mathrm{at}$ to work out v when $u=5, a=10, t=6$. <br> Use the formula $\mathrm{v}=\mathrm{u}+\mathrm{at}$ to work out a when $v=32, u=7, t=5$. <br> Use the formula $\mathrm{v}=\mathrm{u}+\mathrm{at}$ to work out $t$ when $v=5, u=17, a=-4$. | Replace the letters with the given numbers, then carry out the calculation. <br> Remember BIDMAS and the rules for negative numbers. <br> e.g. $\begin{aligned} & v=u+a t \\ & v=5+10 \times 6 \\ & v=5+60 \\ & v=65 \end{aligned}$ $v=u+a t$ $32=7+5 a$ $25=5 a$ $a=5$ $\begin{aligned} & v=u+a t \\ & 5=17-4 t \\ & -12=-4 t \\ & t=3 \end{aligned}$ |


| A1.10 | Deal with the numbers first. |
| :---: | :---: |
| Use the index rules | When multiplying add the |
| for multiplication | indices. |
| and division | When dividing subtract the indices. |
| $\begin{aligned} & \text { e.g. } \\ & 3 a^{2} \times 2 a^{3} \end{aligned}$ |  |
|  | e.g. |
|  | $3 \times 2=6$ |
|  | $a^{2} \times a^{3}=a^{2+3}=a^{5}$ |
|  | $3 a^{2} \times 2 a^{3}=6 a^{5}$ |
| $10 a^{6} \div 5 a^{2}$ | $10 \div 5=2$ |
|  | $\begin{aligned} & a^{6} \div a^{2}=a^{6-2}=a^{4} \\ & 10 a^{6} \div 5 a^{2}=2 a^{4} \end{aligned}$ |
| A1.11 <br> Use the index rules for raising to a power |  |
|  | outside the brackets first. |
|  | Multiply the indices when raising a power to a power. |
|  | e.g. $\left(a^{2}\right)^{4}=a^{2 \times 4}=a^{8}$ |
| $\begin{aligned} & \text { e.g. } \\ & \left(\mathrm{a}^{2}\right)^{4} \end{aligned}$ | $2^{3}=8$ |
|  | $\left(a^{6}\right)^{3}=a^{6 \times 3}=a^{18}$ |
| $\left(2 a^{6}\right)^{3}$ | $\left(2 a^{6}\right)^{3}=8 a^{18}$ |

A1: Algebra Notation

A2: Formulae, Functions and Expressions


|  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |

A2: Formulae, Functions and Expressions
Substitute into an expression
Use a function machine to find input and output
Substitute into an expression
Use a function machine to find input and output

A2.4 $\quad$ Replace the letters with | Substitute into an | the given numbers, then |
| :--- | :--- |

expression. carry out the
Remember BIDMAS
and the rules for
negative numbers.

$$
\begin{aligned}
& \begin{array}{l}
\text { e.g. } \\
3 \mathrm{a}-\mathrm{b}
\end{array}
\end{aligned}
$$

> | $\sim$ |
| :---: |
| + |
| + |
| $\stackrel{\infty}{+}$ |

$a b c+3 b$
$=5 \times 3 \times 7-3 \times 3$
$=105-9$ ㅇ

\%
A2: Formulae, Functions and Expressions
Evaluate formulae in a calculator including fractions and negative numbers
Rearrange formulae with fractions
Expand and simplify an expression involving brackets

A2: Formulae, Functions and Expressions
Factorise a quadratic expression where $\mathrm{a}=1$
Use index rules for multiplying and Dividing
Use index rules for raising to a power

| A2.10 | When multiplying the same base <br> number with different indices, ADD <br> the indices When dividing the same <br> base number with different indices <br> subtract the indices <br> Use Index rules for <br> multiplying and <br> dividing |
| :--- | :--- |
| e.g <br> Simplify $3 a^{2} \times 5 a^{7}$ <br> Multiply the coefficients together and <br> add the powers <br> $=15 a^{9}$ <br> e.g <br> Divide the coefficients and subtract <br> the powers <br> $=5 c^{5}$ |  |
| e.g <br> Simplify $20 c^{8} \div 4 c^{3}$ |  |
| A2.11 <br> Use index rules for <br> raising to a power | Rewrite the calculation using the <br> usual rules of indices then use the <br> rules of multiplication to simplify <br> e.g <br> e.g <br> Rewrite as |
| simplify $\left(3 y^{2}\right)^{4}$ |  |$\quad$| Multiply the coefficients together and |
| :--- |
| add the powers |
| $=81 y^{8}$ |


|  |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  |  |  |


|  |  |  | $$ |
| :---: | :---: | :---: | :---: |
|  |  |  |  |

A2: Formulae, Functions and Expressions Rearrange formulae with factorisation
Simplify algebraic fractions by factorisation
If there is more than one of

the subject you will need to
factorise. Move all of that

 out to leave you with only
one of that variable
$\stackrel{\circ}{\dot{\circ}}$
Move all the terms with x in them onto the same side
$a x-c x=b y$

Divide both sides by the
created brackets
$x=\frac{b y}{a-c}$
A2.12
Rearrange formulae with
factorisation
Make $x$ the subject of the
formula
A2: Formulae, Functions and Expressions Adding/Subtracting Algebraic fractions Multiplying/Dividing algebraic fractions Expand Triple Brackets
Substitute into a function using function notation

A2: Formulae, Functions and Expressions
Find the Inverse of a function
Find a compound function

| A2.19 <br> Find a compound function | Work from right to left replacing the $x$ 's with the stated function. |
| :---: | :---: |
| e.g <br> Find $f g(x)$ where $\begin{aligned} & f(x)=3 x+5 \text { and } \\ & g(x)=x^{2}-6 \end{aligned}$ | e. 9 <br> Working from right to left $g(x)$ needs to be substituted into $f(x)$ $f g(x)=3\left(x^{2}-6\right)+5$ |
| e.g <br> Find $\operatorname{gf}(x)$ where $\begin{aligned} & f(x)=3 x+5 \text { and } \\ & g(x)=x^{2}-6 \end{aligned}$ | Expand the brackets and simplify $f g(x)=3 x^{2}-13$ |
|  | e. 9 <br> Working from right to left $f(x)$ needs to be substituted into $g(x)$ $g f(x)=(3 x+5)^{2}-6$ |
|  | Expand the brackets and simplify $g f(x)=9 x^{2}+30 x+19$ |


$\left.$| A2.18 |
| :--- | :--- |
| Find the inverse of a |
| function |$\quad$| Replace the $f(x)$ notation |
| :--- |
| with ay then rearrange the |
| formula to make x the |
| subject of the formula. |
| Finally replace all y's in the |
| formula with $\mathrm{x}^{\prime} \mathrm{s}$ | \right\rvert\,


A3: Solving Equations and Inequalities
Solve Linear equations with unknowns on both sides
Solve a linear inequality A3.1

| A3.1 |  |
| :---: | :---: |
| Solve simple and two step linear equations | $\begin{aligned} \text { e.g. } \left.\begin{array}{rl} 2 x-3 & =7 \quad \text { (add } 3 \text { to each side) } \\ 2 x \quad & =10(\text { divide both sides by } 2) \\ x \quad & =5 \end{array} \text { ( } \begin{array}{rl} \end{array}\right) \end{aligned}$ |
| e.g. | e.g. $\frac{x}{2}+1=5$ (subtract 1 from each side) |
| $2 x-3=7$ | $\begin{aligned} & \frac{x}{2}=4 \text { (multiply both sides by } 2 \text { ) } \\ & x=8 \end{aligned}$ |
| $\frac{x}{2}+1=5$ |  |
| A3.2 |  |
| Solve linear | e.g. $3(4 x+1)=15$ (expand the bracket) |
| equations with | $12 x+3=15$ (subtract 3 from both |
| brackets | sides) |
| e.g. | $12 x=12$ (divide both sides by 12 ) $x=1$ |
| $3(4 x+1)=15$ |  |
| $2(5 x-4)=12$ | e.g. $2(5 x-4)=12$ (expand the bracket) |
|  | $10 x-8=12$ (add 8 to each side) |
|  | 10x $=20$ (divide both sides by 10 $x=2$ |



A3: Solving Equations and Inequalities



A3: Solving Equations and Inequalities

A3: Solving Equations and Inequalities
Solve a quadratic equation by factorising when a does not equal 1 Solve a quadratic equation using the quadratic formula

| A3. 9 <br> Solve a quadratic | Write the equation in the form $a x^{2}+b x+c=0$. | A3. 10 <br> Solve a quadratic | Write the equation in the form $a x^{2}+b x+c=0$. |
| :---: | :---: | :---: | :---: |
| equation by factorising when a | $2 \mathrm{x}^{2}+7 \mathrm{x}+3=0$ | equation using the quadratic formula | $x^{2}+4 x-2=0$ |
| does not equal 1 | Factorise the left-hand side. Find two values that add to make $b$ and multiply to make (c xa). | $\pm \sqrt{b^{2}-4 a c}$ | Write the values for $\mathrm{a}, \mathrm{b}$ and c (including the sign) |
| Solve | Add to make 7 | $2 a$ | $\mathrm{a}=1, \mathrm{~b}=4, \mathrm{c}=-2$ |
| $2 x^{2}+7 x+3=0$ | Multiply to make $3 \times 2$ Multiply to make 6 |  |  |
|  | Factors of 6 (6\&1, 3\&2) | e.g. Solve | Substitute the values for $a, b$ and $c$ into the formula |
|  | $6+1=7$ | $x^{2}+4 x-2$ | $x=-4 \pm \sqrt{ }\left(4^{2}-4 \times 1 \times-2\right)$ |
|  | As a $=2$, we must divide 6 by 2 to get 3. |  | $2 \times 1$ |
|  | $(2 x+1)(x+3)=0$ |  | Simplify to get the two values of $x$ |
|  | Equate each factor to 0 and solve for the values of $x$. |  | $x=\frac{-4 \pm \sqrt{ } 24}{2}$ |
|  | $2 x+1=0$ (subtract 1 from both sides) |  | $x=\frac{-4+\sqrt{ } 24}{2}=0.45(2 \mathrm{dp})$ |
|  | $\begin{aligned} & 2 x=-1(\text { divide both sides by } 2) \\ & x=-1 / 2 \end{aligned}$ |  | or |
|  | $x+3=0$ (subtract 3 from both sides) $x=-3$ |  | $x=\frac{-4-\sqrt{ } 24}{2}=-4.45(2 \mathrm{dp})$ |

A3: Solving Equations and Inequalities
Solve a quadratic equation by completing the square
Solve linear /quadratic simultaneous equations using substitution

| A3. 12 | Rearrange the linear equation |
| :---: | :---: |
| Solve |  |
| linear/quadratic | $x+y=4$ |
| simultaneous | $y=4-x$ |
| equations using substitution | Substitute the linear equation into the quadratic. |
| e.g. | $x^{2}+(4-x)^{2}=40$. |
| Solve | Expand and simplify. |
| Solve $x+y=4$ and $x^{2}+y^{2}=40$. | $\begin{aligned} & (4-x)^{2}=x^{2}-8 x+16 \\ & x^{2}+x^{2}-8 x+16=40 \\ & 2 x^{2}-8 x+16=40 \end{aligned}$ |
|  | Solve the quadratic by an appropriate method. $\begin{aligned} & 2 x^{2}-8 x+16=40 \\ & 2 x^{2}-8 x-24=0 \\ & (2 x-12)(x+2)=0 \\ & 2 x=12 \\ & x=6 \end{aligned}$ <br> or $x=-2$ <br> Substitute the values found into the linear equation. <br> When $x=6, y=4-6=-2$ <br> When $x=-2, y=4--2=6$ |


A3: Solving Equations and Inequalities
Solve linear/quadratic simultaneous equations graphically
Use iteration to solve an equation

A3: Solving Equations and Inequalities
Represent an inequality graphically
Find a region on a graph defined by more than one inequality

A3: Solving Equations and Inequalities

A4: Graphs 1

| Plot coordinates in four quadrants |
| :--- |
| Plot a linear graph from a sequence or formula |
| A4.1 <br> Plot coordinates in <br> four quadrants (x coordinate, y coordinate) <br> For x , move right for positive <br> values and left for negative. <br> For y move up for positive <br> values and down for <br> negative. <br> e.g.  <br> Plot the origin $(0,0)$  <br> Plot the point $(2,3)$  <br> e.g.  <br> Plot the point $(-3,1)$  <br> $(-1.5,-2.5)$  |

A4: Graphs 1
Find the equation of vertical and horizontal lines
Find the equation of a line by considering the coordinates

| A4.3 |  |
| :--- | :--- | :--- |
| Find the equation of |  |
| vertical and |  |
| horizontal lines |  |
| e.g. <br> Write the equation <br> of this line | Vertical lines have the form <br> x $=n$ ' where $n$ is the value <br> where the line crosses the $x$ <br> axis. |
| Write the equation | e.g. <br> this line is $x=3$. |
| of this line |  |


|  |  |  |  |
| :---: | :---: | :---: | :---: |
|  | i |  |  |

A4: Graphs 1
Identify the intercept of a graph
Calculate the gradient of a linear graph


| A4.8 <br> Construct the <br> equation of a line <br> e.g. | The equation of a straight line <br> is given by $y=m x+c$. <br> $m$ is the gradient. <br> $c$ is the intercept. |
| :--- | :--- |
| e.g. |  |
| Aradient $=\frac{5-2}{1-0}=\frac{3}{1}=3$. |  |
| Intercept $=2$. |  |
| $y=m x+c$. |  |
| $y=3 x+2$. |  |

A4: Graphs 1
Calculate the gradient of a line segment between two points
Construct the equation of a line

| A4.7 <br> Calculate the <br> gradient of a line <br> segment between <br> two points | The gradient is calculated using <br> the formula <br> Gradient $=\frac{\text { Change in } y \text { coordinates }}{\text { Change in } x \text { coordinates }}$ |
| :--- | :--- |
| e.g. <br> Find the gradient of <br> the line segment <br> between the points <br> $(0,3)$ and $(2,9)$ | e.g. <br> Gradient $=\frac{9-3}{2-0}=\frac{6}{2}=3$. <br> Find the gradient of <br> the line segment <br> between the points <br> $(2,7)$ and $(5,1)$ |

\(\left.$$
\begin{array}{|l|l|}\hline \text { A4.12 } \\
\text { Plot and use } \\
\text { distance time } \\
\text { graphs }\end{array}
$$ \quad \begin{array}{l}Plot distance on the vertical <br>
axis. <br>
Plot time on the horizontal axis. <br>
Speed is calculated using <br>
Speed = Distance Travelled <br>

Time taken\end{array}\right]\)| e.g. |
| :--- |
| Between A and B, 3 km are |
| travelled in 5 hours. |

## A4: Graphs 1

Plot a quadratic Graph

## Plot and Use Distance Time Graphs


A4: Graphs 1
Find the coordinates of the midpoint of a line segment
Find the equation of a line passing through a given point, parallel to a given line

A4: Graphs 1
Find the gradient of a line perpendicular to another line

> Plot and use speed time graphs
\(\left.$$
\begin{array}{|l|l|}\hline \text { A4.15 } \\
\text { Plot and use speed } \\
\text { time graphs }\end{array}
$$ \quad \begin{array}{l}Plot speed on the vertical axis. <br>
Plot time on the horizontal axis. <br>

Acceleration is calculated using\end{array}\right\}\)| Acceleration = $\frac{\text { Change in speed }}{\text { Time }}$. |
| :--- |
| e.g. | | e.g. |
| :--- |
| Between 0 and 10 seconds, |
| speed increased from 0 to 16 |
| $\mathrm{~m} / \mathrm{s}$ in 10 seconds. |
| Acceleration $=16 \div 10=1.6$ | $\mathrm{m} / \mathrm{s}^{2}$.

Between 10 and 20 seconds,
speed remains constant.
Acceleration $=0 \mathrm{~m} / \mathrm{s}^{2}$.
Between 20 and 25 seconds, speed decreased from 16 to 0
$\mathrm{m} / \mathrm{s}$ in 10 seconds.

$\mathrm{m} / \mathrm{s}^{2}$.
When two lines are

| A4.16 <br> Find the gradient of <br> a line perpendicular <br> to another line | When two lines are <br> perpendicular, the product of <br> their gradients is -1. |
| :--- | :--- |
|  | Find the gradient of the given <br> line. <br> Find the reciprocal and change <br> the sign. <br> This is the gradient of the <br> perpendicular line. |
| e.g. <br> Find the gradient of <br> a line perpendicular <br> to the line $y=5 x+$ <br> 4 | e.g. <br> Gradient of $y=5 x+4$ is 5. <br> Negative reciprocal is $-1 / 5$ or - <br> 0.2. <br> Find the gradient of <br> a line perpendicular <br> to the line $y=-2 x+$ <br> 4 |
| 0.2. <br> Gradient of perpendicular is - <br> Negative reciprocal is $1 / 2$ or 0.5. <br> Gradient of perpendicular is $1 / 2$. |  |

Pond
A4: Graphs 1
Find the equation of a line passing through a given point, perpendicular to a given line
Find the equation of a perpendicular bisector to a line segment
Plot and use acceleration time graphs

| A4,17 <br> Find the equation of a line passing through a given point, perpendicular to a given line e.g. <br> Find the equation of the line perpendicular to $y=1 / 2 x+3$ that passes through the point $(2,7)$ | If the lines are perpendicular, the product of their gradients is $\mathbf{- 1}$. <br> Use $\mathrm{y}=\mathrm{mx}+\mathrm{c}$. <br> e.g. <br> Gradient of given line $=1 / 2$. <br> Gradient of perpendicular $=-2$. <br> When $x=2, y=7$. $\begin{aligned} & y=m x+c \\ & 7=-2 x 2+c \\ & c=11 \\ & y=-2 x+11 . \end{aligned}$ |
| :---: | :---: |
| A4. 18 <br> Find the equation of a perpendicular bisector to a line segment <br> e.g. <br> Find the equation of the perpendicular bisector of the line segment joining the points $(0,7)$ and $(4,5)$. | Find the gradient and midpoint of the line segment. <br> Find the gradient of a line perpendicular to the line segment. <br> Use $\mathrm{y}=\mathrm{mx}+\mathrm{c}$. <br> e.g. <br> Gradient of line $=\frac{7-5}{0-4}=-1 / 2$. <br> Gradient of perpendicular $=2$. <br> Midpoint of given line is $(2,6)$. $\begin{aligned} & y=m x+c . \\ & 6=2 x 2+c \\ & c=2 \\ & y=2 x+2 . \end{aligned}$ |

A4: Graphs 1
Relate gradient of a line or curve to rate of change
Relate the area under a speed time graph to distance

| A4. 20 <br> Relate gradient of a line or curve to rate of change. | The gradient of a line gives the rate of change of the variables. <br> On a distance time graph, it shows the rate of change of distance with respect to time, i.e. speed. <br> On a speed time graph, it shows the rate of change of speed with respect to time, i.e. acceleration. |
| :---: | :---: |
| A4.21 <br> Relate the area under a speed time graph to distance. | The area under a speed time graph gives the distance travęlled. <br> In the example, the distance travelled in the first 10 seconds is the area of the triangle. <br> Distance travelled $=(16 \times 10) \div$ 2 $=80 \mathrm{~m}$. |


A5: Sequences
Generate a linear sequence using a term to term rule Generate e linear sequence using nth term Find the nth term of a linear sequence

| A5.1 <br> Continue a sequence using a term to term rule <br> $\begin{array}{llll}1 & 5 & 9 & 13\end{array}$ <br> This is the start of a sequence. <br> Each individual digit is called a term. <br> Using a term to term rule carry on the sequence. What are the next two numbers of this sequence? | Term to term rule $=+4$ <br> The sequence can be carried On by adding 4. <br> The next two numbers are 17 and 21 |
| :---: | :---: |
| A5.2 <br> Generate a linear sequence using term to term rule nce has a starting of 8 and a term to term rule of +3 . Generate the sequence <br> (ii) A sequence has a starting term of 8 and a term to term rule of -3 . Generate the sequence |  |

A5: Sequences

A5: Sequences

| A5.11 <br> Identify arithmetic and geometric type sequences <br> In an Arithmetic sequence the same amount (common difference) is added on to each term to continue the sequence. <br> In a Geometric sequence every term is multiplied by the same amount (common ratio) to continue the sequence. | Are the following arithmetic or geometric sequences? <br> (i) $2,6,18,54, \ldots$ <br> (ii) $5,8,11,14,17 \ldots \ldots$ <br> (iii) $256,128,64,32, \ldots \ldots$ <br> (iv) $42,38,34,30,26, \ldots$. <br> (i) Geometric: common ratio x3 <br> (ii) Arithmetic: common difference $+3$ <br> (iii) Geometric: common ratio $\times 0.5$ <br> (iv) Arithmetic: common difference <br> (v) -4 |
| :---: | :---: |
| A5. 12 <br> Identify a quadratic sequence <br> $\begin{array}{lllll}3 & 6 & 11 & 18 & 27\end{array}$ <br> This sequence does not have a common difference on the first line of Differences so we continue to the second row of differences. | The $1^{\text {st }}$ row of differences has a common difference of 2 so this is a quadratic sequence. |

Identify arithmetic and geometric type sequences
Identify a quadratic sequence
A5: Sequences
Use the nth term to write a quadratic sequence

| A5. 13 <br> Use the nth term to write a quadratic sequence <br> A quadratic sequence always contains a squared term. The nth term of a quadratic sequence is $2 n^{2}+n+1$. <br> Write down the first 5 terms of this sequence. | $\begin{aligned} & 2 n^{2}+n+1 . \\ & 2 \times 1^{2}+1+1=4 \\ & 2 \times 2^{2}+2+1=11 \\ & 2 \times 3^{2}+3+1=22 \\ & 2 \times 4^{2}+4+1=37 \\ & 2 \times 5^{2}+5+1=56 \end{aligned}$ <br> So the sequence is 4, 11, 22, 37, 56 .... |
| :---: | :---: |
| A5. 14 <br> Find the nth term of a quadratic sequence <br> Find the nth term of the sequence $4,13,26,43,64$ <br> If the $2^{\text {nd }}$ line of differences is 2 rule is $n^{2}$ <br> is 4 rule is $2 n^{2}$ <br> is 6 rule is $3 n^{2}$ <br> is 8 rule is $4 n^{2}$ | The $2^{\text {nd }}$ line of differences is 4 so the rule contains $2 n^{2}$ <br> This sequence has a rule $3 n-1$ so the whole rule is $2 n^{2}+3 n-1$ |



A6: Graphs 2
Plot a graph of a cubic function
Identify and plot a reciprocal graph



## A6: Graphs 2

## Identify and plot a exponential graph <br> Know the Know

| A6. 3 Identify and plot an exponential graph | Draw a table of values by substituting values of x into the formula. <br> Plot the points in pencil. Join the points with a ruler and pencil. <br> They should be in a smooth curve e.g. $y=2^{x}$. |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| e.g. <br> Plot the graph of $y=2^{x}$. | x | -3 | -2 | -1 | 0 | 1 | 2 | 3 |
|  | y | 1/8 | 1/4 | 1/2 | 1 | 2 | 4 | 8 |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | ${ }^{2}{ }_{8}$ |  |  |  |
|  |  |  |  |  | 7 |  |  |  |
|  |  |  |  |  | 6 |  |  |  |
|  |  |  |  |  | 5 |  |  |  |
|  |  |  |  |  | 4 |  |  |  |
|  |  |  |  |  | 3 |  |  |  |
|  |  |  |  |  | 2 |  |  |  |
|  |  |  |  |  | 1 |  |  |  |
|  |  |  |  |  |  |  |  | $\times$ |
|  | $7 \cdot 6$ | . 5 | ${ }^{-3}$ |  |  | 1 | ${ }^{3}$ | 4 |
|  |  |  |  |  | - |  |  |  |
|  |  |  |  |  | - ${ }^{2}$ |  |  |  |



## A6: Graphs 2

| A6. 5 <br> Know the graph of tangent | For the Tangent function between $-180^{\circ}$ and $180^{\circ}$, the main values are |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | x | -18 | -135 | -45 | 0 | 45 | 135 | 180 |
|  | y | 0 | 1 | -1 | 0 | 1 | -1 | 0 |
|  | There are asymptotes at $-90^{\circ}$ and $90^{\circ}$. <br> The graph of tangent is |  |  |  |  |  |  |  |


| A6.8 <br> Know and plot the graph of a circle <br> e.g. <br> plot the graph of the circle $x^{2}+y^{2}=9$. | The graph of a circle is of the form: <br> where $r$ is the radius and the centre is $(0,0)$. <br> e.g. $\begin{aligned} & x^{2}+y^{2}=9 \\ & x^{2}+y^{2}=3^{2} \end{aligned}$ <br> This a circle of radius 3 and centre ( 0,0 ). $x^{2}+y^{2}=r^{2}$ |
| :---: | :---: |

## A6: Graphs 2



| A6.10 |
| :--- | :--- | :--- |
| Estimate the area |
| under a curve using |
| trapezia |$\quad$| Divide the area under the curve into |
| :--- |
| trapezia of equal width. |
| More accuracy is gained by using |
| estimate the are |
| under the curve |
| $y=x^{2}+1$ between |
| $x=0$ and $x=3$. |

A6: Graphs 2
Estimate the gradient of a curve using a tangent
Estimate the area under a curve using trapezia To estimate the gradient of a
curve at a given point, draw a
tangent to the curve at that
point.
Find the gradient of the tangent.
e.g. estimate the gradient of the
curve $y=x^{2}$ at the point ( 3,9 ).

A6.9
Estimate the
gradient of a curve
using a tangent
Find the gradient of the curve
$y=x^{2}$ at the point $(3,9)$.

A6: Graphs 2
Relate gradient of a line or curve to rate of change Relate the area under a speed time graph to distance

| A6. 11 <br> Relate gradient of a line or curve to rate of change. | The gradient of a line gives the rate of change of the variables. <br> On a distance time graph, it shows the rate of change of distance with respect to time, i.e. speed. <br> On a speed time graph, it shows the rate of change of speed with respect to time, i.e. acceleration. |
| :---: | :---: |
| A6. 12 <br> Relate the area under a speed time graph to distance. | The area under a speed time graph gives the distance travelled. <br> In the example, the distance travelled in the first 10 seconds is the area of the triangle. <br> Distance travelled $=(16 \times 10) \div$ 2 $=80 \mathrm{~m}$. |



G1: Angles, Similarity and Congruency


|  |  |  |  |
| :---: | :---: | :---: | :---: |
| $\stackrel{m}{\sigma}$ |  |  | + |

A6: Graphs 2

| G1.2 |  |
| :--- | :--- |
| Measuring <br> angles | Place the midpoint of the <br> protractor on the VERTEX of <br> the angle. |
| e.g. measure <br> the following <br> angle. | Line up one side of <br> the angle with the zero line of <br> the protractor (where you see <br> the number 0). <br> Read the degrees where the <br> other side crosses the <br> number scale. |

A6: Graphs 2
Know and use angle sums of a point Know and use the corresponding angle rule

| G1.4 |
| :--- | :--- |
| Know and use |
| angle sums at |
| a point |$\quad$| Angles at a point add up to <br> $360^{\circ}$ |
| :--- |
| Find the total of the given <br> angles and subtract your <br> answt <br> missing <br> angles |


| G1.7 |  |
| :--- | :--- |
| Know and use <br> the vertically <br> opposite angle <br> rule | Vertically opposite angles <br> are equal. |
| The angles opposite each <br> other when two lines cross. Find the <br> They are always equal. <br> missing angle <br> in each of <br> these |  |

A6: Graphs 2
Know and use the vertically opposite angle rule


| G1.9 |  |
| :--- | :--- |
| Know and use <br> the sum of <br> interior angles in <br> a quadrilateral | Angles in a quadrilateral add up <br> to $360^{\circ}$ |
| E.g. Calculate <br> find the total of the <br> given angles and subtract your <br> answer from $360^{\circ}$. |  |
| angle in each of |  |
| the following |  |
| questions. |  |

## A6: Graphs 2

Know and use the interior angles in a triangle Know and use the sum of interior angles in a quadrilateral

## G1.8 <br> Know and use

the sum of
interior angles in
a triangle
e.g. Calculate
the missing
angle in each of
the folllowing
questions.


$148 \div 2=74^{\circ}$
A6: Graphs 2
Know and use the sum of internal angles of a polygon
Identify congruent shape using the simple definition of congruency

| G1. 11 | Congruent shapes have the same size and shape. |
| :---: | :---: |
| Identify <br> congruent <br> shapes using the simple definition of congruency. | This means that the sides and segments of two shapes have the same length. And, the angles possess the same measurements |
| e.g. | If one shape can be made from another using |
| List all the congruent pairs of shapes. | Rotations, Reflections, or Translations then the shapes are Congruent. |
| $\left[\prod_{A}^{\square} \square \square_{0}^{\square}\right.$ | e.g. List the congruent pairs of shapes. |
|  |  |
|  | A and G |
|  | $D$ and $I$ |


| G1. 10 | A polygon is a $2 d$ shape formed by straight lines. The |
| :---: | :---: |
| Know and use the sum of internal angles | formula for finding the sum of the measure of the interior angles is $(n-2) \times 180$. |
| of a polygon | n represents the number of sides the shape has. |
| Calculate the sum of internal angles of the following shape. | $(5-2) \times 180=540^{\circ}$ |
|  | Calculate the sum of interior angles in a Hexagon <br> A hexagon has 6 sides. |
| Calculate the sum of interior angles in a Hexagon |  |

A6: Graphs 2
Use similarity to find missing lengths
Know and use the sum of external angles of a regular polygon
When two shapes are similar,
the ratios of the lengths of their


| G1. 15 | A bearing is used <br> to represent the direction of <br> one point relative to another <br> point. |
| :--- | :--- |
| e.g. Draw a <br> bearing of $130^{\circ}$ | To draw a bearing of $130^{\circ}$ <br> you need to; <br> - Draw a North line <br> N |
| - Measure $130^{\circ}$ from the |  |
| north line and join. |  |
| N |  |

A6: Graphs 2
Read a bearing
Draw a bearing


A6: Graphs 2
Prove Congruency using ASA SAS SSS and RHS
Use similarity to find missing areas
G1.16
Prove
congruency
using
ASA,SAS,SSS

and RHS | Congruent shapes have the |
| :--- |
| same size and shape. |
| One will fit exactly over the |
| other. |
| 2 triangles are congruent if any |
| of these 4 conditions are |
| satisfied on each triangle. |

A6: Graphs 2
Use similarity to find missing volumes

G2: 2D Shapes

| G2. 1 | - Order of Line Symmetry this is the number of times a shape can be folded so | G2.2 | - Order of Rotational Symmetry this is the number of times a shape falls into its |
| :---: | :---: | :---: | :---: |
| Identify line symmetry | that one side falls exactly onto the other side <br> This shape has line symmetry ORDER 4 | Identify rotational symmetry | outline in one complete turn |
| e.g. <br> Draw the lines of symmetry on the following shape. |  | e.g. | A parallelogram has rotational symmetry order 2 |
|  |  | State the order of rotational | e.g. State the order of rotational symmetry of the following |
|  | e.g. Draw the lines of | symmetry of | shape (regular hexagon) |
|  | shape | the following shape (regular hexagon) | $\rangle$ |
|  |  | - | Rotational symmetry order 6 |



## G2: 2D Shapes <br> Describe a reflection

G2. 3
Reflect a
shape
e.g.

Reflect the
shape in the
given mirror
line

|  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
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G2: 2D Shapes
Rotate a shape
Describe a rotation



G2: 2D Shapes


G2: 2D Shapes

Enlarge a shape by an integer scale factor Describe an enlargement by an integer scale factor | G2.9 | $\begin{array}{l}\text { Enlarging a shape changes its size. } \\ \text { Enlarge a shape } \\ \text { by an integer scale } \\ \text { factor }\end{array}$ |
| :--- | :--- |
| $\begin{array}{l}\text { When enlarging a shape you need to } \\ \text { know by how much. This is called } \\ \text { the scale factor. For example, a scale } \\ \text { factor of 2 means that you multiply each } \\ \text { side of the shape by } 2 .\end{array}$ |  |
| $\begin{array}{l}\text { e.g. Enlarge the } \\ \text { following shape by } \\ \text { scale factor of 2 }\end{array}$ | $\begin{array}{l}\text { An enlargement with positive scale factor }\end{array}$ | enlarged shape.


e.g. Enlarge 1
e.g. Enlarge


G2: 2D Shapes
Calculate the perimeter of a
rectangle
Calculate the area of a rectangle

G2: 2D Shapes
Calculate the area of a triangle Calculate the
area of a parallelogram

| G2.13 |  |
| :--- | :--- |
| Calculate the area of <br> a triangle | A shapes area is the number of square units <br> it takes to completely fill it. In a triangle you <br> find it by multiplying the base by the height <br> (perpendicular), then dividing your answer <br> by 2. |
| Calculate the area of <br> the following <br> triangle | Area of a triangle $=\frac{\text { base } X \text { height }}{2}$ <br> e.g. Calculate the area of the following <br> triangle |
| Area of triangle $=\frac{9 \times 7}{2}$ |  |
| Area of triangle $=\frac{63}{2}$ |  |

G2: 2D Shapes

## Calculate missing sides from areas <br> Read a timetable




## G2: 2D Shapes

| G2.17 |  |
| :--- | :--- |
| Use metric measures <br> of length | We can measure how long things are, or how <br> tall, or how far apart they are. Those are all <br> examples of length measurements. |
| Small units of length are called millimetres. <br> A millimetre is about the thickness of a plastic <br> id card (or credit card). <br> When we have 10 millimetres, it can be called <br> a centimetre. <br> 1 centimetre $=10$ millimetres <br> A fingernail is about one centimetre wide. <br> We can use millimetres or centimetres to <br> measure how tall we are, or how wide a table is, <br> but to measure the length of a football pitch it is <br> better to use metres. |  |
| A metre is equal to 100 centimetres. <br> 1 metre $=100$ centimetres |  |
| The length of a guitar is about 1 metre <br> Metres can be used to measure the length of a <br> house, or the size of a playground. |  |
| A kilometre is equal to 1000 metres. <br> The distance from one city to another or how far <br> a plane travels can be measured using <br> kilometres. |  |



## G2: 2D Shapes

| G2.19 <br> Using metric units | Mass: how much matter is in an object. We measure mass by weighing, but weight and mass are not really the same thing. |
| :---: | :---: |
| Using metric units for mass | These are the most common measurements: <br> - Grams <br> - Kilograms <br> - Tonnes <br> Grams are the smallest, Tonnes are the biggest. |
|  | Grams are often written as g (for short), so " 300 g " means " 300 grams". <br> A loaf of bread weighs about 700 g |
|  | When we have 1000 g , we have 1 kilogram, written short as 1 kg . <br> Scales measure our mass using kilograms. An adults mass can be about 70 kg . |
|  | But when it comes to things that are very heavy, we need to use the tonne. Once we have 1,000 kilograms, we will have 1 tonne. <br> Some cars can have a mass of around 2 tonnes |

G2: 2D Shapes
Use Metric measures of volume or capacity
Convert metric units of volume or capacity (litres only)

| G2.21 | Volume is the amount of 3-dimensional <br> space something takes up. |
| :--- | :--- |
| Use metric units of | The two most common measurements of <br> volume are: |
| volume or capacity |  |$\quad$

G2: 2D Shapes
Use simple conversions of imperial to metric
Enlarge a shape by an integer factor with a centre of enlargement

G2: 2D Shapes
Describe an enlargement by an integer scale factor and a centre of enlargement Enlarge a shape using a fractional scale factor



G2: 2D Shapes

| G2. 29 | Rotation turns a shape around a fixed point called the centre of rotation. |
| :---: | :---: |
| Rotate a shape with a given centre of rotation e.g. Rotate the following shape $90^{\circ}$ clockwise | Rotation is an example of a transformation. A transformation is a way of changing the size or position of a shape. <br> Three pieces of information are needed to rotate a shape: <br> - the centre of rotation <br> - the angle of rotation <br> - the direction of rotation <br> e.g. Rotate the following shape $90^{\circ}$ clockwise about $(0,0)$ <br> In this particular question you rotate the shape a quarter turn clockwise (using tracing paper) with your pencil on the given coordinate. |

G2: 2D Shapes
Describe a rotation through a centre of rotation (continued) Reflect a shape using a diagonal or horizontal line

This is a rotation, $90^{\circ}$
anticlockwise, from $(1,0)$
G2: 2D Shapes
Describe a reflection using the equation of a line
Calculate the area of a trapezium
Describe a reflection using the equation of a line
Calculate the area of a trapezium

Firstly you need to decide which of the
transformations it is.
Firstly you need to decide which of the
transformations it is.
When you have found that it is a reflection
, you need to find the mirror line.
When you have found that it is a reflection
, you need to find the mirror line.
To do this you need to find a line in which
all the points of each shape will be equidistant to the corresponding point.
So this is a
reflection in the line $x=1$

## G2.32 <br> Describe a reflection <br> using the equation of a line <br> using the equation of a line <br> e.g. <br> Describe the single transformation that <br>  <br> Descr

maps shape A to B.


| G2.33 | To find the area of a trapezium you need to use a specific formula. |
| :---: | :---: |
| Calculate the area of a trapezium | $A=\frac{(a+b)}{2} \times h$ |
| e.g. | a |
| Calculate the area of the following shape |  |
|  | b <br> e.g. Calculate the area of the following shape |
| 10 m | $\begin{gathered} 10 \mathrm{~m} \\ \text { Area }=\frac{(5+10)}{2} \times 7 \\ \text { Area }=\frac{15}{2} \times 7 \\ \text { Area }=7.5 \times 7 \\ \text { Area }=52.5 \mathrm{~m}^{2} \end{gathered}$ |


G2:

mation of


| G2.35 | To find the circumference of a circle you <br> need to follow a specific formula. |
| :--- | :--- |
| Calculate the <br> circumference of a <br> circle |  |
| Work out the <br> circumference of the <br> following circle | e.g. Work out the circumference of the $\quad c=\pi \mathrm{d}$ <br> following circle <br> Circumference $=\pi \mathrm{d}$ <br> Circumference $=\pi \times 5$ <br> Circumference $=15.707 \ldots$ <br> Circumference $=15.7 \mathrm{~cm} 1$ |

G2: 2D Shapes

| G2.34 |  |
| :--- | :--- |
| Calculate the area of <br> a circle | To find the area of a circle you need to <br> follow a specific formula. |
| Work out the area of <br> the following circle | e.g. work out the area of the following <br> circle |
| Area $=\pi r^{2}$ <br> Area $=\pi \times 5^{2}$ <br> Area $=78.5398163 \ldots$ <br> Area $=78.5 \mathrm{~cm}^{2} 1 \mathrm{dp}$ |  |


| G2.37 <br> Calculate arc length <br> e.g. <br> Evaluate the length <br> of the following arc | To <br> calculate arc length you use <br> Arc length $=\frac{\text { angle }}{360^{\circ}} \times \pi \times d$ |
| :--- | :--- |
| 600. Find the length of the following arc |  |

G2: 2D Shapes

## Calculate the area of a sector

Calculate arc length

| G2.36 |  |
| :--- | :--- |
| Calculate the area of <br> a sector | We can find the area of a sector using the <br> formula: <br> e.g. <br> Find the area of the <br> following sector |
| $\theta$ is the angle of the secto $r$ is the <br> radius <br> e.g. Find the area of the following sector |  |
| Area $=\frac{00}{360} \times \pi \times r^{2}$ |  |
| Area $=34.208 \ldots$ |  |
| Area $=34.2 \mathrm{~cm}^{2} 1 \mathrm{dp}$ |  |


| G2.39 | The method for converting between units works the same as the one for converting units of area |
| :---: | :---: |
| Convert metric units of area or volume | and volume. |
|  | When you are converting one sort of unit to another, you need to know how many smaller units are needed to make 1 larger unit. <br> Area |
| e.g. Convert $5 \mathrm{~m}^{2}$ to $\mathrm{cm}^{2}$ | Convert 1 m $5 \mathrm{~m}^{2}$ to $\mathrm{cm}^{2} \quad 100 \mathrm{~cm}$ |
|  | Area$=$5 m$5 \times 1=$ <br> $5 \mathrm{~m}^{2}$$\quad=50{ }_{2}$Area $=$ <br> $500 \times 100=$ <br> 50000 cm |
| e.g. Convert 5,000 $\mathrm{mm}^{3}$ to $\mathrm{cm}^{3}$ | Volume <br> Convert $5,000 \mathrm{~mm}^{3}$ to $\mathrm{cm}^{3}$ |
|  |  |

## G2: 2D Shapes


G2: 2D Shapes
Recognise the circle theorems
Recognise the
circle theorems
e.g. What are the eight theorems?
G2: 2D Shapes
Use circle theorems to solve problems
Use circle theorems
to solve problems
e.g. Work out angle ADC
ang angle at the circumference.
Angle ADC $=96^{\circ}$
quadrilateral add up to 180
G3: 3D Shapes
Identify properties of a 3D shape
Represent a 3D shape on an isometric grid
Identify a net of a cube
Identify a net of other 3D cuboids

G3: 3D Shapes Identify a 3D shape from plans and elevations Calculate the surface area of a cuboid Calculate the volume of a cuboid Recognise the net of a cylinder

| G3.5 |
| :--- |
| Interpret a 3D shape from |
| plans and elevations |
| E.g. Draw the Side view, Plan |
| Vew and Front Elevation of |
| this shape. |


| G3.6 |
| :--- |
| Calculate the volume of a |
| cuboid |

S.g. Calculate the volume of
this cuboid.
G3: 3D Shapes
Calculate the volume of a prism

| G3.9 |
| :--- |
| Recognise the net of a |
| tetrahedron |
| E.g. What 3D shape does this |
| net create? |


| A Tetrahedron. also known as a triangular pyramid, is |
| :--- |
| a polyhedron composed of four triangular faces, six |
| straight edges, and four vertex corners. |


| E.g. What 3 D Shape would this |
| :--- |
| net form? |

G3.10 \begin{tabular}{l}
G3.11 <br>
Calculate the volume of <br>
a prism <br>
E.g. What is the formula <br>
for working out the <br>
volume of any prism?

 

To find the volume of any prism, calculate the area of the <br>
cross-section and multiply by the length. <br>
Volume $=$ Area of cross-section $x$ length <br>
With any prism there is a shape which is repeated <br>
throughout the length - this is the cross section.
\end{tabular}

G3: 3D Shapes
Calculate missing sides from volume
Calculate the surface area of a cylinde

| G3.13 <br> Calculate missing sides from volumes <br> E.g. The volume of this cube is $420 \mathrm{~cm}^{3}$. What is the length the missing side? | Volume of a cuboid $=$ Length $\times$ Height x Width $\begin{aligned} & 420=10 \times 6 \times y \\ & 420=60 y \\ & Y=7 \mathrm{~cm} \end{aligned}$ | G3. 15 <br> Use the formula for volume of a sphere <br> E.g. Calculate the volume of this sphere to one decimal place. | Volume of sphere $=\frac{4}{3} \pi r^{3}$ $\begin{gathered} =\frac{4}{3} \times \pi \times 4^{3} \\ =\frac{4}{3} \times \pi \times 4^{3} \\ \frac{256 \pi}{3}=85.3 \mathrm{~cm}^{3} \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| E.g. Calculate the surface area of this cylinder. |  | G3.16 <br> Use the formula for the volume of a cone <br> E.g. Calculate the volume of this cone to one decimal place. | $\begin{aligned} & \text { Volume }=\frac{1}{3} \pi r^{2} h \\ & v=\frac{1}{3} \times \Pi \times 2^{2} \times 3 \\ & v=4 \Pi \\ & v=12.6 \mathrm{~cm}^{3} \end{aligned}$ |


| G3.19 |
| :--- | :--- |
| Recognise the net of a cone |
| E.g. What 3D shape does this |
| net create? |

G3: 3D Shapes
Use the formula to find the surface area of a sphere
Recognise the net of a cone

| G3.17 <br> Use the formula for curved surface area of a cone E.g. Work out the area of the curved surface of this cone. Leave in terms of pi. | The area of the curved (lateral) surface of a cone <br> Where, $r$ is the radius $h$ is the height / is the slant height $=\pi r l$ $\begin{aligned} S A & =\pi r l \\ & =\pi \times 3 \times 5 \\ & =15 \pi \end{aligned}$ |
| :---: | :---: |
| G3.18 <br> Use the formula to find the surface area of a sphere E.g. Calculate the surface area of this sphere. Leave your answer in terms of pi. | Curved surface area of a sphere $=4 \pi^{2}$ $\begin{aligned} & S A=4 \pi r^{2} \\ & =4 \times \pi \times 3^{2} \\ & =4 \times \pi \times 9 \\ & =36 \pi \end{aligned}$ |


| G3.21 |
| :--- |
| Calculate the curved surface |
| area of a frustum |


| E.g. Work out the curved |
| :--- |
| surface area of the frustum of |
| the cone below. Leave your |
| answer in terms of pi. |


| A frustum is a cone that has had a smaller cone |
| :--- |
| removed from the top want to find the curved surface area of the |
| large cone and take away the curved surface area of |
| the small cone. |
| Curved surface area of a cone $=\pi \mathrm{rl}$ |
| Where l is the slanted height of the cone. |
| Large cone $=\pi \times 10 \times 30$ |
| $=300 \pi$ |


| Small cone $=\pi \times 6 \times 18$ |
| :--- |
| $=108 \pi$ |


| Total surface area of the frustum |
| :--- |
| $=$ Iarge cone - small cone |
| $300 \pi-108 \pi=192 \pi$ |

## G3: 3D Shapes

Calculate the curved surface area of a frustum


| G4.4 Construct <br> a right angled <br> triangle given <br> the hypotenuse | Example: <br> Draw line segment of 3 cm to form <br> Construct a perpendicular bisector <br> from A <br> Using a compass construct an arc <br> from $\mathrm{B}, \mathrm{crossing} \mathrm{the} \mathrm{perpendicular}$ <br> bisector at C <br> Draw in the sides of your triangle, <br> leaving the construction marks. |
| :--- | :--- |

## G4: Constructions and Loci

Construct a triangle given two angles and a side Construct a triangle given two sides and an angle Construct a triangle given all three sides

Construct a right angled triangle given the hypotenuse

| G4.1 Construct <br> a triangle given <br> two angles and <br> a side (ASA) | Measure out the base using a ruler <br> Use a protractor to construct the <br> angles <br> Leave construction lines |
| :--- | :--- |
| G4.2 Construct <br> a triangle given <br> two sides and <br> an angle (SAS) | Draw the base using a ruler <br> Use a protractor and draw in the <br> angle <br> Measure second side using a ruler <br> and draw it in. <br> Complete the triangle |
| G4.3 Construct <br> a triangle given <br> all three sides <br> (SSS) | 3 cm |


| G4.6 Construct <br> a perpendicular <br> bisector from a <br> point to a line <br> segment | Using a compass construct a <br> semicircle below the line <br> segment, placing your <br> compass point at P. |
| :--- | :--- |
| Construct a perpendicular as |  |
| you did before, using the |  |
| points where the semicircle |  |
| crosses the line segment as |  |
| point A \& B as in the example |  |
| given in G4.5 |  |

G4: Constructions and Loci
Construct a perpendicular bisector from a point to a line



| G4.8 Construct an <br> angle bisector | Using a compass construct an <br> arc from B, passing through both <br> AB and BC . <br> Draw an arc, placing the <br> compass point at the <br> intersection on AB . Repeat for <br> the intersection on BC. <br> The arcs with intersect at D. <br> Draw a line segment through D <br> to B as shown in the diagram. |
| :--- | :--- |

G4: Constructions and Loci
Construct a perpendicular bisector through a point on a line segment
Construct an angle bisector


|  |  |
| :---: | :---: |
|  |  |

## G4：Constructions and Loci

Draw a locus of points a given distance from a point（circle） Draw a locus of points equidistant from two points

Draw a locus of points equidistant from two lines

| G4．9 Draw a <br> locus of points a <br> given distance <br> from a point <br> （circle） | A locus is the path or region a <br> point covers as it moves <br> according to a rule． |
| :--- | :--- |
| A series of points a fixed distance <br> （equidistant）from a point is a <br> circle |  |
| G4．10 Draw a <br> locus of points <br> equidistant from <br> two points | The locus of points equidistant <br> from two points is a <br> perpendicular bisector（see <br> G4．5，G4．6，G4．7） |


|  |  |  |
| :---: | :---: | :---: |
|  |  |  |

G4: Constructions and Loci
Apply loci techniques to more complex problems

| G4.12 Apply loci <br> techniques to <br> more complex <br> loci problems | Some examples of more <br> complex loci problems. <br> Remember that loci is the plural <br> of locus. <br> The runner is following a path. <br> The path is a locus. |
| :--- | :--- |
| The hands of a clock move <br> around the clock and create a <br> locus. |  |
| A cow is tied to a post by a 4 m <br> length of rope. The area of grass <br> she can reach is a locus. |  |

G5: Pythagoras and Trigonometry
Use Pythagoras' theorem to find a missing side
Use Pythagoras' theorem to calculate a missing side

0
$5^{2}+x^{2}=13^{2}$
$x^{2}=13^{2}-5^{2}$
$x^{2}=169-25$
$x=\sqrt{144}$
$x=12$
$7.4^{2}+a^{2}=16.3^{2}$
$a^{2}=16.3^{2}-7.4^{2}$
$a^{2}=265.69-54.76$
$a=\sqrt{210.93}$
$a=14.5 \quad 1 d p$
If you are finding one of the two
shorter sides (not the hypotenuse)
square the two sides you have,
subtract the shorter from the longer and square root the answer
Oi
$\stackrel{8}{6}$
G5.2 Use Pythagoras'
theorem to calculate a
missing side
e.g
Find x in the triangle
below
e.g
Find a in the triangle
beld
If you are finding the hypotenuse, square the two shorter sides, add them together and square root the number you get
ס

$\begin{aligned} 6^{2}+8^{2} & =x^{2} \\ 36+100 & =x^{2} \\ \sqrt{136} & =x\end{aligned}$
$11.7=x$

G5.1 Use Pythagoras'
missing hypotenuse
G5: Pythagoras and Trigonometry
Use trigonometry for right angle triangles to find a missing side Use trigonometry for right angle triangles to find missing angles Use vector column notation


| G5.4 Use Trigonometry <br> for right angled triangles <br> to find missing angles | Remember SOHCAHTOA <br> Label the sides of the triangle you have <br> with Opposite, Adjacent or Hypotenuse. <br> Choose the correct trigonometric ratio <br> to use. Substitute into the relevant <br> formula and solve the equation using <br> inverse functions |
| :--- | :--- |
| e.g |  |
| e.g |  |
| Find x in the the triangle up |  |
| below |  |$\quad$| We have opp and adj so use Tan |
| :--- |
| tan $(x)=\frac{13}{5}$ |

## G5: Pythagoras and Trigonometry

 Add and subtract two column vectors Use unknown vector notationKnow how to show two vectors are parallel

| G5.6 Add and Subtract two column vectors <br> e.g <br> If $a=\binom{4}{7}$ and $b=$ <br> $\binom{2}{-3}$ calculate $\begin{aligned} & a+b \\ & a-b \end{aligned}$ | Vectors must have the same number of elements in them to be added or subtracted from each other. Match up each corresponding element and do the required calculation <br> e.g $\begin{aligned} a+b \text { gives }\binom{4}{7} & +\binom{2}{-3} \\ = & \binom{4+2}{7 \pm-3} \\ & =\binom{6}{4} \end{aligned}$ $\begin{aligned} a-b \text { gives }\binom{4}{7} & -\binom{2}{-3} \\ = & \binom{4-2}{7--3} \\ & =\binom{2}{10} \end{aligned}$ |
| :---: | :---: |
| G5.7 and 5.8 Use unknown vector notation | Vectors are often represented simply using letters rather than numbers. These can be added and subtracted to find expressions for other unknown vectors <br> e.g $\begin{aligned} & \overrightarrow{K M}=\overrightarrow{K O}+\overrightarrow{O M} \\ & \overrightarrow{K O}=-a \text { and } \overrightarrow{O M}=b \\ & \text { So } \overrightarrow{K M}=-a+b \text { or } b-a \end{aligned}$ |



## G5: Pythagoras and Trigonometry

Use Pythagoras and trigonometry in 3D
Use the sine rule to find a missing side
Draw out 2D triangles that represent the
lengths or angles that you are trying to
calculate and apply Pythagoras and/or
trigonometry as you would in a 2D shape
e.g:The angle between AV and ABCD is
represented by the triangle below
G5.10 and G5.11
Use Pythagoras and
Trigonometry in 3D
e.g
ABCDV is a square
based pyramid.
the square base
ABCD.
Lengths AD, DC, BC
and $A B$ are all 4 cm .
The perpendicular

$(\mathrm{OV})$ is 3 cm .
Find the angle
between $A V$ and the
plane $A B C D$
Coses)

G5: Pythagoras and Trigonometry
Use the sine rule to find a missing angle
Use cosine rule to find a missing side

| G5.13 Use the sine rule to find a missing angle | In order to find a missing angle using Sine rule label the angle you are trying to find as A and the side that is opposite that as a. Then label the other angle you know as B and the side opposite that as b. Following that substitute into the below formula and solve for $A$ $\frac{\sin (A)}{a}=\frac{\sin (B)}{\mathrm{b}}$ |
| :---: | :---: |
| e.g <br> Find the missing angle in the triangle | e.g <br> First relabel the triangle using the instructions from above <br> Then substitute into the formula and solve <br> Multiply both sides by 7 <br> Take $\sin ^{-1}$ $x=51.9^{\circ}$ $\frac{\sin (x)}{7}=\frac{\sin (64)}{8}$ $\sin (x)=\frac{7 \times \sin (64)}{8}$ |

## G5: Pythagoras and Trigonometry

Use the cosine rule to find a missing angle
Find the area of a triangle of unknown height or find a side or angle when given the area of a triangle

| G5.15 Use the cosine rule to find a missing angle <br> e. 9 <br> Find the missing angle in the triangle | In order to find a missing angle using Sine rule label the angle you are trying to find as A and the side that is opposite that as a. Then label the other two sides you know as b and c (it doesn't matter which is which.) Following that substitute into the below formula and solve for A <br> e. 9 <br> First relabel the triangle using the instructions from above <br> Then substitute into the formula and solve <br> Take $\cos ^{-1}$ $x=44.0^{\circ}$ $\cos (A)=\frac{b^{2}+c^{2}-a^{2}}{2 b c}$ $\cos (A)=\frac{8^{2}+10^{2}-7^{2}}{2 \times 8 \times 10}$ | G5.16 and G5.17 <br> Find the area of a triangle of unknown height or find a side or angle when given the area of a triangle e.g Find the area of the triangle below <br> e.g Find the length of the unknown side given the area is | The formula for finding the area of a non- right angled triangle is Area $=\frac{1}{2} a b \sin (C)$ where a and b are known sides and $C$ is a known included angle. <br> e.g <br> Label up the triangle and substitute into the formula $\text { Area }=\frac{1}{2} \times 7 \times 11 \times \sin (35)$ $\text { Area }=22.1 \mathrm{~cm}$ <br> e.g Label up the triangle as previously <br> Substitute into formula and solve for $x$ using inverse functions $\begin{gathered} 53.9=\frac{1}{2} \times 9 \times x \times \sin (53) \\ x=15.0 \mathrm{~cm} \end{gathered}$ |
| :---: | :---: | :---: | :---: |

G5: Pythagoras and Trigonometry Calculate the length of a vector Prove that two vectors are parallel
Prove that two vectors are co-linear

| G5.18 Calculate the length of a vector <br> e.g Find the length of the vector $\binom{3}{-4}$ | To calculate the length of a vector you use a simplified version of pythagroas' theorem. For a vector $\binom{x}{y}$ you calculate $\sqrt{x^{2}+y^{2}}$ to find the length e.g $\begin{gathered} \sqrt{3^{2}+-4^{2}} \\ \text { vector length }=5 \text { units } \\ \hline \end{gathered}$ |
| :---: | :---: |
| G5.19 Prove that two vectors are parallel | Use the skills built in G5.7/G5.8 and G5.9 to prove that two unknown vectors are parallel. Firstly by using vector notation to combine the vectors you require then showing that they are multiples of each other |
| e. 9 | e.g |
| OPQ is a triangle $\overrightarrow{O Q}=q$ and $\overrightarrow{O R}=p$ | For $\overrightarrow{R S}$ to be parallel to $\overrightarrow{O Q}$ it will need to be a multiple of q |
| $R$ is the midpoint of | $\overrightarrow{P Q}=\overrightarrow{P Q}+\overrightarrow{O Q}$ so $\overrightarrow{P Q}=q-p$ |
| $\overrightarrow{O P}$ and $S$ is the midpoint of $\overrightarrow{P Q}$ | $\overrightarrow{R S}=\overrightarrow{R P}+\overrightarrow{P S}$ and as R is the mid point of $\overrightarrow{O P}$ and S is the midpoint of $\overrightarrow{P Q}$ then |
| Prove that $\overrightarrow{R S}$ and $\overrightarrow{O Q}$ are parallel | $\overrightarrow{R P}=\frac{p}{2} \text { and } \overrightarrow{P S}=\frac{q}{2}-\frac{p}{2}$ <br> That means that $\overrightarrow{R S}=\frac{p}{2}+\frac{q}{2}-\frac{p}{2}=\frac{q}{2}$ <br> Therefore $\overrightarrow{O Q}=\frac{\overrightarrow{R S}}{2}$ so $\overrightarrow{R S}$ and $\overrightarrow{O Q}$ are parallel |


N1: Calculating with Numbers Understand the use of place value Multiply by a two digit number Multiply by 10, 100, 1000 etc, Divide by a one digit number

| N1.1 <br> Understand the use of place value e.g. What value is the 6 in the number 6700 | Th H T U. <br> 6700 <br> The ' 6 ' is in the thousands column. Therefore the value of the 6 is six thousand. |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| N1.2 <br> Multiply by a twodigit number e.g. $152 \times 34$ | Draw a grid. <br> Write the hundreds, tens and units across the top. Write the tens and units down the side. <br> Multiply each number together. <br> Add all the numbers from inside the box. |  |  |  |
|  |  | 100 | 50 | 2 |
|  | 30 | 3000 | 1500 | 60 |
|  |  | 400 | 200 | 8 |
|  | $152 \times 34=3400+1700+68=\underline{516}$ |  |  |  |


| N1.7 | 4.32 |
| :---: | :---: |
| Add and subtract | +5.60 |
| decimals | 9.92 |
| e.g. $4.32+5.6$ | Line up the decimal point. |
|  | Fill any blank spaces with 0. |
|  | Add the numbers starting from the right. |
|  | $4.32+5.6=9.92$ |
| N1.8 <br> Multiply Decimals <br> e.g. $2.5 \times 1.1$ | Take out the decimal points. |
|  | Multiply as with long |
|  | multiplication. |
|  | Put the decimal back in. |
|  | e.g. $2.5 \times 1.1$ |
|  | $25 \times 11=275$ |
|  | There are 2 decimal places in the question, so the answer is 2.75 |
|  | $2.5 \times 1.1=2.75$ |

N1: Calculating with Numbers
Divide by a two digit number
Use BIDMAS to order operations Add and subtract decimals Multiply decimals

| N1.5 <br> Divide by a twodigit number $\text { e.g. } 4928 \div 32$ | Draw a bus stop. <br> The number you divide by goes on the outside. <br> Divide the number into the first number underneath. <br> If it does not go, write 0 on top and carry the number underneath. Divide into the next number. <br> 3 <br> $4928 \div 32=154$ |
| :---: | :---: |
| N1.6 Use BIDMAS to order operations e.g. $3+4 \times 6-5$ | Bracket <br> Indices <br> Divide <br> $\left.\begin{array}{l}\text { Divide } \\ \text { Multiply }\end{array}\right\}$ Do these in the order they appear <br> $\left.\begin{array}{l}\text { Add } \\ \text { Subtract }\end{array}\right\}$ Do these in the order they appear <br> e.g. $3+4 \times 6-5=22$ <br> first |


N1: Calculating with Numbers
Divide by decimals
Order negative numbers
Add and subtract negative numbers
Multiply and divide by negative numbers

| N1.9 Divide by decimals $\text { e.g. } 2.84 \div 0.2$ | Make the divisor into a whole number. <br> Multiply both numbers. <br> e.g. $\begin{aligned} 2.84 & \div 0.2(\text { multiply both by } 10) \\ 28.4 & \div 2 \\ & =14.1 \\ 2.84 & \div 0.2=14.1 \end{aligned}$ |
| :---: | :---: |
| N1.10 <br> Order negative numbers <br> e.g. order the numbers in ascending order: $-3,5,-1,-2,0$ | 1 1 1 1 1 1 1 <br> -3 -2 -1 0 1 2 3 <br> $2>-2 \rightarrow$ We say 2 is bigger than -2 <br> $-1<3 \rightarrow$ We say -1 is less than 3 $-3,-2,-1,0,5$ |

N1: Calculating with Numbers
Use one calculation to work out another
Use a calculator efficiently for simple calculations

| Use a calculator efficiently for powers, roots and more complex calculations |  |
| :--- | :--- |


| N1.13 <br> Use one calculation to work out another e.g. $24 \times 36=864$, what is $2.4 \times 3.6$ ? | (Notice how the sum changes $\&$ so does the answer) <br> (Notice how the sum changes \& so does the answer) <br> $864 \div 2.4=360 \quad 864 \div 360=2.4$ <br> (Notice how the sum changes \& the answer does the opposite) | N1.15 <br> Use a calculator efficiently for powers, roots and more complex calculations | Know your keys <br> $x^{2}$ Square key <br> $x^{3}$ Cube key <br> $x^{\text {■ }}$ Powerkey <br> $\checkmark$ Square root key <br> $\sqrt[3]{ }$ Cube root key <br> (-) Negative key <br> 픔 Fraction key |
| :---: | :---: | :---: | :---: |
| N1.14 <br> Use a calculator efficiently for simple calculations | Know your keys <br> Addition: + <br> Subtraction: - <br> Multiply: x <br> Divide: $\quad$ - <br> Equals: = <br> Brackets: () |  |  |


| N2.3 <br> Add and subtract fractions ( same denominator) e.g. $\frac{2}{3}+\frac{2}{3}$ | Add \& subtract with same denominator e.g. $\frac{2}{3}+\frac{2}{3}=\frac{4}{3}=1 \frac{1}{3}$ |
| :---: | :---: |
| N2.4 <br> Add fractions (different denominators) <br> e.g. $\frac{1}{5}+\frac{7}{10}$ | Make denominators the same then add the numerators $\text { e.g. } \begin{aligned} & \frac{1}{5}+\frac{7}{10} \\ = & \frac{2}{10}+\frac{7}{10} \\ = & \frac{9}{10} \end{aligned}$ |
| N2.5 <br> Subtract fractions (different denominators) $\frac{4}{5}-\frac{2}{3}$ | Make denominators the same then subtract the numerators $\begin{aligned} & \frac{4}{5}-\frac{2}{3} \\ = & \frac{12}{15}-\frac{10}{15} \\ = & \frac{2}{15} \end{aligned}$ |

N2: Fractions, Decimals and Percentages Write equivalent fractions
Simplify a fraction
Add and subtract fractions (same denominator) Add fractions (different denominators) Subtract fractions (different denominators)

| N2. 1 <br> Write equivalent fractions <br> e.g. write equivalent fractions for: $\frac{4}{5}$ | To write an equivalent fraction you must multiply the numerator and denominator by the same number. $\begin{aligned} & \frac{4}{5}=\frac{16}{20}(\text { multiply by } 4) \\ & \frac{4}{5}=\frac{40}{50}(\text { multiply by } 10) \\ & \frac{4}{5}=\frac{8}{10}(\text { multiply by } 2) \end{aligned}$ |
| :---: | :---: |
| N2.2 Simplify a fraction e.g. simplify: $\begin{aligned} & \frac{8}{12} \\ & \frac{15}{40} \end{aligned}$ | See what number divides exactly into both the numerator and denominator <br> e.g. $\frac{8}{12}_{-4}^{-4} \frac{2}{3}$ <br> e.g. $\frac{15^{-5}}{40} \rightarrow \frac{3}{8}$ |

N2: Fractions, Decimals and Percentages

| Multiply fractions <br> Find a fraction of a quantity <br> Divide a fraction by a whole number <br> Order fractions <br> Convert common fractions, decimals and percentages |  |
| :---: | :---: |
| N2.6 <br> Multiply fractions <br> e.g. $\frac{2}{7} \times \frac{2}{3}$ | When multiplying fractions, multiply the numerators and multiply the denominators. Cancel down if possible before or after the calculation. $\frac{2}{7} \times \frac{2}{3}=\frac{4}{21}$ |
| N2. 7 <br> Find fraction of a quantity <br> e.g. <br> Find $\frac{4}{5}$ of $£ 40$ | $\begin{aligned} & \frac{4}{5} \text { means } \div 5 \times 4 \text {. } \\ & \text { e.g. To find } \frac{4}{5} \text { of } £ 40 \\ & £ 40 \div 5 \times 4 \stackrel{ }{=} £ 32 \end{aligned}$ |
| N2.8 <br> Divide a fraction by a whole number <br> e.g. <br> $\frac{2}{7} \div 3$ | Make the whole number a fraction e.g. 3 becomes $\frac{3}{1}$ <br> Then Keep Change Flip: <br> Keep first fraction the same <br> Change $\div$ to $x$ <br> Flip the second fraction and calculate $\frac{2}{7} \times \frac{1}{3}=\frac{2}{21}$ |

N2: Fractions, Decimals and Percentages Order decimals
Find a percenta
Converting fractions to decimals
Convert a decimal to a fraction
Convert from a percentage to a decimal to a fraction Convert from a decimal to a percentage to a fraction
Convert fractions to decimals to percentages

| N2.14 <br> Convert decimal <br> to a fraction <br> e.g. 0.74 | To convert see what column the <br> number ends in. In this case the <br> hundredths. Therefore put the <br> number over 100 and simplify. <br> $0.74=\frac{74}{100}=\frac{37}{50}$ |
| :--- | :--- |
| N2.15 <br> Convert from <br> percentage to <br> decimal to fraction <br> e.g. $27 \%$ <br> $7 \%$ <br> $70 \%$ | $7 \%=0.07=\frac{7}{100}$ |
| N2.16 <br> Convert from decimal <br> to percentage to <br> fraction <br> e.g. 0.3 <br> 0.03 <br> 0.39 | $70 \%=0.7=\frac{70}{100}=\frac{7}{10}$ |$\quad$| $0.3=30 \%=\frac{3}{10}$ |
| :--- |


| N2.11 <br> Order decimals <br> e.g. order: $0.3,0.304,0.32 \text {, }$ $0.33$ | Decimals need the same number of digits <br> Now the decimals can be ordered <br> $0.3,0.304,0.32,0.33$ |
| :---: | :---: |
| N2.12 <br> Find percentage of a quantity <br> e.g. $8 \%$ of $£ 240$ $12.5 \%$ of 80 kg $80 \%$ of 52 |  |
| Nidres 3 <br> Converting fraction to decimal e.g. $\begin{gathered} \frac{4}{5} \\ \frac{9}{12} \\ \hline \frac{3}{8} \end{gathered}$ | Fractions to decimals - by changing <br> e.g. $\frac{4}{5}=\frac{8}{10}=0.8$ <br> e.g $\frac{9}{12}=\frac{3}{4}=0.75$ <br> Fractions to decimals - by dividing e.g. $\frac{3}{8}=3 \div 8=0.375$ |


| N2. 20 <br> Decrease by a percentage. <br> e.g. Decrease $£ 50$ by $15 \%$ | - To decrease £50 by $15 \%$ <br> $10 \%$ of $£ 50=£ 5$ <br> $5 \%$ of $£ 50=£ 2.50$ <br> $15 \%$ of $£ 50=£ 7.50$ (OR $0.15 \times 50=7.5$ ) <br> Decreased amount $=£ 50-£ 7.50=£ 42.50$ <br> If using a calculator: <br> Multiplier needed to <br> decrease a quantity. <br> To decrease a quantity by $15 \%$. Multiply the quantity by 0.85 <br> (100-15) <br> $50 \times 0.85=£ 42.50$ |
| :---: | :---: |
| N2. 21 <br> Order Fractions, Decimals, Percentages e.g. Order: $0.3, \frac{3}{5}, 40 \%, 0.56$ | You need to convert them all to the same form. In this case it is easier to convert all to decimals and then order $0.3$ $\begin{aligned} & \frac{3}{5}=0.6 \\ & 40 \%=0.4 \\ & 0.56 \end{aligned}$ <br> Therefore the correct order in ascending order is: $0.3,40 \%, 0.56, \frac{3}{5}$ |

N2: Fractions, Decimals and Percentages

| N2. 18 Divide fractions e.g. $\frac{2}{7} \div \frac{2}{3}$ | Invert fraction after $\div$ Multiply numerator Multiply denominators. Keep Change Flip $\begin{aligned} \frac{2}{7} \div \frac{2}{3}=\frac{2}{7} & \times \frac{3}{2} \\ & =\frac{6}{14}=\frac{3}{7} \end{aligned}$ |
| :---: | :---: |
| N2. 19 <br> Increase by a percentage <br> e.g. Increase £12 by 5\% | - To increase $£ 12$ by $5 \%$ $10 \%$ of $£ 12=£ 1.20$ $5 \%$ of $£ 12=£ 0.60$ (OR $0.05 \times 12=0.6$ ) Increased amount $=£ 12+£ 0.60=£ 12.60$ <br> If using a calculator: Multiplier needed to increase a quantity. <br> To increase a quantity by $5 \%$ Multiply the quantity by 1.05 $\begin{aligned} & (100+5=105) \\ & 12 \times 1.05=£ 12.60 \end{aligned}$ |

N2: Fractions, Decimals and Percentages

| Change a recurring decimal into a fraction <br> Prove that a recurring decimal is equal to a fraction |  |
| :---: | :---: |
| N2. 22 <br> Change a recurring decimal into a fraction e.g. <br> Convert $=$ <br> 0.44444444444 into a fraction | Set the recurring decimal $=x$. Multiply by a power of 10 . The power is the same as the number of digits recurring. <br> Subtract the smaller decimal from the larger. This will give an equation. <br> Solve the equation, leaving your answer as a fraction in its simplest terms. $\text { Let } x=0.44444444444 \ldots, \quad \begin{aligned} 10 x & =4.4444444444 \ldots \\ 9 x & =4 \\ x & =\frac{4}{9} \end{aligned}$ |
| N2.23 <br> Prove that a recurring decimal is equal to a fraction <br> e.g. prove that $0.44444=\frac{4}{9}$ | A proof will need every step clearly written. <br> Use the method shown in N2.22. |


| N3. 3 <br> Round to 1 or more decimal places. | - Look at the digit required |
| :---: | :---: |
|  | - Look at the first digit NOT required |
|  | e.g. To round 5.47 to 1dp |
|  | 2.5 digit Not requr |
|  | increase this by $1 \quad$ Is this 5 or more? |
| b) to 2dp. |  |
| b) Round 5.6741 |  |
| to 3dp. | a) 43.57 |
| c) Round 4.7955 b) 5.674 |  |
| to 2 dp. c) 4.80 |  |
| N3.4 <br> Round to 1 significant figure. The first s.f. is the first non-zero digit from the left. | Look at the first non-zero digit. |
|  | Look at the next digit. |
|  | If this next digit is 5 or more, |
|  | increase the previous digit by one |
|  | If this next digit is 4 or less, keep |
|  | the previous digit the same |
|  | Replace all the digits after the first non-zero digit with zeros, stopping at |
| Round to 1 significant figure: |  |
|  |  |
| a) 289.6 | a) 300 |
| b) 4489 | b) 4000 |
| c) 0.000763 | c) 0.0008 |

## N3: Accuracy and Measures

| N3.1 <br> Round to the nearest 1, 10, 100 etc. | Numbers can be rounded to the nearest whole number, the nearest ten, the nearest hundred, the nearest thousand, the nearest million, and so on. If the digit you are rounding is followed by a $5,6,7,8$, or 9 , round the number up. If the number you are rounding is followed by a $0,1,2,3$, or <br> 4 , round the number down. |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Round 2548.6 to the nearest 1, 10, 100 \& 1000. | 1 | 10 | 100 | 1000 |
|  | 2549 | 2550 | 2500 | 300 |
| N3. 2 <br> Round to 1 decimal place. | Numbers can be rounded to one decimal place. <br> If the digit in the 2nd decimal place is a $5,6,7,8$, or 9 , round the number up. If it is a $0,1,2,3$, or 4 , round the number down. |  |  |  |
| Round to 1 decimal place: <br> a) 34.64 <br> b) 53.271 <br> c) 102.956 | a) 34.6 b) 53.3 c) 103.0 |  |  |  |



N3: Accuracy and Measures
Round to 2 or more significant figures Estimate a calculation using rounding Calculate with metric units

| N3.5 |  |
| :--- | :--- |
| Round to 2 or more |  |
| significant figures. | Look at the digit after the first non- <br> zero digit. <br> Look at the next digit. <br> If this next digit is 5 or more, <br> increase the previous digit by one. <br> If this next digit is 4 or less, keep <br> the |

$$
\begin{aligned}
& \text { Replace all these other digits with } \\
& \text { zeros, stopping at the decimal point } \\
& \text { if there is one }
\end{aligned}
$$

| to 2sf. <br> b) Round 674.82 <br> to 3sf. <br> c) Round 0.01362 <br> to 2sf. | a) 66000 |
| :--- | :--- |
| b) 675 |  |
| N3.6 | c) 0.014 |
| Estimate a <br> calculation using <br> rounding. | When estimating always round each <br> number to 1 significant figure first. |
| Estimate: |  |

a) $400 \times 30=12000$

| 8 |
| :--- |
| 0 |
| $\vdots$ |
| 11 |
| 0 |
| 0 |
| 1 |
| 0 |
| 0 |
| 0 |
| 0 |


| N3. 9 Calculate with money. | Use the same method of adding numbers that have 2 decimal places. |
| :---: | :---: |
| Richard buys a notebook that costs $£ 6.78$ and a pen that costs $£ 4.19$. Work out the total cost. | $\begin{array}{r} 6.78 \\ +\underline{4.19} \\ \hline 10.97 \\ \hline 1 \end{array}$ <br> Total cost = £10.97 |
| N3. 10 <br> Convert units of time. <br> How many seconds are there <br> in 1 week? | $\begin{aligned} & 1 \text { century }=100 \text { years } \\ & 1 \text { decade }=10 \text { years } \\ & 1 \text { year }=365 \text { days (except leap } \\ & \text { years) } \\ & 1 \text { day }=24 \text { hours } \\ & 1 \text { hour }=60 \text { minutes } \\ & 1 \text { minute }=60 \text { seconds } \\ & 7 \times 24 \times 60 \times 60=604,800 \\ & \text { seconds } \end{aligned}$ |

## N3: Accuracy and Measures

Calculate with time Calculate with money Convert units of time

| N3.8 | For adding time: |
| :---: | :---: |
| Calculate with time. | 1) Add the hours |
|  | 2) Add the minutes |
|  | 3) It the minutes are 60 or more subtract 60 from the minutes and add 1 hour. |
| What is $2: 45+1: 20$ ? | Add the hours, $2+1=3$. |
|  | Add the minutes $45+20=65$. |
|  | The minutes are more than 60 , so |
|  | subtract 60 from the minutes, $65-60=5$, and add 1 to the |
|  | hours, |
|  | $3+1=4$. |
|  | The answer is 4:05. |
|  | For subtracting time: |
|  | 1) Subtract the hours |
|  | 2) Subtract the minutes |
|  | 3) If the minutes are negative |
|  | add 60 to the minutes and subtract 1 hour. |
| What is 9:15-3:35? |  |
|  | Subtract the minutes 15-35=-20 |
|  | The minutes are negative, so add |
|  | 60 to the minutes, $-20+60=40$, |
|  | and subtract 1 from the hours, 6 - |
|  | $1=5$. |
|  | The answer is 5:40. |

N3: Accuracy and Measures
Write the upper bound and lower bound of a number or measurement
State an error interval for a rounded number State an error interval for a truncated number
Calculate using the compound measure speed

| N3. 11 <br> Write the upper bound and lower bound of a number or measurement | Bounds tell us the largest possible value of a number and the smallest possible value. |
| :---: | :---: |
| What is the lower and upper bound of 23 cm if rounded to the nearest centimetre? |  |
| N3.12 <br> State an error interval for a rounded number | Lower and upper bounds can be written as error intervals with the use of inequalities. <br> Look out for the word "rounded" when doing this type of error interval. |
| The mass m of a table is 45.7 kg rounded to 1 dp . Write the error interval for this. | $45.65 \leq m<45.75 \mathrm{~kg}$ |

N3: Accuracy and Measures

| N3.16 |  |
| :---: | :---: |
| Use bounds to find the |  |
| upper limit or lower limit of a calculation |  |
| If $a$ is rounded to the neares | x 1.8 is rounded to 1 dp . |
| Upper bound $=a+1 / 2 \mathrm{x}$. | $\begin{aligned} \text { Upper bound } & =1.8+1 / 2(0.1) \\ & =1.85 \end{aligned}$ |
| Lower bound = a $-1 / 2 \mathrm{x}$. | $\begin{aligned} \text { Lower bound } & =1.8-1 / 2(0.1) \\ & =1.75 \end{aligned}$ |
| Calculating using bounds. |  |
| Adding: |  |
| Maximum = upper + upper | $1.85+1.85=3.70$ |
| Minimum = lower + lower | $1.75+1.75=3.50$ |
| Subtracting: |  |
| Maximum = upper - lower | $1.85-1.75=0.10$ |
| Minimum = lower - upper | $1.75-1.85=-0.10$ |
| Multiplying: |  |
| Maximum = upper x upper | $1.85 \times 1.85=3.4225$ |
| Minimum = lower $\times$ lower | $1.75 \times 1.75=3.0625$ |
| Dividing: |  |
| Maximum = upper $\div$ lower | $1.85 \div 1.75=1.06$ (2 dp) |
| Minimum = lower $\div$ upper | $1.75 \div 1.85=0.95$ (2 dp) |

Calculate using the compound
Use bounds to find the upper limit or lower limit of a calculation

| N3.15 <br> Calculate using the <br> compound <br> measure density. | Use this triangle to help you to <br> remember the different formulae. <br> Cover up the quantity that you want <br> to calculate. |
| :--- | :--- |
| What is the density |  |
| of a rod of <br> aluminium that has <br> a mass of 575.4 g <br> and a volume of <br> $210 \mathrm{~cm}^{3}$ | Density $=575.4 \div 210=2.74$ <br> $\mathrm{~g} / \mathrm{cm}^{3}$ <br> $\mathrm{~V}=\mathrm{D} \times \mathrm{V} \div \mathrm{D}$ |



| N4: Factors, Multiples and Primes <br> Understand the term factor <br> Understand the term Prime <br> Understand the term multiples <br> Understand the term square |  |
| :---: | :---: |
| N4. 1 <br> Understand the term 'factor'. <br> e.g. define a factor. | EACTORS are what divides exactly into a number <br> Factors of 12 are: $1122634$ |
| N4.2 <br> Understand the term 'prime'. <br> e.g. define a prime. | PRIMES have exactly TWO <br> factors <br> Factors of 7 are 1 and 7 <br> 7 is PRIME |
| N4.3 <br> Understand the term 'multiple. <br> e.g. define a multiple. | Multiples are what you get when you multiply a number by successive numbers <br> Multiples of 12 are: $\begin{aligned} & 12(=12 \times 1), \\ & 24(=12 \times 2), \\ & 36(=12 \times 3) \text {, and so on. } \end{aligned}$ |
| N4. 4 <br> Understand the term 'square'. <br> e.g. define a square number. | SQUARES are the result of multiplying a number by itself $\begin{aligned} & 3 \times 3=3^{2}=9 \\ & 8 \times 8=8^{2}=64 \end{aligned}$ <br> 9 \& 64 are square numbers |


| N4. 10 Identify a Prime Number. <br> e.g. list the prime numbers less than 30. | Prime numbers only have two factors, 1 and themselves. These are the only numbers you can divide into a prime number <br> Factors of 17 <br> $1 \times 17$ only $\begin{aligned} & 17 \div 1=17 \\ & 17 \div 17=1 \end{aligned}$ <br> This means 17 is a prime number. <br> 2 is the only even prime number. <br> 1 isn't a prime number |
| :---: | :---: |
|  | The prime numbers less than 30 are... $\begin{aligned} & 2,3,5,7,11,13,17,19,23, \\ & 29 \end{aligned}$ |

N4: Factors, Multiples and Primes

| N4.8 <br> Find Factors of a number. <br> e.g. find the factors of 24. | EACTORS are what divides exactly into a number <br> You can find factors using factor pairs: <br> Factors of 24 $\begin{aligned} & 1 \times 24 \\ & 2 \times 12 \\ & 3 \times 8 \\ & 4 \times 6 \end{aligned}$ <br> 1, 2, 3, 4, 6, 12 and 24 are all factors of 24 |
| :---: | :---: |
| N4. 9 <br> Find Multiples of a number. <br> e.g. list the first 6 multiples of 5 . | Multiples are the numbers in a times table <br> The first 6 multiples of 5 are... <br> $5,10,15,20,25,30$ |


| N4.12 <br> Find the Lowest <br> Common Multiple <br> (LCM) of two or <br> more numbers. | List the multiples (times tables) <br> of the numbers. The Lowest <br> Common Multiple (LCM) is the <br> first number common to both (in <br> both lists). |
| :--- | :--- |
| and 12. LCM of |  |$\quad$| LCM of 9 and 12 |
| :--- |
| Multiples of 9 |
| $9,18,27,36,45,54,63,72$, |
| $90 \ldots$ |
| Multiples of 12 |
| $12,24,36,48,60,72,84 \ldots .$. |

## N4: Factors, Multiples and Primes

Find the highest common factor of two or more numbers Find the lowest common multiple of two or more numbers
 Common Factor (HCF) of two or
e.g. find the HCF of

N4: Factors, Multiples and Primes

| Write a number as its product of prime factors Write large numbers in standard form |  |
| :---: | :---: |
| N4.13 <br> Write a number as its product of prime factors. <br> e.g. write 36 as the product of its prime factors. | To find the product of prime factors for a number, produce a factor tree. Stop when you get to prime numbers, which you circle <br> Product of prime factors for 36 $36=2 \times 2 \times 3 \times 3$ <br> (product of prime factors) $36=2^{2} \times 3^{2}$ <br> (index form) |


N4: Factors, Multiples and Primes

N4: Factors, Multiples and Primes

| Apply the law of indices for multiplying powers Apply the law of indices for dividing powers Apply the law of indices for powers of powers Evaluate fractional indices |  |
| :---: | :---: |
| N4. 17 <br> Apply the law of indices for multiplying powers. <br> e.g. simplify $5^{3} \times 5^{6}$ <br> $4^{7} \times 4^{-2}$ | When multiplying indices add the powers $\begin{aligned} & 5^{3} \times 5^{6}= \\ & 5^{9} \times 4^{-2}= \\ & 4^{5} \end{aligned}$ |
| N4. 18 <br> Apply the law of indices for dividing powers. <br> e.g. simplify $\begin{aligned} & \frac{8^{7}}{8^{2}} \\ & \frac{6^{2}}{6^{9}} \end{aligned}$ | When dividing indices subtract the powers $\begin{aligned} & \frac{8^{7}}{8^{2}}=8^{5} \\ & \frac{6^{2}}{6^{9}}=6^{-7} \end{aligned}$ <br> When applying the laws of indices the base number (the 8 and the 6 in the above examples) must be the same. |



N4: Factors, Multiples and Primes

| Evaluate negative indices <br> Evaluate indices involving both negative and fractiona <br> Simplify a surd <br> Simplify a surd expression |  |
| :---: | :---: |
| N4. 21 <br> Evaluate negative indices <br> e.g. evaluate $\begin{gathered} 4^{-2} \\ 10^{-3} \end{gathered}$ | Negative indices are equivalent to fractions and $\begin{aligned} & \text { decimals. } \\ & 4^{-2}=\frac{1}{4^{2}}= \\ & \frac{1}{16} 10^{-3}=\frac{1}{10^{3}}= \\ & \frac{1}{1000}=0.001 \end{aligned}$ <br> Give your answer as a fraction unless told otherwise. |
| N4.22 <br> Evaluate indices involving both negative and fractional <br> e.g. evaluate $16^{-\frac{3}{2}}$ | $\begin{gathered} 16^{-\frac{3}{2}} \begin{array}{r} \text { Turn into a fraction. } \\ \text { Denominator is the } \\ \text { root, numerator the } \end{array} \\ =\overline{(\sqrt{16})^{3}}=\frac{1^{\text {power. }}}{}=64 \end{gathered}$ |


N4: Factors, Multiples and Primes
Rationalise the denominator of a fraction
Multiply two surd brackets together

[^3]
$\frac{a}{\sqrt{b}} \times \frac{\sqrt{b}}{\sqrt{b}}=\frac{a \sqrt{b}}{b}$
Example:

N4: Factors, Multiples and Primes
Rationalise the denominator of a fraction (surd expression) Calculate with numbers in standard form

| N4.28 |  |
| :---: | :---: |
| Calculate with numbers in standard form (1) | standard form, use the laws of indices for the powers, while multiplying the whole |
| e.g. calculate, giving your answer in | $\begin{aligned} & \left(3 \times 10^{\text {numbers as usual. }}\right) \times\left(2 \times 10^{6}\right)=6 x \\ & 10^{10} \end{aligned}$ |
| standard form, | $\left(4 \times 10^{4}\right) \times\left(6 \times 10^{6}\right)$ |
| $\left(3 \times 10^{4}\right) \times(2 \times$ | $=24 \times 10^{10}$ |
| $10^{6}$ ) | $=2.4 \mathrm{x}$ |
| $\begin{aligned} & \left(4 \times 10^{4}\right) \times(6 \times \\ & \left.10^{6}\right) \end{aligned}$ | $10^{11}$ |
|  | Make sure numbers are in standard form. |
|  | When dividing in standard form, use the laws of indices for the powers, while dividing the whole numbers as usual. |
|  | $\begin{aligned} & \left(8 \times 10^{9}\right) \div\left(4 \times 10^{3}\right)=2 x \\ & 10^{6} \end{aligned}$ |
| $\begin{aligned} & \left(8 \times 10^{9}\right) \div(4 \times \\ & \left.10^{3}\right) \end{aligned}$ |  |

N4: Factors, Multiples and Primes
Calculate with numbers in standard form continued

| N4. 28 |  |
| :---: | :---: |
| Calculate with numbers in standard form (2) | use the laws of indices for the powers, while dividing the numbers as usual. $1.2 \times 10^{12}$ |
| e.g. Calculate, giving your answer in | $\begin{aligned} \frac{1.2 \times 10^{4}}{2.4 \times} & =0.5 \times 10^{8} \\ & =5 \times 10^{7} \end{aligned}$ |
| stal $\frac{1.2 \times 10^{12}}{2.4 \times 10^{4}}$, | Make sure numbers are in standard form |
|  | When adding and subtracting in standard form, turn the numbers given in standard form back into ordinary numbers first, add or subtract them, then convert your answer to standard form. |
| $\left(3.5 \times 10^{4}\right)+\left(6.2 \times 10^{5}\right)$ | $\left(3.5 \times 10^{4}\right)+\left(6.2 \times 10^{5}\right)$ |
|  | $=35000+620000$ |
|  | $=655000$ |
|  | $=6.55 \times 10^{5}$ |


|  |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  |  |  |

P1: Ratio and Proportion

| P1: Ratio and Prop <br> Use proportion Use a ratio and Simplify a ratio Write a ratio in | ortion <br> describe a part of a whole quantity to find another quantity <br> form 1:n |
| :---: | :---: |
| P1.1 <br> Use proportion to describe a part of a whole. <br> Describe the proportion of the shape that is white | One white square out of 4 squares altogether. <br> So as a fraction <br> $\begin{array}{ll}\frac{1}{4} & \begin{array}{l}\text { Part is the numerator } \\ \text { Whole is the denominator }\end{array}\end{array}$ <br> Proportion can also be a decimal or percentage. The fraction needs to be converted. <br> As a decimal 0.25 <br> As a percentage 75\% |
| P1.2 <br> Use a ratio and a quantity to find another quantity e.g. The ratio of squash to water is 1:7. How much squash do I need for 50 ml of squash |  |

P1: Ratio and Proportion

| P1.6 <br> Changing an amount in proportion. The unitary method. e.g. If 6 books cost £22.50, how much will 11 books cost? | It is called the unitary method because you find what 1 would be before multiplying up to find the amount you need. |
| :---: | :---: |
| P1.7 <br> Change an amount to compare two values. <br> A best buy problem. <br> e. 9 <br> A pack of 5 pens cost £6.10 <br> A pack of 8 pens cost £9. 20 <br> Which is the best value? | Find the cost or value of one item in each case. Divide the cost by how many. <br> 5 cost $£ 6.10$, so 1 costs $£ 6.10 \div 5$ So 1 pen costs $£ 1.22$ <br> 8 cost $£ 9.20$, so 1 costs $£ 9.20 \div 8$ So 1 pen costs $£ 1.15$ <br> The pack of 8 pens is the best value as the price of 1 pen is lower than in a pack of 5 |

Use a ratio to solve a problem, turning one ratio into another equivalent ratio
Changing an amount in proportion. The unitary method Change an amount to compare two values


| P1.10 | e.g |
| :---: | :---: |
| Dividing into a given ratio | $A$ and $B$ share some sweets in ratio 3:2 |
| Using a quantity and a number of shares to find another quantity. | A gets 12 sweets, how many sweets does B get? <br> so <br> 3 shares $=12$ <br> 1 share $=12 \div 3=4$ |
| e.g <br> $A$ and $B$ share some sweets in ratio 3:2 A gets 12 sweets, how many sweets does B get? | B gets $2 \times 4=8$ sweets |
| P1.11 <br> Use multiplier to increase by a percentage. e.g. <br> What is the multiplier to increase an amount by $5 \%$ ? | e.g. <br> To increase a quantity by $5 \%$ <br> Amount Increased from 100\% by 5\% <br> so $100+5=105$ <br> $105 \%$ as a decimal $=1.05$ <br> Multiply the quantity by 1.05 |

P1: Ratio and Proportion
Reading a conversion graph Dividing into a given ratio
Use multiplier to increase by a percentage

|  | e.g. To convert kg and pound |
| :---: | :---: |
| Reading a conversion graph <br> One unit will be on the x-axis, the other unit will be on the $y$ axis. <br> Find the unit value on one axis draw a line to the graph's line and another to the other axis. Read off your value. <br> e.g. Convert 5 kg into pounds. |  <br> - Draw lines on to take readings <br> - Read the scale carefully <br> e.g. Convert 5 kg into pounds. From the line we can see $5 \mathrm{~kg}=11 \mathrm{lbs}$ |
| P1.9 <br> Dividing into a given ratio <br> Finding different amounts given a total and different ratios <br> e.g. Divide $£ 40$ in the ratio 1:3:4 | e.g. <br> Divide $£ 40$ in the ratio of $1: 3: 4$ <br> Total number of shares $=1+3+4$ = 8 <br> 1 share $=£ 40 \div 8=£ 5$ <br> 3 shares $=3 \times £ 5=$ <br> £15 <br> 4 shares $=4 \times £ 5=£ 20$ <br> $1: 3: 4=£ 5: £ 15: £ 20$ |

P1: Ratio and Proportion
Use multiplier to decrease by a percentage
Calculate the original amount before a perce percentage)
Plotting a conversion graph

| P1.14 <br> Plotting <br> Conversion <br> Graphs <br> e.g. <br> Plot a conversion graph for Kilograms to pounds. If $1 \mathrm{~kg}=2.2 \mathrm{lbs}$ | e.g. <br> Plot a conversion graph for Kilograms to pounds. If $1 \mathrm{~kg}=2.2 \mathrm{lbs}$ Draw suitable axes with Kilograms on one axis and Pounds on the other axis. As $1 \mathrm{~kg}=2.2 \mathrm{lbs}$, plot this point on your graph. <br> You need two more points. Double both values $2 \mathrm{~kg}=4.4 \mathrm{lbs}$, plot this point Make one value zero, what happens to the other? Okg = Olbs, plot this point Draw a straight line through the three points with a ruler. |
| :---: | :---: |
|  |  |


| P1.12 <br> Use multiplier to decrease by a percentage. e.g. What is the multiplier to decrease an amount by $5 \%$ ? | e.g. <br> To decrease a quantity by $5 \%$ <br> Amount decreases from 100\% by 5\% <br> so 100-5 = 95 <br> $95 \%$ as a decimal $=0.95$ <br> Multiply the quantity by 0.95 |
| :---: | :---: |
| P1.13 <br> Calculate the original amount before a percentage change. <br> (Reverse <br> Percentage) <br> e.g. <br> A bag costs $£ 40$ in a sale where everything has 20\% off <br> What was the original price of the bag? | e.g. <br> A bag costs $£ 40$ in a sale where everything has $20 \%$ off What was the original price of the bag? <br> If $20 \%$ has been taken off, then the bag is $80 \%$ of its original value. $(100-20=80)$ <br> So the original multiplier was 0.8 for 80\% <br> Original $\times 0.8=40$ <br> So <br> Original $=40 \div 0.8=£ 50$ |


| P2.3 <br> Solve Problems of <br> Direct Proportion <br> e.g. The distance <br> you walk is directly <br> proportional to the <br> time you spend <br> walking. If I can <br> walk 9 miles in 3 <br> hours, how far can <br> I walk in 5 hours? | Use Unitary <br> Method to <br> find how far <br> in one hour. <br> Divide by <br> three then <br> multiply by <br> 5 | 15 miles : 5 hours |
| :--- | :--- | :--- |

## P2 Proportion and Repeated Percentage Change

Understand how direct proportion affects two variables Understand how inverse proportion affects two variables Solve problems of direct proportion

| P2.1 <br> Understand how direct proportion affects two variables e.g. If two variables $A$ and $B$ are in direct proportion to one another what happens as A increase? | If $A$ and $B$ are in direct propotion. Then <br> If $A$ increases then $B$ increases If $A$ decreases then $B$ decreases If $A$ is multiplied by 2 then $B$ is multiplied by 2. <br> If 1 worker costs $£ 200$ to hire Then 2 workers cost $£ 400$ to hire The cost to hire is in direct proportion to how many workers are hired |
| :---: | :---: |
| P2. 2 <br> Understand how inverse proportion affects two variables e.g. If two variables $A$ and $B$ are in direct proportion to one another what happens as A increase? | If $A$ and $B$ are in inverse propotion. <br> Then <br> If $A$ increases then $B$ decreases If $A$ decreases then $B$ increases If $A$ is multiplied by 2 then $B$ is divided by 2. <br> If 1 worker takes 2 hours to complete a job <br> Then 2 workers will take 1 hour to complete the same job. <br> The time taken to complete a job is inversely proportional to the amount of workers.. |



P2 Proportion and Repeated Percentage Change


| P2.10 <br> Recognise Graphs <br> of Exponential <br> Growth and <br> Exponential Decay <br> e.g. What would <br> a graph of <br> bacteria growth <br> look like? <br> e.g. What would <br> a graph of <br> radioactive decay <br> look like? | e.g. What would a graph of <br> bacteria growth look like? <br> This would be a repeated <br> percentage increase. |
| :--- | :--- |
|  |  |
|  | e.g. What would a graph of <br> radioactive decay look like? <br> This would be a repeated <br> percentage decrease |
|  |  |
|  |  |

P2 Proportion and Repeated Percentage Change Write the formula for a repeated percentage change
Use calculations of repeated percentage change
Recognise graphs of exponential growth and decay

| P2.8 <br> Write the formula for a repeated percentage change | Find the multiplier for the percentag increse or decrease. <br> Remember <br> Increase by 20\% then multiplier is 1 <br> Decrease by $20 \%$ the multiplier is 0 <br> Final amount = (multiplier)number of years x initial amount |
| :---: | :---: |
| P2.9 <br> Use calculations of repeated percentage change e.g. $£ 400$ is placed in a savings account that pays 5\% interest PA. How much money will be in the savings account after 5 years? Round you answer to 2 dp | Use the formula: <br> Final amount = (multiplier)number of years x initial amount <br> PA stands for per annum which means every year. <br> So there is a $5 \%$ increase every year. <br> The multiplier for a $5 \%$ increase is 1.05 <br> Using the formula $\begin{aligned} \text { Final Amount }= & 1.05^{5} \times 400 \\ & =510.512625 \ldots . \\ = & £ 510.51 \text { to } 2 \mathrm{~d} . \mathrm{p} . \end{aligned}$ |

\begin{tabular}{|c|c|}
\hline \begin{tabular}{l}
P2.12 \\
To Find a Formula for Two Variables in Inverse Proportion \\
e.g. a is inversely proportional to \(b\). When \(\mathrm{a}=12\), \(\mathrm{b}=4\). \\
Find a formula for a in terms of b
\end{tabular} \& \begin{tabular}{l}
The symbol \(\square\) means 'varies as' or 'is proportional to'. \\
Inverse proportion \\
If \(y \square 1 / x\) then \(y=k / x\) \\
If \(y \square 1 / x^{2}\) then \(y=k / x^{2}\) \\
If \(y \square 1 / x^{3}\) then \(y=k / x^{3}\) \\
e.g. a is inversely proportional to b . \\
When \(\mathrm{a}=12\),
\[
\mathrm{b}=4
\] \\
Find a formula for \(a\) in terms of \(b\) \\
a

$$
\begin{aligned}
& 1 / \mathrm{b} \text { therefore } \mathrm{a}=\mathrm{k} / \mathrm{b} \\
& 12=\mathrm{k} / 4 \\
& \mathrm{k}=48 \\
& \text { so, } \mathrm{a}=48 / \mathrm{b}
\end{aligned}
$$

\end{tabular} <br>

\hline
\end{tabular}

P2 Proportion and Repeated Percentage Change To find a formula for two variables in direct proportion To find a formula for two variables in inverse proportion

| P2.11 | The symbol $\square$ means |
| :---: | :---: |
| To Find a Formula for | 'varies as' or 'is proportional |
| Two Variables in Direct Proportion | to'. |
| e.g. y is directly | Direct proportion |
| proportional to x . | If $\mathrm{y} \square \mathrm{x}$ then $\mathrm{y}=\mathrm{kx}$ |
| When $\mathrm{y}=21, \mathrm{x}=$ | If $\mathrm{y} \square \mathrm{x}^{2}$ then $\mathrm{y}=\mathrm{k} \mathrm{x}^{2}$ |
| Find a formula for | If $y \square x^{3}$ then $y=k x^{3}$ |
| $y$ in terms of $x$ | e.g. |

P2 Proportion and Repeated Percentage Change
Finding the multiplier or percentage change for a repeated change Use trial and error to find the year term of a repeated change

| P2. 13 <br> Finding the multiplier or percentage change for a repeated percentage change. <br> e.g. A savings account had $£ 2000$ in it, after three years of interest, the amount in the account was £2315.25. What was the percentage interest rate on the savings account? | Formula for repeated percentage change is <br> Final amount = (multiplier) ${ }^{\text {number of years }} \mathrm{x}$ initial amount <br> e.g. A savings account had $£ 2000$ in it, after three years of interest, the amount in the account was $£ 2315.25$. What was the percentage interest rate on the savings account? <br> Initial amount $=2000$ <br> Final amount $=2315.25$ <br> Number of years $=3$ <br> Substitute into the formula <br> $2315.25=\left(\right.$ multiplier ${ }^{3} \mathrm{x}$ <br> 2000 <br> Divide by 2000 <br> $1.157625=(\text { multiplier })^{3}$ <br> Take cube root of both sides to undo the power <br> $1.05=$ multiplier <br> $1.05=105 \%$ <br> So increase has been $5 \%$ each year. | P2. 14 <br> Use Trial and Error to find the year term of a repeated percentage change <br> e.g. A savings account had $£ 2000$ in it, after $x$ years of interest of 5\% PA, the amount in the account was £2315.25. How long were the savings in the account? | Formula for repeated percentage change is <br> Final amount $=$ <br> (multiplier) number of years x initial amount <br> e.g. A savings account had $£ 2000$ <br> in it, after $x$ years of interest of $5 \%$ <br> PA, the amount in the account was <br> $£ 2315.25$. How long were the <br> savings in the account? <br> Initial Amount = 2000 <br> Percentage interest per year $=5 \%$ $100+5=105$ <br> So multiplier $=1.05$ <br> Substitute these into the formula <br> Keep trying the next value of $x$. <br> Final amount $=1.05^{\times} \times 2000$ <br> Try $\mathrm{x}=1$, then <br> $1.05 \times 2000=2100$ (not the final <br> amount) so try $\mathrm{x}=2$ <br> $1.05^{2} \times 2000=2205$ (not the final <br> amount) so try $\mathrm{x}=3$ <br> $1.05^{3} \times 2000=2315.259$ correct <br> amount) <br> So $\mathrm{x}=3$ years |
| :---: | :---: | :---: | :---: |

P2 Proportion and Repeated Percentage Change
Find the average or instantaneous rate of change from graph What is the rate of change where $\mathrm{x}=0$


| P2.18 | If Length scale factor $=\mathrm{k}$ |
| :---: | :---: |
| Using similarity to | Then Area scale factor $=\mathbf{k}^{\mathbf{2}}$ |
| find missing areas. <br> If height of shape | If height of shape $A$ is 4 cm , height of shape $B$ is 6 cm |
| $A$ is 4 cm , height of shape $B$ is 6 cm | $A$ and $B$ are similar shapes. If the surface area of $A$ is $20 \mathrm{~cm}^{2}$ what is |
| $A$ and $B$ are similar shapes. If the | the surface area of $B$ ? |
| surface area of $A$ is $20 \mathrm{~cm}^{2}$ what is | Length scale factor $=6 \div 4=1.5$ |
| is $20 \mathrm{~cm}^{2}$ what is the surface area of | Area scale factor $=1.52=2.2$ |
| B ? | Surface area of B $=20 \times 2.25=$ $45 \mathrm{~cm}^{2}$ |
| P2.19 | If Length scale factor $=\mathrm{k}$ |
| Using similarity to find missing volumes. | Then Volume scale factor $=\mathbf{k}^{\mathbf{3}}$ |
| If height of shape | If the surface area of A |
| $A$ is 4 cm , height of shape $B$ is 6 cm | is $10 \mathrm{~cm}^{3}$ what is the volume of B ? |
| $A$ and $B$ are similar | Length scale factor $=6 \div 4=1.5$ |
| shapes. If the | Volume scale factor $=1.5^{3}=3.375$ |
| is $10 \mathrm{~cm}^{3}$ what is the volume of B ? | Volume of $B=10 \times 3.375=33.75 \mathrm{~cm}^{3}$ |

P2 Proportion and Repeated Percentage Change Interpret the rate of change of graph Using similarity to find missing areas Using similarity to find missing volumes

| P2.17 | The rate of change of a graph is <br> Interpret the rate <br> its gradient. <br> of change of <br> graph |
| :--- | :--- |
| A gradient is how much the y-axis <br> e.g. <br> value changes for every one <br> What would the <br> rate of change <br> represent on | e.g. |
| Ahat would the rate of change |  |
| A) graph of | represent on |
| number of | A) A graph of number of bacteria |
| bacteria against | against time. |
| time. | B) A graph of the number of |
| B) A graph of the | radioactive atoms In a substance |
| number of | against time. |
| radioactive atoms | C) A Distance / Time graph |
| In a substance | D) A Speed / Time graph |
| against time. |  |
| C) A Distance / Answers |  |
| Time graph | A) The rate of growth of the |
| D) A Speed / | bacteria |
| Time graph | B) The rate of decay of the |


| S1.3 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Reading data from a table <br> e.g. using the table, answer the questions. |  |  |  | Read the table carefully. <br> Cross reference the columns and rows to find the values you are looking for. |  |
|  |  |  |  |  |  |
| Country | Gold | silver | Brone |  |  |
| Spain | 7 | 4 | 6 |  |  |
| France | 10 | 18 | 14 |  |  |
| Gemman | 17 | 10 | 15 |  |  |
| Itay | 8 | 12 | 8 |  |  |
| Jopar | 12 | 8 | ${ }^{21}$ |  |  |
| Astrraio | 8 | 11 | 10 |  |  |
|  |  |  |  |  | Australia won 8 gold medals |
| (a) Ho me | $\begin{aligned} & \text { w ma } \\ & \text { edals } \end{aligned}$ | any | Gold |  |  |
|  | stralia | ia win |  |  | France won the most silver medals (18) |
| $\begin{aligned} & \text { (b) Wh } \\ & \text { wol } \end{aligned}$ | hich co | $\begin{aligned} & \text { coun } \\ & \text { e mo } \end{aligned}$ |  |  |  |
|  | ver m | meda |  |  | France, Germany and Japan won more |
| (c) Wh | hich co | coun | tries |  | than 12 Bronze medals |
|  | $n$ mo | re th |  |  |  |
|  | Bron |  |  |  |  |
|  | dals? |  |  |  |  |

S1: Data Handling
Understand the concept of bias when collecting data
Reading data from a table

| S1.1 <br> Understand how <br> to collect data | Ways to collect data: |
| :--- | :--- |
| e.g. describe <br> different methods of <br> data collection. | Data collection sheets which <br> are also called tally charts. (see <br> S1.4) <br> Two-way tables are a way of <br> sorting data from more than one <br> category, so that the frequency of <br> each category can be seen <br> quickly and easily. <br> Questionnaires are used for <br> most surveys. They have <br> questions and choices of <br> responses. |
| S1.2 |  |
| Understand the <br> concept of bias <br> when collecting <br> data | Bias occurs when one answer <br> is favoured over another. |
| e.g. explain what is <br> meant by bias. | It can lead to unreliable <br> results. |
| Data collection should be |  |
| planned to minimise bias. |  |

S1: Data Handling
S1: Data Handling chart
Draw a bar chart
Interpret a bar chart
Draw a pictogram

S1: Data Handling

| S1.10 <br> Find the mode of a list <br> of numbers | The Mode is the most common <br> number or object. |
| :--- | :--- |
| e.g. what is the mode <br> of <br> $1,2,3,3,3,3,5,5 ?$ | 3 occurs the most so 3 is the <br> mode. <br> $1,1,2,2,4,6,7,8,9 ?$ <br> 1 and 2 occur twice, so they are <br> the modes. The data set is <br> bimodal. |
| $1,2,3,4,5$ ? | All occur once so there is no <br> mode. <br> The Median is the middle number, <br> or middle value of a middle pair, in <br> an ordered list. |
| S1.11 <br> Find the median for <br> list of numbers. |  |
| e.g. find the Median <br> of 2, $7,4,3,5$ | Order the numbers $-2,3,4,5,7$. <br> 4 is in the middle, so 4 is the <br> median. |
| $2,6,4,7,5,3$ |  | | Order the numbers $-2,3,4,5,6$, |
| :--- |
| 7. |
| 4 and 5 are in the middle. |, | The middle of 4 and 5 is 4.5, so |
| :--- |
| 4.5 is |
| the median. |


| S1.8 <br> Interpret a pictogram e.g. how many Golden Delicious were there? |  | Use or interpret part of a symbol to count quantities. <br> For Golden Delicious: 2 whole apples =20; 1 half apple $=5$; 25 apples in total. |
| :---: | :---: | :---: |
|  |  |  |
| Vaxites of Apples ina food stere |  |  |
| Red Delicious | - |  |
| Golden Deliciass | - * |  |
| Redrame | - © |  |
| Mcinosh | - |  |
| Jonathan | - © |  |
| - 10 apples ( -5 apples |  |  |
| S1.9 <br> Calculate a mean from a list of numbers |  | Add all the numbers. |
|  |  | Divide by how many there are. |
|  |  | Mean of 3, 4, 6, 7 |
| e.g. calculate |  |  |
| the mean of $3,4,6,7$. |  | $3+4+6+7$ |
| of $3,4,6,7$. |  | 4 |
|  |  | The mean is 5 |



S1: Data Handling

| Find the range of a list of numbers <br> Compare data distributions using averages and range <br> Draw a stem and leaf chart <br> Interpret a stem and leaf chart |  |  |  |
| :---: | :---: | :---: | :---: |
| S1.12 <br> Find the range of a list of numbers <br> e.g. what is the range of $1,2,3,4$ ? $-4,2,7,8 ?$ |  |  | The Range is the difference betwee the largest and smallest value. It is the largest value minus the smallest value. <br> 4-1 = 3 , so the range is 3 . $8--4=8+4=12$, so 12 is the range. |
| S1.13 <br> Compare data distributions using averages and range <br> e.g. compare the heights of boys and girls using this table. |  |  | To compare two or more data sets you must; <br> Compare an average for each data set, <br> Compare the spread of each data set. <br> Comments should relate to the context of the data sets. <br> The boys are taller, on average, than the girls since the mean is larger for the boys. <br> The heights of the girls are more consistent since the range for the girls is lower. |
|  | B | G |  |
| Mean | 1.75 m | 1.69 m |  |
| Range | 32 cm | 25 cm |  |
|  |  |  |  |

S1: Data Handling Construct a pie chart Interpret a pie chart Understand the different types of data

| S1.16 <br> Construct a pie <br> chart | Divide 360 degrees by the total <br> frequency <br> Multiply each frequency by this <br> number to find the angle of each <br> e.g. if the frequency <br> sector. <br> is what is the <br> angle that <br> represents each <br> person? |
| :--- | :--- |
| Sumber of people $=60$. <br> $360^{\circ} \div 60=6^{\circ}$ so each person = <br> $6^{\circ}$. |  |
| Interpret a pie chart <br> e.g. which country <br> has more people <br> under $15 ?$ | Pie charts show proportion. <br> Without information on the size of <br> the survey, actual numbers are not <br> known. |


| S1.20 <br> Find the median and <br> quartiles from a list of <br> data | $n$ is the number of items in the <br> data set (in this case 7 items). <br> Write the values in order. |
| :--- | :--- |
| e.g. find the median, <br> lower quartile, upper <br> quartile and <br> interquartile range <br> from the data set; <br> $1,4,7,8,9,13,16$ | Median is the $\frac{(n+1)}{2}$ th value. <br> $\frac{7+1}{2}=4.4^{\text {th }}$ item is 8. <br> Lower Quartile (LQ) is the <br> $\frac{(n+1)}{4}$ th value. <br> $\frac{7+1}{4}=2.2^{\text {nd }}$ item is 4. <br> Upper Quartile (UQ) is the <br> $\frac{3(n+1)}{4}$ th value. <br> $\frac{3(7+1)}{2}=6.6^{\text {th }}$ item is 13. <br> Interquartile Range (IQR) <br> IQR $=U Q-L Q=13-4=9$. |

S1: Data Handling
Understand how to take and use a sample of data
ind the median and quartiles from a list of data

| S1.19 <br> Understand how to <br> take and use a sample <br> of data. | A sample should be: <br> a small group of the population, <br> an adequate size, <br> representative of the population. <br> e.g. describe how to <br> take a sample. |
| :--- | :--- |
| Simple random sampling <br> Everyone has an equal chance of <br> being <br> part of the sample. <br> Systematic sampling |  |
| Arranged in some sort of order. <br> e.g. every $10^{\text {th }}$ item in the <br> population. |  |

S1: Data Handling
Compare distributions by comparing mean and range in context of the distributions Draw a two way table Interpret a two way table

| S1.21 |  |  | To compare two or more data sets you must: |
| :---: | :---: | :---: | :---: |
| Compare distributions |  |  |  |
| by com | aring |  | Compare an average for each data set, |
| and the range |  |  | Compare the spread of each data set, |
| of the distributions |  |  | Comments should relate to the context of the data sets. |
| e.g. compare the heights of boys and |  |  | The boys are taller on average than the girls since the median is higher for the boys. |
|  | B | G |  |
| Median | 1.65 m | 1.54 m |  |
| IQR | 33 cm | 27 cm |  |
|  |  |  | The heights of the girls are more consistent since the IQR is lower. |

The IQR covers the middle 50\%.
Two-way tables are a way of
sorting
data with two variables, showing
the frequency of each category
quickly and easily.
To sort data by category
how boys and girls e.g. how students travel to school
travel to school.
S1: Data Handling



## S2: Grouped Frequency

To be able to group data into a grouped frequency table Draw and interpret a frequency polygon Find mean from a frequency table

| S2.1 |  |  |  |  | When a lot of data needs to be sorted, use a grouped frequency table. |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| To be able to group data into a grouped frequency table |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  | Consider class width carefully. The smallest number is 6 and the biggest number is 21 , so groups with a width o 5 are reasonable. |  |  |
| e.g. put these number of customers in a grouped frequency table. |  |  |  |  |  |  |  |
|  |  |  |  |  | Customers | Tally | Frequency |
|  | 8 | 16 | 12.12 | 16 | 6-10 | 冊 I | 6 |
|  | 18 | 11 | 16 15 <br> 21 17 | 7 | 11-15 | \#\# + \# IIII | 14 |
|  | 14 |  | 1913 | 12 | 16-20 | \#\#+ IIII | 9 |
| 11 <br> 7 <br> 7 | 16 | 6 | 1412 | 18 | 21-25 | 1 | 1 |
| S2.2 |  |  |  |  | A frequency polygon shows the frequencies for different groups. <br> To plot a frequency polygon of grouped data, plot the frequency at the midpoint of each group. |  |  |
| Draw and interpret a frequency polygon. |  |  |  |  |  |  |  |
| e.g. draw a frequency polygon for the following information. |  |  |  |  |  |  |  |
| Science Mark |  |  | Freque |  |  |  |  |
| 0-10 |  |  | 4 |  |  |  |  |
| 10-20 |  |  | 13 |  |  |  |  |
| 20-30 |  |  | 16 |  | - |  |  |
| 30-40 |  |  | 19 |  | - |  |  |
| 40-50 |  |  | 7 |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  | $10$ | ! |
|  |  |  |  |  |  |  |  |



## S2: Grouped Frequency

Find median from a frequency table Find range from a frequency table Find the mode from a frequency table Construct a scatter graph


S2: Grouped Frequency
Describe the relationship presented by a scatter graph


| 2.12 <br> Estimate the mean from a grouped frequency table. <br> e.g. estimate the mean from this table. |  | We don't know the exact value of each item of data in each group. <br> The best estimate we can make is to use the midpoint of each group. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Minutes Late (m) | Frequency |  | Midpoint |  |
| Minutes Late (m) | Frequency | $0<\mathrm{m} \leq 4$ | 11 |  |  |  |
| $0<\mathrm{m} \leq 4$ | 11 | $4<\mathrm{m} \leq 8$ | 13 |  |  | 6 |
| $4<\mathrm{m} \leq 8$ | 13 | $8<\mathrm{m} \leq 12$ | 7 |  |  | 10 |
| $8<m \leq 12$ | 7 | $12<\mathrm{m} \leq 16$ | 9 |  |  | 14 |
| $12<m \leq 16$ | 9 | $16<\mathrm{m} \leq 20$ | 4 |  |  | 18 |
|  |  | The total number of minutes late can be found by multiplying the frequencies by the midpoints. |  |  |  |  |
|  |  | Minutes Late (m) F | Frequency | Midp |  | $\mathrm{mp} \times \mathrm{f}$ |
|  |  | $0<\mathrm{m} \leq 4$ | 11 | 2 |  | 22 |
|  |  | $4<\mathrm{m} \leq 8$ | 13 | 6 |  | 78 |
|  |  | $8<\mathrm{m} \leq 12$ | 7 | 1 |  | 70 |
|  |  | $12<m \leq 16$ | 9 | 1 |  | 126 |
|  |  | $16<\mathrm{m} \leq 20$ | 4 | 1 |  | 72 |
|  |  |  | 44 |  |  | 368 |
|  |  | The estimate calculated by minutes late by trains (total freq $\text { Mean } \approx \frac{368}{44} \approx 8$ | of the $m$ dividing $y$ the tot quency) <br> 8.4 min | ean the al <br> ites. |  | er of |

## S2: Grouped Frequency

Find Draw a line of best fit for a scatter graph
Use a scatter graph to estimate results
Estimate the mean from a grouped frequency table

| 2.9 <br> Draw a line of best fit for a scatter graph. <br> e.g. draw a line of best fit for positive and negative correlation. | A line of best fit is a sensible straight line that goes as centrally as possible through the coordinates plotted. <br> There should roughly be the same |
| :---: | :---: |
| 2.10 <br> Use a scatter graph to estimate results <br> e.g. estimate how many umbrellas will be sold given 3 mm of rainfall? | Estimate results using the line of best fit. <br> Find 3 mm of rainfall on the graph. Draw a line going up from 3 mm , then draw a line across to the $y$ axis. |

Understand the terms extrapolation and interpolation related to scatter graphs


## S2: Grouped Frequency

| 2.13 <br> Identify the modal class of a grouped frequency table <br> e.g. find the modal class from this frequency table. |  | The modal class is the group with the highest frequency. <br> The group with the highest frequency is $4<\mathrm{m} \leq 8$ which occurs 13 times. <br> The modal class is $4<m \leq 8$. |
| :---: | :---: | :---: |
|  |  |  |
|  |  |  |
|  |  |  |
| Minutes Late ( $m$ ) Frequency |  |  |
| $0<m \leq 4$ |  |  |
| $8<m \leq 12$ | 13 |  |
| $12<\mathrm{m} \leq 16$ | 9 |  |
| $16<\mathrm{m} \leq 20$ |  |  |
| 2.14 <br> Identify the class containing the median from a grouped frequency table <br> e.g. find the class containing the median from this table. |  | The median value is the middle value when all items are in order. <br> Median $=\frac{n+1}{2}$ the value. <br> n (total frequency) is 44 . <br> Median $=\frac{44+1}{2}=\frac{45}{2}=22.5^{\text {th }}$ value. <br> The median is halfway between the 23 rd and 24th items of data. <br> Using cumulative frequency, the $24^{\text {th }}$ item is at the end of the $4<\mathrm{m} \leq 8$ class, so the $23^{\text {rd }}$ item is also in that class. <br> The median value is in the $4<m \leq 8$ class. |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
| Minutes Late ( m ) | Frequency |  |
| $0<m \leq 4$ | 11 |  |
| $4<\mathrm{m} \leq 8$ | 13 |  |
| $8<m \leq 12$ | 7 |  |
| $16<\mathrm{m} \leq 20$ | 4 |  |
|  |  |  |


| 2.18 <br> Read median and quartiles from cumulative frequency chart <br> e.g. find the median, lower quartile and upper quartile from the cumulative frequency graph in section 2.17. | To find values, draw a line across from the position and read down from the curve. <br> $s$ the number of items in the data set (40). <br> Median is the $\frac{n}{2}$ th value. <br> $\frac{40}{2}=20.20^{\text {th }}$ item is approximately 43. <br> Lower Quartile (LQ) is the $\frac{n}{4}$ th value. $\frac{40}{4}=10.10^{\text {th }}$ item is approximately 38. <br> Upper Quartile (UQ) is the $\frac{3 n}{4}$ th value. $\frac{3(40)}{4}=30.30^{\text {th }}$ item is approximately 47 . <br> Interquartile Range (IQR) $I Q R=U Q-L Q=47-38=9$  |
| :---: | :---: |

## S2: Grouped Frequency

Plot a cumulative frequency chart
Read median and quartiles from cumulative frequency chart


| 2.19 <br> a) Draw a box plot from a list of numbers. <br> e.g. draw a box plot fron this list of numbers: 9, 10, 10, 12, 13, 14, 17 , 18, 19, 21, 21. | Box plots can be created from a list of numbers by finding the median, lower and upper quartiles. <br> Minimum value $=9$. <br> Maximum value $=21$. <br> Median is the $\frac{n+1}{2}$ th value. $\frac{11+1}{2}=6.6^{\text {th }} \text { item is } 14 .$ <br> Lower Quartile (LQ) is the $\frac{n+1}{4} t h$ value. $\frac{11+1}{4}=3.3^{\text {rd }} \text { item is } 10 .$ <br> Upper Quartile (UQ) is the $\frac{3(n+1)}{4} t h$ value. <br> $\frac{3(11+1)}{4}=9.9^{\text {th }}$ item is 19 . |
| :---: | :---: |

S2: Grouped Frequency
Draw a box plot from a list of nu

| 2.19 |  |
| :--- | :--- |
| Draw a box plot | A box plot is a visual representation of <br> the median and quartiles of a set <br> of data. <br> To draw a box plot, the following values <br> are needed: <br> encow the values <br> rinimum; <br> lower quartile; <br> plot. <br> median; draw a box <br> upper quartile; |

S2: Grouped Frequency
Drawing a box plot from a cumulative frequency graph
Compare distributions displayed as box plots by comparing the median and the interquartile range in context

| 2.20 | Compare the median for both box |
| :---: | :---: |
| Compare distribution displayed as box plots by | plots |
| comparing the median and the interquartile range (IQR) in context | The median for Mr Wilson's results (62) is higher than median for Mr Galbraith's results (53). |
| e.g. give two comparisons for these two boxplots. | On average, Mr Wilson's class performed better in the test in Maths than Mr Galbraith's class did in English. |
|  | Compare the IQR for both box plots. <br> The pupils in Mr Galbraith's class had more varied results as their IQR (53) is greater than the IQR (28) in Mr Wilson's class. |
| Mr Galbraith's English class. |  |

Find the maximum, minimum,


| 2.23 |
| :--- | :--- |
| Calculate frequencies |
| from a histogram of |
| unequal widths |$\quad$| Frequency $=$ Frequency Density $\times$ Class |
| :--- |
| Width |
| e.g. calculate the |
| frequency for each |
| category from the |
| histogram. |$\quad$| Children aged $5-11$ : |
| :--- |
| Frequency $=1 \times 6=6$. |
| Children aged $11-16:$ |
| Frequency $=3 \times 5=15$. |
| Children aged $16-18:$ |
| Frequency $=2 \times 2=4$. |

S2: Grouped Frequency
Know how to calculate frequency density for a histogram of unequal widths
Calculate frequencies from a histogram of unequal widths

S3: Probability
Calculate the theoretical probability of an event Use the exhaustive rule of probability,
Use a sample space to find the probability of a combined event
Use the property that the sum of mutually exclusive probabilities is 1

| S3.1 <br> Calculate the theoretical probability of an event <br> e.g. What is the theoretical probability of rolling a 6 on a single die? | - Calculate probability $P$ (event $)=\frac{\text { No. of outcomes which give the event }}{\text { Total number of outcomes }}$ <br> Probability of rolling a 6 <br> There is only one 6 on the die There are 6 numbers on the die $P(6)=\frac{1}{6}$ | S3.3 <br> Use a sample space to find the probability of a combined event <br> e.g. A dice is rolled and a spinner is spun and the scores are added together. Create a sample space diagram to show all possible outcomes from spinning a spinner and rolling a dice. |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  | + | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  |  | 年 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|  |  |  |  | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|  |  |  |  | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| S3.2 <br> Use the exhaustive rule of probability, the probability of an event + the probability of that event not happening $=1$ <br> e.g. The probability it will rain today is 0.7 . What is the probability it won't rain today? |  |  |  | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  | happening <br> If $P$ (event) $=p$ <br> $P$ (event NOT happening) $=1-p$ | S3.4 <br> Use the property that the sum of mutually exclusive probabilities is 1 <br> e.g. If outcomes $A$ and $B$ are mutually exclusive and the probability of A occurring is 0.47 ... what is the probability of $B$ occurring? | If 2 outcomes cannot occur together they are mutually exclusive <br> If 2 outcomes $A$ and $B$ are mutually exclusive $P(A)+p(B)=1$ |  |  |  |  |  |  |  |
|  | $\begin{aligned} & \text { e.g. } P(\text { rain })=0.7 \\ & P(\text { not rain })=1-0.7=0.3 \end{aligned}$ |  | $\begin{gathered} 1-P(A)=P(B) \\ 1-0.47=P(B) \\ P(B)=0.53 \end{gathered}$ |  |  |  |  |  |  |  |


| S3.15 |
| :--- |
| Find probabilities using Venn |
| diagrams |
| e.g. The Venn Diagram below |
| shows if students play Football or |
| Rugby. |


| Total number of students $=12+3+8+4=27$ |
| :--- |
| This is the denominator! |
| What is the probability: |
| They play football |
| They play football and rugby |
| The don't play either |

## S3: Probability

Use intersection, union and complement with sets and Venn diagrams Find probabilities using a Venn diagram

| S3.14 <br> Use intersection, union and complement <br> with sets and Venn diagrams. | (See previous page for Set Notation) <br> e.g. Mr Peake asks 24 pupils in his class <br> about their families. <br> He sorts them into: <br> S - Has sisters <br> B - Has brothers <br> have sisters and brothers - the <br> intersection. |
| :--- | :--- |
| He then displays his findings in a Venn <br> diagram. | 2. S' means NOT S. <br> $\cap B$ Means AND B |
| Using this Venn diagram, work out: |  |
| There are 12 people who do not have |  |
| sisters but only 8 of those don't have a |  |
| brother. |  |
| $=8$ |  |


| S3.17 <br> Use formula to prove <br> two events are <br> independent | An independent event is an event that has no <br> connection to another event's chances of <br> happening. <br> e.g. <br> You toss a coin and <br> roll a dice. Are these <br> events independent? |
| :--- | :--- |
| Events $A$ and $B$ are independent if: <br> $P(A \cap B)=P(A) \times P(B)$. <br> $P(5$ on the dice $)=\frac{1}{6}$ <br> $P($ Heads $)=\frac{1}{2}$ <br> $P(5$ and Head $)=\frac{1}{12}$ (a sample space would show <br> this) <br> Since $\frac{1}{6} \times \frac{1}{2}=\frac{1}{12}$ they are independent. |  |

## S3: Probability

| S3. 1 | First, represent th |
| :---: | :---: |
| Calculate <br> conditional <br> probability. <br> e.g. The <br> probability that a <br> tennis player <br> wins the first set <br> of a match is $\frac{3}{5}$. <br> If she wins the first set, the probability that she wins the second set is $\frac{9}{10}$. If she loses the first set, the probability that she wins the second set is $\frac{1}{2}$. <br> Given that the tennis player wins the second set, find the probability that she won the first set. | From the tree diagram, the probability of winning the second set $=\frac{27}{50}+\frac{10}{50}=\frac{37}{50}$. <br> This means that in every 50 matches, she may win the second set 37 times ( 37 becomes the denominator of the conditional probability). Out of those 37 times, on 27 occasions she won the first set and on 10 occasions she lost the first set. <br> Therefore, given that she wins the second set, the probability she won the first set is $\frac{27}{50}$. <br> There is also a formula that can be used for conditional probability; $B(A$ given $B)=\frac{P(A \text { and } B)}{P(B)}=\frac{\frac{27}{37}}{30}=\frac{27}{37}$ |

S3: Probability
Find combinations and permutations

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## Advent 1 - Creation and Covenant

## Key Terms

These words will form part of your assessment:
It is important you learn them and their meaning.

| Key Term | Definition |
| :--- | :--- |
| Catholic Social <br> Teaching | Teachings that the Catholic Church has given on how things should be in society. |
| Compatibilism | The belief that science and faith can both be accepted because they are compatible. |
| Conscience | The ability to know right from wrong. The conscience is a God-given gift. |
| Creation | The production of material and spiritual things in their whole substance, done by God and of <br> nothing. |
| Creationism | The belief that the world was created exactly as it says in Genesis. |
| Dignity | The belief that every person is precious because they are made in God's image. |
| Ex nihilo | Latin for 'out of nothing'. Catholics believe God created the whole world 'out of nothing'. |

General revelation Knowledge of God revealed through human reason, experience and the created world.
God The one Supreme and Infinite Personal Being, the Creator and Ruler of the universe, to whom man owes obedience and worship.

## Advent 1 - Creation and Covenant

## Key Terms

| Key Term | Definition |
| :--- | :--- |
| Imago dei | the Latin for 'image of God'. Catholics believe God created humans in 'the image of <br> God.' <br> form |
| Literal sense | Different types of writing, for example, poetry and letters |
| Literary form | A way for believers to communicate with God. |
| Prayer | How God makes Godself known to human beings |
| Revelation | Life is sacred and deserves dignity as we are made in the image of God, |
| Sanctity of life | The belief that science has all the answers the time it was written and the literary |
| Scientism | Knowledge of God revealed through the Bible and the teachings of the Church |
| Special revelation | The God-given duty to take care of the earth that God created. |
| Stewardship |  |

## Creation and Covenant

Revelation

## The mystery of God

God is a mystery because God is beyond our understanding.

Humans can only understand God partly, but not fully. Catholics believe they can begin to understand God through analogy.

An analogy is when you compare one thing to another thing to explain something.

## Creation and Covenant

## General Revelation

## Revelation

Revelation is how God makes himself known to people.
God is the source of all revelation.
There are two types of revelation: general and special.

## General revelation

Knowledge of gained through natural means is called general revelation.
Catholics believe God can make himself known through nature, reason and the conscience.

## General revelation - nature

A Catholic believes God created the world.
When looking at the natural world, Catholics believe they can come to know more about God.

## General revelation - reason

Humans have the ability to work things out for themselves and weigh ideas up.
This is called reason and was given to humans by God.

## General revelation - conscience

God gave humans the ability to make decisions about right and wrong.
God can be known through the conscience by thinking deeply about making the right choices.

## Creation and Dignity

Special Revelation

## Special Revelation

Knowledge about God cannot always come through natural means.

Scripture is needed to reveal further knowledge about God.
The Church also reveals more about God.

| Source of | Type of | Example of |
| :--- | :--- | :--- |
| Revelation | Revelation | Revelation |

Type of Revelation

Example of Revelation


## Creation and Dignity

Revelation through the Bible

## The Bible

The Bible is useful for Catholics and other Christians to know and know about God.

The Bible is a collection of books written at different times by different authors.

The Bible also contains different literary forms.

Each of the different books and forms have different purposes.

## Literary forms in the Bible

Law

Prophecy

History

Gospels

Letters

## Creation and Covenant

Interpretation of the Bible

## Literal Interpretation

Someone who reads the Bible literally is known as a fundamentalist Christian.

Fundamental Christians read the Bible as a factual book.

This view of the Bible means that they see the Bible as containing true, historical events.

## Symbolic Interpretation

Catholics do not read the Bible literally.

Catholics believe the Bible is full of symbolism.

They read the Bible using the literal sense. This means that they ask questions about the Bible.

For Catholics, when reading the Bible, they must think about: What the literary form is.

What the context of the writer was.
What the author intended to inform the reader about.

There are parts of the Bible Catholics do read literally after careful consideration and study.

## Creation and Covenant

## The Creation accounts

## The Creation accounts

There are two creation accounts in the Bible.
Most Biblical scholars believe they are written by two different authors or groups of authors.

The two accounts have different focuses.

## Genesis 1

An author named P is thought to have written Genesis 1. Genesis 1 is well organised and scholars believe it was originally written as a poem.

The poem follows a format of showing what happens over six days.

The author writes about God being transcendent - outside of time and space.

## Genesis 1-2:4

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, "Let there be light"; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.
And God said, "Let there be a dome in the midst of the waters, and let it separate the waters from the waters." So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, "Let the waters under the sky be gathered together into one place, and let the dry land appear." And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good.

9

And God said, "Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky." So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, "Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth." And there was evening and there was morning, the fifth day.
And God said, "Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind." And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, "Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth,

## Creation and Covenant

## Genesis 1

and over every creeping thing that creeps upon the earth." Then God said, "Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth." So God created humankind in his image, in the image of God he created them; male and female he created them.

God blessed them, and God said to them, "Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth." God said, "See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food." And it was so.

God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

## Creation and Covenant

## Genesis 2

In the day that the Lord God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up-for the LORD God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground- then the LORD God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.
A river flows out of Eden to water the garden, and from there it divides and becomes four branches. The name of the first is Pishon; it is the one that flows around the whole land of Havilah, where there is gold; and the gold of that
land is good; bdellium and onyx stone are there. The name of the second river is Gihon; it is the one that flows around the whole land of Cush. The name of the third river is Tigris, which flows east of Assyria. And the fourth river is the Euphrates. The LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."
Then the LORD God said, "It is not good that the man should be alone; I will make him a helper as his partner." So out of the ground the LORD God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the LORD God caused a deep sleep to fall upon the man, and

## Creation and Covenant

Genesis 2
he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the LORD God had taken from the man he made into a woman and brought her to
the man. Then the man said,
"This at last is bone of my bones and flesh of my flesh;
this one shall be called Woman,
for out of Man this one was taken."
Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

## Creation and Covenant

## Scientism

## Scientism

Science is not the same as scientism.
Science means knowledge.
Science studies the structure and behaviour of the physical and natural world.

Science relies on observations, experiments and testing theories to come to conclusions.

Scientism is the view that science is the only way to know what is true.

Scientism rejects any situations that science cannot explain, such as God or religion.

## Catholic rejection of scientism

"Though faith is above reason, there can never be any real discrepancy between faith and reason. Since the same God who reveals mysteries and infuses faith has bestowed the light of reason on the human mind, God cannot deny himself, nor can truth ever contradict truth." "Consequently, methodical research in all branches of knowledge, provided it is carried out in a truly scientific manner and does not override moral laws, can never conflict with the faith, because the things of the world and the things of faith derive from the same God... for it is God, the conserver of all things, who made them what they are."

CCC 159

## Creation and Covenant

## Creationism

## Creationism

Creationism is the belief that all life was created by God's actions.
Every life form that exists today is the result of God's actions.
Only God can produce new forms of life.
Genesis is the explanation of creation that Creationists believe to be true.
Some modern creationists use scientific evidence to support the Bible.

Young Earth creationism teaches that the book of
Genesis is literally true and that the world was created in 6 days.

Old Earth creationism states the physical universe was created by God, but the Book of Genesis is to be taken figuratively.

## Catholic rejection of creationism

The question about the origins of the world and of man has been the object of many scientific studies which have splendidly enriched our knowledge of the age and dimensions of the cosmos, the development of life-forms and the appearance of man. These discoveries invite us to even greater admiration for the greatness of the Creator, prompting us to give him thanks for all his works and for the understanding and wisdom he gives to scholars and researchers.

CCC 283

Catholics do not oppose scientific theories.
Science gives Catholics more knowledge of how God created.
Catholics believe that science allows us to appreciate more fully what God has done.

Prayer is lived in the first place beginning with the realities of creation... as "walking with God".

CCC 2569

Prayer is the raising of one's mind and heart to God or the requesting of good things from God.

CCC 2559

Noah, like Enoch before him, "walks with God." This kind of prayer is lived by many righteous people in all religions. In his indefectible covenant with every living creature, God has always called people to prayer.

CCC 2569

## Creation and Covenant

Prayer in Abrahamic faiths

## Judaism

Prayer helps a person to build their relationship with God.

Jewish people have three set prayer times; morning, afternoon, and evening.

The Shema is prayed twice a day.

Hear O' Israel, the Lord is our God, the Lord is One
Deuteronomy 6:5

Jewish prayers follow the themes of thanksgiving, adoration and petition.

Jewish people believe God will take action to respond to prayers.

When I call, answer me, O God of my righteousness; in my distress You have relieved me, be gracious to me and hearken to my prayer

## Midrash Tehillim 4:3

Prayer enhances a person's relationship with God and other Jewish people.

Prayer takes a person into a state of being that is different from their everyday awareness

Regular, formal prayer helps Jewish people to remember their Jewish beliefs and find new insights into their relationship with God and with each other.

## Creation and Covenant

Prayer in Abrahamic faiths

## Islam

Prayer in Islam is called Salah.

Salah is one of the Five Pillars of Islam.

Prayer is a daily obligation for all mature Muslims.

Salah is defined as the act of offering prayers to Allah.

The act of salah itself is a conversation the believer and God, for nobody else's benefit but their own.

Muslims must be wearing specific types of clothing which keep areas of their body covered.

Muslims must also face Mecca, the holiest place in Islam.

Phrases and passages from the Qur'an are recited at certain points throughout the prayer.

The five obligatory prayers are performed at certain times of the day.

Fajr is performed before sunrise.
Zohr is performed at midday.
Asr is performed between Zohr and sunset.
Maghrib is performed at sunset.
Isha is performed between Maghrib and midnight.

## Creation and Covenant

Imago Dei

The Catholic Church teaches that human beings were created in the likeness and image of God.

Humans are not like God in appearance.

Humans have been given the same mental, moral and social qualities of God.

Humans are given a higher status than other parts of God's creation.

God singled out humans as a special part of creation.

Catholics will often use the Latin term 'imago dei' to describe this unique relationship between God and humans.

Then God said, 'Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground.' So God created mankind in his own image, in the image of God he created them; male and female he created them.

Genesis 1

## Creation and Covenant

## Stewardship

Christians believe that God appointed human beings to be in charge of creation.

Christians should take care of the world as responsible custodians.

Then God said, 'Let us make man in our image, after our likeness. And let them have dominion over the fish of the sea and over the birds of the heavens and over the livestock and over all the earth and over every creeping thing that creeps on the earth.'

Genesis 1:26

This teaching suggests that humanity's purpose is to look after God's creation. This is known as stewardship

Catholics should be concerned about looking after the environment and the planet.

Catholics need to work to protect the planet, cutting down on pollution, caring for animals and making sure that the world is in the best shape to pass on to future generations.

Pope Francis wrote an encyclical called 'Laudato Si' in 2015, which focuses on 'Care for our Common Home'.

Jesus identified the two greatest commandments: love of God and love of neighbour.

Neighbour means not just those close to us, but people in different countries.

## Creation and Covenant

Laudato Si'

It needs to be said that, generally speaking, there is little in the way of clear awareness of problems which especially affect the excluded. Yet they are the majority of the planet's population, billions of people. These days, they are mentioned in international political and economic discussions, but one often has the impression that their problems are brought up as an afterthought, a question which gets added almost out of duty or in a tangential way, if not treated merely as collateral damage. Indeed, when all is said and done, they frequently remain at the bottom of the pile. This is due partly to the fact that many professionals, opinion makers, communications media and centres of power, being located in affluent urban areas, are far removed from the poor, with little direct contact with their problems. They live and reason from the comfortable position of a high level of development and a quality of life well beyond the reach of the majority of the world's population.

## Creation and Covenant

## Catholic Social Teaching

Catholic Social Teaching (CST) is the part of Catholic teaching that addresses matters of social, economic and ecological justice in the world.

CST is how Scripture is put into practice in the modern world.

CST focusing on human dignity and the common good in society.

All humans were made in the image of God, therefore should be treated with respect.

This lack of physical contact and encounter, encouraged at times by the disintegration of our cities, can lead to a numbing of conscience and to tendentious analyses which neglect parts of reality.
At times this attitude exists side by side with a "green" rhetoric. Today, however, we have to realize that a true ecological approach always becomes a social approach; it must integrate questions of justice in debates on the environment, so as to hear both the cry of the earth and the cry of the poor.

Pope Francis, Laudato Si' 49

## Principles of Catholic Social Teaching

## The dignity of the person

All people are made in the image of God. God is the creator and loves creation.

## The common good

The fruits of the earth belong to everyone. Resources must be shared fairly and not used wastefully.

## Subsidiarity

Communities are the focus of this principle.
Decision making should happen at the most appropriate level so all those affected can contribute.

## Solidarity

Catholics must stand together with other humans.
The principle encourages thought and care for the poor.

## Creation and Covenant

LiveSimply Award

In response to Laudato Si, the LiveSimply award was created.

The LiveSimply award is an opportunity for Catholic communities to "work with generosity and tenderness in protecting this world which God has entrusted to us".

Communities and schools earn the award if they can show they have been living simply.

Their community must
show solidarity with people in poverty.

Communities must live sustainably with creation.

## Creation and Covenant

## Sister Dorothy Stang

Sr. Dorothy Stang chose to live in extreme poverty in order to help others living in poverty.

She had a passion for people of all cultures, for social justice, peacemaking, fairness, and respect for the environment.

Sr. Dorothy was keen to protect the environment, in particular the deforestation that was occurring in Brazil.

Her frustration grew as she witnessed the destruction of this natural resource so vital to her people's and the planet's future.

Sr. Dorothy tried to protect the environment and the surrounding people to the best of her ability, but was identified by local businessmen as a problem for them.

The award celebrates what communities have already done and inspires them to do more.

It helps communities to live, not just more simply, but also more fully.

On February 12, 2005, two hired gunmen fired six shots and killed Sr. Dorothy.

She was murdered because she had put into place programs that created self-sufficient communities of people committed to their own independence as well as to the sustenance of the rain forest.

As the gunmen approached Sister Dorothy, she took her Bible from her bag and began to read the Beatitudes.

Following Sister Dorothy's death, Brazilian President Luiz Inacio da Silva put nearly 20,000 of the Amazon's 1.6 million square miles under environmental protection.

## Advent 2 - Prophecy and Promise

## Key Terms

These words will form part of your assessment:
It is important you learn them and their meaning.

| Key Term | Definition |
| :---: | :---: |
| Baptism | How people become members of the Christian family. In the early Church, they were submerged fully under the water as a sign of washing away sins. |
| Canon | The books accepted as sacred scriptures by the Christian church |
| Dei Verbum | Translated as 'The Word of God' from the Latin, this is a document which explains the relationship between sacred scripture and sacred tradition. |
| Inspiration | From the Latin 'inspirato', which means 'God-breathed'. God influenced the writers of the Bible to write what is good and true. |
| Liturgy of the Word | The community listens to scriptures to hear what God has done and what they are called to do. |
| Magisterium | The teaching authority of the catholic church, made up of the pope, bishops and clergy |

## Advent 2 - Prophecy and Promise

## Key Terms

| Key Term | Definition |
| :--- | :--- |
| New Testament | God's revelation to humanity as written in the books of the Bible from the Gospels <br> to the book of Revelation. |
| Old Testament | God revealing Godself to humanity as written in the books before the birth of Jesus, <br> from Genesis to Malachi. |
| Revelation | The way God is shown through scripture and the person of Jesus. <br> and gives eternal life in God's presence. |
| Salvation history | All religious writings are scripture. <br> The sacred writings of Christianity written in the Bible. |
| Scripture | The Jewish scriptures. Tanakh is an acronym for the three texts that make up the |
| Hebrew bible - Torah, Nevi'im and Ketuvim. |  |

## Prophecy and Promise

Scripture, Tradition and Magisterium

## The Great Commission

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

Matthew 28:16-20

## The Great Commission

Jesus instructs his disciples to spread the gospel to all the nations of the world.

Jesus calls on his followers to make disciples of and baptize all nations in the name of the Father, the Son, and the Holy Spirit.

From the Great Commission, Christians see the emphasis on ministry, missionary work, evangelism, and baptism.

## Prophecy and Promise

Tradition and Apostolic Succession


## Prophecy and Promise

## The Magisterium

The Magisterium is the teaching authority of the Catholic Church.

The Magisterium has the authority to interpret the Bible and apply it to today's society.

The Magisterium is made up of Bishops, Cardinals and the Pope.

The Pope is the head of the Church.

Cardinals are the elected government.

Bishops are responsible for large areas, known as a diocese

Dioceses are made up of smaller areas called parishes. A priest is responsible for the lay people within the diocese.

## Prophecy and Promise

## Dei Verbum

## Dei Verbum 9

Hence there exists a close connection and communication between sacred tradition and Sacred Scripture. For both of them, flowing from the same divine wellspring, in a certain way merge into a unity and tend toward the same end. For Sacred Scripture is the word of God inasmuch as it is consigned to writing under the inspiration of the divine Spirit, while sacred tradition takes the word of God entrusted by Christ the Lord and the Holy Spirit to the Apostles, and hands it on to their successors in its full purity, so that led by the light of the Spirit of truth, they may in proclaiming it preserve this word of God faithfully, explain it, and make it more widely known. Consequently it is not from Sacred Scripture alone that the Church draws her certainty about everything which has been revealed. Therefore both sacred tradition and Sacred Scripture are to be accepted and venerated with the same sense of loyalty and reverence.


## Summary of the text

Scripture and traditions are closely linked because they both come from God.

Scripture is revealed and inspired by God.

Jesus and the Holy Spirit impart the Word of God.

Jesus passed on his authority to his Apostles to continue to teach.

This teaching became known as tradition.

## Meaning for Christian life

Christians should accept both the scripture as the Word of God, as well as Tradition.

The Church relies not just on the Bible, but also teachings of the Church passed down from the Apostles.

All teachings have as much value as the others.

## Prophecy and Promise

## Dei Verbum

## Dei Verbum 11

Those divinely revealed realities which are contained and presented in Sacred Scripture have been committed to writing under the inspiration of the Holy Spirit. For holy mother Church, relying on the belief of the Apostles, holds that the books of both the Old and New Testaments in their entirety, with all their parts, are sacred and canonical because written under the inspiration of the Holy Spirit, they have God as their author and have been handed on as such to the Church herself. In composing the sacred books, God chose men and while employed by Him they made use of their powers and abilities, so that with Him acting in them and through them, they, as true authors, consigned to writing everything and only those things which He wanted.
Therefore, since everything asserted by the inspired authors or sacred writers must be held to be asserted by the Holy Spirit, it follows that the books of Scripture must be
acknowledged as teaching solidly. Therefore, since everything asserted by the inspired authors or sacred writers must be held to be asserted by the Holy Spirit, it follows that the books of Scripture must be acknowledged as teaching solidly, faithfully and without error that truth which God wanted put into sacred writings for the sake of salvation. Therefore "all Scripture is divinely inspired and has its use for teaching the truth and refuting error, for reformation of manners and discipline in right living, so that the man who belongs to God may be efficient and equipped for good work of every kind".

Both the Old and New Testament were revealed through the Holy Spirit.

God inspired the authors to write.

Everything that is in the Bible should be treated as the Word of God.

## Prophecy and Promise

## The Bible

## What is it?

The source of Christianity's main beliefs

Writings that were inspired by God

Written over thousands of years by several authors

Passed down by word of mouth then written so as not to forget it

Structure of books agreed by Pope Damasus I

It was by the apostolic Tradition that the Church discerned which writings are to be included in the list of the sacred books. This complete list is called the canon of Scripture. It includes 46 books for the Old Testament ( 45 if we count Jeremiah and Lamentations as one) and 27 for the Newism of the Catholic Church

CCC 42

## Prophecy and Promise

How to use the Bible

## How to use the Bible

The Bible is split into the Old and New Testaments.

The Testaments are made up of different books from a variety of authors.

Testament means covenant. The Old Testament is about the old covenant with Abraham and Moses, the New Testament is about the new covenant with Jesus.

The books are made up of chapters, like any other book, numbered from 1 onwards.

The chapters are then made up of verses, which are numbered.

## Bible references

To make it easier to find a particular passage in the Bible, references can direct a person to the correct place.

The shortest Bible passage is found in the Gospel of John, chapter eleven, and the fifth verse.

References are always written in the same format to help locate text more easily:

## Book Chapter: Verse

So, John chapter eleven verse five is written as
John 11:5

Any passages that include multiple verses looks like:
Exodus 20:2-17

## Prophecy and Promise

## Canon

## Canon

The Bible is a collection of different text by different authors, written at different times in different languages.

The Bible is full of texts that were collated and the final library of texts was completed by the 5th century Canon means measuring rod, or rule.

Books that were put into the final version of the Bible all had to meet the standard of the canon.

The canon of scripture is the phrase used to describe the books included in the Old and New Testament.

## Prophecy and Promise

Canon - the Order of the Bible

## The Old Testament

The Old Testament is similar to the Hebrew Bible, the sacred scriptures of the Jewish faith.

The Old Testament is made up from 39 texts, written at different times between about 1200 and 165 BC.

The Old Testament is the literary archive of the ancient nation of Israel.

## The New Testament

The New Testament has 27 books written between 50 and 100 AD.

The New Testament tells of the life, ministry and death of Jesus, the early Church and prophecy.

## Prophecy and Promise

The Old Testament Canon

| Law | History | Poetry | Major <br> Prophets | Minor <br> Prophets |
| :--- | :--- | :--- | :--- | :--- |
| Genesis | Joshua | Job | Isaiah | Hosea |
| Exodus | Judges | Psalms | Jeremiah | Joel |
| Leviticus | Ruth | Proverbs | Lamentations | Amos |
| Numbers | 1 Samuel | Ecclesiastes | Baruch | Obadiah |
| Deuteronomy | 2 Samuel | Song of | Ezekiel | Jonah |
|  | 1 Kings | Songs | Daniel | Micah |
|  | 2 Kings | Wisdom |  | Nahum |
|  | 1 Chronicles | Ecclesiasticus |  | Habakkuk |
|  | 2 Chronicles |  | Zephaniah |  |
|  | Ezra |  | Haggai |  |
|  | Nehemiah |  | Zecheriah |  |
|  | Tobit |  | Malachi |  |
|  | Judith |  |  |  |
|  | Esther |  |  |  |
|  | 1 Maccabees |  |  |  |
|  | 2 Maccabees |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |

## Prophecy and Promise

## Literary forms in the Old Testament

## The Law

The first five books of the Bible are known as the Law.

The first five books are known as the Torah in Judaism and are believed to have been written down by Moses.

Christians and Jewish people share this religious text.

Genesis is a book of stories that tells of creation and the lives of the early People of God.

Exodus, Leviticus, Numbers and Deuteronomy contain community laws as well as narratives.

The Hebrew word for Law ('Torah') means 'guidance' or 'instruction'.

These books were later called the 'Pentateuch'.

## Prophecy and Promise

The New Testament Canon

| The Gospels | Acts of the Apostles | Epistles | Revelation |
| :---: | :---: | :---: | :---: |
| Matthew | Acts | Romans | Revelation |
| Mark |  | 1 Corinthians |  |
| Luke |  | 2 Corinthians |  |
| John |  | Galatians |  |
|  |  | Ephesians |  |
|  |  | Philippians |  |
|  |  | Colossians |  |
|  |  | 1 Thessalonians |  |
|  |  | 2 Thessalonians |  |
|  |  | 1 Timothy |  |
|  |  | 2 Timothy |  |
|  |  | Titus |  |
|  |  | Philemon |  |
|  |  | Hebrews |  |
|  |  | James |  |
|  |  | 1 Peter |  |
|  |  | 2 Peter |  |
|  |  | 1 John |  |
|  |  | 2 John |  |
|  |  | 3 John |  |
|  |  | Jude |  |

## Prophecy and Promise

## Literary forms in The New Testament

## Gospels

The Gospels were written to present the life and teachings of Jesus.

The authors had different readers, so they are not the same.

They were not intended to be biographies of Jesus, but selective accounts that would demonstrate his significance for different cultures.

The first three are known as the 'synoptic gospels'.

The writer of Luke also wrote the Acts of the Apostles.

Acts tells the story of how Christianity spread from being a small group of Jewish believers in the time of Jesus to becoming a worldwide faith in less than a generation.

## Letters (Epistles)

Letters were how leaders of the early church communicated with each other and converts.

The earliest letters were written before the Gospels.

The Letters offered advice to people who were working out how to express their commitment to Jesus in ways that would be relevant within their culture

Paul wrote the most letters, but he was not the only author.

## Revelation

The final book of the New Testament is a series of letters that offer a visionary presentation of the meaning of all things, from creation to the end of the world.

## Torah <br> (Law)

| Genesis | Joshua |
| :--- | :--- |
| Exodus | Judges |
| Leviticus | Samuel |
| Numbers | Kings |
| Deuteronomy | Isaiah |
|  | Jeremiah |
|  | Ezekiel |
|  | The Twelve |

Psalms
Proverbs
Job Song of Songs
Ruth
Lamentations Ecclesiastes

Esther
Daniel Ezra-Nehemiah Chronicles


The Ketuvim are works of wisdom, poetry, and narratives.

They helped ancient Jews make decisions, worship God, remember their history.

## Ketuvim <br> (Writings) <br> Nevi'im <br> (Prophets)

The Twelve

## Prophecy and Promise

## Translations of the Bible

## Translations

The Bible was originally written in Hebrew, Aramaic and Greek.

The Torah, Nevi'im and Ketuvim was mostly written in Hebrew. Some books were written in Aramaic.

The Hebrew Bible was then translated into Greek. This book is known as the Septuagint.

The New Testament books were written in Greek.

The Bible was collated in 382 AD by the Council of Rome.

Between 382 and 405 AD, Saint Jerome translated the Bible texts into Latin. This book is known as the Vulgate.

## Modern translations of the Bible

The Bible is the most translated book in the world.

It is available in 438 languages.

In 1999, Vision 2025 was created to begin translating the Bible into every remaining language by 2025.

Bible translation is currently happening in 2,846 languages in 157 countries.

This translation effort with affect 1.11 billion people across the world.

## Prophecy and Promise

Inspiration

## Biblical Inspiration

Christianity teaches that the writers of the Bible were led by God.

The Biblical texts are considered the Word of God.

All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work.

2 Timothy 3:16-17

Scripture is inspired and contains no errors.

God reveals Himself through the Bible.

## Prophecy and Promise

## Artistic presentations of the Bible

## The Bible in Art

The Bible has been the subject of artistic interpretations.

To the left is a decorated version of the Gospels, called the Book of Kells.

This was created in the 9th century.

It is an example of illuminated manuscript.

An illustrated manuscript is a formally prepared document where the text is decorated with items such as borders and miniature illustrations.

This art work is considered a form of reverence to God and was created through prayers.

## Prophecy and Promise

Bible and prayer

## The Bible and worship

Many Catholics will have the majority of their interaction with scripture through worship and ceremonies.

Scripture is used as a basis for the prayers and the entire Mass.

In each Mass there are readings from both the New and Old Testament

The consecration of bread and wine uses the words that Christ used at the Last Supper.

The Bible plays a key role during rites of passages and ceremonies.


The scripture passages chosen will link the ceremonies to the life and teaching of Christ.

During baptisms, the story of Jesus' baptism will be read.

In the sacrament of matrimony, passages about love and honouring your husband or wife are often read,

At funerals, passages from the Bible are read.

These provide comfort to the loved ones of the deceased.

## Prophecy and Promise

The Structure of the Mass

## Introductory Rites

- Greeting
- Penitential Rite
- Kyrie
- Gloria


## Liturgy of the Eucharist

- Offertory
- Eucharistic Prayer
- Communion Rite


## Liturgy of the Word

- Readings
- Gospel
- Homily
- Creed
- Intercessions


## Concluding Rites

- Blessing
- Dismissal


## Prophecy and Promise

Lectio Divina

Letico Diviina a traditional monastic practice of scriptural reading, meditation and prayer.

The prayer aims to promote communion with God and to increase knowledge of God's word.

There four movements of Lectio Divina.

Begin with Lectio (read), scripture reading

Then Meditatio (meditate); reflection on the scripture.
Allow Holy Spirit to illuminate mind

Oratio (pray), praying to God about scripture read.

Contemplatio (contemplate) is silent prayer that expresses love for God.

## Lent 1 - Galilee to Jerusalem

## Key Terms

These words will form part of your assessment:
It is important you learn them and their meaning.

| Key Term | Definition |
| :--- | :--- |
| Arianism | A heresy that denies Jesus as the Son of God. Arius believed Jesus was not a divine <br> being. |
| Christ | The title given to Jesus. The word means Messiah. |
| Heresy | A belief that goes against the official position of the Church. Arianism is an example of an <br> heresy |
| Incarnation | Meaning 'made flesh', Jesus is God made man. |
| Kingdom | The spiritual realm which God resides over. |
| Lex orandi, Lex | A Latin phrase, which translates to 'the law of prayer ("the way we worship") is the law of <br> belief ("what we believe")', linking Catholic action with Catholic faith. |
| credendi | A title that refers to rulers. In Hebrew, it is the most sacred name for God. Jesus as <br> Lord means that Jesus possesses authority and control. |

Lent 1 - Galilee to Jerusalem
Key Terms

| Key Term | Definition |
| :--- | :--- |
| Ministry | The work a person does that is based on their religious beliefs. |
| Miracle | A story told by Jesus to teach humans how to live. Parables have deeper meanings |
| that guide human behaviour. |  |
| Parable | Service is helping those who need assistance. For Christians, service is modelling the <br> attitude of Jesus in service to God's creation without receiving reward or payment. |
| Service | The status of Jesus as the divine son of God the Father. The Son of God is the second <br> person of the Holy Trinity. |
| Son of God | A name used by Jesus to describe himself as a human. The name that suggests Jesus <br> was the Messiah. |
| Son of Man | The Christian belief in one God; the unity of the Father, the Son and the Holy Spirit. |
| The three persons in one Godhead. |  |

## Galilee to Jerusalem

## Word Became Flesh

John's Gospel begins with Jesus dwelling with God before time began.

Jesus was with God at creation.
God and Jesus are separate.
Jesus has always existed and was not created.
Jesus is called the Word, because he reveals God.
He communicates, he speaks, and he spoke and all things were made by him (vs. 3).

The Word made flesh shows that Jesus took on human nature.

This is the incarnation.
Incarnation means 'made flesh'.
God comes down to dwell with us in Jesus.

In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made. In him was life, and that life was the light of all mankind. The light shines in the darkness, and the darkness has not overcome it.

John 1:1-5

The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

John 1:14

## Galilee to Jerusalem

## The Nicene Creed

## The Nicene Creed

Creeds express and make clear the most important Christian beliefs, including about the nature of God.

The Nicene Creed was a creed created in 325 AD.
It expresses detail on the following beliefs:

One God
The Trinity, three persons in one God
The incarnation of Jesus Christ
The meaning of the crucifixion, resurrection and ascension of Jesus

The Holy Spirit
The Church as the Body of Christ

## The Communion of Saints

The forgiveness of sins
Eternal life

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

Excerpt from the Nicene Creed

## Galilee to Jerusalem

## True God and True Man

## Fully Divine and Fully Human

The Church has tried to express the relationship between the divinity and humanity of Jesus.

Jesus is fully God and fully human.

God took on human form through Jesus and the Virgin Mary.

There are not two persons of Christ.

Jesus can only be understood as a mystery.

The unique and altogether singular event of the Incarnation of the Son of God does not mean that Jesus Christ is part God and part man, nor does it imply that he is the result of a confused mixture of the divine and the human. He became truly man while remaining truly God. Jesus Christ is true God and true man.

CCC 464

## Galilee to Jerusalem

## Titles of Jesus

## Son of Man - Suffering and service

James and John, the sons of Zebedee, came forward to him and said to him, "Teacher, we want you to do for us whatever we ask of you." And he said to them, "What is it you want me to do for you?" And they said to him, "Grant us to sit, one at your right hand and one at your left, in your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or be baptized with the baptism that I am baptized with?" They replied, "We are able." Then Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized; but to sit at my right hand or at my left is not mine to grant, but it is for those for whom it has been prepared."
When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are

## tyrants over them.

When the ten heard this, they began to be angry with James and John. So Jesus called them and said to them, "You know that among the Gentiles those whom they recognize as their rulers lord it over them, and their great ones are tyrants over them. But it is not so among you; but whoever wishes to become great among you must be your servant, and whoever wishes to be first among you must be slave of all. For the Son of Man came not to be served but to serve, and to give his life a ransom for many."

Mark 10:35-45

## Galilee to Jerusalem

## Titles of Jesus

## Son of Man - Authority

When he returned to Capernaum after some days, it was reported that he was at home. So many gathered around that there was no longer room for them, not even in front of the door; and he was speaking the word to them. Then some people came, bringing to him a paralyzed man, carried by four of them. And when they could not bring him to Jesus because of the crowd, they removed the roof above him; and after having dug through it, they let down the mat on which the paralytic lay. When Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this fellow speak in this way? It is blasphemy! Who can forgive sins but God alone?" At once Jesus perceived in his spirit that they were discussing these questions among themselves; and he said to them, "Why do you raise such questions in your hearts? .Which is easier, to say to the paralytic, 'Your sins are
forgiven,' or to say, 'Stand up and take your mat and walk'? ${ }^{10}$ But so that you may know that the Son of Man has authority on earth to forgive sins"-he said to the paralytic-11"I say to you, stand up, take your mat and go to your home." ${ }^{12}$ And he stood up, and immediately took the mat and went out before all of them; so that they were all amazed and glorified God, saying, "We have never seen anything like this!"

Mark 2:1-12

53
'you will see the Son of Man
seated at the right hand of the Power,'
and 'coming with the clouds of heaven.'"
Then the high priest tore his clothes and said, "Why do we still need witnesses? You have heard his blasphemy! What is your decision?" All of them condemned him as deserving death. Some began to spit on him, to blindfold him, and to strike him, saying to him, "Prophesy!" The guards also took him over and beat him.

Mark 14:53-65

## Galilee to Jerusalem

## Titles of Jesus

## Son of God

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

Mark 1:9-11

## Christ/ Son of David

They came to Jericho. As he and his disciples and a large crowd were leaving Jericho, Bartimaeus son of Timaeus, a blind beggar, was sitting by the roadside. When he heard that it was Jesus of Nazareth, he began to shout out and say, "Jesus, Son of David, have mercy on me!" Many sternly ordered him to be quiet, but he cried out even more loudly, "Son of David, have mercy on me!" Jesus stood still and said, "Call him here." And they called the blind man, saying to him, "Take heart; get up, he is calling you." So throwing off his cloak, he sprang up and came to Jesus. Then Jesus said to him, "What do you want me to do for you?" The blind man said to him, "My teacher,[a] let me see again." Jesus said to him, "Go; your faith has made you well." Immediately he regained his sight and followed him on the way.

Mark 10:46-52

## Galilee to Jerusalem

## Titles of Jesus

## Lord

After these things Jesus showed himself again to the disciples by the Sea of Tiberias; and he showed himself in this way. Gathered there together were Simon Peter, Thomas called the Twin, Nathanael of Cana in Galilee, the sons of Zebedee, and two others of his disciples. Simon Peter said to them, "I am going fishing." They said to him, "We will go with you." They went out and got into the boat, but that night they caught nothing.
Just after daybreak, Jesus stood on the beach; but the disciples did not know that it was Jesus. Jesus said to them, "Children, you have no fish, have you?" They answered him, "No." He said to them, "Cast the net to the right side of the boat, and you will find some." So they cast it, and now they were not able to haul it in because there were so many fish. ${ }^{7}$ That disciple whom Jesus loved said to Peter, "It is the Lord!" When Simon Peter
heard that it was the Lord, he put on some clothes, for he was naked, and jumped into the sea. But the other disciples came in the boat, dragging the net full of fish, for they were not far from the land, only about a hundred yards off. When they had gone ashore, they saw a charcoal fire there, with fish on it, and bread. Jesus said to them, "Bring some of the fish that you have just caught." So Simon Peter went aboard and hauled the net ashore, full of large fish, a hundred fifty-three of them; and though there were so many, the net was not torn. Jesus said to them, "Come and have breakfast." Now none of the disciples dared to ask him, "Who are you?" because they knew it was the Lord. Jesus came and took the bread and gave it to them and did the same with the fish.

John 21:1-13

## Lent 2 - Desert to Garden

## Key Terms

These words will form part of your assessment:
It is important you learn them and their meaning.

| Key Term | Definition |
| :--- | :--- |
| Blessed Sacrament | The consecrated elements of the Eucharist, especially the bread or Host |
| Eucharist | Meaning 'thanksgiving', Eucharist is a sacrament that commemorates the Last <br> Supper. It is sometimes known as Holy Communion. |
| Holy Communion | The service of Christian worship at which bread and wine are consecrated and <br> shared. |
| Lord's Supper | The service that commemorates Jesus' Last Supper with his disciples. The Mass of <br> the Lord's Supper is a Holy Week service celebrated on the evening of Maundy |
| Thursday. |  |

## Lent 2 - Desert to Garden

## Key Terms

| Key Term | Definition |
| :--- | :--- |
| Passover | One of the mostimportant festivals in the Jewish year, which commemorates the <br> liberation of the Israelites from Egyptian slavery. |
| Sacrament | An outward sign of inward grace. A physical action that shows and invisible work of <br> God. |
| Sacrifice of the Mass | The sacrifice of Christ on the cross is made present and true each time the Eucharist <br> is celebrated. |
| Transubstantiation | The Roman Catholic belief that the bread and the wine become the actual flesh and <br> blood of Jesus Christ. |

## Pentecost 1 - To the Ends of the Earth

## Key Terms

These words will form part of your assessment:
It is important you learn them and their meaning.

| Key Term | Definition |
| :--- | :--- |
| Body of Christ | The Church is called the Body of Christ, as it is a living entity, just as a body is. It is <br> the Body of Christ, as Christ is the head and founder of the Church. |
| Confirmation | Affirming oneself the promises made for them at baptism. Confirmation is the final <br> sacrament of initiation. |
| Disciple | A disciple is a follower of a teacher or leader. A personal follower of Christ is called a <br> disciple. |
| Fruits of the Spirit | Fruit of the Spirit are attributes that surface and mature in the life of people who have <br> the Holy Spirit living in them and transforming them into God's image. |
| Holy Orders | The sacrament or rite of ordination as a member of the clergy, especially in the <br> grades of bishop, priest, or deacon. <br> The third person of the Trinity; God as spiritually active within the world. |
| Holy Spirit | The legally or formally recognised union of two people as partners in a personal <br> relationship. |
| Marriage | The Christian festival celebrating the descent of the Holy Spirit on the disciples of <br> Jesus after his Ascension, held on the seventh Sunday after Easter. |
| Pentecost |  |

## Pentecost 1 - To the Ends of the Earth

## Key Terms

| Key Term | Definition |
| :--- | :--- |
| People of God | God's people are those who are associated with God's purposes and promises. God <br> does not belong to any one person or group, because God is the one who calls <br> people to Him. The People of God are those who have been chosen and called by <br> God to Him. |
| Ruah | Ruah is Hebrew for breath, air, or wind. It is used to indicate the Holy Spirit. |
| Sacrament of matrimony | A covenant between a baptised man and a baptised woman, who exchange their <br> consent to each other and establish a partnership of the whole of life |
| Temple of the Holy Spirit | The body should be treated as a place where God resides. Christians should refrain <br> from immoral activity and be the visible presence of God on earth. |
| Vocation | A Calling from God. God calls each of us to a particular vocation in life. |

## Pentecost2 - Dialogue and Encounter

Key Terms

| Key Term | Definition |
| :--- | :--- |
| Christian Unity | The unique grace of the Holy Spirit which allows believers from all ethnicities, <br> nationalities, personalities, and backgrounds to be of one heart, mind, and spirit in <br> love for Jesus Christ and in the combined commitment to the gospel. |
| Dogma | A truth revealed by God that has been declared binding by the Magisterium of the <br> Catholic church |
| Ecumenical Council | An ecumenical council is a conference of notable and important persons of the <br> worldwide church, along with other theological experts convened to discuss and <br> settle matters of Church doctrine and practice. |
| Ecumenism | The renewal of the whole life of the church. <br> Ecumenism aims to overcome the divisions among Christians and restore the unity <br> of the church that Jesus founded. |
| Reform | To make changes in a practice or organisation in order to harmonise it with modern <br> thinking. |
| Schism | The formal separation of a Church into two Churches. <br> The breakaway of a group owing to doctrinal and other differences. |

## Year 7 Science

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## 1. Practical Skills Key Terms

| Keyword | Definition |
| :--- | :--- |
| Bar chart | Used for categorical (discontinuous) <br> data. |
| Categoric data | Has values that are words or discrete <br> numbers. |
| Continuous <br> data | Has values that can be any number. |
| Line graph | Used when the data is continuous. |
| Line of best fit | A straight or curved line drawn to show <br> the pattern of data points |
| Pie chart | Diagram to show the proportions <br> or percentages that make up a whole. |


| Keyword | Definition |
| :---: | :---: |
| Anomalous result | A piece of data that does not fit the pattern. |
| Correlation | A relationship between data where one increases or decreases as the other increases. |
| Experimental error | Variations in measurements due to the scientist, equipment or readings. |
| Mean | An average of a set of data, calculated by adding all the values and dividing by the number of values. |
| Random error | Error when the same thing is measured but different numbers are taken. |
| Range | The maximum and minimum values of your data. |
| Repeatable | When repeat readings, carried out by the same person and using the same method are close together. |
| Systematic error | Error due to a fault with the equipment or experimental set-up used. |

## 2. Hazard Symbols and Equipment



## 3. Presenting Data

## Variables

| Independent <br> variable | The variable being changed |
| :--- | :--- |
| Dependent <br> variable | The variable that is measured |
| Control <br> variable | A variable that must be kept the same. |

Presenting data in a table

| Mass <br> $(\mathrm{g})$ | Extension 1 <br> $(\mathrm{mm})$ | Extension 2 <br> $(\mathrm{mm})$ | Average <br> Extension $(\mathrm{mm})$ |
| :---: | :---: | :---: | :---: |
| 0 | 0 | 1 | 0.5 |
| 100 | 5 | 6 | 5.5 |
| 200 | 9 | 9 | 9 |
| 300 | 15 | 15 | 15 |
| 400 | 20 | 21 | 20.5 |
| 500 | 24 | 25 | 24.5 |
| 600 | 30 | 31 | 30.5 |

The independent variable is always in column 1.
Units should only be in the column heading.

| Item | Diagram | Purpose |
| :--- | :--- | :--- |
| Beaker |  | Used for holding <br> solids or liquids. |
| Conical flask |  | Used for holding <br> liquids. |
| Test tube and <br> boiling tube <br> Measuring <br> cylinder |  | Test tube - holding <br> liquids and solids. <br> Boiling tube - <br> heating them. |
| Bunsen to measure <br> volumes of liquids. |  |  |
| tripod and |  |  |
| gauze |  |  |

2

## Presenting data as a graph

The independent variable is always plotted on the $X$ axis.
The dependent variable is always plotted on the Y axis.


We use bar graphs/charts if our experiment has categories e.g. favourite colour, shoe size, favourite animal.

| Volt (V) |  |  |
| :--- | :--- | :--- | :--- |

We use line graphs/charts if the data from our experiment could be any value, height, weight etc.

## 4. Diet

| Keyword | Definition |
| :--- | :--- |
| Balanced <br> diet | A diet which contains the right <br> amounts of carbohydrates, lipids, <br> proteins, vitamins, minerals, <br> dietary fibre and water. |
| Malnutrition | Eating too much or too little of <br> any nutrient. |
| Obesity | Taking in too many <br> calories, increasing the <br> risk of health problems such as <br> heart disease, stroke <br> and diabetes. |


| Food group | Why our body needs this food <br> group | Source of this food <br> group |
| :--- | :--- | :--- |
| Dietary fibre | Helps to keep food moving <br> along the digestive system at <br> the right speed. <br> Helps to prevent constipation | Vegetables and bran |
| Carbohydrates | The body's main source of <br> energy. <br> Two types: simple (sugars) and <br> complex (starch). | Bread, fruit, vegetables, <br> pasta |
| Lipids (fats | A source of energy. | in butter, milk, eggs, <br> and nuts. |
| Protein oils) | Used to build new tissue for <br> growth and repair | Found in meat, fish, <br> eggs, dairy products, <br> beans, nuts and <br> seeds. |
| Minerals | Minerals help to keep us healthy. <br> iron is needed to make new | Salt, milk (for calcium) <br> and liver (for iron) |
| blood cells; calcium is needed to |  |  |
| keep our bones and teeth strong |  |  |

## 5. Food tests

| Food sample | Reagent | Method | Initial colour | Colour of positive result |
| :--- | :--- | :--- | :--- | :--- |
| Glucose | Benedict's | Add Benedict's solution to <br> the food and heat in a <br> water bath. | Blue | Brick red precipitate |
| Starch | lodine | Add iodine solution to the <br> food. | Yellow-brown | Blue-black |
| Protein | Biuret (a mixture of <br> sodium hydroxide and <br> copper sulfate). | Add Biuret solution to the <br> food. | Blue | Lilac/purple |
| Fat | Ethanol | Add ethanol to the food to <br> dissolve the fat then add <br> water. | Colourless | White emulsion |

## 6. Digestive System



## 7. How food is digested



## 8. Digestive Enzymes

Enzymes are substances that speed up the rate of chemical reactions in the body.

Enzymes are specific.
They only work on one type of molecule.
Different enzymes work in different parts of the body.

| Enzyme | Produced by | Converts... | Into... |
| :--- | :--- | :--- | :--- |
| Amylase | Mouth, small <br> intestine, pancreas | Starch | Sugars: <br> glucose. |
| Lipase | Small intestine, <br> pancreas | Lipid (fat) | Glycerol <br> and fatty <br> acids. |
| Protease | Stomach, small <br> intestine, pancreas | Protein | Amino <br> acids. |



## 9. The Circulatory System



The heart is an organ

The heart is made of muscle.

It pumps the blood around the body.
It is connected to arteries and veins.

| Part | Role |
| :--- | :--- |
| Artery | Carry blood away from the heart |
| Atrium | Smaller chambers at the top of the heart. <br> Entrance to the heart |
| Capillary | Connects arteries to veins <br> Allows materials to move in and out of <br> their thin walls |
| Valve | Prevents the backflow of blood |
| Vein | Carry blood towards the heart |
| Ventricle | Larger chambers at the bottom of the <br> heart. <br> Push blood out of the heart. |

## 10. Different Blood Vessels




| Keyword | Definition |
| :--- | :--- |
| Alveoli Small air sacs found at the end of each <br> (singular: alveolus) bronchiole that are the site of gas exchange. <br> Breathing The movement of air in and out of the lungs. <br> Bronchi Tubes which carry air from the trachea to the <br> (singular: bronchus) lungs. <br> Bronchiole <br> Small tubes in the lung connecting the bronchi  <br> Diaphragm A sheet of muscle found underneath the lungs <br> Lung volume Measure of the volume of air breathed in or out. <br> Trachea (windpipe) Tube which carries air from the mouth and <br> nose to the lungs. |  |

## Features of alveoli

-thin walls
-a large surface area to increase diffusion speed
-a good blood supply

Oxygen is used in cells for aerobic respiration
glucose + oxygen $\rightarrow$ carbon dioxide + water.

$$
\mathrm{GO} \rightarrow \mathrm{COW}
$$

## 12. Gas exchange processes in our lungs



To breathe in:

1) Intercostal muscles contract to pull rib cage upwards and outwards
2) Diaphragm contracts and flattens to increase the space inside the chest
3) Pressure in the chest decreases and air rushes in from outside.

The reverse is true for breathing out.

The effect of exercise on breathing

Respiration provides energy to move the muscles.

During exercise our breathing increases because our cells need more oxygen and glucose to respire faster.

More carbon dioxide is produced in respiration and we need to get rid of this by breathing it out.

## 13. Particles and State

| Keyword | Definition |
| :--- | :--- |
| Particle | A tiny object such as an atom or molecule, too <br> small to be seen with a microscope. |
| Particle <br> model | A way to think about how substances behave in <br> terms of small, moving particles. |
| Pure <br> substance | Single type of material with nothing mixed in. |


| States of <br> matter | Solid, liquid and gases |
| :--- | :--- |
| Changes of <br> state | Melting, evaporation, condensing, freezing and <br> sublimation |


|  | Solid | Liquid | Gas |
| :--- | :--- | :--- | :--- |
| Arrangement of <br> particles | Close together <br> Regular pattern | Close together <br> Random <br> arrangement | Far apart <br> Random <br> arrangement |
| Movement of <br> particles | Vibrate on the spot | Move around each <br> other | Move quickly in all <br> directions |
| Diagram | 800098 | 80808 | 8000 |

## 14. Changing State




## 15. Predicting the state



| Melting | The temperature at which a solid turns into a |
| :--- | :--- |
| point | liquid |
| Boiling | The temperature at which a liquid turns into a |
| point | gas |


| Temperature | Predicted state |
| :--- | :--- |
| Given temperature < melting point | Solid |
| Given temperature is between melting and <br> boiling points | Liquid |
| Given temperature > boiling point | Gas |

## 16. Solutions

| Keyword | Definition |
| :--- | :--- |
| Mixture | The parts can be separated due to differences <br> in the physical properties of each element. |
| Dissolve | When a solute mixes completely with a solvent <br> e.g. salt dissolves in water |
| Solvent | A substance, normally a liquid, which dissolves <br> another substance e.g. water |
| Solute | A substance that can dissolve in a liquid e.g. <br> salt |


| Keyword | Definition |
| :--- | :--- |
| Solution | Mixture formed when a solvent dissolves a <br> solute e.g. salty water |
| Soluble | A substance that will dissolve in a liquid e.g. salt <br> is soluble in water |
| Insoluble | A substance that will not dissolve in a liquid e.g. <br> sand is insoluble in water |
| Solubility | Maximum amount of solute that dissolves in a <br> certain volume of solvent. |



## 17. Separating Techniques

| Process | Filtration | Distillation | Fractional <br> distillation | Chromatography | Crystallisation |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Diagram |  |  |  |  |  |

## 18. Diffusion, Pressure and Density

| Keyword | Definition |
| :--- | :--- |
| Compound | Made up of two or more elements <br> chemically combined e.g. $\mathrm{H}_{2} \mathrm{O}$ |
| Density | Density is the mass per unit volume of <br> any object <br> Density = mass $\div$ volume |
| Diffusion | The movement of a substance from an <br> area of high concentration to an area of <br> low concentration |
| Element | Made up of only one type of atom e.g. C |
| Mixture | More than one element, atom, compound <br> or molecule that is not chemically joined <br> together e.g. air, sea water, milk |
| Pressure | The force acting on the container due to <br> the collisions between gas particles |

Density calculations. Use the EVERY model to layout the calculation:

Example: What is the density of a metal if 4 cubic metres $\left(\mathrm{m}^{3}\right)$ of it has a mass of $2,200 \mathrm{~kg}$ ?

| $E=$ equation | density $=$ mass $\div$ volume |
| :--- | :--- |
| $V=$ values | mass $=2200 \mathrm{~kg}$ and $\mathrm{v}=4 \mathrm{~m}^{3}$ |
| $\mathrm{E}=$ enter results | $2200 \div 4$ |
| $\mathrm{R}=$ result | 550 |
| $\mathrm{Y}=$ units | $\mathrm{kg} / \mathrm{m}^{3}$ |

## 19. Skills: Using a Bunsen burner

## Safety Rules

1. Long hair should be tied back
2. Wear eye protection.
3. Do not leave the gas on for prolonged periods of time.
4. Use a heatproof mat
5. The Bunsen flame should be on the safety flame when not in use.

Turning the collar around the air hole changes the flame from roaring to safety flame.


Safety flame - orange
Roaring flame - blue

## 20. Reflection of Light

| Keyword | Definition |
| :--- | :--- |
| Absorption | When energy is transferred from being light into a <br> material. |
| Angle of incidence | Between the normal and incident ray. |
| Angle of reflection | The angle between the normal and reflected ray. <br> The ray of light coming from the source (e.g. ray |
| Incident ray | Always at right angles to the surface of the object <br> the light ray is hitting. |
| A material that allows no light to pass through it. |  |
| Opaque | A material that allows some light to pass through <br> it |
| Translucent | A material that allows all light to pass through it. |
| Transparent | When light bounces off an object in all directions. |
| Scattering |  |

## Law of Reflection

Angle of incidence $=$ Angle of reflection


## 21. Sound Waves

| Keyword | Definition |
| :--- | :--- |
| Amplitude | The maximum amount of vibration, measured <br> from the middle position of the wave, in metres. |
| Frequency | The number of waves produced in one second, <br> in hertz. |
| Medium | A material for waves to travel through e.g. <br> water, light |
| Pitch | How low or high a sound is. A high pitch sound <br> has a high frequency. |
| Retina | The back of the eye where an image is formed. <br> It contains light detecting cells. |
| Speed of light | 300 million m/s |
| Speed of | 330 m/s <br> sound |
| Vacuum | A space with no particles of matter in it |
| Vibration | A back and forth motion that repeats. |
| Volume | How loud or quiet a sound is, in decibels (dB). <br> WavesVibrations that transport energy from place to <br> place through particles. |
| Wavelength | Distance between two corresponding points on <br> a wave, in metres. |

Wavelength Distance between two corresponding points on a wave, in metres.


Quiet sound (small amplitude)

low pitch (low frequency)


High pitch (high frequency)


## 22. Refraction and Lenses

Refraction: Light waves change speed when they pass across the boundary between two substances with a different density, such as air and glass.

Light slows down going into a denser substance, and the ray bends towards the normal.

Light speeds up going into a less dense substance, and the ray bends away from the normal.



## Concave lens

A lens that is thinner in the middle which spreads out light rays.

Different colours of light have different frequencies,

A prism can be used to separate light into the 7 colours of the rainbow: red, orange, yellow, green,
blue, indigo, violet

## 23. Transverse and Longitudinal Waves



## 24. Wave Effects

| Keyword | Definition |
| :--- | :--- |
| Absorption | When energy is transferred from <br> sound to a material. |
| Auditory range | The lowest and highest frequencies <br> that a type of animal can hear |
| Echo | Reflection of sound waves from a <br> surface back to the listener. |
| Loudspeaker | Turns an electrical signal into a <br> pressure wave of sound. |
| Microphone | Turns the pressure wave of sound <br> hitting it into an electrical signal. |
| Oscilloscope | Device able to view patterns of sound <br> waves that have been turned <br> into electrical signals. |
| Pressure wave | An example is sound, which has <br> repeating patterns of high- <br> pressure and low-pressure regions. |
| Ultrasound | Sound waves with frequencies higher <br> than the human auditory range. |
| Ultraviolet (UV) | Waves with frequencies higher than <br> light, which human eyes cannot <br> detect. |

## 25. Skeleton

Bones are hollow which makes them light and strong.

Bones need calcium to grow and stay strong.
The human skeleton has 4 roles:

1. Support
2. Protection
3. Movement
4. Making new blood cells.

| Keyword | Definition |
| :--- | :--- |
| Bone marrow | Tissue found inside some bones where <br> new blood cells are made. |
| Cartilage | Tissue at the end of bones, which <br> reduces wear. |
| Joints | Places where bones meet. |
| Ligaments | Connect bones to bones in joints and <br> provides structural support. |



## 26. Movement

Antagonistic pairs of muscles cause movement.

When one contracts and the other relaxes.

The biceps and triceps work antagonistically to move the arm.

The quadriceps and hamstrings work antagonistically to move the leg.


Tendons are fibres that connect muscles to bones to allow the movement to happen.

Ligaments are tough, fibrous and slightly elastic connective tissue that connect bone to bone and help keep the joint together.

## 27. How is our body organised?



| Organ system | Role |
| :--- | :--- |
| Digestive | Breaks down and then absorbs food <br> molecules. |
| Muscular skeletal | Muscles and bones working <br> together to cause movement and <br> support the body |
| Circulatory | Transports substances around the <br> body. |
| Reproductive | Produces sperm and eggs and is <br> where the foetus develops. |
| Immune | Protects the body against infections. |
| Respiratory | Replaces oxygen and removes <br> carbon dioxide from blood. |
| Unicellular | Living things made up of one cell e.g. <br> a euglena. |
| Multicellular | Living things made up of many types <br> of cell e.g. human, rabbit, tree |
| Diffusion | One way for substances to move into <br> and out of cells. |
| Substances move from high |  |
| concentration to low concentration. |  |

## 28. Using a Microscope



There are many types of cell e.g. egg cell, sperm cell, red blood cell, muscle cell.

Each has a different structure or feature so it can do a specific job.

## 29. Plant and animal cells



Microscopes are used to see objects in detail or to see objects we can't see with our eyes alone.

## How to observe the best image:

1. Use the lowest magnification first (select the smallest objective lens)
2. Place the slide in the centre of the stage
3. Use the larger focusing wheel to move the stage upwards, as far as it will go (but don't force it beyond the brake mechanism)
4. Look down the eyepiece lens
5. Use the larger focusing wheel to focus on the slide
6. Use the smaller focusing wheel to finely focus the slide.
7. Increase the magnification by turning the objective lenses, then repeat stages 2 and 3 .

| Cell organelle | Description |
| :---: | :---: |
| Cell membrane | Controls the movement of substances in and out of the cell. |
| Cell wall | Made of cellulose, to strengthen the cell. |
| Chloroplast | The site of photosynthesis. Contains chlorophyll to absorb light |
| Cytoplasm | The site of chemical reactions. |
| Mitochondria | To release energy during respiration. |
| Nucleus | Contains genetic material (DNA) which controls the cell's activities. |
| Permanent vacuole | Contains cell sap to make the cell rigid and store substances |
| Ribosomes | The site of protein synthesis (where proteins are made). |

## 30. Comparing plant and animal cells



## 31. Specialised cells 1

| Specialised cell | Function | Adaptation |
| :--- | :--- | :--- |
|  | Red blood cells carry oxygen <br> around the body, which is needed <br> for respiration. | They don't have a nucleus, allowing more <br> space to carry oxygen. <br> They are a flat disc shape with dips on both <br> sides (biconcave). This gives them a large <br> surface area, and the best chance of <br> absorbing as much oxygen as they can in the <br> lungs. |

## 32. Specialised cells 2

| Specialised cell | Adaptation |
| :--- | :--- | :--- |

## 33. Metals and Non-metals

| Keyword | Definition |
| :--- | :--- |
| Displacement | Reaction where a more reactive metal <br> rakes the place of a less reactive metal in <br> a compound. |
| Metals | shiny <br> good conductors of electricity and heat <br> malleable and ductile <br> usually solid at room temperature |
| Non-metals | dull <br> poor conductors of electricity and heat <br> brittle <br> usually solid or gases at room <br> temperature. |
| Oxidation | Reaction in which a substance combines <br> with oxygen |
| Reactivity | The tendency of a substance to undergo <br> a chemical reaction. |
| Thermal | The breakdown of a compound using <br> heat |
| decomposition |  |

## Oxidation

Metals and non-metals react with oxygen to form oxides.
Metal oxides (e.g. magnesium oxide) are alkali.
Non-metal oxides (e.g. carbon dioxide) are acids.

## Reactivity

Metals can be arranged in order of how readily they react with other substances. Those metals at the top will displace those at the bottom.


Iron, nickel and cobalt are magnetic.
Mercury is a metal that is liquid at room temperature.

## 34. Acids and Alkalis

| Keyword | Definition |
| :--- | :--- |
| Alkali | A base that has dissolved in water |
| Base | A substance that neutralises an <br> acid |
| Concentration | A measure of the number of <br> particles in a given volume. |
| Indicators | Substances used to identify <br> whether unknown solutions are <br> acidic or alkaline. |
| pH scale | Scale of acidity and alkalinity from 0 <br> to 14. |


| Acid | Alkali |
| :--- | :--- |
| Hydrochloric acid | Sodium hydroxide |
| Nitric acid | Potassium hydroxide |
| Sulfuric acid |  |
| Citric acid |  |
| Ethanoic acid |  |



## 35. Reactions with Acids

| Metal oxides | Compounds of metal that contain <br> oxygen atoms. They are usually <br> alkali e.g. magnesium oxide |
| :--- | :--- |
| Neutralisation | The reaction between an acid and a <br> base. It forms a salt and water. |
| Salt | Acid + alkali $\rightarrow$ salt + water |
|  | A substance produced from a <br> neutralisation reaction between an <br> acid and a base. The salt is named <br> after the acid. |

Reactions with acids
Metal + Acid $\rightarrow$ Salt + Hydrogen

Test for hydrogen: Lit splint
Observation: squeaky pop

Test for carbon dioxide: Bubble through limewater Observation: Limewater turns milky/cloudy

| Acid used to make the <br> salt | Ending of salt name | Example |
| :--- | :--- | :--- |
| Hydrochloric acid | - Chloride | Zinc + hydrochloric acid $\rightarrow$ zinc chloride + hydrogen |
| Sulfuric acid | - Sulfate | Zinc + sulfuric acid $\rightarrow$ zinc sulfate + hydrogen |
| Nitric acid | - Nitrate | Zinc + nitric acid $\rightarrow$ zinc nitrate + hydrogen |

## 36. Electrical Circuits

| Keyword | Definition |
| :--- | :--- |
| Ammeter | Device used to measure current in <br> Amps. <br> It is connected in series. |
| Electrical | A material that allows current to flow <br> through it easily. |
| conductor | A material that does not allow current <br> to flow easily. |
| Electrical | Tiny particles which are part of atoms <br> and have a negative charge. |
| Electrons | Components in a circuit are on the <br> same loop. |
| Series circuit | Some components are on separate <br> loops. |
| Voltmeter | Device used to measure potential <br> difference (voltage) in Volts. |
| It is connected in parallel. |  |

Drawing electrical circuits
We use special symbols to represent different components, so that all circuit diagram symbols will look the same.

Always use a ruler and pencil to draw the wire in an electrical circuit.




Lamp

Voltmeter

Ammeter



Motor

## 37. Series and Parallel circuits



## 38. Resistance and Electrostatics

Resistance operates against the flow of electrical charge and makes it hard for charge to pass through.

Measured in ohms ( $\Omega$ ).

Components with resistance reduce the current flowing and shift energy to the surroundings.
resistance $(\Omega)=$ potential difference $(\mathrm{V}) \div$ current $(\mathrm{A})$.

## Electrostatics

| Keyword | Definition |
| :--- | :--- |
| Electrostatic <br> force | A non-contact force between two charged <br> objects. |
| Negatively <br> charged $(-)$ | An object that has gained electrons. |
| Positively <br> charged $(+)$ | An object that has lost electrons. |

Around a charged object, the electric field affects other charged objects, causing them to be attracted or repelled.

Like charges repel.
Opposite charges attract.

The field strength decreases with distance.


Static electricity is caused when electrons are rubbed from a material (an insulator) and moved onto another material.
One surface gains electrons and becomes negatively charged.
One loses electrons and becomes positively charged.

## 39. Human Reproduction

| Keyword | Definition |
| :--- | :--- |
| Fertilisation | Joining of a nucleus from a male and <br> female sex cell.. |
| Gamete | A sex cell. <br> In human males it is a sperm. <br> In females it is an egg. |
| Menstruation | Loss of the lining of the uterus during the <br> menstrual cycle. |
| Ovary | Female organ which contains eggs. |
| Oviduct, or fallopian tube | Carries an egg from the ovary to the uterus <br> Where fertilisation occurs. |
| Ovulation | Release of an egg cell during the menstrual <br> cycle |
| Penis | Male organ which transports sperm out of <br> the male's body. |
| Sperm duct | Transport sperm from testes to penis |
| Testis (plural testes) | Male organ where sperm are produced. |
| Uterus or womb | Where an embryo develops in a pregnant <br> woman. |
| Vagina | Where the penis enters the female's body <br> and sperm is received. |

A sperm cell is specialised for its job. It has a pointed head and a tail for swimming.

An egg cell is specialised.
It is large and has a protective layer that only allows 1 sperm to get through.

Puberty is the process when by the body undergoes changes to start the process of becoming an adult.

## Changes include:

- Growth of underarm and pubic hair
- Growth of facial hair in males
- Development of sperm in testes of males
- Voice gets deeper in males
- Periods (the menstrual cycle) start in females
- Breast development in females


## 40. The Menstrual Cycle and Pregnancy



| Keyword | Definition |
| :--- | :--- |
| Amniotic fluid | Liquid that surrounds and protects the foetus. |
| Embryo | A developing baby before organs develop (up <br> to week 8 of pregnancy) |
| Foetus | A developing baby after 8 weeks of <br> pregnancy |
| Placenta | Organ that gives the foetus oxygen and <br> nutrients and takes away waste. |
| Zygote | A fertilised egg cell |

## Pregnancy

A normal human pregnancy lasts for 9 months/40 weeks and the baby develops inside the uterus.

The developing foetus relies on the mother to provide it with oxygen and nutrients, to remove waste and protect it against harmful substances.

Smoking and drinking alcohol can damage the health of the baby.

## Birth

At the end of pregnancy the baby is born and leaves the female's body through the vagina, or through a cut in the abdomen called a caesarean.

## 41. Plant Reproduction



| Male parts of the flower | Female parts of the flower |
| :--- | :--- |
| Stamen <br> Each consists of an anther <br> held up on a filament | Stigma <br> The top of the female part of <br> the flower which collects <br> pollen grains |
| Anthers <br> Produce male sex cells (pollen <br> grains) | Ovary <br> Produces the female sex cells <br> (ovules) |
| Pollen grain <br> Contains male sex cell | Structure |
| Pepal | Protect the unopened flower |
| Petal | May be brightly coloured to <br> attract insects |
| Nectary | Produce a sugary solution <br> called nectar, which attracts <br> insects |

## 42. Plant Fertilisation and Pollination



## Pollination

Pollen can be carried by the wind, or by pollinating insects such as bees or other animals.


## 43. Maths in Science

| Anomalous <br> result | A number that does not fit the <br> pattern. |
| :--- | :--- |
| Mean | Adding up a list of numbers and <br> dividing by how many numbers <br> are in the list. Exclude <br> any anomalous results. |
| Median | The middle value when a list of <br> numbers is put in order from <br> smallest to largest. |
| Mode | The most common value in a <br> list of numbers. <br> If two values are tied then there <br> are two modes. <br> If more than two values are tied <br> then there is no mode. |


| Person | Heart rate <br> after 10 star <br> jumps (bpm) | Heart rate after <br> running 200 <br> metres (bpm) | Heart rate <br> after 10 <br> squats <br> (bpm) |
| :--- | :--- | :--- | :--- |
| $\mathbf{1}$ | 98 | 104 | 87 |
| $\mathbf{2}$ | 102 | 107 | 91 |
| $\mathbf{3}$ | 96 | 105 | 94 |

## Calculating a mean:

Adding up a list of numbers and dividing by how many numbers are in the list.

Example from above: Calculate the mean heart rate in bpm for person 1 over the 3 exercises.
$98+104+87=289$.
$289 \div 3$ ( as we have 3 results) $=96.33 \mathrm{bpm}$.
Rounded to 96.3 (1d.p.)

## 44. Maths in Science

## Calculating percentage:

(Part $\div$ whole) $\times 100$
e.g. Out of 90 insects, 40 of them were ladybirds.

What is the \% of ladybirds?
$(40 \div 90) \times 100=44 \%$
$x-$ axis $=$ left hand column in results table $=$ independent variable
$y$ - axis $=$ right hand column in results table $=$ dependent variable

## Linear relationship:

In science we use graphs to show relationships between two factors.

When a graph shows a straight line which goes through the origin $(0,0)$.
We say the two variables are directly proportional.

Categoric data: data put into
groups e.g. colour of eyes Draw a bar chart

Continuous data: data that can take any value e.g. current Draw a line graph.
Line can be straight OR curved


Pressure



# YEAR 7 <br> ART \& DESIGN KNOWLEDGE ORGANISER 

## FORMAL ELEMENTS (1) 莩 <br> Page 3 Tone, Shape \& Form <br> Page 4 Colour

## THE FORMAL ELEMENTS

## TONE



Tone describes the lightness or darkness of a surface.

A gradient is a series of tonal values from light to dark.


Tone can help to provide a form with value to give a sense of volume to a flat surface.

| ADJECTIVES TO DESCRIBE TONE |  |
| :--- | :--- |
| Dark | Highlights |
| Light | Shadows |
| Mid tone | Shading |
| Grey | Blending |
| Blend | Graduated |

## SHAPE

Shape is an area enclosed by a line. It can be 2-dimensional and can be geometric or organic.


Geometric


Organic

ADJECTIVES TO DESCRIBE SHAPE

| Circular | Irregular |
| :--- | :--- |
| Square | Stylized |
| Rectangular | Organic |
| Triangular | Geometric |
| Misshaped | Contour |

## FORM

Forms are 3-dimensional shapes. They occupy space(like sculptures) or give the illusion that they occupy space (drawing)


WORDS TO DESCRIBE FORM

| Angular | Curvaceous |
| :--- | :--- |
| Twisted | Solid |
| Bulbous | Malformed |
| Tapered | Rounded |
| Contours | Negative space |

## THE FORMAL ELEMENTS

## PATTERN

Pattern is a design that is created by repeating a formal element. It can be natural, like the stripes of a zebra, or man made, like a design on fabric. The image repeated is called a motif. These can be simple shapes or more complicated arrangements.


| ADJECTIVES TO DESCRIBE PATTERN |  |
| :--- | :---: |
| Regular | Motif |
| Irregular | Repetition |
| Symmetrical | Radial |
| Tessellating | Tiered |
| Organic | Even |

## LINE

Line is a mark left by a moving point e.g. a pencil, or paint on a paintbrush. It can take many forms e.g. horizontal, diagonal, or


Marks can be repeated and used to create patterns in order to give tone and texture to your drawing.

| ADJECTIVES TO DESCRIBE LINE |  |  |
| :--- | :--- | :--- |
| Broken | Graphical | Hesitant |
| Flowing | Angular | Scribbled |
| Moving | Geometric | Wavy |
| Woolly | Confident | Organic |
| Tight | Faint | Heavy |

## TEXTURE

Texture is the surface quality of an object. Texture can be real or implied. Real texture can be felt e.g. tree bark, whereas implied texture creates the look of texture on a flat surface e.g. a drawing or a painting.


| WORDS TO DESCRIBE TEXTURE |  |  |
| :--- | :--- | :--- |
| Texture | Impasto | Hatching |
| Smooth | Fine | Rough |
| Tactile | Uneven | Shiny |
| Jagged | Frosted | Soft |
| Coarse | Silky | Stippled |

## THE FORMAL ELEMENTS

## COLOUR

To see colour, you have to have light. When light shines on an object some colours bounce off the object and others are absorbed by it. Our eyes only see the colours that are bounced off or reflected.

## Primary Colours

All colours can be obtained by mixing primary colours together. Primary colours cannot be created by mixing other colours.

## Secondary Colours

A colour mixed from two primary colours

Tertiary Colours
A colour mixed from a primary colour and a secondary colour

Harmonious Colours are 3 colours next to each other on the colour wheel

Complimentary Colours are colours opposite each other on the colour wheel

The colour wheel can be split up into warm and cool colours, and each individual colour has it's own warm and cool variant


ADJECTIVES TO DESCRIBE COLOUR

| Opaque | Luminous | Pale |
| :--- | :--- | :--- |
| Translucent | Bright | Pastel |
| Transparent | Saturated | Soft |
| Contrasting | Vibrant | Muted |
| Harmonious | Vivid | Deep |
| Complementary | Brilliance | Dull |
| Cool | Harsh | Hue |
| Warm | Neutral | Tint |
|  |  |  |

## CONTENTS

Page 7 Unity/Variety, Balance \& Contrast
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Scale/Proportion, Repetition \& Emphasis

## UNITY \& VARIETY

Unity is how well the elements of a design work together. Each element should have a clear visual relationship with each other
element to help communicate a clear, concise message.


Unity = Same colour Variety $=$ Different sizes $\quad$ Variety $=$ Different colours

## BALANCE

Balance can be symmetrical (with items of equal weight on either side of the centre line) or asymmetrical (with items of different weights laid out in relation to a line that may or may not be centred)


Balance $=$ Symmetrical $\quad$ Balance $=$ Asymmetrical

## CONTRAST

Contrast is the difference between various elements within a design, that makes them stad out from each other.



## THE DESIGN PRINCIPLES

## SCALE/PROPORTION

Proportion is the size of the elements in
relation to one another. Larger elements tend to be seen as more important while smaller ones are seen as less so.

## REPETITION

Repetition reinforces an idea or perception. It can be achieved by repeating the same colours, shapes, images, objects, mark making techniques, and so forth.

## EMPHASIS

Emphasis causes a certain part of a design to stand out compared to other elements.

Conversely, it can also be used to minimise how much an element stands out.



Repetition changes perspective


Creating a focal point


## WRITING ABOUT ART <br> 

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## ART \& DESIGN - WRITING ABOUT ART - KNOWLEDGE

## KNOWLEDGE

What is the artist's name?
Where/when were they born? (this is important to put the work in context)
What do you know about the artist's background? (Life events/education/career)
When was the work created?
What is their style of work?
What does the artwork show?
Is the artwork part of a series?
Is there a theme? What is the theme about? (this could be researched or your own opinion)


## EXAMPLE

Dutch Impressionist painter, Vincent Van Gogh was born on March 30th, 1893, in Zundert, a predominantly Catholic province of North Brabant in the Netherlands. Van Gogh created about 2,100 artworks, most of which date from the last two years of his life. They include landscapes, stillifes, portraits and self-portraits, and are characterised by bold colours and dramatic, impulsive and expressive brushwork that contributed to the foundations of modern art. He was not commercially successful, and his suicide at 37 came after years of mental illness, depression and poverty.
The painting 'Starry Night' is one of the most recognized pieces of art in the world. Vincent van Gogh painted Starry Night in 1889 during his stay at the asylum of Saint-Paul-de-Mausole near Saint-Rémy-de-Provence. When in a state of depression Van Gogh incorporated darker colours and Starry Night is a wonderful example of this. Blue dominates the painting, blending hills into the sky. The small village lays at the base in the painting in browns, greys, and blues. Even though each building is clearly outlined in black, the yellow and white of the stars and the moon stand out against the sky, drawing the eyes to the sky.

## ART \& DESIGN - WRITING ABOUT ART - UNDERSTANDING

## UNDERSTANDING

What is the main focus/where is your eye drawn to?
What formal elements have they used and how? Line, Colour, Shape, Form, Texture, Pattern, Tone..
How would you describe the composition?
If they have used people in their artwork, can you read any body or facial language?
How has the artist achieved the meaning, concept or message in the image?
What techniques has the artist used to create the meaning/concept or message?
What are your opinions of the work and why?
How does the piece of work make you feel?


## EXAMPLE

The stars in the sky are the big attention grabber of the painting; the brightness of them, the swirling brushstrokes and the contrast between them and the blue-sky help make them stand out. It could be that Van Gogh simply wanted to breathe in the higher power into his art, as he grew up in areligious household, they could also represent hope. The village is painted with dark colours, but the brightly lit windows create a sense of comfort. The village is peaceful in comparison to the dramatic night sky and the silence of the night can almost be felt in Starry Night. Vince Van Gogh's unique, thick brush strokes are very much obvious and it's possible that his severe attacks further dramatized his brush work, this technique that adds even more depth as well as a rich texture to this work of art. The steeple dominates the village and symbolizes unity in the town. In terms of composition, the church steeple gives an impression of size and isolation. You cannot ignore the huge, curvy Cyprus tree positioned to the left in the foreground of the painting, Cyprus tress are typically associated with mourning. Personally, I believe that Van Gogh was showing that even with a dark night such as this it is still possible to see light in the windows of the houses. Furthermore, with shining stars filling the sky, there is always light to guide you. This is one of my favourite paintings by Van Gogh, I find the blues calming and the sky transfixes me.

## ART \& DESIGN - WRITING ABOUT ART - BEYOND \& THE BIG QUESTION

## BEYOND

What viewpoint has the artist used?
Are there any back stories as to how the work was made?
Does the artwork have depth or is it shallow?
What materials do you think they have used?
Can you think of any other materials they could have used?
What skills will you develop looking at this artist?
Could you approach the work using different techniques?
How could you experiment with the artists ideas further?

## THE BIG QUESTION

How will you be influenced by this artists work when planning your own artwork?


## EXAMPLE

Van Gogh painted The Starry Night during his stay at the Saint-Paul-de-Mausole asylum near Saint-Rémy-de-Provence in France, several months after suffering a breakdown. This painting is based on the view from his window, it appears that his room could have been high up or that the asylum was on a hill. Van Gogh was not allowed to paint in his room, so he created sketches of the view and used these alongside his memory. There is a great deal of depth to this painting, Van Gogh has achieved this by including the foreground, middle ground and the background. There is also depth and texture within the paint that Van Gogh has used, to achieve this he loaded his brush with oil paints to build up a thick, impasto texture. This impasto texture is a key feature in many of van Gogh's works. By creating work in response to Van Gogh I will develop my understanding of mark making, and colour, I will also develop my painting and drawing skills, and I think it will also provide me with the opportunity to be more expressive within my work. When planning my own work I will consider exaggerating certain elements like colour and perspective, if I paint light within my work I could use a strong colour contrast, like yellow and orange against blue. I could also use directional brushwork to create a sense of movement and turbulence in my painting and finally, I will consider repeating similar techniques and processes within my work, so that I can achieve a strong style.

## ART \& DESIGN - WRITING ABOUT ART - SENTENCE STARTERS

## KNOWLEDGE

The artist... was born in...
Their parents were...
They studied at...
Events that may have influenced...
They are/were influenced by...
The painting is called..
It was completed in the year...
The work portrays...
This style of... is called..
Looking at this piece of work..
This painting is/isn't part of a series called...
When first looking at the painting I thought..
In the painting I can see the following: ...
The subject of the painting is...
To me the artwork looks like...

## UNDERSTANDING

My eye is initially drawn to..... Because...
In the piece the artist has created a... texture... by...
The colours used can be described as...
I can see the following shapes and forms..
There is limited use of... this suggests...
The artist uses space to create a feeling of...
The composition of the image suggests...
The composition style conveys...
The objects/people/scene looks... because the artist has...
The artist's use of... suggests...
I think he/she has done this to convey...
In my opinion...
It is in my view that...
This piece of artwork makes me feel..

These sentence starters can be used to help you form your artist research and analysis. You might not always be able to find the answer to all of the questions through research, some of the question require your thoughts and opinions. Always write in full sentences and evidence your thoughts and opinions.

## BEYOND

I think the artist worked from... because.. The artist prepared for this work by...
I think the artist is trying to communicate..
There are/aren't any clear messages...
The reason I think this is because...
They have used...
It appears that...
They may have also used...
If they had used... It might have...
I could potentially use...
By looking at... I will develop my skills in...
It could also influence...
When creating my own work I will...

## BIGGER PICTURE

This piece of art will influence how I...
Moving forward I think I will...
As a result of studying... I will...
This piece of art has made me consider..

## ART \& DESIGN - VOCABULARY

| WORDS TO DESCRIBE ART |  |
| :--- | :--- |
| Realistic | Unrealistic |
| Abstract | Colourful |
| Abstraction | Linear |
| Expressive | Rounded |
| Impressionistic | Motion |
| Surreal | Messy |
| Still life | Organised |
| Portraiture | Geometric |
| Figurative | Structured |
| Non-Western | Fluid |
| Sculpture | Neat |
| Textile | Loud |
| Batik | Accurate |
| Appliqué | Disorganised |
| Glass | Graphic |
| Painting | Traditional |
| Mixed media | Modern |
| Ceramics | Contemporary |
|  |  |


| COMPOSITION |
| :--- |
| Balanced |
| Unbalanced |
| Skewed |
| Perspective |
| Plane |
| Proportion |
| Symmetry |
| Space |
| Scale |
| Foreground |
| Middle ground |
| Background |
| Decorative |
| Eye-line |
| Focus |
| Blurred |
| Form |
| Birds eye view |


| DRAWING |
| :--- |
| Line |
| Tone |
| Shading |
| Contour |
| Two-Dimensional |
| Three-Dimensional |
| Observational |
| Composition |
| Proportion |
| Perspective |
| Scale |
| Accuracy |
| Realistic |
| Outline |
| Mark-making |
| Sketch |
| Composition |
| Tracing |
| Impression |


| PAINTING | LIGHT |
| :--- | :--- |
| Wash | Natural |
| Watercolour | Artificial |
| Acrylic | Dark |
| Oil | Bright |
| Brush strokes | Shadow |
| Impasto | Low light |
| Drybrush | Dim |
| PRINTING | FEELING |
| Monoprint | Atmospheric |
| Etching | Expressive |
| Intaglio | Humorous |
| Lithograph | Disturbing |
| Woodcut | Refreshing |
| Block Printing | Nostalgic |
| Lino Print | Emotive |
| Linocut | Depressing |
| Relief Print | Delicate |
| Ink | Sinister |
| Brayer | Joyous |

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## YEAR 7 - FOOD

## BRIEF OVERVIEW OF TOPIC

In this project you will explore the theme food.

You will begin by learning observational drawing techniques and how to use each of the formal elements to create your own artwork. You will focus on developing skills in representing line, tone, shape, form, colour, texture and pattern.

You will also develop skills using pencil, colouring pencil, oil pastels, paint, cardboard construction and textiles

You will explore and analyse the work of a range of artists who use food as inspiration for their art work, you will also look at packaging, then you will compose and create your own 3D response showing an influence of their styles and techniques.

You will also explore the environmental impact of various foods, food marketing and also healthy eating.

ARTISTS WHO EXPLORE THE THEME FOOD


## YEAR 7 - FOOD

| KEYWORDS | DEFINITIONS |
| :--- | :--- |
| Carbon | A carbon footprint is the total amount of greenhouse <br> gases (including carbon dioxide and methane) that are <br> generated by our actions |
| Cootprint | Carbon dioxide is a chemical compound composed of <br> one carbon and two oxygen atoms. It is often referred <br> to by its formula CO2. |
| Global | The gradual heating of Earth's surface, oceans and <br> atmosphere, is caused by human activity, primarily the <br> burning of fossil fuels that pump carbon dioxide, <br> methane and other greenhouse gases into the |
| warming | atmosphere. |
| Consumption | The act of using, eating, or drinking something |
| Emissions | an amount of a substance that is produced and sent out <br> into the air that is harmful to the environment, especially <br> carbon dioxide |
| Carbon Offset | an action or activity (such as the planting of trees or <br> carbon sequestration) that compensates for the <br> emission of carbon dioxide or other greenhouse gases <br> to the atmosphere |


| KEYWORDS | DEFINITIONS |
| :---: | :---: |
| Climate Change | Climate change is a long-term change in the average weather patterns that have come to define Earth's local, regional and global climates. |
| Marketing | the action or business of promoting and selling products or services, including market research and advertising. |
| Enticing | attractive or tempting; alluring. |
| Tactile | If something is tactile, it has a surface that is pleasant or attractive to touch: |
| Contemporary | Contemporary art is the art of today, produced in the second half of the 20th century or in the 21 st century. Contemporary artists work in a globally influenced, culturally diverse, and technologically advancing world. |
| Installation | Installation art is an artistic genre of three-dimensional works that are often site-specific and designed to transform the perception of a space. |
| Soft Sculpture | Soft sculpture is a type of sculpture made using cloth, foam rubber, plastic, paper, fibres and similar material that are supple and nonrigid |

## YEAR 7 - FOOD - ANGELA LYONS

## ANGELA LYONS

Angela grew up in the North East of England, and now lives on the Sussex coast. She works exclusively with oil paints on canvas and her style is representative with a contemporary approach.

As painting is her absolute passion, there is rarely a day goes by when she isn't in her studio. She likes to capture aspects of everyday life, from deckchairs on the beach, to a tempting, tasty treat.

Her sweets and cakes in particular evoke childhood memories, and make people smile. There is a realistic quality to them, but with much more heart and a sense of warmth which connects with all ages.

Sometimes it's the simple things in life that make for the most pleasure, and Angela believes that beauty can be found in everything.

Her work can be found in galleries across the South-East, and has attracted a number of collectors. She has recently been described as "one of the hottest properties in the art market today" and as a "formidable force in the contemporary art scene". Her work itself has been described as "beautifully colourful works depicting vibrant sweets through to local beauty"

## YEAR 7 - FOOD - WAYNE THIEBAUD

## WAYNE THIEBAUD

Wayne Thiebaud (pronounced tee-bow) was born Mesa, Arizona in 1920, and his family soon moved to Los Angeles in 1921. In high school he became interested in stage design and lighting, and worked part-time at a movie theatre where he made posters for lobby displays, 1935-1938. During this time he also worked as a summer apprentice program in the animation department of Walt Disney Studios, 1936. From 1942 to 1945, Thiebaud served in the Air Force, assigned to the Special Services Department as an artist and cartoonist, and eventually transferred to the First Air Force Motion Picture Unit, commanded by Ronald Reagan

Thiebaud's characteristic work displays consumer objects such as pies and cakes as they are seen in shop windows. He uses heavy pigment and exaggerated colours to depict his subjects, and the well-defined shadows characteristic of advertisements are almost always included. Objects are simplified into basic units but appear varied using seemingly minimal means. From 1949 to 1950, Thiebaud studied at the San Jose State University and from 1950 to 1953 at the California State University in Sacramento. Thiebaud's work executed during the fifties and sixties, slightly predate the works of the classic pop artists, suggesting that Thiebaud may have had an influence on the movement. Thiebaud lectured at the Art Department of the Sacramento City College until 1959, when he became a professor at the University of California in Davis. Today, Wayne Thiebaud lives and works in California


| KEYWORDS | Pastel | Illusionistic |  |
| :--- | :--- | :--- | :--- |
| Uniformed | Pigment | Mass Produced |  |
| Composition | Exaggerated | Common Objects |  |
| Stilll-life | Simplified | Depth |  |
| Minimal | Shadows | Idealised |  |
| Paint | Defined | Variation | 19 |

## YEAR 7 - FOOD - LUCY SPARROW

## LUCY SPARROW

Lucy Sparrow in Contemporary artist who was born in Bath, England in 1986. Her incredible felt sculptures draw a line between the world of Contemporary Art and Craft. She works under the name 'Sew Your Soul' and has so far created 7 major Installations in London, New York and LA.

She took the art world by storm in Summer 2014 with the opening of her fully stocked felt corner shop installation soft sculpture recreation of a British newsagents in a derelict shop in London's East End. The Installation was funded by a Kickstarter campaign. According to news sources, it took Sparrow and her assistant seven months and 300 sq. metres of felt to create the 4,000 items on display. With queues around the block and wall to wall media coverage, the installation was both a commercial and critical success. In 2016, the BBC commissioned Lucy to recreates the Crown Jewels in felt, to celebrate HRH The Queen's official 90th birthday

In April 2021 Sparrow opened an entirely felt stocked pharmacy in London's Mayfair area called 'Bourdon Street Chemist' where viewers will find 15,000 individual Pharmacy products that can be purchased over the counter from the artist herself making this a piece of performance art as well as an installation.




## KEYWORDS

Installation
Soft Sculpture
Performance Art
Felt
Textiles
Craft
Flat Lay
Commercial
Sew
Uniformed
Composition

## Still-life

Replicate
Mass Produced
Common Objects
Likeness
Playful

## MARINE LIFE <br> 

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## YEAR 7 - MARINE LIFE

## BRIEF OVERVIEW OF TOPIC

In this project you will begin by exploring the theme marine life. You will look at various types of marine life, environmental issues, and look at how artists have responded.

You will conduct research and create a mind map on environmental issues that affect our waters, before beginning to study a variety of marine life images. We will explore a current environmental issues and consider ways in which we can respond to it as artists, we will look at how we can convey messages within our work by applying various artists techniques.

You will work in a range of media to present your own ideas and responses that conveys a meaningful message. You will learn a variety of drawing techniques, as well as print making, clay and painting techniques.

## ARTISTS WHO RESPOND TO MARINE LIFE



Yellena James


Tamara Phillips

## NEBSITES TO VISIT

www.bbc.co.uk/programmes/b 008044 n (Blue Planet)
https://www.msc.org/uk/
(Marine Stewardship Council)
www.wwf.org.uk/updates/6-
ways-help-save-our-seas

## YEAR 7 - MARINE LIFE

| KEYWORDS | DEFINITIONS |
| :--- | :--- |
| Fish | A limbless cold-blooded vertebrate animal with gills and <br> fins living wholly in water |
| Scales | Scales protect fish from injury, much like skin on the <br> human body. |
| Gills | A fish "breathes" by closing the gills and opening its <br> mouth to take in water |
| Nostrils | They lead into organs of smell which are as a rule, very <br> sensitive, so that a fish can detect the presence of food <br> in the water at considerable distances. |
| Eyes | The eyes of a fish have large round pupils which do not <br> vary in size. |
| Mouth | The mouth serves for taking in food; also for the <br> breathing current of water. |
| Lateral Line | Used to feel low vibrations in the water |
| Fin | Fins located in different places on the fish serve <br> different purposes such as moving forward, turning, <br> keeping an upright position or stopping. |


| KEYWORDS | DEFINITIONS |
| :--- | :--- |
| Coral | A hard stony substance secreted by certain marine <br> coelenterates as an external skeleton, typically forming <br> large reefs in warm seas. |
| Coral | When corals are stressed by changes in conditions <br> such as temperature, light, or nutrients, they expel the <br> symbiotic algae living in their tissues, causing them to <br> Bleaching completely white. |
| Microbeads | Microbeads are manufactured solid plastic particles of <br> less than one millimetre in their largest dimension. |
| Pollution | Pollution is the introduction of harmful materials into <br> the environment. These harmful materials are called <br> pollutants. Pollutants damage the quality of air, water, <br> and land. |
| Oil Spill | An escape of oil into the sea or other body of water. |

## YEAR 7 - MARINE LIFE - YELLENA JAMES

## YELLENA JAMES

Yellena James grew up and attended art school in Sarajevo, Bosnia and Herzegovina. At the age of 18 she moved to the U.S. After gaining her BA in painting and graphic design at University of Central Florida, she eventually made her way to Portland, Orlando. Preferring pens, inks, markers and acrylics, she combines complex abstract forms into dazzling images which take on lives of their own. Her colourful arrangements of organic shapes and tangled lines are at once floral and alien, organic and sci-fi.

James has participated in shows around the U.S. and overseas, including: solo exhibitions at Giant Robot (San Francisco and Los Angeles), the Here Gallery (Bristol UK), the Hijinks Gallery (San Francisco) and more. She also has done illustration work for Anthropologie, Crabtree and Evelyn, Crate and Barrel, Relativity Media and many others.
"My latest works further explore the intricate and delicate forms of an imaginary ecosystem, twisting and floating together in an alluring environment. I attempt to create an ethereal place which is hypnotically familiar and yet hauntingly exotic, adding tiny little details in a sort of compulsive meditation, until a perfect balance is created. The intricacy and high detail, along with hints of existing organic shapes lend to the intimacy and believability of each new world. "


## KEYWORDS

## Pens

Markers
Ink
Acrylic
Organic

| Abstract | Detail |
| :--- | :--- |
| Complex | Hypnotic |
| Floral | Exotic |
| Coral | Balance |
| Shapes | Intricate |
| Tangled Lines | Ethereal |

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## YEAR 7 - MARINE LIFE - STEPHANIE KILGAST

## STEPHANIE KILGAST

Inspired by natural forms, French artist Stéphanie Kilgast's creations are an ode to nature and its current biodiversity. Plants, mushrooms, insects and other animals encounter in a vibrant swirl of colours under her brush or sculpting tools.

Since 2017, in her series "Discarded Objects", she grows colourful organic sculptures on human-made objects, celebrating the beauty of nature in a dialogue with humanity, questioning the lost balance between human activities and nature.
Her work has a cheerful post apocalyptic feel to it, a reassuring reminder that nature has the capacity to grow back, if we only let it.

Kilgast uses rubbish, old objects and books onto which she creates a vibrant, abounding representation of plants, animals and fungi. This wild encounter of natural forms and bright colours onto human-made objects come to life in her sculptural and pictorial work. With her choice of bold and vibrant colours, She offers a cheerful postapocalyptic world. While she talks about a heavy subject, the disastrous impact of human activities, she also wishes that people leave her work with a feeling of happiness and hope, and keep fighting. Through her work, she would like to provoke wonder of the living while questioning the status quo of our current societies.

Her work has been exhibited in North America, Asia, Australia and Europe.


| Vibrant | Sculpt |
| :--- | :--- |
| Representation | Plants |
| Natural | Fungi |
| Form | Impact |
| Coral | Happiness |
| Biodiversity | Hope |

Hope

## KEYWORDS

Sculpture
Three-Dimensional
Upcycled
Rubbish
Repurposed
Sculpture


Sculpt

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## YEAR 7 - MARINE LIFE - AURORA ROBSON

## AURORA ROBSON

Aurora Robson was born in Toronto, Canada in 1972, but grew up in Hawaii. She received a BA in Visual Art \& Art History from Columbia University, New York in 2000. She is a certified structural welder and for many years ran her own welding studio in New York.

Robson's primary focus is creating works made with plastic collected by intercepting the waste stream, repurposing plastic into art before it is sent to recycling. While her initial work was with common household plastics like water bottles and caps, she is currently focused on large scale sculptures made with industrial plastic. She also paints and creates 3-dimensional collages made with junk mail and excess packaging.

In 2008, Robson founded Project Vortex, a not-for-profit organization consisting of artists, designers and architects from around the world that also work with plastic. The organization strives to bring awareness to plastic pollution and encourage cleanups of waterways. In 2013, she gave a Ted talk at TedxPeachtree entitled "Trash+Love" introducing "Sculpture+Intercepting the Waste Stream," an open source course she designed to foster creative stewardship at academic institutions. The course was first taught by Robson at Mary Baldwin University in 2012. Her goal for the course is to inspire others to look at junk differently and rather than discard it, to create art.


## KEYWORDS

Sculpture
Three-Dimensional
Upcycled
Rubbish
Repurposed

Installation
Vibrant
Intricate
Debris
Form
Abstract


Nightmares
3-Dimensional Collages
Sculpt
Innovative
Impact
Suspended


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ART HISTORY - WESTERN ART TIMELINE


## ART HISTORY - IMPRESSIONISM

Impressionism developed in France in the nineteenth century and is based on the practice of painting out of doors and spontaneously 'on the spot' rather than in a studio from sketches. Main impressionist subjects were landscapes and scenes of everyday life.

FAMOUS IMPRESSIONIST ARTISTS


Claude Monet Impression, Sunrise 1872


Camille Pissarro
Late afternoon in our Meadow 1887


Auguste Remoir Bal du moulin de la Galette1876


Mary Cassatt Breakfast in bed 1897


Edgar Degas La Clase de Danza 1873


Edouard Manet A Bar at the Folies-Bergere 1882

## IMPRESSIONISM INDETAIL

Impressionism was developed by Claude Monet and other Paris-based artists from the early 1860s. Instead of painting in a studio, the impressionists found that they could capture the momentary and transient effects of sunlight by working quickly, in front of their subjects, in the open air (en plein air) rather than in a studio. This resulted in a greater awareness of light and colour and the shifting pattern of the natural scene. Brushwork became rapid and broken into separate dabs in order to render the fleeting quality of light.

The first group exhibition was in Paris in 1874 and included work by Monet, Auguste Renoir, Edgar Degas and Paul Cezanne. The work shown was greeted with derision with Monet's Impression, Sunrise particularly singled out for ridicule and giving its name (used by critics as an insult) to the movement. Seven further exhibitions were then held at intervals until 1886.

Other core artists of impressionism were Camille Pissarro and Berthe Morisot with Edgar Degas and Edouard Manet also often associated with the movement.

Although originating in France, impressionism had great influence overseas.
Core British impressionists included Walter Richard Sickert and Wilson Steer..
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## ART HISTORY - IMPRESSIONISM

## WHAT INSPIRED THE IMPRESSIONIST STYLE?

The rise of Impressionism can be seen in part as a response by artists to the newly established medium of photography. In the same way that Japonisme focused on everyday life, photography also influenced the Impressionists' interest in capturing a 'snapshot' of ordinary people doing everyday things.

The taking of fixed or still images provided a new medium with which to capture reality, and changed the way people in general, and artists in particular, saw the world, and created new artistic opportunities.

Learning from the science of photography, artists developed a range of new painting techniques. And, rather than compete with the ability of the photograph to record ' a moment of truth' the Impressionists, such as Monet, felt free to represent what they saw in an entirely different way - focusing more on light, colour and movement in a way that was not possible with photography. Over time, these subjective observations became much more widely accepted as works of art, although initially they were thought to be 'sketchy' or 'unfinished'.

Adding to this, there was the invention of the box easel and the introduction of paints in tubes, making artists more free and mobile.

| KEYWORDS | DEFINITIONS |
| :---: | :---: |
| Impression | A pictorial representation of someone or something |
| Accurate | Providing a faithful representation of someone or something. |
| Composition | The arrangement of elements within a work of art |
| Depiction | To show or represent someone or something in a work of art such as a drawing or painting. |
| Accentuate | To make something or someone more noticeable or prominent. |
| Plein Air <br> Painting | The act of painting outdoors, as opposed to in an artists studio. |
| Viewpoint | The position from where you view your scene |
| Japonisme | A French term that refers to the popularity and influence of Japanese art and design among a number of Western European artists in the nineteenth century following the forced reopening of trade of Japan in 1858 |
| Pointillism | the practice of applying small strokes or dots of colour to a surface so that from a distance they visually blend together. |

## ART HISTORY - IMPRESSIONISM - CLAUDE MONET

## CLAUDE MONET 14 November 1840 - 5 December 1926

Claude Monet was born on 14 November 1840 in Paris, France, to a green grocer and a singer, and moved to Normandy when he was 5 . Studying at an art school in the area, Monet knew from a young age that he wanted to be an artist. He was known locally, selling charcoal portraits along the beachfront and experimenting with new styles of painting.

After school, he moved to Paris, before joining the army to fight in Algeria for seven years. After serving for only two years, he contracted typhoid and left to attend art school in Paris instead. Here he became close friends with a group of painters who would develop a new, controversial approach to art in Paris.

Perhaps Monet's most famous work is his 'Bridge Over a Pond of Waterlillies'. It was part of a collection titled Waterlillies, containing over 250 works that he painted in his flower garden at Giverny. They are currently on display at some of the most prestigious art museums in the world, including The Met in New York.

Other works of note include 'Impression, Sunrise' which is the piece that gave the movement it's name. Monet's works were ridiculed by critics when he first exhibited them, yet now sell for upwards of $£ 40$ million, inspiring some of the most influential artists of the 20th century.


## ART HISTORY - IMPRESSIONISM - PIERRE-AUGUSTE RENOIR

## PIERRE-AUGUSTE RENOIR 25 February 1841 - 3 December 1919

Renoir was one of the leading painters of the Impressionist group. He evolved a technique of broken brushstrokes and used bold combinations of pure complementary colours, to capture the light and movement of his landscapes and figure subjects.
Following a visit to Italy in 1881 his style changed, becoming more linear and classical.

Renoir was born in Limoges in south-west France, where he began work as a painter on porcelain. He moved to Paris, joining the studio of the fashionable painter Charles Gleyre in around 1861-2. Courbet influenced the young Renoir. In Paris he encountered other painters, notably Monet and Sisley, who were later to become Impressionists. In 1869 he and Monet worked together sketching on the Seine, and Renoir began to use lighter colours. Around the 1880s Renoir travelled abroad, visiting Italy, Holland, Spain, England, Germany and North Africa. He deeply admired works by Raphael, Velázquez, and Rubens, and the latter's influence may be seen in his works. Renoir's work seems always to be about pleasurable occasions, and reveals no great seriousness in his subjects.

Before his death in 1919, Renoir travelled to the Louvre to see his paintings hanging in the museum alongside the masterpieces of the great masters. He was a prolific artist, created several thousands artworks in his lifetime, and include some of the most wellknown paintings in the art world.


## ART HISTORY - IMPRESSIONISM - MARY CASSATT

## MARY CASSATT 22 May 1844-14 June 1926

Mary Cassatt was born in Allegheny City, was an American painter and printmaker who was part of the group of Impressionists working in and around Paris. She took as her subjects almost exclusively the intimate lives of contemporary women, especially in their roles as the carers of children. Cassatt was the daughter of a banker and lived in Europe for five years as a young girl. She was tutored privately in art and attended the Pennsylvania Academy of the Fine Arts in 1861-65, but she preferred a less academic approach and in 1866 travelled to Europe to study with European painters. Her first major showing was at the Paris Salon of 1872; four more annual Salon exhibitions followed. In 1874 Cassatt chose Paris as her permanent residence and established her studio there. She shared with the Impressionists an interest in experiment and in using bright colours. Edgar Degas became her friend; his style and that of Gustave Courbet inspired her own. Degas was known to admire her drawing especially, and at his request she exhibited with the Impressionists in 1879 and joined them in shows in 1880, 1881, and 1886. Like Degas, Cassatt showed great mastery of drawing, and both artists preferred unposed asymmetrical compositions. Cassatt also was innovative and inventive in exploiting the medium of pastels. After the great exhibition of Japanese prints held in Paris in 1890, she brought out her series of 10 coloured prints. Her emphasis shifted from form to line and pattern. In 1894 she purchased a château in Le Mesnil-Théribus and thereafter split her time between her country home and Paris. Soon after 1900 her eyesight began to fail, and by 1914 she had ceased working.


## ART HISTORY - POST-IMPRESSIONISM

Post-impressionism is a term which describes the changes in impressionism from about 1886, the date of last Impressionist group show in Paris

## POST-IMPRESSIONISM INDETAIL

The term is usually confined to the four major figures who developed and extended impressionism in distinctly different directions - Paul Cezanne, Paul Gauguin, Georges Seurat and Vincent van Gogh. Cézanne retained the fundamental principles of painting from nature but with added rigour. Seurat put impressionist painting of light and colour on a scientific basis (neoImpressionism, divisionism). Gauguin retained intense light and colour but rejected painting from nature and reintroduced imaginative subject matter. Van Gogh painted from nature but developed highly personal use of colour and brushwork directly expressing emotional response to subject and his inner world.

The Post-Impressionists rejected Impressionism's concern with the spontaneous and naturalistic rendering of light and colour. Instead they favoured an emphasis on more symbolic content, formal order and structure. Similar to the Impressionists, however, they stressed the artificiality of the picture. The Post-Impressionists also believed that colour could be independent from form and composition as an emotional and aesthetic bearer of meaning.


## ART HISTORY - POST-IMPRESSIONISM - VINCENT VAN GOGH

## VINCENT VAN GOGH 30 March 1853-29 July 1890

Vincent van Gogh was a Dutch post-impressionist painter. His work had a great influence on modern art because of its striking colours and emotional power. He suffered from anxiety and fits of mental illness. When he was 37 , he died from shooting himself in the chest.

He was born Vincent Willem van Gogh on March 30, 1853 in Groot-Zundert, Netherlands. His father, Theodorus van Gogh, was a pastor. His mother, Anna Cornelia Carbentus, was an artist. Van Gogh was brought up in a religious and cultured family. He was very emotional and he did not have a great deal of self-confidence. He was also a replacement child. He was born a year after the death of his brother, also named Vincent. He even had the same birthday. Living at the church rectory Vincent walked past the grave of his dead brother every day. There has been speculation that van Gogh suffered later psychological trauma as a result. But this cannot be proved.

When he was a young man, Van Gogh worked for a company of art dealers. He travelled between The Hague, London and Paris. After that, he taught in England. He then wanted to become a pastor and spread the Gospel, and from 1879 he worked as a missionary in a mining place in Belgium. He began drawing the people there, and in 1885, he painted his first important work, The Potato Eaters. He usually painted in dark colours at this time.


## ART HISTORY - POST-IMPRESSIONISM - VINCENT VAN GOGH (continued)

## VINCENT VAN GOGH 30 March 1853-29 July 1890

In March 1886, he moved to Paris and found out about the French impressionists. Later, he moved to the south of France, and the colours in his art became brighter. His special style of art was developed and later fully grown during the time he stayed in Arles in 1888. In 1886 he went to Paris, van Gogh studied with Cormon, he also met Pissarro, Monet, and Gauguin. This helped the colours of his paintings lighten and be painted in short strokes from the paintbrush. His nervous temper made him a difficult companion and night-long discussions combined with painting all day made him very unhealthy. He decided to go south to Arles where he hoped his friends would join him and help found a school of art. Gauguin did join him, but it did not help. Near the end of 1888, Gauguin left Arles. Van Gogh followed him with an open razor, but was stopped by Gauguin. Instead, he cut his own ear lobe off. After that, van Gogh began to get fits of madness and was sent to the asylum in Saint-Remy for medical treatment.

During his brief career he had only sold one painting. After his death, Van Gogh's finest works were all sold in less than three years. His mother threw away a lot of his paintings during his life and even after his death. But she lived long enough to see him become a world famous painter. He was not well known when he was alive, and most people did not appreciate his art. After he died, though, he became very famous. Today, many people think he is one of the greatest painters in the world and an important influence on modern art.


## ART HISTORY - EXPRESSIONISM

Expressionist art tried to convey emotion and meaning rather than reality. Each artist had their own unique way of "expressing" their emotions in their art. In order to express emotion, the subjects are often distorted or exaggerated.

## FAMOUS EXPRESSIONIST ARTISTS



Edvard Munch The Scream 1893


Wassily Kandinsky Composition IV 1911


Ernst Ludwig Kirchner Fränzi in front of Carved Chair 1910


Henri Matisse Olive Trees at Collioure 1906


Franz Marc The Tower of Blue Horses 1913

## EXPRESSIONISM IN DETAIL

In expressionist art, colour can be highly intense and non-naturalistic, brushwork is typically free and paint application tends to be generous and highly textured.

Expressionist art tends to be emotional and sometimes mystical. It can be seen as an extension of Romanticism.

Although the term expressionist can be applied to artworks from any era, it is generally applied to art of the twentieth century. It may be said to start with Vincent Van Gogh and then form a major stream of modern art embracing, among many others, Edvard Munch, fauvism and Henri Matisse, Georges Rouault, the Brücke and Blaue Reiter groups, Egon Schiele, Oskar Kokoschka, Paul Klee, Max Beckmann, most of Pablo Picasso, Henry Moore, Graham Sutherland, Francis Bacon, Alberto Giacometti, Jean Dubuffet, Georg Baselitz, Anselm Kiefer and the neo-expressionism of the 1980s.

The term is often specifically associated with modern German art (also referred to as German expressionism), particularly the Brücke and Blaue Reiter groups.

After World War II an abstract form of expressionism developed in America, known as abstract expressionism.

## ART HISTORY - EXPRESSIONISM

## WHAT INSPIRED THE EXPRESSIONIST STYLE?

The Expressionists were influenced by their predecessors of the 1890s and were also interested in African wood carvings and the works of such Northern European medieval and Renaissance artists as Albrecht Dürer, Matthias Grünewald, and Albrecht Altdorfer. They were also aware of NeoImpressionism, Fauvism, and other recent movements. The roots of Expressionism can be traced to certain Post-Impressionist artists like Edvard Munch in Norway, as well as Gustav Klimt of the Vienna Secession.

## EXPRESSIONISM KEY FEATURES

An artistic style in which the artist seeks to depict not objective reality but rather the subjective emotions and responses that objects and events arouse within a person. The artist accomplishes this aim through distortion, exaggeration, primitivism, and fantasy and through the vivid, jarring, violent, or dynamic application of formal elements. In a broader sense Expressionism is one of the main currents of art in the late 19th and early 20th centuries, and its qualities of highly subjective, personal, spontaneous self-expression are typical of a wide range of modern artists and art movements.

| KEYWORDS | DEFINITIONS |
| :---: | :---: |
| Dynamic | Constant change, development or progress |
| Harsh | Unpleasantly rough or jarring to the senses. |
| Bold | Having a strong, vivid, or clear appearance. |
| Intense | Existing or occurring in a high or extreme degree. |
| Primitivism | Primitivism is a mode of aesthetic idealization that either emulates or aspires to recreate "primitive" experience. |
| Distortion | Involves stretching, lengthening, shortening, squeezing, melting and twisting an object from its original appearance to a new, strange, surreal appearance. |
| Exaggeration | Exaggeration is the representation of something as more extreme or dramatic than it really is. |
| Subjective | Based on or influenced by personal feelings, tastes, or opinions. Can change from one person to the next. |
| Spontaneous | Instinctive and unplanned happenings |

## ART HISTORY - EXPRESSIONISM - EDVARD MUNCH

## EDVARD MUNCH 12 December 1863-23 January 1944

Edvard Munch was a Norwegian painter and print-maker. He was born in Adalsbruk. He was an expressionist who painted 1789 known paintings. He is well known for his treatment of emotion such as fear. His way of seeing things had a large influence on the expressionism of the 20th century. People saw this treatment as being intense.

During his life, he had success as a painter: He became famous outside Norway, and his paintings sold for high prices. The National Gallery (Norway) spent lots of money to buy paintings by Munch. He painted large murals in the aAula (main room) of Norway's (then) only university.

The Scream, 1893 (originally called Despair) is Munch's best-known painting, and is one of the best known images in the world. It is one of the pieces in a series titled The Frieze of Life. In the series Munch explored the themes of life, love, fear, death and melancholy. As with many of his works, he made several versions of the painting. Many people think that The Scream represents the universal anxiety of modern man.

Due to the fact that all of this work which Edvard Munch had created, was donated to the Norwegian government, the country decided to build the Munch Museum of Art. This was done to commemorate his work, his life, and the generosity which he showed, so that it could be enjoyed by the general public.


## ART HISTORY - EXPRESSIONISM - FRANZ MARC

## FRANZ MARC 8 February 1880 - 4 March 1916

Franz Moritz Wilhelm Marc was a German painter and printmaker, one of the key figures of German Expressionism. He was a founding member of Der Blaue Reiter (The Blue Rider), a journal whose name later became synonymous with the circle of artists collaborating in it. His mature works mostly depict animals and are known for bright colouration. He was drafted to serve in the German Army at the beginning of World War I and died two years later at the Battle of Verdun.

In 1911, Marc founded the Der Blaue Reiter journal, which became the centre of an artist circle, along with Macke, Wassily Kandinsky, and others who had decided to split off from the Neue Künstlervereinigung movement. In 1912, Marc met Robert Delaunay, whose use of colour and the futurist method was a major influence on Marc's work. With the outbreak of World War I in 1914, Marc was drafted into the Imperial German Army as a cavalryman. By February 1916, as shown in a letter to his wife, he had gravitated to military camouflage. His technique for hiding artillery from aerial observation was to paint canvas covers in broadly pointillist style.
In the 1930s, the Nazis named him a degenerate artist as part of their suppression of modern art. However, most of his work survived World War II, securing his legacy. His work is now exhibited in many eminent galleries and museums. When up for auction, his major paintings attract large sums, with a record of $£ 12,340,500$ for Weidende Pferde III (Grazing Horses III).



## ART HISTORY - EXPRESSIONISM - HENRI MATISSE

HENRI MATISSE 31 December 1869 - 3 November 1954
Henri Matisse was a French artist known for his use of colour and his original ideas.
He is mainly known as a painter, but he was also a draughtsman, printmaker and sculptor.

Matisse created vibrantly coloured paintings using variety of energetic brushwork techniques, ranging from thick impasto (thick paint) to flat areas of pure pigment, sometimes accompanied by a winding and flowing lines.

Although he was initially called a Fauve (wild beast), he painted many traditional themes. He painted from life, and his work includes many portraits and other figurative subjects. His mastery of the expressive language of form and colour, in work spanning over a half-century, won him recognition as a leading figure in modern art.

Matisse and Renoir were friends with a common bond; they loved color, beauty, and painting. He also had the influence of Edouard Manet, Paul Gauguin, Paul Cezanne and Vincent Van Gogh.

Around April 1906, he met Pablo Picasso, who was 11 years younger than Matisse. The two became lifelong friends as well as rivals and are often compared.

Matisse was an influential figure of the 20th century, he had a great impact on future movements of the time, and on artists like Jackson Pollock and Georgia O'Keeffe.

Matisse made copies of many paintings in the Louvre to learn painting. He also experimented with other techniques like Cubism and Pointillism. In his old age, he worked with painted paper and scissors, making collages.

Matisse died of a heart attack in Nice, Alpes-Maritimes.



# Year 7 Computer Science 

## Knowledge Organiser

## Contents

- 1.1 - Using Canva to make a poster
- 1.2 - Creating a brand/logo
- 1.3-Creating and delivering the presentation
- 2.1 - Scratch programming - terminology
- 2.2 - Scratch - Control/Event Blocks \& Looks Blocks
- 2.3 - Scratch - Sound Blocks \& Sensing Blocks
- 2.4 - Scratch - Variables Blocks
- 2.5 - Operator Blocks and Subroutine Blocks


## 1.1-Using Canva to make a poster

1 Open Canva and click on "Custom size" or this $\quad$.
$2 \quad$ Choose "poster" for portrait or enter your own measurements for landscape.

3 Set the poster background colour to the main colour using its code.
$4 \quad$ Copy the image you found earlier and paste it on to your page.
The copy and paste options appear when you click the right mouse button.
5 Use the text tool to add your title and message text.
You can set the font, size, and colour using the options at the top of the screen.

## 1.2-Creating a brand/logo

1 In an image editor, open a logo. Use the fill tool to recolour it. Save your recoloured logo with a new name.

2 Using PowerPoint, use the default template and add your logo to it.

3 Set the background colour to compliment your logo colours and to match your poster design.

4 Add your title and key message. Set the font, font size, and font colour.
Fonts and styles should be consistent between your poster and slide.
$5 \quad$ Creating your slide. Remember the slide should include:

- Colours that match your poster design
- The logo you have just edited
- The name of your chosen charity or organisation
- The same key message used in your poster


## 1.3-Creating and delivering a presentation

| Creating the presentation | Delivering the presentation |
| :--- | :--- |
| Keep fonts basic | Good pace and volume of voice |
| Don't overcrowd the slide with too much writing | Use of visual aid |
| Choose images that are appropriate | Eye contact and positive body language |
| Keep the same format throughout | Professional language and tone |
|  | Well-rehearsed and prepared |

## 2.1-Scratch Programming - Terminology

| Scratch3 <br> Component | What it means |
| :--- | :--- |
| Sprite | The character within your program that is being <br> controlled by commands. |
| Script | Each script is a group of commands. Each <br> sprite can execute one or more scripts. |
| Costume | Each sprite can have many costumes. These <br> are found in the purple Looks commands and <br> control the appearance of the sprite. |
| Stage | Includes backgrounds for the Scratch project <br> and scripts but no motion commands as the <br> stage cannot move. |
| Clone | A copy of a sprite. Each sprite can spawn many <br> clones. |


| Terminology | What it means |
| :--- | :--- |
| Iteration | A command that repeats or loops |
| For example: Repeat 10, Repeat until, Forever |  |
| Selection | IF ELSE command that selects which <br> programming path to follow |
| Condition | A condition is either true or false, for example <br> touching colour red. In Scratch these commands <br> have a long hexagon shape - either green or <br> light blue |
| Broadcasts | A broadcast is a message that is sent by one <br> sprite to other sprites. Upon receiving a <br> broadcasta script can begin execution. |
| Variable | A value stored by the program that can change. <br> For example, Set Score to 0 |

## 2.2 - Scratch - Control/Event Blocks and Looks Blocks

## Control/Event Blocks



## Looks Blocks

| say Hii) for (2) seconds | switch costume to costume2 | next costume |
| :---: | :---: | :---: |
| Causes the sprite to say a message for a certain amount of time | Used to change the appearance of a sprite | Changes the costume (appearance) of the sprite to the costume after the current costume |
| think Hmm... for (2) seconds | clear graphic effects |  |
| Another way to output to the screen. Causes the message to appear in a 'thought bubble' next to the sprite | Removes any graphical effects that have been applied to the sprite | Used to apply a graphical effect to a sprite |

## 2.3 - Scratch - Sound Blocks \& Sensing Blocks

## Sound Blocks



| ask Name? and wait |  |
| :--- | :--- |
|  | Checks if the sprite is touching an object |

## 2.4 - Scratch - Variables Blocks

## Variables Blocks



## 2.5 - Scratch - Operator Blocks \& Subroutine Blocks

Operator Blocks


## Year 7 Dance \& Drama Knowledge Organiser

## Drama

Page 2 - An introduction to Drama and Devising
Page 3-Exploring genre and characterisation through script work on 'Matilda'
Page 4-Understanding style and developing character.

## Dance

Page 5 \& 6 - Dance Skills
Page 7 \& 8- Warmups
Page 9 - Matilda The Musical
Page 10 \& 11 - The Lion King

## Year 7 Drama - Unit 1 : An introduction to Drama and Devising.

## Drama Conventions

## Tableaux

A freeze frame or still image capturing an important moment in the story

## Thought Tracking

A drama rehearsal technique in which the actor speak the thoughts or feelings of the character aloud.

## Stimulus

A starting point that can be inspiration for a play for example a picture, a poem, a word, person or a song

## Devising

Making up an original play as a pair or group

## Plot

The main story or the 'narrative' - what happens in the play.

## Structure

How to organise the plot into sections in order to develop

| Keywords | vOICE |
| :--- | :--- |
| Tone | The emotion in your voice |
| Pitch | How high/low your voice is |
| Pace | How fast/ slow your voice is |
| Pause | When you stop moving/ speaking |
| Volume | How loud/ quiet your voice is |
| Projection | When you speak clearly and can be <br> heard by an audience |


| Keywords | MOVEMENT |
| :--- | :--- |
| Gestures | How you move any part of your body to <br> show a mood, feeling or idea |
| Facial | Using your face to show emotions, |
| expressions | mood, feelings and responses |$|$| Eye contact | When you establish eye contact with <br> another actor or the audience |
| :--- | :--- |
| Posture | How you hold your body/your stance |

## Year 7 Drama - Unit 2 Exploring genre and characterisation through script work on 'Matilda'

## Keywords for this unit

## Character

A role - fictional or real person that an actor plays

## Genre

A style or category of Drama.

## Musical Theatre

A style of drama which tells a story through combining songs, spoken dialogue, music and dance

## Hot-seating

Used by actors as a way to help develop their understanding of a character by answering questions as though they were that character.

## Exaggerated stereotype

An over exaggerated image or idea of a typical type of person e.g. an intelligent person might be seen as a 'geek' with glasses and always carrying books and studying.

| Keywords | VOICE |
| :--- | :--- |
| Tone | The emotion in your voice |
| Pitch | How high/low your voice is |
| Pace | How fast/ slow your voice is |
| Pause | When you stop moving/ speaking |
| Volume | How loud/ quiet your voice is |
| Projection | When you speak clearly and can be <br> heard by an audience |


| Keywords | MOVEMENT |
| :--- | :--- |
| Gestures | How you move any part of your body <br> to show a mood, feeling or idea |
| Facial | Using your face to show emotions, <br> expressions <br> mood, feelings and responses |
| Eye contact | When you establish eye contact with <br> another actor or the audience |
| Posture | How you hold your body/your stance |

## Year 7 Drama - Unit 3 Understanding style and developing character.

## Key words for this unit

Anthropomorphism When animals behave like humans in stories - speaking, moving, having relationships and feeling different emotions.

## Genre

A style or category of Drama.

## Physical Theatre

A style of drama which tells a story through mainly focusing on the use of physical movement.

## Satire

The use of humour, irony, or exaggeration to make fun of ridicule and criticize people's stupidity especially in politics or other topical issues.

## Evaluation

To recognise what was/ wasn't successful onstage. To recognise all the elements that contribute to a production.

| Keywords | VOICE |
| :--- | :--- |
| Tone | The emotion in your voice |
| Pitch | How high/low your voice is |
| Pace | How fast/ slow your voice is |
| Pause | When you stop moving/ speaking |
| Volume | How loud/ quiet your voice is |
| Projection | When you speak clearly and can be <br> heard by an audience |


| Keywords | MOVEMENT |
| :--- | :--- |
| Gestures | How you move any part of your body <br> to show a mood, feeling or idea |
| Facial | Using your face to show emotions, <br> expressions <br> mood, feelings and responses |
| Eye contact | When you establish eye <br> contact with another actor or the <br> audience |
| Posture | How you hold your body/your stance |

## Constructive Feedback

## Positivity

State something that you enjoyed.


## Improvement

Identify something that needs making better.

## Target

State specifically what can be done to make the work better.

## Technical Skills-

 Required to perform a dance movement.

| Keywords |  |
| :--- | :--- |
| Accuracy | A being correct and precise. |
| Timing | The use of counts when moving <br> to sound or music. |
| Dynamics | How a movement is performed. |

Physical Skills-
Required to perform physical activity.

| Keywords | The power exerted by |
| :--- | :--- |
| Strength | a muscle. |
| Stamina | Being able to maintain <br> physical energy for a period of <br> time. |
| Posture | The way the body is held. |
| Balance | A steady or held <br> position through even <br> distribution of weight. |
| Coordination | Efficient combination of <br> body parts. |
| Extension | Lengthening a muscle or limb. <br> FlexibilityThe range of movement at <br> a joint. |


| Key Words |  |
| :--- | :--- |
| Focus | The use of eyes to enhance <br> performance. |
| Facial | The use of face to communicate |
| Expression | mood, theme and atmosphere. | Projection | The energy a dancer uses to connect |
| :--- |
| with an audience. |

Year 7 Dance - Dance Skills
Choreography SkillsRequired to create a dance.


| Key Words |  |
| :--- | :--- |
| Unison | 2 or more dancers performing movement <br> at exactly the same time |
| Canon | When the same movements overlap in <br> time |
| Formation | Shapes or patterns created in space by <br> dancers |
| Pathway | Designs traced on the floor or in the air |
| Level | Distance from the ground - low, medium <br> or high |
| Direction | The way a movement faces |
| Solo | One performer |
| Duet | Two Performers |


| Key <br> Words |  |
| :--- | :--- |
| Trio | Three Performers |
| Group | Three or more Performers. |
| Still Image | A held position or image. |
| Climax | The most significant moment of <br> a dance. |

## Expressive SkillsRequired to connect with an audier ( $\cdot \cdot . \|$. <br> ©

## Year 7 Dance - Unit 1 : Warmups

## The Importance of a Warmup-

## Temperature

To improve the body temperature in preparation for exercise.

## Heart Rate

To increase the speed of which the heart beats, in order to pump blood to the muscles. The blood carries oxygen to the muscles, which the muscles require in order to function.

## Prevent Injury

Easing and stretching the muscles through stretching to prevent them from tearing or ripping and causing injuries.

## Flexibility

Loosening the joints to improve range of motion and increase flexibility.

## Focus

A warmup focuses the mind mentally on the activity ahead. Specific skill-based activities can also be included in a warmup for sport, such as dribbling or passing in football based warm up.

| Keywords | Definition |
| :--- | :--- |
| Cardiovascular <br> Movement | Also known as a pulse raiser. <br> A movement which increases <br> the heart rate significantly. For <br> example, Running or jumping. |
| Dynamic Stretch | A stretch which is performed <br> whilst moving. For example, <br> squatting or alternate leg lunges. |
| Static Stretch | A stretch which is performed <br> whilst still. For example, a <br> butterfly stretch or a held lunge. |
| Heart Rate | The speed of which the heart <br> beats. |
| Warm Up | A series of movements and <br> exercises which prepare the <br> body for physical exercise. |

## Year 7 Dance - Unit 1 : Warmups

## Process of a Warmup



## Year 7 Dance - Unit 2 : Matilda The Musical

## Key Characters

Matilda: the main character.
Bruce Bogtrotter: Matilda's friend.
Lavender: Matilda's friend.
Miss Trunchbull: headteacher of the school.
Miss Honey: Matilda's class teacher.
Mr \& Mrs Wormwood: Matilda's parents.

| Keywords |  |
| :--- | :--- |
| Gesture | A movement which represents an |
| everyday action or word. |  |\(\left|\begin{array}{ll}The feeling or tone of a character <br>


in a performance.\end{array}\right|\)| Mood |
| :--- |
| The overall feeling of a |
| performance. |


| Choreography <br> Key Words |  |
| :--- | :--- |
| Choreographing | Creating a sequence of <br> movements for a dance <br> routine. |
| Choreography | The sequence of movements <br> forming a dance routine. |
| Transition | A link from one section to <br> another. |

## Year 7 Dance - Unit 3 : The Lion King

| Breakdown of a |
| :--- | :--- |
| Movement | Action | The movement itself. |
| :--- |
| Space |
|  |
| performed including |
| direction, level and |
| pathway. | \left\lvert\, | How the movement is |
| :--- |
| performed. |
| Relationships | | How many dancers are |
| :--- |
| part of a choreography |
| and how they interact. |\right.


| Keywords |  |
| :---: | :---: |
| Dynamics | How a specific movement is performed. |
| Posture | How you stand and present yourself. |
| Characterisation | The features of a specific character, such as facial expression, gesture, posture. |
| Motif | A sequence of movement used and repeated throughout a piece of choreography. |
| Motif Development | Adapting an original motif to include other choreographic devices. |
| Formation | The shape which you stand in to perform. |
| Still Image | A frozen or held position. |



## Year 7 Technology Knowledge Organiser

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## Year 7 Technology - Night light project (1)

Circuit Symbols



## Year 7 Technology - Night light project (3)

\(\left.\begin{array}{l|l}Keywords <br>
Soldering Iron <br>
Printed circuit board <br>
A tool that heats up and allows the user to melt solder wire to join <br>

components together\end{array}\right]\)| A board that has the tracks of the circuit printed onto it so that components |
| :--- |
| can then be joined to it |

## Year Technology -Night Light Project (4)

Types of Plastic


## Year 7 Technology - Night Light (5)

## Steps in creating a Night Light

Polishing is achieved by progressively removing scratches starting with the deepest scratches until none remail



Resistors restrict or limit the flow of current in a circuit and are measured in ohms $\Omega$.

The night light uses fixed resistors they have three important uses:
protecting components
dividing voltage between different parts of a circuit controlling a time delay

Resistors have different values and are calculated using colour codes. An example would be.

| Band 1 : Brown | 1 |
| :--- | :--- |
| Band 2 : Black | 0 |
| Band 3 : Red | 2 zero's |
| Therefore the value is $1000 \Omega$ |  |

## Year 7 Technology - Desk Tidy project (1)



Hardwood comes from
trees that lose
their leaves in
winter such as
Oak, Beech \& Ash


Softwood comes from trees that are evergreen like Fir and Spruce

You can tell how old a tree is by the rings in the stump if felled.


Manufactured boards come from woods that are processed into large sheets.

Types of manufactured board

MDF - sawdust and glue
Plywood the tree trunk is skimmed a bit like sharpening a pencil and then the shavings are glued together

Manufactured wood and have a thin layer of real wood stuck to it (called veneers) to make the look like it is expensive real wood.

## Year 7 Technology - Desk Tidy project (2)

| Keywords | Wood that comes from deciduous trees |
| :--- | :--- |
| Softwood | Wood that comes from evergreen trees |
| Deciduous | Trees that lose their leaves in Autumn |
| Acrylic | A type of plastic that can be bent into shapes |
| Abrade | The process of wearing the surface of something away |
| Polishing | Machine that allows you to drill holes in wood, metal or plastic |
| Pillar Drill | A hole that is drilled into a piece of wood that will enable it to be screwed into |
| Pilot Hole | A drill bit with a large circular cutter at the bottom |
| Forstner bit | A tool that allows you to mark on holes at 90 degrees to the piece of wood |
| Try Square | A ruler used to mark measurements on wood |
| Steel Rule | A clear substance that is painted onto wood to protect it from liquid |
| Varnish |  |

## Year 7 Technology - Desk Tidy project (3)

## FLOW SPRAY



## Year 7 Technology - Desk Tidy project (4)

## 6 R's of sustainability



## Recycle

To reprocess a material or product to be made into something else

Repair
When a product breaks down or doesn't work properly, try to fix it


## Rethink

Rethinking whether you actually need to use a product or not


## Reduce

Cut down the amount of material and energy that you use as much as you can


## Reuse

To use a product for a different purpose than what was intended e.g. a jam jar for a plant pot


## Refuse

Don't buy a product if you don't need it or if it is bad for the environment

## Yr 7 Food - Keywords

| Keyword | Meaning |
| :--- | :--- |
| Mise en place | Preparation before stating to cook |
| Food safety | Ensuring the food that we produce is safe to eat |
| Healthy diet | A diet that is low in fat, salt and sugar, and high in fibre |
| Carbohydrates nutrient that you body requires for energy |  |
| Protein | An essential nutrient that your body requires for growth, repair and energy |
| Dietary fibre | A complex carbohydrate found in the cell walls of fruit, vegetables and cereal. |
| Free sugars keeping the digestive system healthy. |  |
| Saturated fat | Sagars added to foods that your foods, they do not provide any nutritional benefit from animal sources, can be harmful to health |
| Unsaturated fats | Fat usually from plant sources, can be good for health |

## Yr 7 Food - Keywords

| Keyword | Meaning |
| :--- | :--- |
| Sensory evaluation | Judging food based on appearance, taste, texture and aroma |
| Aroma | Smell |
| Appearance | How something looks the product feels in the mouth |
| Mouthfeel | Associations that monitor food provenance to ensure the quality of the products |
| Food assurance | Knowing where food is grown, reared and caught. How it is produced and <br> transported. <br> Food provenance |

## Preparing for practical work 'HATTIE'

Tie your hair back. Wash your hands.


Put an apron on.

Clean your table with antibacterial spray.


Collect a tray to keep all your ingredients together.

Collect all the Ingredients you need.

Collect the equipment you need, prepare any tins/baking
sheets (e.g. grease or line).

## The 4C's for Food Safety

## Personal Hygiene

Wash hands
Cover cuts with a blue plaster

Nails clean and short
Tie hair back
No jewellery
Wear a clean apron
Do not handle food if you
have an upset stomach
Do not cough or sneeze near food


## CROSS CONTAMINATION

Wash hands after touching
raw meat and fish.

Use colour coded chopping boards:
Green - Salad and veg
Red - Raw Meat Yellow - Cooked Meat Blue - Fish

W hite - Dairy and bakery

## Kitchen Hygiene

Clean and sanitise surfaces
Equipment must be cleaned thoroughly

Cupboards, fridges and freezers must to cleaned regularly

Always use a clean spoon each time you taste food Lids on

Ensure pest infestations are delt with immediately

Equipment used on raw
foods MUST be cleaned thoroughly before being used on other food.

## Clean and sanitise

 surface between uses.Wash fruit and vegetables to remove dirt or soil.
$\qquad$

## The 4C's for Food Safety

CHILL

Temperature of the fridge should be between below $5^{\circ} \mathrm{C}$.

Never put hot food in the fridge, as it will raise the temperature of the fridge.

Do not overload the fridge, air needs to circulate

Throw away food that is past its use by date.

Always store raw meat and fish on the bottom shelf

Cooked meat should be on the top shelf.

Keep food covered or wrapped to prevent cross- contamination.

Temperature of a freezer should be $18{ }^{\circ} \mathrm{C}$.


Use a temperature probe to ensure food is cooked.

To kill bacteria food must reach at least $75^{\circ} \mathrm{C}$

## Storing Food Safely

- It is important to store food properly.
- Food should be wrapped, covered or kept in a suitable clean container.
- The refrigerator should be cleaned regularly.
- Dry and canned foods, e.g. dried pasta, tinned tomatoes, herbs and spices should be stored in cupboards that are clean and dry.

Cooked foods $75^{\circ} \mathrm{C}$

Keep Hot Food Hot
(Above $60^{\circ} \mathrm{C}$ )

## $60^{\circ} \mathrm{C}$

Temperature
Danger
Zone
[Heat Or Chill
Food Quickly]

Keep Cold Food Cold
[Below $5^{\circ} \mathrm{C}$ ]

Ambient Food storage $15^{\circ}$ to $25^{\circ} \mathrm{C}$

Fridge $0^{\circ} \mathrm{C}$ and $5^{\circ} \mathrm{C}$

$5^{\circ} \mathrm{C}$


Frozen food $-18{ }^{\circ} \mathrm{C}$


## Knife Skills

## Knife Safety Rules

Hold


The correct knife should be used for the appropriate job.

Knives must be kept sharp and clean; a blunt knife is more likely to cause a cut because more pressure needs to be applied to use it to cut.

Knife handles must be grease-free. The point must always be downwards when carrying a knife.

Knives should not be put in the washingup bowl.

A knife must not be left on the edge of a table or chopping board.

## A Healthy Balanced Diet

A healthy balance diet provides all the nutrients needed for healthy body functions and normal physical activity.

To help achieve a balanced diet the Government have put together some dietary guidelines. The Eatwell Guide and 8 Tips for Healthy Eating.

## 8 Tips for Healthy Eating

1. Base meals on starchy foods
2. Eat 5 portions of fruit \& vegetables a day
3. Eat 2 portions of fish a week
4. Small amounts of saturated fat and sugar
5. Eat less salt
6. Drink plenty of water
7. Do not skip breakfast
8. Get active



- Crown copymigh 2010


## Carbohydrates

Carbohydrate provides an important source of energy for the body.

Carbohydrate provide energy to move and be active as well as energy for body processes such as breathing, heart beating.

Vitamin B (thiamine and riboflavin) is needed to help release the energy to the body.

All carbohydrates are converted to glucose when digested and this is converted to energy.

If the energy is not used up then it is stored as body fat.

| Simple Carbohydrates (sugars) <br> Sugar gives a fast release of energy that <br> means your blood sugar levels go up. |  | Complex Carbohydrates <br> (starch) <br> Starchy foods provide a slow <br> release of energy and help our <br> milk, fruit \& honey. <br> blood sugar levels stay the same so <br> we don't feel tired. |
| :--- | :--- | :--- |
| glucose - Fruit, <br> vegetables, honey, sugar <br> beet/cane, corn | sucrose - <br> Sugar <br> beet/cane | starch - Potatoes, wheat, oats, <br> pulses, corn, rice, pasta, bread, <br> cous cous, cereals, beans, lentils, <br> kidney beans, porridge, muesli, |
| galactose - found in the |  |  |
| milk of mammals | maltose - <br> Soy | Soya beans, <br> barley, wheat |

## Excess carbohydrates:

Obesity, Tooth decay, Type 2 diabetes

## Carbohydrates deficiency:

Lack of energy, weight loss, severe weakness

## Protein

Protein is a macronutrient formed from chains of amino acids which are the building blocks of protein. There are 20 amino acids that come from animals and plants.

## What is protein needed for?

Growth of skin, hair, cells, organs, bones and connective tissue. Growth especially in children and pregnancy.

Repair body tissues after illness, injury or surgery.

A secondary source of energy for the body.

Maintaining the body (bones and muscles)

| Higher biological value (HBV) protein <br> Contain all essential amino acids | Lower biological value (LBV) protein |
| :---: | :---: |
| Contain some essential amino acids |  |
| From animal sources | From plant sources |
| Meat, fish, eggs, milk, cheese <br> Exception - soya beans | Cereals, nuts, beans, seeds |

Excess protein in the diet is used as energy. If it is not required for energy then it will be stored as fat.

Protein deficiencies are rare but in developing countries but can lead to stunted growth in children.

Some groups of people have a higher need for protein:

- babies and children - for growth;
- adolescents - for growth spurts;
- pregnant women - for the growing baby;
- People healing from surgery
- An athlete for growth and repair of muscle and tissue

| Saturated fat | Unsaturated fat |
| :---: | :---: |
| Solid at room temperature | Liquid at room temperature |
| More harmful to health, as they raise <br> LDL cholesterol | Considered to be the 'healthier' fats. <br> They can help maintain healthy HDL <br> cholesterol levels |
| Mainly from animal sources | From plant sources and fish |
| Butter, lard, ghee <br> Coconut and palm oil <br> Fulty and processed meats, sausages, <br> bacon and cured meats <br> ice cream, cheese) <br> Chocolate | Nuts, flax seeds and sesame seeds <br> Avocados and olives |
| Fatty fish (salmon, sardines, mackerel) |  |

Fat is a source of fatty acids, these are essential mechanisms for cell membranes in the nervous system and the brain

## Fat-soluble Vitamins

| Vitamin | Function | Sources |
| :--- | :--- | :--- |
| Vitamin A | Helps with vision in dim light <br> Helps the body grow and develop <br> Strengthens the immune system <br> Skin health | Animal sources (retinol) - liver, milk, oily fish (retinol) <br> Plant sources (beta carotine) - green leafy vegetables, carrots and orange and <br> red coloured fruits (carotenoids) <br> Added to margarine |
| Vitamin D | Absorption and use of calcium and phosphorus <br> Maintenance and strength of bones and teeth <br> Important in brain function <br> Supports immune and nervous system <br> Supports lung function | Oily fish, eggs and dairy products <br> Fortified breakfast cereals and margarines <br> (vitamin D added by law) <br> Sunlight on the skin |
| Vitamin E | Healthy skin and eyes <br> Boosts immune system <br> Helps clots from forming in the arteries | Sunflower seeds <br> Almonds, peanuts <br> Avocados, butternut squash, asparagus, pumpkin, mango, dark green vegetables <br> Vegetable oils <br> Oily fish |
| Vitamin K | Blood clotting and help healing wounds <br> Keeps bones healthy | Leafy green vegetables, kale, spinach, broccoli, asparagus <br> Cheese <br> Liver, bacon |

## Water-soluble Vitamins

| Vitamin | Function | Sources |
| :--- | :--- | :--- |
| Vitamin B | Release of energy from cfood <br> Healthy nervous system <br> Normal growth of children | Wholegrain products, wheat, rice <br> Meat, fish, milk and dairy <br> Marmite <br> Seeds, nuts, beans and lentils. Peas <br> Fresh fruit - bananas and oranges |
| Vitamin C | Helps absorb iron from foods <br> Helps the immune system fight and prevent infection <br> Production of collagen that binds connective tissue <br> Antioxidant - protects from pollutants in <br> the environment <br> Helps heal wounds <br> Helps skin health | Citrus fruits, lemon, oranges, limes <br> kiwi, blackcurrants, strawberries, papaya, pineapple, <br> mango <br> Potatoes <br> Salad and green vegetables, e.g. broccoli, kale, spinach <br> Peppers, chillies, cauliflower |

Minerals

| Vitamin | Function | Sources |
| :--- | :--- | :--- |
| Calcium | Strengthens bones and teeth <br> Bones are able to reach peak bone mass - maximum <br> strength <br> Growth of children <br> Promotes nerves and muscles to work properly <br> Vitamin D is needed to help absorb calcium | Dairy foods, milk, cheese, cream, yogurt <br> Green vegetables, kale, spinach, cabbage <br> White bread - calcium is added by law, <br> Soya products, tofu <br> Nuts and seeds |
| Iron | Supports the production of haemoglobin in red blood <br> cells; this transports oxygen around the body <br> Low iron levels cause anaemia <br> Vitamin C is required to absorb iron | Red meats - liver and kidney <br> Lentils, dried apricots, cocoa, chocolate, <br> Curry spices, <br> Green leafy vegetables, e.g. spinach, |
| Sodium | Regulate the amount of water in the body <br> To assist the body in the use of energy <br> To help control muscles and nerves <br> Too much salt/sodium can increase blood pressure and <br> heart disease | Brocessed foods - for flavour and as a preservative, <br> Salt added to food in cooking process for flavour, <br> Smoked meats |

## Dietary Fibre (NSP)

Insoluble fibre is not easily broken down by the digestive system. It passes through the body unchanged, keeping the bowels healthy and preventing digestive problems such as constipation and haemorrhoids.

Sources: Oats barley rye most beans and peas fruit root vegetables

## Functions

Helps prevent constipation.
Helps prevent type 2 diabetes.
Helps reduce the risk of colon cancer.
Lowers the risk of coronary heart disease.
Reduces the temptation to snack between meals.
Helps support a healthy weight.
Slows down absorption of carbohydrates in the blood to help keep blood sugar levels constant.

Soluble fibre is broken down by bacteria in the bowel to be digested. It can help reduce cholesterol in the blood and guard against coronary heart disease.

Sources: wholegrain cereals, wholemeal bread Bran, nuts, corn, oats, fruit, vegetables (especially the skin)

## Deficiency

A deficiency is often caused by eating too many refined foods, e.g. white bread instead of whole meal, or white rice instead of brown rice. It may also be caused by a general lack of fruit and vegetables in the diet. A deficiency can lead to constipation, haemorrhoids, colon cancer and/or diverticulitis.

## Water in the diet

Water is the major component of body fluid and has many functions in the body:

- it acts as a lubricant for joints and eyes;
- it is the main component of saliva;
- it helps get rid of waste;
- it helps regulate body temperature.

The body loses water all the time, when we go to the toilet, from sweat and also evaporation from skin. If we do not consume enough water, we become dehydrated.

- Water is provided by food and drinks.
- $20 \%$ of water consumed is from food.
- $80 \%$ is from drinks.
- Some fluids are less beneficial, coffee and tea can increase water loss, sweetened drinks contain a lot of sugar and fizzy drinks are acidic on the teeth.


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## Flour

| Flour Types |  | What makes each flour type unique? |
| :---: | :---: | :---: |
|  | Plain Flour | - To make white flour $30 \%$ of the wheat is removed. <br> - Both the bran and germ are removed. <br> - Leaving just the endosperm |
|  | Self R aising Flour | - J ust like plain flour- this only contains the endosperm part of the wheat grain. <br> - Chemicals are added to this flour so the mixture will rise when it is cooking. <br> - Usually this is baking powder is used as the raising agent. |
| Eal <br> DOVES <br> FARm | Strong White <br> Flour | - Strong flour is made from hard wheat <br> - It has a high gluten protein content which helps make elasticated, soft bread. <br> - The protein binds to the flour to trap carbon dioxide released by the yeast, resulting in a stronger rise and more chewy crumb. |
|  | Wholemeal Flour | - This flour is made by crushing the whole of the grain. <br> - It is brown in colour and may feel gritty. <br> - Foods contain wholemeal flour contain more dietary fibre. |



Factors affecting food choice


## Food Assurance

Food Assurance Schemes \begin{tabular}{l|l}

\& | Regulates British Produce. |
| :--- |
| It ensures food is traceable, farmed with care and safe. |
| Red Tractor regulate British Meats, Crops, Sugar and Dairy. |
| They also monitor and assess farms on their animal welfare and feed. | <br>

\hline The British Lion Eggs ensure a high standard of eggs. <br>
Eggs must be stamped with this label to ensure the consumer knows the type of egg <br>
they are eating: Organic, Free Range, Barn or Caged. The Use by Dates, country of <br>
origin and farm identification.
\end{tabular}

## Information that must appear on food packaging

| Information | Description |
| :--- | :--- |
| the name of the food | It is important that the name of the food must be clearly stated with a description if needed, and not be <br> ambiguous or misleading. |
| weight or volume | The weight or volume of the food must be shown on the label. By comparing the weight with the price, <br> consumers can make sure that they are getting value for money. |
| ingredient list | Ingredients are listed in order of weight, according to the amounts that were used to make the food, <br> starting with the largest ingredient and ending with the smallest. |
| allergen information | Allergens must be listed in bold to highlight them. |
| date mark and storage | The label must say how long foods should be kept and how to store them. <br> conditions <br> Following storage instructions can reduce the risk of food poisoning and help to make sure that it <br> tastes and looks its best when it is eaten. |
| preparation instructions | Instructions on how to prepare and cook the food must be given on the label, if they are needed. |
| name and address of | Consumers can then contact the manufacturer if they have a complaint about a product or if they wish <br> to know more about it |
| manufacturer, packer or |  |
| seller | Nutritional information, how much energy • fat • saturates • carbohydrate • sugars • protein • salt |
| nutrition information |  |

Allergies on packaging


## Dates on packaging

## Use-by Dates

- A use-by date is a safety date found on foods and their packaging.
- Use-by dates are found on highly perishable, packaged food such as meat, fish and dairy products that require chilling and have a short shelf life.
- It is an offence for businesses to sell or use food that has passed its use-by date.


## Best-before Dates

- Best-before dates usually appear on less perishable foods that have a long shelf life, such as canned, dried and frozen food products.

How to evaluate a food product

What have you made?

What skills/techniques
have you used?

What went well?

How did you
decorate/garnish it?

What did you like/dislike
about it?

How could you improve?

What sensory words would you use to describe it?
(appearance, taste,
texture, smell)

Is there anything you would change? Why?

How would you improve your product if you were to make
it again?

## Sensory Words

| Appearance (Looks) |  |  |
| :--- | :--- | :--- |
| Appetising | Dry | Hot |
| Attractive | Fattening | Moist |
| Clear | Firm | Runny |
| Cold | Fresh | Smooth |
| Colour | Greasy | Soft |
| Colourful | Hard | Tasty |
| Crumbly | Healthy | Tough |
|  |  |  |
| Taste (Flavour) |  |  |


| Acid | Herby | Stale |
| :--- | :--- | :--- |
| Bitter | Meaty | Sweet |
| Bland | Old | Tangy |
| Burnt | Salty | Tasteless |
| Cheesy | Sharp | Tasty |
| Creamy | Sickly | Undercooked |
| Dry | Sour | Watery |
| Fruity | Spicy |  |

## Smell (Aroma)

| Burnt | Yeasty | Garlicky |
| :--- | :--- | :--- |
| Fragrant | Sickly | Spicy |
| Fruity | Spicy | Stale |

Texture (Mouthfeel)

| Airy | Firm | Mushy |
| :--- | :--- | :--- |
| Brittle | Fizzy | Powdery |
| Chewy | Flaky | Slimy |
| Creamy | Foamy | Smooth |
| Crisp | Gooey | Soggy |
| Crumbly | Greasy | Sticky |
| Crunchy | Gritty | Stringy |
| Dry | Hard | Tender |
| Fatty | Lumpy | Watery |

## French

## Knowledge Organiser <br> 2023-2024

## Year 7

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Phonics - sound from specific letters or group of letters

| a | ah | gare, calme, Nicolas |
| :---: | :--- | :--- |
| i | ee | pipe, siffle, bible |
| é | eh | né, pépé, raté |
| è | ea [pear] | père, frère |
| ê | ea [pear] | fête, crêpe |
| ç I ss | ss | ça, reçu |
| qu | k | quatre, quine |
| th | t | phermostat, Martha |
| ph | f | Espagne, espagnol aphte |
| gn | ny | fille, famille |
| ill | ee-yer | cheval, niche, fiche |
| ch | sh | information, éducation, natation |
| sion / tion | sea-on | portail, ail, évantail |
| ail | [ I ] | eyy |
| eil | soleil, réveil, orteil |  |


| on I om | nasal | non, mon, bombe, pompom |
| :---: | :---: | :---: |
| an / en l em | back of mouth, closed pipe | souvent, emporte, antan, en, an |
| $\begin{aligned} & \text { in } / \mathrm{im} / \\ & \text { ain } / \text { ein } \end{aligned}$ | throat, open pipe, wide mouth | incroyable, important, pain, rein |
| un | throat, open pipe, mouth forward | brun, aucun |
| eur | uhr | peur, sœur |
| oin | oo-en | coin, soin, point |
| ou | ooh | coucou, sous, poulpe |
| oi | wah | oie, poire, soirée |
| ai / ez / ei | eh | j'ai, il aime, prenez, assez, nez, reine, peine |
| e I eu | uh | ne, peu, heureux |
| olau / aux I eau / eaux | oh | robe, molaire, au, chaud, animaux, eau, jumeaux |

## a. Terminology

| Noun | A word that represents an object or a person. | A table, J ohn |
| :---: | :---: | :---: |
| Gender | Masculine or Feminine | LE chocolat = masculine LA table = feminine |
| Number | Singular = one OR Plural = several, more than one | One banana, some bananas |
| Verb | A word to describe an action. | Eat, play, sleep |
| Infinitive verb | A verb in its most basic form, the one you will find in a dictionary. | To run, to study, to do |
| Tense | This is applied to the verb to describe an action in the present, the past or the future. | I do, I have done, I did, I was doing, I'm going to do, I will do, I would like to do |
| Present tense | A verb in the present tense is used to describe what happens now or what usually happens. | Right now, I'm drinking juice. Usually I watch TV after school. |
| Past tense | A verb in the past tense is used to describe what happened in the past or what used to happen. | Last year I went on holidays. I used to do lots of sport. |
| Future tense | A verb in the future tense is used to describe what is going to happen or what will happen in the future. | I will visit my grandma this weekend. I am going to prepare a cake tomorrow. |
| Conditional tense | A verb in the conditional tense is used to describe what would happen in specific conditions. | If I could, I would travel the world. |
| Negatives | Using negative allows you to say what you don't do or never do. | I don't play guitar. I never eat sweets. |
| Agreement | This applies to adjectives and verbs. The adjective will change depending on the gender and number of the noun. | I go but he/she goes Two small[s] cats |
| Adjective | A word used to describe a thing or person | Blue, small, exciting |
| Intensifier | A word used in front of adjective to vary its intensity. | Very, a little, quite... |
| Connective | A word that allows you to link two parts of information. | And, but, also, however |

## b. Qu'est-ce qu'il y a dans ta trousse ? ton sac ? ta classe ?

| Dans ma trousse (In my pencil case) | il y a <br> (there is/are) <br> il n'y a pas de (there isn't/aren't) | (un) crayon (a pencil) <br> (un) feutre (a felt tip) <br> (un) stylo (a pen) <br> (un) stylo à plume (a fountain pen) <br> (un) taille-crayon (a pencil sharpener) | (un) tube de colle (a glue stick) <br> (des) ciseaux (some scissors) <br> (des) crayons (some pencils) <br> (des) feutres (some felt tips) <br> (des) stylos (some pens) | noir(s) (black) blanc(s) (white) jaune(s) (yellow) rouge(s) (red) bleu(s) (blue) |
| :---: | :---: | :---: | :---: | :---: |
|  |  | (une) gomme (an eraser) | (une) règle (a ruler) |  |
| Dans mon sac (In my bag) | j'ai (I have) je n'ai pas de (I don't have) | (un) agenda (a planner) <br> (un) cahier (an exercise book) <br> (un) dictionnaire (a dictionary) | (un) livre (a book) (des) cahiers (some exercise books) (des) livres (some books) | gris (grey) <br> marron (brown) |
|  |  | (une) calculatrice (a calculator) (une) règle (a ruler) | (une) trousse (a pencil case) (des) baskets (some trainers) | noire(s) (black) blanche(s) (white) jaune(s) (yellow) rouge(s) (red) bleue(s) (blue) verte(s) (green) grise(s) (grey) marron (brown) |
|  | il y a (there is/are) il n'y a pas de (there isn't/aren't) | (un) ordinateur (a computer) | (un) tableau (a chalkboard) |  |
| Dans ma classe (In my class) | il n'y a pas de (there isn't/aren't) <br> nous avons (we have) nous n'avons pas de (we don't have) | (une) chaise (a chair) (une) fenêtre (a window) (une) porte (a door) | (une) table (a table) <br> (des) chaises (some chairs) <br> (des) tables (some tables) |  |

## c. Les opinions et les pays

| 1. J'adore | I love | L'Angleterre | England |
| :--- | :--- | :--- | :--- |
| 2. J'aime beaucoup | I really like | La France | France |
| 3. J 'aime bien | I quite like | L'Italie | Italy |
| 4. ... Ça me plaît | ... I like it | L'Allemagne | Germany |
| 5. J'aime | I like | L'Écosse | Scotland |
| 6. ... Ça m'est égal | ... It's all the same to me | L'Irlande | Ireland |
| 7. ... Ça dépend | ... It depends | Le Pays de Galles | Wales |
| 8. Je préfère | I prefer | L'Espagne | Spain |
| 9. Je n'aime pas | I don't like | La Belgique | Belgium |
| 10.J e n'aime pas du tout | I don't like at all | Les Etats-Unis | The United States |
| 11.J e déteste | I hate | Le Portugal | Portugal |
| 12. Je ne supporte pas | I can't stand | La Suisse | Switzerland |

## d. Les pays francophones - qu'est-ce que c'est ?

Francophone comes from 'franco' meaning French and 'phone' comes from the Greek for voice, sound or language. So, francophone means where French is spoken.

You guessed it, that is not just in France! It is estimated that around the world, about 300 million people speak French, that includes native speakers and those who speak French as an extra language! This number is due to rise even more and is estimated to reach 700 million by 2050!

French is the sixth most widely spoken language in the world, following Mandarin Chinese, English, Hindi, Spanish and Arabic.


French is used as an official language in 29 countries in the world!

## So how did it happen?

Well, France colonised / took over many countries [like England did] and the French language stayed when the countries regained their independence.

It's not the case for everywhere, for example, Belgium wasn't a colony, but the borders of France were different a long time ago. They extended to the south of Belgium and the North was under the Netherlands influence. So, Belgium has two official languages!

Here is a map of the world to show you where French is spoken. Can you place some of these countries?
Belgium, Benin, Burkina Faso, Burundi, Cameroon, Canada, Chad, the Ivory Coast, the Democratic Republic of the Congo, Djibouti, Equatorial Guinea, France, Haiti, Luxembourg, Madagascar, Mali, Monaco, Niger, Rwanda, Senegal, Seychelles, Switzerland, Togo and Vanuatu.

## 1. Comment t'appelles-tu?

| Comment (how) |  | t'appelles-tu? (are you called?) s'appelle-t-il/elle? (is he/she called?) |  | Quel âge (what age) | as-tu? (have you got?) <br> a-t-il/elle? (has he/she got?) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Je m'appelle | ( am called) | Adrien (Adrien) <br> Christophe (Christophe) <br> Luc (Luc) <br> Marc (Marc) <br> Pierre (Pierre) <br> Yannick (Yannick) | et (and) | j'ai (I have) | un an (1 year) |  |
| Tu t'appelles called) | You are |  |  | tu as (you have) | deux (2) <br> trois (3) <br> quatre (4) <br> cinq (5) <br> six (6) |  |
| Mon frère (My brother) |  | Béatrice (Béatrice) <br> Corinne (Corinne) |  | il a (he has) | huit (8) <br> neuf (9) <br> dix (10) <br> onze (11) <br> douze (12) | ans (years) |
| Ma sœur (My sister) | s'appelle (is called) | Isabelle (Isabelle) <br> Marie (Marie) <br> Sophie (Sophie) <br> Virginie (Virginie) |  | elle a (she has) | treize (13) <br> quatorze (14) <br> quinze (15) <br> seize (16) <br> dix-sept (17) <br> dix-huit (18) <br> dix-neuf (19) <br> vingt (20) |  |

## 2. C'est quand ton anniversaire?

| C'est quand... mon annivers | mon anniversaire ? to |  | ton anniversaire? | son anniversaire? | l'anniversaire d'isabelle? |
| :---: | :---: | :---: | :---: | :---: | :---: |
| (It's when...) (my birthd | (my birthday ? ) |  | (your birthday) | (his/her birthday) | (Isabelle's birthday?) |
| Mon anniversaire est (My birthday is) <br> Ton anniversaire est (Your birthday is) <br> Son anniversaire est (His / Her birthday <br> is) <br> L'anniversaire de Luc est (Luc's birthday <br> is) <br> L'anniversaire d'Isabelle est (Isabelle's birthday is) <br> L'anniversaire de mon ami est (My friend's ( $m$ ) birthday is) <br> L'anniversaire de mon amie est (My <br> friend's (f) birthday is) <br> Aujourd'hui c'est (Today it is) | le <br> (the) | premier (1st) <br> deux (2nd) <br> trois (3rd) <br> quatre (4th) <br> cinq (5th) <br> six (6th) <br> sept (7th) <br> huit (8th) <br> neuf (9th) <br> dix (10th) | onze (11th) <br> douze (12th) <br> treize (13th) <br> quatorze (14th) <br> quinze (15th) <br> seize (16th) <br> dix-sept (17th) <br> dix-huit (18th) <br> dix-neuf (19th) <br> vingt (20th) | vingt et un (21st) <br> vingt-deux (22nd) <br> vingt-trois (23rd) <br> vingt-quatre (24th) <br> vingt-cinq (25th) <br> vingt-six (26th) <br> vingt-sept (27th) <br> vingt-huit (28th) <br> vingt-neuf (29th) <br> trente (30th) <br> trente et un (31st) | janvier ((of) J anuary) février ((of) February) mars ((of) March) avril ((of) A pril) mai ((of) May) juin ((of) J une) juillet ((of) J uly) août ((of) August) septembre ((of) September) octobre ((of) October) novembre ((of) November) décembre ((of) December) |

## 3. Où habites-tu?

|  | où? (where?) |  |  |  |  |  | D'où es-tu? (where are you from) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| J 'habite (I live) |  | un (a) | joli (pretty) <br> bel (beautiful) <br> grand (big) <br> petit (small) |  | appartement (flat) | dans un bâtiment ancien (in an old building) dans un bâtiment moderne (in a modern building) | et je suis (and I'm) |  |
| Tu habites (Y ou live) | dans <br> (in) | une (a) | jolie (pretty) belle (beau grande (big) petite (sma |  | maison <br> (house) | dans le centre (in the centre) <br> dans la banlieue (in the suburbs) <br> à la campagne (in the countryside) <br> à la montagne (in the mountains) <br> sur la côte (on the coast) | et tu es (and you are) | Portugal) <br> du Mexique (from <br> Mexico) <br> du J apon (from <br> J apan) <br> de France (from <br> France) <br> de Pologne (from |
| II habite (He lives) <br> Elle habite (She lives) On habite (We live) |  | un villa une vill une gra city) | (a village) <br> (a town) <br> de ville (a | dan the dan eas dan sou dan the | le nord (in <br> orth) <br> l'est (in the <br> le sud (in the <br> l'ouest (in <br> est) | de l'É cosse (of Scotland) de la France (of France) du Pays de Galles (of Wales) de l'Angleterre (of England) de l'rlande (of Ireland) des États-Unis (of the USA) | et il est (and <br> he is) <br> et elle est <br> (and she is) | d'Espagne (from <br> Spain) <br> d'Italie (from Italy) des Caraïbes (from the Caribbean) |

## 4. Décris ta famille

| Dans ma famille (In my family) | il y a (there are) <br> j'ai (I have) | trois (3) cinq (5) <br> quatre (4) six (6) | personnes (people) |  |
| :---: | :---: | :---: | :---: | :---: |
| J 'aime (I like) | mon grand-père (my grandfather) mon père (my father) mon oncle (my uncle) mon frère (my brother) mon cousin (my cousin (m)) | car il est (as he is) parce qu'il est (because he is) | amusant (fun) généreux (generous) travailleur (hard working) honnête (honest) | intelligent (clever) <br> patient (patient) <br> sympa (nice) <br> fiable (reliable) |
| (I get on well with) |  |  | égoïste (selfish) énervant (annoying) ennuyeux (boring) autoritaire (bossy) | paresseux (lazy) <br> impatient (impatient) <br> méchant (mean) <br> têtu (stubborn) |
| Je n'aime pas (I don't like) Je ne m'entends pas avec (I don't get on with) | ma grand-mère (my grandmother) ma mère (my mother) ma tante (my aunt) ma sœur (my sister) ma cousine (my cousin (f)) | car elle est (as she is) parce qu'elle est (because she is) | amusante (fun) généreuse (generous) travailleuse (hard working) honnête (honest) | intelligente (clever) patiente (patient) sympa (nice) fiable (reliable) |
| Je m'entends mal avec (I get on badly with) |  |  | égoïste (selfish) énervante (annoying) ennuyeuse (boring) autoritaire (bossy) | paresseuse (lazy) impatiente (impatient) méchante (mean) têtue (stubborn) |


| Dans ma famille <br> (In my family) | il y a (there are) <br> j'ai (I have) | trois (3) <br> quatre (4) | cinq (5) <br> six (6) |
| :--- | :--- | :--- | :--- | personnes (people) |  |
| :--- |


| J 'aime (I like) <br> Je m'entends bien avec <br> (I get on well with) | mon grand-père (my <br> grandfather) <br> mon père (my father) <br> mon oncle (my uncle) <br> mon frère (my brother) <br> mon cousin (my cousin (m)) | car il est <br> (as he is) <br> parce qu'il est <br> (because he is) | amusant (fun) <br> généreux (generous) <br> travailleur (hard working) <br> honnête (honest) | intelligent (clever) <br> patient (patient) <br> sympa (nice) <br> fiable (reliable) |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  | égoïste (selfish) énervant (annoying) ennuyeux (boring) autoritaire (bossy) | paresseux (lazy) <br> impatient (impatient) <br> méchant (mean) <br> têtu (stubborn) |
| Je n'aime pas (I don't like) Je ne m'entends pas avec (I don't get on with) Je m'entends mal avec (I get on badly with) | ma grand-mère (my grandmother) ma mère (my mother) ma tante (my aunt) ma soeur (my sister) ma cousine (my cousin (f)) | car elle est (as she is) parce qu'elle est (because she is) | amusante (fun) <br> généreuse (generous) <br> travailleuse (hard working) <br> honnête (honest) | intelligente (clever) <br> patiente (patient) <br> sympa (nice) <br> fiable (reliable) |
|  |  |  | égoïste (selfish) <br> énervante (annoying) <br> ennuyeuse (boring) <br> autoritaire (bossy) | paresseuse (lazy) impatiente <br> (impatient) <br> méchante (mean) <br> têtue (stubborn) |

## 5. Qu'est-ce que tu aimes faire pendant ton temps libre?

| J e joue (I play) | au basket (basketball) <br> au foot (football) <br> au tennis (tennis) <br> aux cartes (cards) <br> aux échecs (chess) | avec des amis (with some friends) de la batterie (the drums) du clavier (the keyboard) de la guitare (the guitar) du piano (the piano) | de temps en temps (from time to time) |
| :---: | :---: | :---: | :---: |
| Je fais (l do) | du footing (jogging) <br> du ski (skiing) <br> du sport (sport) <br> du vélo (cycling) <br> de l'équitation (horse riding) | de l'escalade (climbing) de la musculation (weight training) de la natation (swimming) de la randonnée (hiking) <br> les devoirs (homework) | deux fois par semaine (twice a week) une fois par mois (once a month) deux fois par mois (twice a month) une fois par an (once a year) tous les jours (every day) |
| J e vais (l go) | au centre commercial (to the shopping centre) <br> au centre sportif (to the sports centre) <br> au gymnase (to the gym) <br> au parc (to the park) <br> à la campagne (to the countryside) | à la montagne (to the mountains) <br> à la pêche (fishing) <br> à la piscine (to the swimming pool) <br> à la plage (to the beach) <br> chez des amis (to friends' houses) | tous les samedis (every Saturday) <br> tous les soirs (every evening) <br> tous les week-ends (every weekend) |

## 6. Comment sont tes cheveux et tes yeux ?

|  | les cheveux (the hair) | blonds (blond) bruns (dark brown) châtains (brown) noirs (black) roux (red) | et (and) | courts (short) <br> en épis (spiky) <br> longs (long) <br> mi-longs (medium length) | (straight) <br> sse (very short) <br> (curly) <br> és (wavy) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| J 'ai (I have) <br> Tu as (You have) | les yeux (the eyes) | bleus (blue) marron (brown) noirs (black) verts (green) | et (and) | je porte (I wear) <br> tu portes (you wear) <br> il porte (he wears) <br> elle porte (she wears) | des lunettes (glasses) |
| II a (He has) <br> Elle a (She has) |  |  |  | j'ai (I have) tu as (you have) il a (he has) elle a (she has) | une barbe (a beard) une moustache (a moustache) |
| Mon amia (My friend (m) has) <br> Mon amie a (My friend (f) has) |  |  |  | je ne porte pas (I don't wear) tu ne portes pas (you don't wear) il ne porte pas (he doesn't wear) elle ne porte pas (she doesn't wear) | de lunettes (glasses) |
|  |  |  |  | je n'ai pas (I don't have) <br> tu n'as pas (you don't have) <br> il n'a pas (he doesn't have) <br> elle n'a pas (she doesn't have) | de barbe (a beard) de moustache (a moustache) |

## 7. Tu es comment?

| Je suis (lam) |  | beau (handsome (m)) <br> fort (strong (m)) <br> grand (tall (m)) <br> gros (fat (m)) | mince (slim) <br> moche (ugly) <br> musclé (muscular <br> (m)) <br> petit (short (m)) | et (and) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tu es (You are) |  |  |  |  | méchant (mean (m)) | patient (patient (m)) |
| II (He) <br> Mon frère (My brother) | est <br> (is) |  |  |  | embetant (annoying (m)) <br> ennuyeux (boring (m)) <br> généreux (generous (m)) | sympathique (nice) têtu (stubborn (m)) timide (shy) |
| Elle (She) <br> Ma sœur (My sister) <br> Ma mère (My mother) |  | belle (pretty (f)) <br> forte (strong (f)) <br> grande (tall (f)) <br> grosse (fat (f)) | mince (slim) <br> moche (ugly) <br> musclée <br> (muscular (f)) <br> petite (short (f)) |  | bavarde (chatty (f)) <br> méchante (mean (f)) <br> embêtante (annoying (f)) <br> ennuyeuse (boring (f)) <br> généreuse (generous (f)) | marrante (funny (f)) <br> patiente (patient (f)) <br> sympathique (nice) <br> têtue (stubborn (f)) <br> timide (shy) |


| Je suis (I am) |  | beau (handsome (m)) <br> fort (strong (m)) <br> grand (tall (m)) <br> gros (fat (m)) | mince (slim) <br> moche (ugly) <br> musclé (muscular <br> (m)) <br> petit (short (m)) | et (and) |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Tu es (You are) |  |  |  |  | méchant (mean (m)) | patient (patient (m)) |
| II (He) <br> Mon frère (My brother) | est <br> (is) |  |  |  | ```embêtant (annoying (m)) ennuyeux (boring (m)) généreux (generous (m))``` | sympathique (nice) <br> têtu (stubborn (m)) <br> timide (shy) |
| Elle (She) <br> Ma sœur (My sister) <br> Ma mère (My mother) |  | belle (pretty (f)) <br> forte (strong (f)) <br> grande (tall (f)) <br> grosse (fat (f)) | mince (slim) <br> moche (ugly) <br> musclée <br> (muscular (f)) <br> petite (short (f)) |  | bavarde (chatty (f)) <br> méchante (mean (f)) <br> embêtante (annoying (f)) <br> ennuyeuse (boring (f)) <br> généreuse (generous (f)) | marrante (funny (f)) <br> patiente (patient (f)) <br> sympathique (nice) <br> têtue (stubborn (f)) <br> timide (shy) |

## 8. Quelle est la personnalité de ta famille ?




## 9. Qu'est-ce que tu portes en général ?

|  il fait beau (it is good weather) <br> Quand fait chaud (it is hot) <br> (When) <br> il y a du soleil (it is sunny) <br> (if) il fait froid (it is cold) <br> il fait mauvais (it is bad weather) <br> il pleut (it rains) <br> il neige (it snows) | je porte (I wear) tu portes (you wear) | un chapeau (a hat) un haut (a top) un jean (a pair of jeans) un maillot de bain (a swimsuit) un manteau (a coat) un pantalon (a pair of trousers) un pull (a jumper) un short (a pair of shorts) un survêtement (a tracksuit) un tee-shirt (a T -shirt) un uniforme (a uniform) | noir (black) <br> blanc (white) <br> rouge (red) <br> jaune (yellow) <br> vert (green) <br> gris (grey) <br> marron (brown) <br> rose (pink) <br> orange (orange) |
| :---: | :---: | :---: | :---: |
| À la maison (Athome) <br> Au collège (At school) <br> Au gymnase (At the gym) <br> À la plage ( On the beach) <br> D'habitude (Usually) <br> En général (In general) <br> Normalement (Normally) <br> Parfois (Sometimes) | il porte (he wears) <br> elle porte (she wears) on porte (one wears) nous portons (we wear) vous portez (you all wear) ils portent (they (m) wear) elles portent (they (f) wear) | une casquette (a cap) une chemise (a shirt) une cravate (a tie) une écharpe (a scarf) une jupe (a skirt) une montre (a watch) une robe (a dress) une veste (a jacket) des gants (gloves) des collants (tights) des baskets (trainers) des bottes (boots) des chaussettes (socks) des chaussures (shoes) des tongs (flip flops) des pantoufles (slippers) | noire (black) blanche (white) rouge (red) jaune (yellow) verte (green) grise (grey) marron (brown) rose (pink) orange (orange) noirs (black) blancs (white) <br> noires (black) blanches (white) rouges (red) jaunes (yellow) vertes (green) grises (grey) marron (brown) |


|  |  | des sandales (sandals) |  |
| :---: | :---: | :---: | :---: |
|  il fait beau (it is good weather) <br> il fait chaud (it is hot) <br> Quand <br> il y a du soleil (it is sunny) <br> Shen) il fait froid (it is cold) <br> Sil fait mauvais (it is bad weather) <br> il pleut (it rains) <br> il neige (it snows) | je porte (I wear) <br> tu portes (you wear) | un chapeau (a hat) <br> un haut (a top) <br> un jean (a pair of jeans) <br> un maillot de bain (a swimsuit) <br> un manteau (a coat) <br> un pantalon (a pair of trousers) <br> un pull (a jumper) <br> un short (a pair of shorts) <br> un survêtement (a tracksuit) <br> un tee-shirt (a T -shirt) <br> un uniforme (a uniform) | noir (black) <br> blanc (white) <br> rouge (red) <br> jaune (yellow) <br> vert (green) <br> gris (grey) <br> marron (brown) <br> rose (pink) <br> orange (orange) |
| À la maison (Athome) <br> Au collège (At school) <br> Au gymnase (At the gym) <br> À la plage ( On the beach) <br> D'habitude (Usually) <br> En général (In general) <br> Normalement (Normally) <br> Parfois (Sometimes) | il porte (he wears) <br> elle porte (she wears) on porte (one wears) nous portons (we wear) vous portez (you all wear) ils portent (they (m) wear) elles portent (they (f) wear) | une casquette (a cap) une chemise (a shirt) une cravate (a tie) une écharpe (a scarf) une jupe (a skirt) une montre (a watch) une robe (a dress) une veste (a jacket) des gants (gloves) des collants (tights) des baskets (trainers) des bottes (boots) des chaussettes (socks) des chaussures (shoes) des tongs (flip flops) des pantoufles (slippers) des sandales (sandals) | noire (black) blanche (white) rouge (red) jaune (yellow) verte (green) grise (grey) marron (brown) rose (pink) orange (orange) noirs (black) gris (grey) <br> noires (black) blanches (white) rouges (red) jaunes (yellow) vertes (green) grises (grey) marron (brown) |

## 10. Qu'est-ce que tu fais pendant ton temps libre ?

| Quand le ciel est dégagé (When the sky is clear) | je joue (I play) <br> tu joues (you play) <br> il joue (he plays) <br> elle joue (she plays) | au basket (basketball) <br> au foot (football) <br> au tennis (tennis) | aux cartes (cards) <br> aux échecs (chess) <br> avec des amis (with some friends) |
| :---: | :---: | :---: | :---: |
| Quand il fait beau (When it is good weather) <br> Quand il fait chaud (When it is hot) <br> Quand il fait froid (When it is cold) <br> Quand il fait mauvais (When it is bad weather) <br> Quand il y a du soleil (When it is sunny) | je fais (I do) <br> tu fais (you do) <br> il fait (he does) <br> elle fait (she does) | du footing (jogging) du ski (skiing) du sport (sport) du vélo (cycling) de l'équitation (horse riding) | de l'escalade (climbing) de la natation (swimming) de la randonnée (hiking) les devoirs (homework) |
| Quand il y a du vent (When it is windy) <br> Quand il y a du brouillard (When it is foggy) <br> Quand il y a de l'orage (When it is stormy) <br> Quand il pleut (When it rains) <br> Quand il neige (When it snows) <br> Pendant la semaine (During the week) | je vais (I go) <br> tu vas (you go) <br> il va (he goes) <br> elle va (she goes) | au centre commercial (to the shopping centre) au centre sportif (to the sports centre) au gymnase (to the gym) au parc (to the park) | à la pêche (fishing) <br> à la piscine (to the <br> swimming pool) <br> à la plage (to the beach) <br> chez des amis (to friends' <br> houses) |
| Le week-end (At the weekend) | je reste (I stay) <br> tu restes (you stay) <br> il reste (he stays) <br> elle reste (she stays) | à la maison (at home) dans ma chambre (in my room) | dans ta chambre (in your room) dans sa chambre (in his/her room) |

## 11. Qu'est-ce que tu aimes manger ?

| Pour le petit déjeuner <br> (F or breakfast) <br> Pour le déjeuner (For lunch) <br> Pour le goûter <br> (For after school snack) <br> Pour le dîner (For dinner) | je mange (i eat) tu manges (you eat) il mange (he eats) elle mange (she eats) | des céréales avec du lait (cereals with milk) de la viande et des légumes (meat with vegs) du poulet rôti (roast chicken) | un fruit (a piece of fruit) un sandwich au thon (a tuna sandwich) |  | une tartine avec de la confiture (bread and butter with jam) une gaufre (a waffle) une glace (an ice cream) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| J 'adore (I love) <br> J 'aime (I like) <br> J e préfère (I prefer) | le chocolat (chocolate) <br> le fromage (cheese) <br> le miel (honey) | le pain (bread) le poisson (fish) le riz (rice) | parce que c'est (because it is) |  | délicieux (delicious) savoureux (tasty) |
|  | la salade verte (green salad) la viande (meat) |  |  |  | sain (healthy) |
|  | le café (coffee) le jus de fruits (fruit juice) | le lait (milk) I'eau (water) |  |  | dégoûtant (disgusting) malsain (unhealthy) |
|  | les aliments (food) | sucrés (sweet) épicés (spicy) | gras (fatty) <br> riches en protéines (rich in protein) |  |  |
| Je n'aime pas (I don't <br> like) <br> J e déteste (I hate) <br> J e ne supporte pas (I can't stand) | les calamars (squid rings) les fruits (fruit) les fruits de mer (seafood) les hamburgers (burgers) les légumes (vegetables) | les œufs (eggs) les sandwichs au jambon (ham sandwiches) | parce qu'ils sont (because they ( m ) are) |  | ux / délicieuses (delicious) reux / savoureuses (tasty) / saines (healthy) |
|  | les bananes (bananas) <br> les crevettes (prawns) <br> les frites (fries) <br> les pommes (apples) <br> les pêches (peaches) | les pommes de terre (potatoes) <br> les saucisses <br> (sausages) <br> les tomates (tomatoes) | parce qu'elles sont (because they (f) are) |  | tants / dégoûtantes <br> sting) <br> ins / malsaines (unhealthy) |


| Pour le petit déjeuner <br> (For breakfast) <br> Pour le déjeuner (For lunch) <br> Pour le goûter <br> (For after school snack) <br> Pour le dîner (For dinner) | je mange (I eat) tu manges (you eat) il mange (he eats) elle mange (she eats) | des céréales avec du lait (cereals with milk) de la viande et des légumes (meat with vegs) du poulet rôti (roast chicken) | un fruit (a piece of fruit) <br> un sandwich au thon (a tuna sandwich) |  | une tartine avec de la confiture (bread and butter with jam) une gaufre (a waffle) une glace (an ice cream) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| J 'adore (I love) J 'aime (I like) Je préfère (I prefer) | le chocolat (chocolate) <br> le fromage (cheese) <br> le miel (honey) | le pain (bread) le poisson (fish) le riz (rice) | parce que c'est (because it is) |  | délicieux (delicious) <br> savoureux (tasty) |
|  | la salade verte (green salad) la viande (meat) |  |  |  | sain (healthy) |
|  | le café (coffee) le jus de fruits (fruit juice) | le lait (milk) I'eau (water) |  |  | dégoûtant (disgusting) malsain (unhealthy) |
|  | les aliments (food) | sucrés (swe épicés (spicy) |  | gras (fatty) riches en protéines (rich in protein) |  |
| Je n'aime pas (I don't like) <br> J e déteste (I hate) Je ne supporte pas (I can't stand) | les calamars (squid rings) les fruits (fruit) <br> les fruits de mer (seafood) les hamburgers (burgers) les légumes (vegetables) | les œufs (eggs) les sandwichs au jambon (ham sandwiches) | parce qu'ils sont (because they ( m ) are) |  | eux / délicieuses (delicious) reux / savoureuses (tasty) / saines (healthy) |
|  | les bananes (bananas) <br> les crevettes (prawns) <br> les frites (fries) <br> les pommes (apples) <br> les pêches (peaches) | les pommes de terre (potatoes) <br> les saucisses <br> (sausages) <br> les tomates (tomatoes) | parce qu'elles sont (because they (f) are) |  | itants / dégoûtantes <br> sting) <br> ins / malsaines (unhealthy) |

## Extra :

| J'aime (I like) <br> Je n'aime pas (I don't like) | manger (to eat) |  | du chocolat (chocolate) | de la viande (meat) |
| :--- | :--- | :--- | :--- | :--- | | des crevettes (prawns) |
| :--- |
| des fruits de mer (seafood) |

12. Parle-moi d'une journée normale


## 13. Qu'est-ce que tu fais le weekend normalement ?

| $\left.\begin{array}{l\|l\|}\hline & \begin{array}{l}\text { huit heures du matin } \\ \text { (8:00 in the morning) }\end{array} \\ \text { onze heures du matin }\end{array}\right\}$À (At) <br> Vers <br> (Around)quatre heures de l'après-midi <br>  <br>  <br>  <br>  <br>  <br>  <br>  <br> 4:00 in the afternoon) <br> lept heures du soir <br> (7:00 in the evening) | je me brosse les dents (I clean my teeth) <br> je me détends (I relax) <br> je discute avec ma mère (I chat with my mother) <br> j'écoute de la musique (I listen to music) <br> je fais mes devoirs (I do my homework) <br> je m'habille (I get dressed) <br> je joue à la Playstation (I play Playstation) <br> je lis des bandes dessinées (I read comics) | dans la chambre de ma soeur (in my sister's bedroom) dans la chambre de mes parents (in my parents' bedroom) dans la chambre de mon frère (in my brother's bedroom) dans ma chambre (in my bedroom) |
| :---: | :---: | :---: |
| D'habitude (Usually) <br> Deux fois par semaine (Twice a week) <br> Le weekend (At the weekend) <br> Normalement (Normally) <br> Parfois (Sometimes) <br> Pendant la semaine (During the week) <br> Quand j'ai le temps (When I have time) <br> Tous les jours (Every day) <br> Trois fois par mois (Three times a month) <br> Une fois par semaine (Once a week) | je lis le journal (I read the newspaper) <br> je lis des magazines (I read magazines) <br> je mange des sandwichs (l eat sandwiches) <br> je poste des photos sur Instagram <br> (I upload photos to Instagram) <br> je prends le petit déjeuner (I have breakfast) <br> je prépare le repas (I prepare the food) <br> je regarde la télé (I watch TV) <br> je regarde des films (I watch films) <br> je regarde des séries sur Netflix <br> (I watch series on Netflix) <br> je me repose (I rest) <br> je surfe sur internet (I surf on the internet) | dans la cuisine (in the kitchen) dans le garage (in the garage) dans le jardin (in the garden) dans la salle à manger (in the dining room) dans la salle de bains (in the bathroom) dans la salle de jeux (in the games room) dans le salon (in the living room) sur la terrasse (on the terrace) |

# Year 7 Geography knowledge organiser 

## Contents Page

| Topic | Pages |
| :--- | :--- |
| Geography overview | Pages $3-9$ |
| The UK | Pages $10-26$ |
| The Americas | Pages $27-44$ |
| Russia | Pages $45-57$ |

## Key Terminology

SEEP
Social = Issues to do with peoples lives
Economic = Jobs, business and money
Environmental = The Environment
Political = Countries and Governments
Stakeholder = Somebody who has an
interest in an issue

Timescale = Are you talking short term ( days and weeks ) Or long term ( months and years )?

Spatial = What scale are you looking at ? Is it local scale, regional scale, national scale or global scale ?

## Sustainability

"Meeting the needs of the present without compromising the ability of future generations to meet their own needs"

Enough , For all, Forever

## Geography Connectives

At the end of every sentence ask yourself - 'So ?' , 'And ?' and 'Why ?'

This means that ...
As a result of this ...
This leads to ...
The result of this .
This results in ...
In the future this may lead to .
As a consequence of this ...
This occurs because
The reasons for this is ..
This causes ...
An example of this is ..
The reason for this is ...
... leading to ...
... meaning that
The impact of this is
This produces ...
This may bring about
...and because of this
This is due to ...
This suggests that.
...and this means that
One reasons for this is

## BUG the exam question

Before you answer any question remember to BUG the question

B - box the command work
U - Underline any other key words

## What? How? Why?

Explain the human causes of climate change. (4) marks)

G - glance at the mark

## Developing your points using the PEEL structure

## Point

What is the point you are making ?

## Evidence <br> Which examples / facts / data link to your point?

## Explain

Develop your point using
connectives such as
'This means that' or '
therefore' or 'this shows that'


Reading a graph in Geography

| PEA |  |  |
| :--- | :--- | :--- |
| P | Pattern | E.g. "Its increasing" |
| E | Evidence | E.g. "Between 1990 <br> and 2005 it increased <br> .." |
| A | Anomalies | Is there anything <br> different? ? <br> A sudden drop ? Point <br> it out. |

Describe the graph - include
both temperature and CO2
levels

## Reading maps in Geography - 'CLOCK

C = Country
L = Latitude / longitude
O = Oceans and Seas
C = Compass points
K = Kilometres ( distance and scale


## Using OS maps in geography

Follow the 3 Grid reference rules

1. Always go across the landing and then up the stairs .
2. If you are 'in' a square, then go down and left.
3. If you are given a grid reference and need to find it ,go up and right.


## Decision making exercises checklist.

## Did you ...

1. Plan your answer?
2. Rank your option choices ?
3. Develop your points using TAT?
4. Link to SEE ? (Social , Economic, Environmental)
5. Mention stakeholders ?
6. Use the resource booklet ?
7. Link to scale - local, regional and national ?
8. Link to time - short term vs long term ?
9. Think about the bigger picture - national or global issues ?

## Welcome to the UK

'Welcome to the UK' keywords

| Keyword | Definition |
| :--- | :--- |
| Human <br> geography <br> Physical <br> geography | How and where people live, develop and earn a living |
| Environmental | The study of habitats such as mountains, forests, oceans and |
| geography | how they develop and change. the work of the rivers, the sea and ice |
| Sustainable | Sustainable development is the kind of development that <br> development <br> meets the needs of the present without compromising the <br> ability of future generations to meet their own needs. |
| Ecosystem | A community of plants and animals and the environment in <br> which they live. Ecosystems include both living ( biotic ) and <br> non-living ( abiotic ) parts. |
| Producer | Plants that create chemical energy from the suns light. |
| Producers are at the bottom of the food chain. |  |


| Keyword |  |
| :--- | :--- |
| Tertiary <br> consumer <br> Geology | Tertiary consumers eat primary and secondary <br> consumers as their main source of food. |
| Primary <br> industry | Where raw materials ( natural resources ) are <br> extracted from the land and the sea. E.g. farmers, <br> fishermen, miners etc |
| Secondary | Making things ( manufacturing ) from the raw <br> industry <br> etc |
| Tertiary industry | Providing a service to others. E.g. teachers, police, <br> doctors, shop assistants |
| Quaternary | Research and development e.g. new technology, f |
| industry | Factors concerned with peoples lives |
| Social | Jobs and money |
| Economic | The environment |
| Environmental | Policies and government |
| Political | A group of people who have an interest or concern in <br> Something |
| Stakeholder | Where people or organisations disagree with each <br> other |
| Conflict | 11 |

'Welcome to the UK' keywords

| Keyword | Definition |
| :--- | :--- |
| Weather | Weather is the condition of the atmosphere, such as <br> temperature and presence of rain and cloud. Weather <br> changes daily. |
| Climate | Climate is the average weather conditions over a long <br> period of time . |
| Climate graph | A graph that shows both temperature and rainfall in an <br> area |
| Population | Population distribution is the pattern of where people live <br> and how populations are spread out. |
| Population | Population density is the number of people living in a given <br> area, usually a square kilometre |
| Densely | Places that are crowded are called densely populated |
| populated | Places that only have a few people living there are called <br> Sparsely <br> populated |
| sparsely populated |  |


| Keyword | A bend in a river |
| :--- | :--- |
| Meander | Erosion is the wearing away of land |
| Erosion | The laying down of material in a landscape |
| Deposition | gradually wears away the banks <br> the river banks. The increased pressure weakens and |
| Hydraulic action | into smaller pieces. |
| Attrition | Rocks carried by the river rub and scrape along the river <br> bed and banks, wearing them down <br> where water is slightly acidic, it dissolves certain types of <br> rock on the river bed and banks |
| Solution | The buying and selling of natural resources, manufactured <br> goods and services. |
| Trade | The raw materials, goods and services that a country buys |
| Import | The raw materials, goods and services that a country sells <br> Export |
| The difference between the money a country earns from its |  |
| exports, and the money it pays for its imports |  |

## What is Geography ?

## Geography helps you to make sense of:

The physical world - what our planet is like, the work of the rivers, the sea and ice
The human world - how and where people live, develop and earn a living
The environmental world - habitats such as mountains, forests, oceans and how they develop and change A good geographer

1. Investigates and understands all these aspects of the world in which we live
2. Develops a locational knowledge of where places are in the world
3. Asks questions and uses a wide range of geographical data to investigate places.

Where is the UK ?



The British isles


## Population in the UK

## Population in the UK

Population distribution is the pattern of where people live and how
populations are spread out.
Population density is the number of people living in a given area,
usually a square kilometre
The populations of most countries, and even the world, are not evenly spread out. There are some areas with many people , and others with very few people.
Places that are crowded are called densely populated
Reasons to explain why some areas are densely populated include rich soils for farming, good communication options such as ports and temperate weather conditions ( not too hot or too cold )
Places that only have a few people living there are called sparsely

## populated

Reasons to explain why some areas are sparsely populated include areas where climate and landscape are extreme - too hot, too cold, too steep or too dry.
The type of map which uses different colours to show variations between places is called a choropleth map. A choropleth map is shown in Map A


## Geographical skills



## MAP SMMBOLS

Symbols are useful for lots of reasons including, space saving on a map, multi-lingual (all languages can understand them), saves time, clear.


## Geographical skills

## 4FGUVE GRID REFERENCES

Along the edges of each map there are numbers. These numbers help you work out where a location is on a map. Northings are numbers that go from bottom $\dagger$
top, Eastings go from left to right.


## The first two <br> numbers give <br> the eastings.



The second two
numbers give
the northings.

Remember... eastings
then northings!
Along the corridor and up the stairs!

## 6FGUNE GRDDPEFERENCSS

We can use six-figure grid references to find an exact location within a grid square, so they are much more accurate The grid square is divided into tenths.

## Example:

## 015795

| The first three |
| :--- |
| numbers give the |
| easting which |
| includes the |
| number of tenths. |

The last three numbers give the northing which includes the number of tenths.


## SCALE AND DISTANCE

OS maps have a scale. On some smaller maps, lcm on the map equals 250 m in real life. On some larger maps, lcm on the map equals 500 m . Different maps might have different scales, so check on your map to find its scale.


Using a line scale on a map is as easy as using a ruler. The important thing to remember is that a line scale shows measurements in km and the measurements on a ruler are in cm .

## WORD SCALE

 One centimeter on the map represents 3kilometers on the ground. ( $1 \mathrm{~cm}=3 \mathrm{~km}$ )

Using the scale above, if we measure the distance on a map between two places with our ruler. The measurement is 4 cm . We then have to multiply that measurement by 3 to calculate that the real distance between the two places is 12 km .

How does a Meander form ?

## Types of river erosion

| Hydraulic | the force of the river compresses air trapped in <br> cracks in the river banks. The increased pressure <br> weakens and gradually wears away the banks |
| :--- | :--- |
| Abrasion | rocks carried by the river rub and scrape along the <br> river bed and banks, wearing them down |
| Solution | where water is slightly acidic, it dissolves certain <br> types of rock on the river bed and banks |
| Attrition | rocks carried by the river collide with each other and <br> break into smaller pieces. |



## Erosion and Transportation

Erosion and transportation take place on the outside bend, where the river flows fast. The deeper channel creates less friction, which enables the water to flow quickly.

Over time, erosion causes the riverbanks to be undercut and worn away, forming river cliffs.

## Deposition

Deposition takes place on the inside bend, where the river flows slowly. The shallow channel creates greater friction, which slows the river down.
Sand and shingle are deposited on the inside of the river bend, forming slip-off slopes.

## The 2019 Derbyshire floods

## Key Information

The UK experienced an extreme weather event in November 2019 when exceptionally heavy rainfall caused flooding in parts of the UK.
Heavy downpours across large parts of northern England led to surface water and river flooding in parts of Yorkshire, Nottinghamshire, Greater Manchester, Derbyshire and Lincolnshire.
According to the Met Office, on Thursday 7th November 2019 over half of the average rainfall for the whole of November fell in parts of the Midlands and Yorkshire.
In Derbyshire, the River Derwent at Chatsworth reached its highest recorded level and council workers put up sandbags around Matlock and Matlock bath where the river was 'dangerously high'.
A number of properties in Derby city centre were flooded, however, a full evacuation was not ordered as the River Derwent didn't burst its banks to the extent emergency services believed it would.
The A52 - the main road route into Derby - was closed westbound between the city and the M1 along with a handful of smaller roads in the county.

## Key Information

On Friday, the floods claimed the life of a woman who was swept into the River Derwent at Rowsley in Derbyshire. Her body was found about two miles away in Darley Dale. She was named as Derbyshire's former high Sherriff Annie Hall
Trains were cancelled in Yorkshire and parts of the East Midlands as rail routes were flooded.
More than 100 flood warnings were put in place across England. The Environment Agency (EA) urged people to take them seriously. The Environment Agency responded to the flood risk by working closely with police, fire and rescue, local authorities and partners to reduce the risk of flooding and keep communities safe. On the ground, Environment Agency field teams worked through the night to operate flood storage areas and pump away flood water.
Funding for local councils where households and businesses have been affected - equivalent to $£ 500$ per eligible household
Up to $£ 2,500$ for small and medium-sized businesses which have suffered severe impacts not covered by insurance

## The Rock Cycle



## The Geology of Derbyshire

## The Geology of Derbyshire

The geology of the Peak District is what makes it such a diverse and beautiful land.
Split in half between the limestone outcrops of the white peak and the spectacular gritstone edges of the dark peak, the geology underneath the soil is a very fascinating tale to tell.
Limestone has cracks and is soluble in water, therefore rivers have been able to carve deep, narrow valleys. The rivers then often find routes underground, creating cave systems e.g. The Blue John mine in Gritstone is in insoluble.

The different types of rock beneath the soil strongly influence the landscape; they determine the type of vegetation that will grow, and ultimately the type of animal that will inhabit the area.

The gritstone and shale of the Dark Peak supports heather moorland and bog environments, with rough sheep pasture and grouse shooting being the main land uses.

The limestone of the White Peak are more intensively farmed, with sheep and dairy usage.

The Dark


## National Parks

## National Parks

National Parks are large areas of scenic countryside protected for use by the public, now and in the future.
The First National Parks were set up in the 1950's when the Government was worried some of Britain's finest scenery would be damaged or permanently destroyed.
The first National Park was the Peak District National Park which was set up in 1951.
Although people live and work in the National Parks there is little industry.
Development in National Parks is controlled. New buildings or roads must have special planning permission and keep with the local traditional style.

Each National Park is managed by a National Park
Authority (NPA), which works to balance the needs of the landscape, the residents and the visitors
The areas include mountains, moorland, heathland, woodland and coasts.


## National Parks

## Conflict in National Parks

Many groups of people use National Parks for a variety of activities
Activities include walking, cycling, sailing, birdwatching, horse riding, gliding,
abseiling, off road car racing, fishing and climbing
Tourist numbers have increased in National parks because:
Ownership of cars have increased
The development of motorways have reduced driving times which have allowed more people to travel easily to distant parts of the country. Located within easy reach of the major cities enabling the maximum number of people to escape to a quieter more pleasant rural environment.
Many of these groups come into conflict with each other when they use National
Parks.
The Peak District authority has to manage these conflicts to try to make as many users to the National Park as happy as possible.
Management strategies include rangers, litter bins, education and advice

## Why did Toyota locate in Derbyshire ?

## Manufacturing in the UK

Manufacturing in the UK has declined, with growth in tertiary and quaternary sectors. There are a number of reasons for this.

1. new technologies such as robots replacing people in modern industry
2. competition from other countries such as China, which can produce goods cheaper as labour is less expensive
Many industries that were once important in the UK, such as iron and steel,
shipbuilding and cloth- and textile-making, have all but disappeared.
This has led to high levels of unemployment in areas of the UK where such industries were once located.
The government has attempted to attract new foreign industries
Toyota has 2 plants in the UK. The engine manufacturing plant is located in North Wales and the vehicle manufacturing plant is located at Burnaston in Derbyshire
In 1992 the first car drove off the production line at Burnaston.


## Why did Toyota choose Burnaston?

The UK has a strong tradition of Manufacturing. This is especially true of Derbyshire which has large multinational companies such as Rolls Royce and Bombadier.
A highly skilled and flexible workforce
Strong positive attitude and support from the UK government and Derbyshire county council
Derbyshire is a central UK county
Burnaston offered a 600 acre site
The site is relatively flat and was a disused airfield
Excellent transport links to distribute their cars to their 230 supply partners. The Burnaston site crosses the A38 and the A50 roads.

## How does the UK trade with other countries?

No single country has all of the natural resources or manufactured goods and services that it needs.

Countries therefore need to work together to exchange the things they have and the things they need
Trade is the buying and selling of natural resources, manufactured goods and services
The raw materials, goods and services that a country buys are called imports
Those that a country sells are called exports.

The difference between the money a country earns from its exports, and the money it pays for its imports is called the balance of
trade
A country is making a profit if it earns more from exports than it pays for imports and a loss if it does not
Trade has always been important for the UK. It is the ninth largest export economy in the world

The major products we import include manufactured goods, clothing, oil, food and drink and machinery

The major goods that we export include manufactured goods, oil and machinery

## The Americas

Where does everyone live and why?

Key Terminology
Population distribution - the patterns of where people live and how populations are spread out.

Population density - the number of people living in a given area. Usually 1 km .
Densely populated - a large number of people in a given area.
Sparsely populated - a small amount of people in a given area.


## How can we describe the structure of a population?




| Key Terminology |  |
| :--- | :--- |
| Death Rate | the average amount of people who die per 1000 of the population |
| Birth Rate | the average amount of babies born per 1000 of the population |
| Life Expectancy | the average years a person can expect to live. |
| Dependent Population | members of a population who are not of working age. These include those under 18 |
|  | and over 65. |

Why are people migrating from Mexico to the USA?

| Key Terminology | Migration |
| :--- | :--- |
| the movement of people from one place to |  |
| another. |  |$|$| Voluntary Migration | making the choice to move from one place <br> to another ie for work |
| :--- | :--- |
| Forced Migration | having to move as a result of danger to life <br> ie war |
| Push Factor | Reason to leave a place (negative) |
| Pull Factor | Reason to move to a place (positive) |



Effects - what are the impacts of moving on the USA and Mexico?

Positives for Mexico:
Reduces pressure on resources
Money often gets sent back
home
More educated workforce

Negative for Mexico:
Woking population leaves
Families separated

Positives for USA: Introduces a new culture

Migrants work for lower wages
Fills low skilled jobs
More people paying tax

Negatives for USA:
Lack of job for US citizens
Pressure on resources ie housing
Cultural tension
Many undocumented people


| Key Terminology |  |
| :--- | :--- |
| Biome | large scale ecosystem |
| Ecosystem | a community of living and non-living |
|  | components that work together. |

The Americas have many different climates.
In the North it is largely Taiga and Tundra
The USA is mainly Temperate and Desert.
In South America climates are generally warmer.
The main biomes of South America are Tropical Rainforest, Savanna and Desert.

## What is Alaska' Tundra?

Barrow is the most Northern city in the USA.

It received very little rainfall.

The months of July, August and September receive the most rainfall.

These same months are also when the temperatures are the highest.

Temperatures rainge between -27 ' and 5' (C)


## Why is Oil important to Alaska?



| Key Terminology |  |
| :--- | :--- |
| Stake Holder | an individual or group with an invested <br> interest in an issue |
| Economic | money and jobs |
| Social | people and the environment |
| Environmental | the natural world |
| Political | the government |

Positive effects of oil drilling:
Brings jobs to the area
Brings money to the area
Stops dependency on other countries for oil
Funds resources and infrastructure in remote places

## Negative effects of oil drilling:

Destroys ocean and land ecosystems
Causes an increase in green house gases
Threatens native communities
Threat of oil spills

## What is the dominant biome in Brazil?



Brazi has a hot, humid climate
It receives large amounts of rainfall all year round.
Temperatures range between 26 ' and 29' all year round..


4 layers of the rainforest


## What are Food Chains and Webs?

## Amazon Rainforest Food Web



| Key Terminology |  |
| :--- | :--- |
| The Producers | the trees, shrubs, bromeliads and other <br> plants |
| The Primary | the macaws, monkeys, agouti, tapir, <br> Consumers <br> butterflies, sloths, toucans. |
| The Secondary <br> Consumers | the jaguar and boa constrictor. |
| The Scavengers | the butterflies and other insects. |
| The Decomposers | mushrooms, insects and microorganisms. |
| or Detrivores |  |

The UK woodland ecosystem


The main source of energy for all living things is sunlight. This is absorbed by producers such as plants. They convert the light energy from the sun into chemical energy by the process of photosynthesis.

This energy is passed on to animals when they eat the plants.
These animals are called herbivores or primary consumers.

In turn, these are eaten by other animals called carnivores or secondary consumers

An omnivore eats both vegetation and animals
This is called a food chain. Energy flows up the food chain .

## What are the layers of the Earth?



## Crust:

Thinnest layer
Solid
Floats on the mantle

Mantle:
Biggest layer
Hot magma
Molten rock
Viscous

Outer Core:
Hotter than the mantle
Viscous liquid
Molten rock

Inner Core:
Solid
Extremely hot
Under pressure
Made of iron and nickel

What's the difference between continental and oceanic crust?



## What does an Earthquake look like?



## What caused the Haiti Earthquake?

| Key Terminology |  |
| :--- | :--- |
| Richter Scale | a measure of the energy <br> released in an earthquake |

Haiti lies on a conservative boundary.
The epicentre was close to the capital Port
Au Prince
The earthquake was a 7 on the Richter scale Haiti is an LIC

Buildings are poorly constructed
There is little technology to predict an earthquake


## What were the effects of the Haiti earthquake?



Social Effects
3 million people affected.
Over 220,000 deaths.
300,000 injured.
1.3 million made homeless.

Several hospitals collapsed.


## Economic Effects

30,000 commercial buildings collapsed.
Businesses destroyed.
Damage to the main clothing industry
Airport and port damaged.


Environmental Effects
Haiti was unable to dispose of the bodies and this led to the spread of disease

Building, dust and debris
remained for months after.

## What were the responses of the Haiti earthquake?

## Short Term Responses

Dominican Republic provided emergency water and medical
supplies as well as heavy machinery to help with search and
rescue

Most people were left to dig through the rubble by hand.
Emergency rescue teams arrived from a number of countries.
Medical teams began treating the injured - temporary field
hospitals were set up by organisations like the Red Cross.
People from around the world pledged money over their mobile
phones.
United Nations troops and police were sent to help distribute aid and keep order.

## Key Terminology

Short term
responses
Long term
responses
reactions immediately after the earthquake. Usually concerning survival. reaction in the months following the earthquake. Usually concerning repair and rebuilding.

## Long Term Responses

Money was pledged by organisations and governments to assist in rebuilding, but only slow progress had been made after one year. After one year, there were still 1,300 camps.
'Cash for work' programs are paying Haitians to clear rubble.
Small farmers are being supported - so crops can be grown.
Schools are being rebuilt.

## Russia

## Where is Russia?

## Key facts on the Russian Federation:

Largest country on Earth and covers $1 / 10$ of all land on Earth.

It is twice as big as Canada and 70 times the size of the UK

It spans 9 time zones.
It is mostly in Asia, but the western part is in Europe.
Accounts for $20 \%$ of the World's forest area.
142 million people live in Russia.

It is rich in natural resources, Russia produces 20\% of the World's natural gas.

It is surrounded by the Pacific and Arctic Oceans
85 of the worlds 100 coldest cities are in Russia

It spans two continents - Asia and Europe


## Russia's Physical Geography

## Physical Features

## Caucasus Mountains

Mount Elbrus is the highest peak in Russia at 15,462 metres

## West Siberian Plain

Largest plain in the World. Stretches from North to South Russia.
It is frozen in the winter and a huge
marshland in the summer.

## Coastline

Russia has over $37,000 \mathrm{~km}$ of coastline. Most of the coastline is frozen for some of the year meaning Russia has few usable ports.


## Kamchatka Peninsula

Over 70 volcanoes and an area that has lots of Earthquakes.

## Russia Climate

Continental Climate: Long, cold winters with brief, often warm, summers.
Precipitation is low throughout the year.

## Average January temperatures:

In the west around Moscow temperatures are between -10 to 0 .
In the East around Yakutsk temperatures average -40.

Average July temperatures:
In the south of the country temperatures average 30.
In the north temperatures average 10.

## Biomes in Russia

## Taiga Biome

Coniferous forests of pines, spruces and larches.
Found in the Northern hemisphere.
Largest biome in Russia.
Russian Taiga is the largest forested region on Earth.
Contains more than $55 \%$ of the World's conifers.

## Tundra Biome

Coldest of biomes.
Located in North-East of Russia.
Winters are long and summers are short.
Soil forms very slowly.
Plants include fungus, grasses and shrubs.
They stay low to protect from the cold and the wind.


## Glaciation

Glaciers are masses of ice that fill valleys and hollows and slowly move downhill

## Glacial erosion

Glaciers erode the landscape as the move
The weight of ice in a glacier makes it move downhill ( advance ), eroding the landscape as it goes
The moving ice erodes the landscape in two ways

1. Plucking occurs when meltwater at the base, back or sides off a glacier freezes onto the rock. AS the glacier moves forward it pulls pieces of rock out
2. Abrasion is where bits of rock stuck in the ice grind against the rock below the glacier wearing it away ( as if the glaciers got sandpaper on the bottom of it )
At the top of the glacier the ice doesn't move in a straight line-it moves in a circular motion called rotational slip. This can erode hollows in the landscape Freeze-thaw weathering is where water gets into cracks in rocks. The water freezes and expands, putting pressure on the rock. The ice then thaws, releasing the pressure. If this process is repeated it can make bits of the rock fall off.


## Glaciation erosion landforms

## U shaped valley

One of the most dramatic changes to a landscape caused by glacial erosion is the formation of U-shaped valleys
A series of small corrie glaciers move down-slope from the hollow on the
mountainside where they formed. They slowly join together to form one large glacier This large glacier can erode more powerfully. It therefore creates a deeper valley with sheer, straight sides and a flat bottom. This valley looks like the letter ' $U$ ', hence the name - U-shaped valley.
Hanging valleys and truncated spurs
When a U-shaped valley is created, the glacier cuts through the interlocking spurs that previously formed the river valley
This leaves behind steep cliffs along the sides of the U-shaped valley - these are called truncated spurs.

Once the ice melts and the river flows once more, the tributary streams and their small valleys are left hanging high above the new U-shaped valley floor. This landform is called a hanging valley


## Glaciation transportation

## Glacial transportation

Glaciers can move material over very large distances. This unsorted material is called till
The material is frozen in the glacier, carried on its surface, or pushed in front of it.
When the ice carrying the material melts, material is deposited on the valley floor, forming landforms such as moraines

Most glacial deposits aren't sorted by size or weight like river deposits - rocks of all shapes and sizes are mixed up together


## Glaciation deposition

## Glacial deposition

Moraines are landforms made out of till dropped by the glacier as it moves
There are four different types of moraines - as shown on diagram 1 below
Drumlins are elongated hills of glacial deposits - the largest ones can be over 1000 m long, 500 m wide and 50 m high .
Drumlins are round, blunt and steep at the upstream end, and pointed and gently sloping at the downstream end. They are shown in diagram 2 below
Erratics are rocks that have been picked up by a glacier, carried along and dropped in an area that has a completely different rock type. This means that erratics often look out of place

Diagram 1 - types of Moraine


Diagram 2 - Drumlins


## Russian population distribution and density

Russia's population density is not even.
$77 \%$ of Russia's population live West of the
Ural mountains
There are very few large cities in the East of Russia.

## Reasons for population Density.

Rich soil for farming.
Temperate weather conditions.
Good communication options.
Harsh climate.
Risks of flooding or Earthquakes.
Difficult landscapes e.g. deserts

| Key terms | Definition |
| :--- | :--- |
| Population Density | Population/Area |
| Densely populated | High population density. |
| Sparsely populated | Low population density. |
| Choropleth map | A type of mapping where a range of |
| increasingly dark colours is used to |  |
| represent data grouped into categories. |  |



## Russian Economy

## Key Facts

Capital City: Moscow

Russia has lots of natural resources. It produces $20 \%$ of the World's natural gas.

It has the eight largest oil reserves.

Exports lots of timber.

Russia struggles to move raw materials from the East to the West.

Roads in Russia are in poor condition due to the cold weather.

Largely depends on railways.


| Economic Sector | Definition | \% of jobs in Russia |
| :--- | :--- | :--- |
| Primary | Extracting raw materials | 9.4 |
| Secondary | Making things from raw <br> materials | 27.6 |
| Tertiary | Providing a service to others | 63 |

## Geographical Information System

| Key term | Definition |
| :--- | :--- |
| Geographical Information <br> System (GIS) | A GIS works on a computer; the software connects data <br> to maps quickly so you can focus on looking at patterns <br> and make decisions. <br> The information is shown in layers. |
| Google Earth | Google Earth is a geobrowser that allows you to view the <br> Earth through satellite and aerial imagery, and other <br> geographic data over the internet. It represents the Earth <br> as a three-dimensional globe. |
| Global Positioning | US navigational tool that uses satellites to track positions <br> and give directions. |
| System (GPS) |  |



## What is the Arctic?

## Key Facts

The Arctic region surrounds the North Pole and the Arctic Ocean. It is defined as the region north of Arctic Circle.

Some of the surface of the ocean is frozen for some or all the year.
Winter temperatures of -40



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Time Periods, Factors \& Themes

| Time Period | Details |
| :--- | :--- |
| $1170-1500$ | Medieval |
| $1500-1750$ | Renaissance |
| $1750-1900$ | Industrial |
| $1900+$ | Modern |
|  |  |
| Themes |  |
| the development of rights, |  |
| the development of parliament, |  |
| authority and challenge to authority |  |



## Year 7 History

The development of Church, state and society in Medieval Britain

1066-1509


## 2. Year 7 History: 1066-1509

Battles of 1066

| Battle | Events | Battle | Events |
| :--- | :--- | :--- | :--- |
| Battle of Stamford | Between Harold Godwinson and Harald | Battle of Hastings | Between Harold Godwinson and William of |
| Bridge | Hardrada | 14 ${ }^{\text {th }}$ October 1066 | Normandy |
| $\mathbf{2 5 t h}$ September | Hardrada invaded England and took control of | At Senlac Hill | Godwinson's army marched 250 miles from |
| $\mathbf{1 0 6 6}$ | York. | East Sussex | Yorkshire to meet William's army. |
| At Stamford near | Godwinson launched a surprise attack on the |  | Godwinson's army used the shield-wall |
| York | Vikings. |  | tactic |
|  | Vikings were unprepared. |  | William's army used the feigned retreat |

## 3. Year 7 History: 1066-1509

## Armies

| William's Army |  |
| :--- | :--- |
| Mercenaries | Professional soldiers. <br> Well trained and equipped. |
| Archers | Equipped with bows and arrows. <br> Effective long-range but limited in short- <br> range fighting |
| Knights | Fought on horseback. <br> Could charge at high speeds towards <br> enemies. |


| Godwinson's Army |  |
| :--- | :--- |
| Fyrd | Untrained peasants. <br>  <br>  <br>  <br>  <br> Equipped with farming tools. |
| Housecarls | Trained professional soldiers. <br> Well armoured. <br> Equipped with battle-axes and shields |

4. Year 7 History: 1066-1509

The Feudal System

5. Year 7 History: 1066-1509

Domesday Book

| The Domesday Book |  |
| :--- | :--- |
| What was it? | William needed to know how much money people had. |
|  | He created a survey of land and wealth in England. <br> This became known as the Domesday Book. |
| How did William use | To work out how much people could be taxed |
| it? | To work out how many people could fight for him |

6. Year 7 History: 1066-1509

7. Year 7 History: 1066-1509

## Why castles were built



## 8. Year 7 History: 1066-1509

Why was Thomas Becket murdered in 1170?


## 9. Year 7 History: 1066-1509


10. Year 7 History: 1066-1509

Impact of the Black Death

Impacts $\quad$| Lords were willing to pay higher wages |
| :--- |
| Peasants were able to pay lower rents |
| Thouspands of Jews were murdered because they were |
| blamed for poisoning the water. |

| Impacts |  |
| :--- | :--- |
| Social | Over $1 / 3$ of the Population in England was killed. |
|  | Peasants had more freedom to move to find work |
|  | Crops were left to rot in the fields |
|  | Entire generations were wiped out |
|  | Some began to live a wild life because they believed |
| they might die any day. |  |
|  | Villages were deserted |


12. Year 7 History: 1066-1509

War of the Roses family tree


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13. Year 7 History: 1066-1509

The Battle of Bosworth, 1485

14. Year 7 History: 1066-1509

Henry VII's problems

| Problem | Solution |
| :--- | :--- |
| He worried that they | Married Elizabeth of York in |
| would not accept him as | 1486, uniting the two <br> king because he killed a <br> families |
| member of their family. |  |
| Without money he could | Forced all people in |
| not buy armies and | England to give him |
| weapons to secure his | money. |
| reign. |  |

\(\left.$$
\begin{array}{ll}\hline \text { Problem } & \text { Solution } \\
\hline \begin{array}{ll}\text { He was worried about } & \text { Threatened to go to war with France unless they } \\
\text { threats from France, } & \text { paid him } £ 150,000 .\end{array} \\
\text { Spain and Scotland. } & \begin{array}{l}\text { Married his son, Prince Arthur, to Spanish Princess } \\
\text { Catherine of Aragon. }\end{array}
$$ <br>
\hline Married his daughter, Margaret, to the King of <br>

Some barons did not \& Banned private armies and fined any Baron who\end{array}\right\}\)| support Henry as King. | kept them. |
| :--- | :--- |
| They were powerful and |  |
| had their own armies. |  |

## Year 7 History

The development of Church, state and society in Britain
1509-1746

2. Year 7 History: 1509-1746

Reformation and Renaissance

| Why were people challenging the Church? |  |  |
| :---: | :---: | :---: |
| Printing Press | Martin Luther \#\% | Renaissance and new discoveries $\mathrm{m}^{0}$ |
| - Created by Johannes Gutenberg in 1453. | - A German Monk. | - Renaissance: a period of discovery and change. |
| - Used woodcuts to print books and leaflets. | - Wrote the 95 Theses: a list of complaints about | - During the renaissance people could question |
| - Allowed people to buy books and learn things for | the Church in 1517. | existing ideas through investigation and |
| themselves. | - Argued that the Bible should be written in the | experiments. |
| - Ideas from books were spread by | language of the country, not just in Latin. | - The discovery of the Americas in 1492 made |
| communication | - In 1522 he translated the Bible into German | people doubt the teachings of the Church. |
| Ideas spread by the printing press: |  | - Copernicus' works in 1543 challenged the idea |
| - Luther's 95 Theses |  | taught by the Church that the Earth was the |
| - Galileo's work on the Earth travelling around the |  | centre of the universe. |
| Sun was published in 1632. |  |  |
| - These ideas challenged the Church's teachings. |  |  |

## 3. Year 7 History: 1509-1746

Reformation and Renaissance in England


Act of Supremacy 1534:
This made Henry, and all his heirs, Supreme Head of the Church of England.

This removed the Pope's religious authority in
England.

Money By breaking from the Catholic Church, Henry was able to close down
over 800 monasteries in England and keep their money for himself

Power The Pope had religious authority over England.
Henry saw the Pope as a rival to his power.
4. Year 7 History: 1509-1746

Changes in the Church in the 1500s


SOURCE 1 Inside a typical medieval Roman Catholic church in 1500
Catholic


Protestant


## 5. Year 7 History: 1509-1746

Religious changes under Edward, Mary and Elizabeth

## Elizabeth I

Officially made the Church Protestant but tried to compromise:

- Act of Supremacy: made Elizabeth the Supreme Governor of the Church
- Act of Uniformity: everyone had to attend the Church of England and use the English Prayer Book
- English Church services and Bible
- Allowed elements of the Catholic church to remain, such as church
decorations and music.
- Compromised on beliefs about communion
- Punished those who refused to attend Church of England services.


## 6. Year 7 History: 1509-1746

Conflict with Catholics- causes of the Spanish Armada


## 7. Year 7 History: 1509-1746

Conflict with Catholics- Events of the Spanish Armada
Events

1. 131 warships left Spain in July 1588 .
2. The Spanish ships were seen by the English and beacons were lit along the
English coast.
3. The Armada stopped at Calais, France and the English used fire ships to break
Spain's formation which meant the Spanish couldn't pick their soldiers up from the
Netherlands.
4. The Armada sailed north around Scotland to escape the English but on the way
south, the Armada hit very bad weather and lots of the ships were wrecked.
5. Less than half the Armada returned to Spain.


27
8. Year 7 History: 1509-1746

Failure of the Spanish Armada


10. Year 7 History: 1509-1746

How far was James I to blame for the Gunpowder plot?

| Causes of the Gunpowder plot |  |
| :--- | :--- |
| James' | Reintroduced fines for not attending Church services. |
| actions | Had a very expensive coronation and lots of parties. |
|  | Announced his 'utter detestation' of Catholicism. |
|  | Rounded up and fined hundreds of Catholics. |
|  | Ordered all Catholic priests to leave England. |
| Social issues | No-one in authority was doing anything about the |
|  | plague. |
|  | The Spanish hated that another Protestant was ruling |
|  | England. |


| Causes of the Gunpowder plot |  |
| :--- | :--- |
| Religious | James announced his 'utter detestation' of |
| issues | Catholicism. <br> James rounded up and fined hundreds of <br> James ordered all Catholic priests to leave <br> England. <br> James reintroduced fines for not attending <br> Church services. <br> All Catholics seen as traitors after the discovery <br> of two plots against James in 1603 |

## 11. Year 7 History: 1509-1746

Why did Britain colonise North America?

| Motives |  |
| :---: | :---: |
| Religio <br> u | Protestant, Catholic and Jewish groups went to the colonies to find religious freedom. <br> Some groups wanted to spread Christianity with natives. |
|  | Taking over new land would show England's strength and give them more power. <br> The English wanted to limit Spain's expansion |

Motives
Colonists believed North America would bring
North America had a lot of resources like wood
and furs
New crops such as tobacco could be grown
People wanted to escape poverty, war, political
unrest, food shortages and disease.
People wanted to find a better life.

13. Year 7 History: 1509-1746

Events of the English Revolution

| Event | Description |
| :--- | :--- |
| Battle of Edgehill | No clear victory for either army. |
| Oct $\mathbf{1 6 4 2}$ |  |
| Battle of Marston Moor | Royalists were outnumbered by Parliament's army. |
| July 1644 | Parliament won, giving them control over Yorkshire. |
| Battle of Naseby | The New Model Army was created in January 1645 and was very disciplined. |
| Jun 1645 | In 1646 Charles I surrendered to the Scottish Army who sold him to the English Parliament. |
| Execution of Charles I | Parliament put Charles on trial for treason and executed him in January 1649. |
| Jan 1649 |  |

## 14. Year 7 History: 1509-1746

How significant was the English Revolution?

15. Year 7 History: 1509-1746

## Cromwell's actions


16. Year 7 History: 1509-1746

Life in Restoration England
Restoration

17. Year 7 History: 1509-1746

Glorious Revolution 1688

| Cause | Description |
| :--- | :--- |
| Religion | Appointed Catholics to high ranks in the army |
| and in government. |  |
|  | 1687 Declaration of Indulgence: ends |
| punishments for being Catholic. |  |
| This worried the Protestants in Parliament. |  |
| James' Protestant daughter Mary was the heir to |  |
| the throne. |  |
| In June 1688 James had a son, who was |  |
| Catholic, which changed the line of succession. |  |


| Cause | Description |
| :---: | :---: |
| James' | 1687: James dissolved Parliament. |
| relationship | He hoped to elect a new |
| with Parliament明占 | Parliament which would support |
|  | his belief in the Divine Right of |
|  | Kings. |

18. Year 7 History: 1509-1746

## Glorious Revolution 1688

| Event | Description |
| :--- | :--- |
| Immortal 7 | 6 MPs and 1 Bishop wrote to William of Orange |
| June 1688 | (James' son-in-law) to ask him to help England. |
| William | William of Orange gathered an army and sets |
| invaded Nov | sail. |
| $\mathbf{1 6 8 8}$ | He landed in Torbay in Devon and began to <br> James lost |
| Many of James' supporters changed sides and |  |
| support | joined William's army. <br> Dec 1688 |


| Event | Description |
| :--- | :--- |
| Bill of Rights | Parliament invited William and Mary to |
| Feb 1689 | be King and Queen. <br> They passed the Bill of Rights, which <br> limited the power of the monarch |
| William and | William and Mary became joint |
| Mary are | monarchs |
| crowned |  |
| April 1689 |  |

19. Year 7 History: 1509-1746

Glorious Revolution 1688

| Consequence | Description |
| :--- | :--- |
| Bill of Rights | Made it illegal for monarchs to rule without Parliament. |
| 1689 | Made it illegal to raise taxes without the consent of |
|  | Parliament. |
| Named Mary's Protestant sister Anne as the next heir |  |
| Act 1689 | Gade it illegal to hold a standing army in peacetime freedom of worship to people of all faiths except |


| Consequence | Description |
| :--- | :--- |
| Act of | Gave the throne to the Hanover dynasty |
| Settlement | Ensured all monarchs must be |
| $\mathbf{1 7 0 1}$ | Protestant. <br> Economy <br> Barliament began to look more closely at <br> the monarch's spending. <br> Only Parliament was allowed to raise <br> taxes. <br> England and the Netherlands were now |

## Year 7 History

Ideas, political power, industry and empire including Derby as Local History
Study
1746-1901

1. Year 7 History: 1746-1901

## History of Derby

$\left.\left.\begin{array}{|ll|}\hline \text { Era } & \\ \hline \text { Roman } & \text { Between } 60 \text { and } 80 \text { AD the Romans used a wooden fort at } \\ & \text { Strutt's Park, between Duffield Road and Belper Road. } \\ & \text { A second fort was build at Little Chester in } 80 \text { AD. } \\ & \text { A town called Derventio grew up along side the fort. } \\ & \text { Both forts defended the Roman roads that crossed the } \\ & \text { River Derwent nearby. }\end{array} \quad \begin{array}{ll}\text { Anglo Saxon the } 7^{\text {th }} \text { Century a settlement called Northworthy had } \\ \text { been set up near to Iron Gate and Queen Street. }\end{array}\right\} \begin{array}{ll}\text { A second settlement was set up called Wardwick in the } 8^{\text {th }}\end{array}\right]$

| Era |  |
| :--- | :--- |
| Viking | The Danes conquered Northworthy in 874 AD |
| and renamed the town Derby. |  |
| The use of the word Gate for Street in the city is |  |
| evidence of Danish occupation. |  |
|  | Derby was conquered again by the English at <br> the Battle of Derby in 917AD |

## 2. Year 7 History: 1746-1901

Derby and the Enlightenment (1760-1830)

| Enlightenment <br> figure | Why they are important |
| :--- | :--- |
| Erasmus Darwin | Set up the Derby Philosophical Society in 1783. Great <br> scientist - writing about plant biology. Doctor. Had been <br> a member of the Lunar Society. Grandfather of Charles |
|  | Darwin | | Joseph Wright | Known for his paintings dealing with light and shade and <br> also with scientific themes. |
| :--- | :--- |
| Josiah Wedgwood | Member of the Derby Philosophical Society. Successful <br> businessman owning a famous pottery works in Stoke <br> and developing modern marketing methods. |


| Enlightenment figure | Why they are important |
| :--- | :--- |
| John Whitehurst | Clock and instrument maker. Scientist who helped to <br> develop the science of Geology - the study of the <br> Earth's structure. |
| William Duesbury | Successful business man who set up Crown Derby. <br> William Strutt <br> architect designing fire-proof cotton mills. |

3. Year 7 History: 1746-1901 Industrial Derby

## Textiles

Silk Mills had been set up in 1727
The Silk Mill was water powered Cotton Mills were set up in Derbyshire after 1770


## 4. Year 7 History: 1746-1901

19 ${ }^{\text {th }}$ Century Reforms

| Changes/aspects of life | Details |
| :--- | :--- |
| Chartism - the Chartists | After 1832 most men still could not vote. You had to be well off to vote |
| existed as a mass | or be an MP. |
| movement between 1836 | Voting was not done in secret. |
| and 1848. | Many felt British politics did not work for ordinary people. |
|  | The Chartists wanted to allow all men to vote and be able to become |
|  | MPs. |
|  | They wanted to reform politics. |
|  | They campaigned using petitions, marches, newspapers and |
|  | sometimes violence. |

## 5. Year 7 History: 1746-1901

## $19^{\text {th }}$ Century Reforms

| Changes/aspects of life | Details |
| :--- | :--- |
| Factory Reform | There were no laws controlling they way people were |
|  | made to work in early factories. |
|  | Many children, like Robert Blincoe were treated very |
|  | cruelly when they worked in the Mills. |
|  | People campaigned to pass laws controlling factory work. |
|  | The Factory Act of 1833 banned children under 9 years |
|  | old from working in textile mills. |
|  | Children Aged 9 to 13 could only work part time and had |
|  | to go to school. |

## 6. Year 7 History: 1746-1901

Queen Victoria's Reign

| $\mathbf{1 8 3 7}$ | $\mathbf{1 9 0 1}$ |
| :--- | :--- |
| Population of the United Kingdom was 26.9 million. | Population of the United Kingdom was 41.6 million. |
| Most worked on farms but factories were growing. | Britain was an industrial nation with only some working on farms. |
| Transport and communication was very slow- most used canals. | Railways made quick travel possible. |
| Peoples' lives revolved around their local community. | People travelled to the seaside for holidays. |
| Very few people went to school. | Everyone aged 5 to 11 years old went to school. |
| Law and order was still harsh if you were caught. | All areas had a police service and prison. |
| Only the rich could vote. | Nearly all men could vote. |
| The Whig and Tory factions controlled politics. | Britain was the most powerful nation and controlled a quarter of |
| Britain was a powerful nation with a growing Empire. | the World's land. |
| The Royal Navy was very powerful |  |

7. Year 7 History: 1746-1901

Ireland and Home Rule

| Date | Event |
| :--- | :--- |
| 1801 | Ireland becomes a part of the United Kingdom. |
| $1845-9$ | Irish Famine caused by potato blight |
| 1848 | Young Ireland Rebellion fails <br> 1858 |
| 1867 | Irish Republican Brotherhood set up to gain Irish |
| 1870 | Irish Genian uprising fails |
| for Irish Homernment Association set up to campaign |  |


| Date | Event |
| :---: | :---: |
| 1885 | Irish Parliamentary Party won the majority of Irish seats in the General Election. |
| 1886 | First Irish Home Rule Bill was defeated in Parliament. |
| 1893 | Second Irish Home Rule Bill was passed by the House of Commons but was defeated in the House of Lords. |
| 1912 | Third Irish Home Rule Bill was passed by the House of Parliament. It was suspended in 1914 on the outbreak of World War 1. |
| 1912 | The Ulster Volunteers were set up in Belfast to prevent Irish Home Rule. |
| 1916 | Easter Rising in Dublin by the Irish Volunteers is defeated and brutally crushed. |

## Year 7 History

## Challenges for Britain, Europe and the wider world

1901-1918

## 1. Year 7: 1901-1918

## Causes of the Liberal Reforms

| Date | Event | Details |
| :---: | :---: | :---: |
| 1886- | Charles | Charles Booth's made a survey called 'Life |
| 1903 | Booth's | and Labour of the People in London'. |
|  | enquiry | It found that 30\% of employed Londoners |
|  |  | were so poor they could not afford food. |
| 1899 | Boer War | The government needed soldiers to fight |
|  |  | in the Boer War in South Africa. |
|  |  | Whilst recruiting it was found that 40\% of |
|  |  | all young men who volunteered were |
|  |  | unfit to be soldiers. |


| Date | Event | Details |
| :--- | :--- | :--- |
| 1901 | Seebohm | Rowntree published his study called |
| Rowntree's study 'Poverty: A Study of Town Life' based on |  |  |
| the people of York in 1901. |  |  |
| of money to live on at some time in their |  |  |
| life. |  |  |
|  |  | People feared that Britain would fall <br> behind countries like Germany who had |
|  |  |  |
|  |  |  |

## 2. Year 7: 1901-1918

## Causes of the Liberal Reforms

| Date | Event | Details |
| :---: | :---: | :---: |
| 1904 | 'Physical Deterioration of the <br> People' report | The government investigated why so many men did not reach army requirements and created a report. <br> The report said that many men were too unhealthy to join the army. |
| 1906 | New Liberal Government | Some politicians, including Winston Churchill and David Lloyd-George from the Liberal Party wanted the government to improve public health. In 1906 the Liberal Party won the general election and started to introduce new laws which were aimed to improve the lives of people in Britain. |

## 3. Year 7: 1901-1918

The Liberal Reforms

| Who was | Law | Details | Keyword M | Meaning |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| helped? |  |  | Poverty T | The state of being extremely poor. |  |
| Children | 1906: School | This law allowed local councils to provide | Recruitment T | The action of enlisting new people in the armed forces. |  |
|  | Meals Act | free school meals to poorer children. | Deterioration T | The process of becoming progressively worse. |  |
|  |  | By 1914, over 158,000 children were | Welfare | Government benefits given to poorer people to help them live to a good standard of living. |  |
|  | 07: Children's | The government paid for free clinics to be setup in schools. | Who was helped? Law |  | Details |
|  |  | In 1918 Health visitors were created. | Unemployed and sick | 1911: National <br> Insurance Act | This law introduced unemployment benefit, free medical treatment and sickness pay. |
|  | 1908: The | This law made children into | Elderly | 1908: The <br> Pensions Act | Everyone over the age of 70 could get a <br> state pension |
|  | Children and | 'protected persons' so parents could |  |  |  |
|  | Young Person's | be punished for neglecting or abusing |  | A single person could get 5 s a week and |  |
|  | Act | their children. |  |  | a married couple 7 s 6 d . |

## 4. Year 7: 1901-1918

## Women's' Suffrage up to 1914



## 5. Year 7: 1901-1918

## Europe in 1914



## 6. Year 7: 1901-1918

## Long Term Causes of the First World War

| Cause | Definition | Example |
| :--- | :--- | :--- |
| Militarism | The belief that a | Britain and Germany tried to |
|  | country should have a compete against each other by |  |
| strong army and use it | building as many Dreadnoughts as |  |
|  | when a problem | possible. |
| occurs. | This was known as the Naval Arms |  |
| Alliances | When countries agree, | Germany, Austria and Italy created |
| sometimes through a | the Triple Alliance. |  |
| treaty or through | Britain, France and Russia formed |  |
| promises, to protect | the Triple Entente. |  |
| one another against |  |  |
| threats. |  |  |


| Cause | Definition | Example |
| :--- | :--- | :--- |
| Imperialism | When a country wants | France was trying to colonise |
|  | to expand its power by |  |
| invading other | Morocco but the Kaiser made |  |
|  | countries and | encouraging the Moroccan |
|  | colonising them to | people to fight the French. |
| mationalism an empire. |  |  |
|  | When a country felt it | Germany defeated France |
|  | was more superior | during the Franco-Prussian |
| than other countries | war, 1871. |  |

threats


55
8. Year 7: 1901-1918

Events of the First World War

9. Year 7: 1901-1918

## Ireland during the First World War

| Date | Event |
| :--- | :--- |
| 1916 | Easter rising in Dublin. Even though it was easily <br> defeated it increased support for an independent <br> Ireland. |
| 1918 | In the election Sinn Fein gain the most seats and <br> declare Ireland independent from Britain. |
|  | The IRA (Irish Republican Army) begin |
| attacking British troops and police. |  |

Nationalist: Mainly Catholic and lived in the South. Wanted Ireland to remain independent.

Unionist: Mainly Protestant and lived in the North. Wanted to remain part of the UK.

| Date | Event |
| :--- | :--- |
| 1920 | Britain sends ex-soldiers (Black and Tans) to stop <br> the fighting. This only made the situation worse. |
| 1921 | A solution was found. Southern Ireland would <br> become independent and the North where most <br> Protestant live would become Northern Ireland |
|  | and remain part of the United Kingdom. |

10. Year 7: 1901-1918

Women during the First World War

| Date | Event | Details |
| :--- | :--- | :--- |
| From | Suffragists | The Suffragists organized women to take over |
| 1914 | support the men's jobs as they left for war but they still had |  |
|  | war effort | meetings about getting women the vote. |
| 1915 | Worker | Women took over men's jobs as they were |
|  | shortage | fighting in WW1. |
|  |  | Over 1 million women took on jobs in munition |
| January | Women's | The Women's Land Army was founded in January |
| La17 | Land Army | 1917 so that enough food was grown in Britain. |


| Date | Event | Details |
| :---: | :---: | :---: |
| 1918 | Some | The vote was given to women over the age of 30 |
|  | women gain | who were householders, the wives of householders, occupiers of |
|  | the vote | property with an annual rent of $£ 5$, and graduates of British |
|  |  | universities. |
|  |  | About 8.4 million women gained the vote. |
|  |  | The voting age for men was 21. |
|  |  | The majority of women who had helped during the war were |
|  |  | young, working class women who did not get to vote under the |
|  |  | 1918 law. |
| 1928 | Equal voting | The Equal Franchise Act was a law which gave women equal |
|  | rights | voting rights to men. All men and women aged 21 and over |
|  |  | were allowed to vote. 58 |

## Year 7 History

## Challenges for Britain, Europe and the wider world <br> 1918-present day

1. Year 7: 1918-present

Britain in the Great Depression

| Date | Event |
| :--- | :--- |
| $\mathbf{1 9 2 8}$ | Women over 21 gained the vote in Britain. |
| $\mathbf{1 9 2 9}$ | Wall Street Crash leads to a Worldwide economic |
| downturn (Depression). |  |
| 1932 | Nearly 20\% of workers in the worst hit areas were <br> unemployed. |
| 1932 | British Union of Fascists is founded by Sir Oswald <br> Mosley. |
| 1936 | Jarrow Crusade - march from Jarrow, in Northern <br> England, to London to take a petition to Parliament. |


| Date | Event |
| :--- | :--- |
| $\mathbf{1 9 3 8}$ | Government tried to help and make more money <br> available to the hardest hit areas. |
| 1939 | The outbreak of war brought more jobs in factories and <br> in the military. <br> The worst effects of the Depression were over. |

2. Year 7: 1918-present

## Rise of dictators

| Date | Event |
| :--- | :--- |
| $\mathbf{1 9 1 7}$ | Russia becomes Communist, following Karl |
| Marx's ideas. |  |
| 1919 | Italy is disappointed at its lack of reward from the <br> Treaty of Versailles after WW1. <br> Russia becomes the USSR (Union of Soviet <br> Socialist Republics). |
| 1922 | Mussolini becomes leader of Italy. |

Democracy: People have more freedom in their lives.
They can vote for who their leader is.
Dictatorship: People have little freedom and cannot vote in elections.

Date | Event |
| :--- |
| Stalin becomes undisputed leader of the USSR after a |
| brief power struggle. |
| 1929 |
| Hitler becomes Chancellor of Germany. |
| Spanish Civil War. |
| General Franco wins and establishes a dictatorship in |
| Spain until 1975. |

## 3. Year 7: 1918-present

Events of the Second World War

| Date | Event |
| :--- | :--- |
| 1939 | Hitler quickly defeats Poland using Blitzkrieg tactics. |
| Bliztkreig | British troops in France rescued by the navy with 338,226 soldiers |
| 1940 | evacquated from the beaches at Dunkirk. |
| Dunkirk | The Royal Air Force and the German Luftwaffe fought the Battle |
| July 1940-October | Hitler invaded Russia and did well at first but when the winter set |
| Battle of Britain | retreat. |
| June 1941 | Japan attacked America at Pearl Harbor. |
| Hitler invades Russia | in German equipment froze and their soldiers were forced to |


| Date | Event |
| :--- | :--- |
| 1942 | Germany and Britain were fighting in Egypt over the |
| Battle of El | oil supplies in the Middle East. |
| Alamein | The British won. |
| 1942-1943 | Germany and Russia fought over Stalingrad. |
| Battle of Stalingrad | The Germans surrendered in February 1943. |
| 6th June 1944 | Russia attacked Germany from the east whilst |
| D-Day | Britain and the USA agreed attack from the west. |
| They landed on Normandy beaches to try and |  |
| ( May 1945 | Hitler commits suicide. |
| Germany | Germany surrendered to the Allies. |
| surrendered |  |

## 4. Year 7: 1918-present <br> The Blitz and Dresden

| Date | Event |
| :--- | :--- |
| 7th September | The main Blitz campaign against Britain. |
| 1940 - 11th May | Over 40,000 civilians were killed and two |
| $\mathbf{1 9 4 1}$ | million homes were destroyed. |
| $\mathbf{1 4 - 1 5}$ November | Coventry was bombed by the Germans. |
| $\mathbf{1 9 4 0}$ | 568 people were killed. |
| $\mathbf{2 7 t h}$ July 1942 | Rolls Royce was bombed killing 23 people, <br> the city's worst night. |

## 5. Year 7: 1918-present

## Causes of the creation of the Welfare State

| Cause | Details |
| :--- | :--- |
| War | After both world wars people wanted the government to |
| help support society through welfare. |  |
| Many were shocked the health of some of the evacuee a better and fairer healthcare system. |  |
| children during WW2. |  |

After the Second World War a political election-the

Labour Party won.
Labour had promised they would follow the advice of the
Beveridge Report.
Winston Churchill lost the election because his party, the Conservatives, did not agree with the Beveridge Report.

| Date | Event |
| :--- | :--- |
| 13th February 1945 | Dresden was bombed. |
|  | A firestorm started that killed at least 150,000 |
|  | civilians. |
| 9th-10th March | US air force bombed Tokyo. |
| 1945 | Over a million homes were destroyed and over |
|  | 100,000 people were killed. |

63
Precision bombing: Hitting specific targets in a city e.g. railways or factories.

Area bombing: Bombing whole areas of a city with no specific target.

## 6. Year 7: 1918-present

The Welfare State

| Date | Event | Details |
| :--- | :--- | :--- |
| $\mathbf{1 9 4 4}$ | The Education Act | Secondary education a free right <br> for all. |
|  |  | The age of school leavers was <br> increased to 15. |
| $\mathbf{1 9 4 5}$ | Family Allowance | Families were given a weekly |
|  | Act | allowance payment to help with <br> childcare costs. |

The Labour Government, led by Clement Attlee, kept their promise and introduced several changes which linked to the Beveridge Report of 1942.

| Date | Event | Details |
| :--- | :--- | :--- |
| 1946 | National Insurance | Benefits were given to any worker |
|  | Act | who was became unemployed, |
| injured or sick. |  |  |
| 1948 | National Health | The NHS was set up in 1948 and |
|  | Service Act | gave free healthcare to all. |
| 1947 | Planning Act | Slums and bomb-damaged housing |
|  |  | wany of the poorest people in Britain |
|  |  | were relocated to new cities and |
|  |  | towns. |

## 7. Year 7: 1918-present

## The Welfare State

| Key | Details |
| :--- | :--- |
| Individuals |  |
| William | He wrote a report about the '5 giants' which |
| Beveridge | negatively affect people's lives and urged <br> the government to help people overcome |
| Winston | Prime Minister of Britain from, 1940-45 |
| Churchill | during WW2. |
| Clement | Prime Minister of Britain from, 1945-51. |
| Attlee | He introduced several laws which created |


| Keyword | Meaning |
| :--- | :--- |
| Evacuee | Many children were evacuated from the cities during |
|  | WW2 due to the bombings. |
|  | Many of the people in countryside were appalled by the |
|  | poor health of the evacuated children. |
| Idleness | When someone does nothing or has nothing to do. |
| Squalor | Living in extremely dirty conditions due to poverty. |

## 8. Year 7: 1918-present

## Causes of Immigration after the Second World War



## 9. Year 7: 1918-present

Experience of Immigrants after the Second World War

## Positives

Many people left their countries to come to Britain for
better job opportunities.

People from the Caribbean were able to take pride in
helping the 'Mother country' once again by helping to
build it up after the war.

## Negatives

Educated people who migrated to Britain had to accept jobs
they were overqualified for- e.g. teachers/lawyers became
cleaners in Britain.
It was difficult to find good housing- many landlords put up
signs which said, 'Rooms for rent, no black need apply'.
There was violence and racism against the new migrants after
the Second World War.
The National Front, a group which believes Britain should only
be for white people, increased in popularity.
10. Year 7: 1918-present

## UK Black Rights since the Brixton Riots

| Date | Event | Details |
| :---: | :---: | :---: |
| 1981 | The <br> Scarman <br> Report | Investigated why the Brixton Riots happened and found the police were using the stop and search laws too much in black communities. |
| 1987 | First black MPs | Bernie Grant, Paul Boateng and Diane Abbott became the first black Members of Parliament in England. |
| 1988 | First British Black <br> Supermodel | Naomi Campbell became the first black model to be on the cover of French Vogue (a fashion magazine). |


| Date | Event | Details |
| :--- | :--- | :--- |
| 1990 | First black | EastEnders, a British soap television |
|  | family on | programme, introduced its first black family. |
|  | EastEnders |  |
| 1993 | Stephen | Stephen Lawrence, a black 18-year old was |
|  | murder | investigate the murder properly because the |
|  | The | victim was black. |
| 1999 | Report | The report found that the Metropolitan Police |
|  |  |  |

## 11. Year 7: 1918-present

UK Black Rights since the Brixton Riots

| Date | Event | Details |
| :--- | :--- | :--- |
| $\mathbf{2 0 0 0}$ | Race | The Race Relations Act was passed |
|  | Relations Act | meaning all public institutions, including |
|  | Amendment | colleges and universities, to take action |
| to promote ethnic equality. |  |  |
| $\mathbf{2 0 1 1}$ | Mark Riots broke out all over England, starting <br>  the England and | in London after the shooting and death of |
|  |  | biots police. |


| Date | Event | Details |
| :--- | :--- | :--- |
| $\mathbf{2 0 1 2}$ | John Terry <br> fined by the | John Terry was accused of using racist |
|  | FA | a football match. |
| $\mathbf{2 0 1 9}$ | Stormzy | Stormzy became the first black solo |
|  | headlines G | British artist to headline and perform at |
|  | lastonbury | the Glastonbury festival. |

## 12. Year 7: 1918-present

## Women's experiences from 1939 to 1976

| Date | Law | Details |
| :--- | :--- | :--- |
| $1939-45$ | The Second World War | Women were recruited into working during the Second World War to replace the men who left to fight. |
| 1967 | Abortion Act | Abortions made legal |
| 1967 | Mamily Planning Act | Married women allowed the contraceptive pill for free from the NHS. |
| 1969 | Matrimonial Property Act | This law meant that women kept some of the property if she divorced. |
| 1970 | Sex Discrimination Act | This law granted equal wages for women and men doing the job. This law was not enforced until 1975 and |
| 1975 | Domestic Violence Act | This allowed women who were married or living with their partner to get a court order to help remove |
| 1976 |  | person due to their gender. |

12. Year 7: 1918-present

Women's experiences from 1939 to 1976

| Women's experiences in the home |
| :--- |
| TechnologyTechnology such as the refrigerator and vacuum <br> cleaner led to women spending less time food <br> shopping and cleaning. |
| Most women were able to choose to spend their |
| spare time on leisure activities, socialising and |
| shopping. |
| ExpectationsWomen were torn between caring for their children <br> and wanting to work |


| Keyword | Meaning |
| :--- | :--- |
| Matrimonial | Referring to marriage or married people. |
| Discrimination | Unfair treatment of someone or a group based on their |
|  | gender, sexuality, ethnicity, skin colour, religion etc. |
| Domestic  <br> violence Violent, aggressive behaviour, neglect, mental abuse <br>  within the home involving one partner abusing another. |  |

## 13. Year 7: 1918-present

## Britain 1950s-2000s

| Decade | Key changes | Britain population (millions) | World population (billions) |
| :---: | :---: | :---: | :---: |
| 1950s | 1952 - First jet aircraft took holiday makers abroad. <br> 1955 - over 3 million car owners in Britain and ITV was launched. <br> 1957- USSR launched the first satellite. | 50 | 2.5 |
| 1960s | 1961-2.6 million people went on holiday abroad. First man on the moon (Yuri Gagarin). <br> 1965 - First PC went on sale. <br> 1969 - Concorde made its first flight. | 53 | 3 |
| 1970s | 1971 - Britain currency went decimal (no more shillings or half pennies) <br> 1973 - Britain joined the European Economic Community (now the EU). <br> 1979 - Margaret Thatcher became the first female Prime Minister of the UK. Unemployment was 1.5 million. | 54 | 3.7 |

## 14. Year 7: 1918-present

## Britain 1950s-2000s

| Decade | Key changes | Britain population (millions) | World population (billions) |
| :---: | :---: | :---: | :---: |
| 1980s | 1982 - Channel 4 launched. <br> 1984 - Miners' strike in Britain. <br> 1989 - Sky launched, and the World Wide Web was invented by Tim Berners Lee. | 56 | 4.5 |
| 1990s | 1990-20 million cars in Britain and around 20 million people took holidays abroad. <br> 1994 - PlayStation One was launched. <br> 1997 - Harry Potter and Philosopher's Stone was published. | 59 | 5.5 |
| 2000s | 2001 - Apple launched the iPod, followed in 2007 by the iPhone. <br> 2001 - Terrorists flew planes into the Twin Towers in New York, in 2005 terrorists bombed buses and trains in London. <br> $2008-70 \%$ of adults owned a mobile phone | 61 | 6 |

15. Year 7: 1918-present

Student Protests in the 1960s

| Key Dates | Description |
| :--- | :--- |
| 1965 | US sends troops into Vietnam for the first time. |
| 1968 | Protests broke out across Europe and America. |
| May-July 1968 | Protests spread throughout the UK. |
| Students occupied the university at Hornsey Art College. |  |
| 13th February 1970 | Garden House Riot: |
|  | Protestors at Cambridge University were protesting events in |

## Year 7 History

## Assessment question structures

4 marks = 5 minutes = 1 paragraph

## PEEL- How to explain

## Point

What is your opinion?

- I think...
- One way...
- A consequence was...
- The importance of...
- The main cause was...


## Evidence

Which examples link to your opinion?

- For example...
- This can be seen through
- This is demonstrated by....
- A prime example of this is...
- We can see evidence of this when we look at the...
- This is reflected in...
- This links to the fact...


## Explain

What does your evidence show?

- This shows us that...
- This demonstrates how...
- From this we can assume that..
- This is significant because...
- This embodies/ epitomises/reflects the importance of..
- As a result of this...
- If this did not happen then...
- Therefore, this shows...
- This suggests...


## Link

How does your opinion link or compare to others?
$\square$ In contrast...
Although this was important, it was less important than...
because...
$\square$ However...
Alternatively...
Even though..
This links to...

## 2. Year 7 History: Assessment questions structures

## Source Analysis

| How to analyse a source | Sentence starters |
| :---: | :---: |
| 1. What can you see?/What does it say? <br> - Describe what you can see if it is an image based source. <br> - Pick out words/phrases from the source which help you work out what it says | In the source I can see... In the source it says... |
| 2. What does it mean? <br> - Explain the main message/meaning of the source. <br> - If it is an image based source, explain what the imagery in the source means/symbolises. | This means... <br> Therefore, this suggests... |
| 3. What do I know? <br> - Explain how the message/meaning of the source links to your own knowledge. | This links to the fact... <br> I know this to be true because... |

## 3. Year 7 History: Assessment questions structures

## Interpretation Analysis

| How to analyse an interpretation | Sentence starters |
| :--- | :--- |
| 1. Summarise the interpretation into 1 sentence of <br> your own words. | The interpretation says... |
| 2. Link back to your own knowledge | This links to the fact... |
| I know this to be true because... |  |

## Year 7 Music Knowledge Organiser

Page 2 - Musical Elements<br>Page 3 - Dynamics<br>Page 4 - Tempo<br>Page 5 - Pitch<br>Page 6 - Rhythm<br>Page 7- Vocal Music<br>Page 8 - African Music<br>Page 9 - Musical Notation<br>Page 10 - Musical Structure<br>Page 11- Musical Instruments



## Musical Elements

Texture How the different musical layers combine. A single melody creates a thin sound.

## Keyword Definition

Pitch How high or how low a sound is.

Dynamics

Structure

Timbre

Rhythm

Melody played by drums - you can 'feel' the beat. describe it using Italian words describe it using Italian words example verse and chorus/ Binary/Ternary Adding more parts/layers creates a thicker sound. creates a rhythm

The 'tune' of the music - the part we sing along to

The beat of the music. Every piece of music has a heartbeat. It doesn't need to be

The speed of the music. Music can change tempo within a piece. We often

The Volume of the Music. Music can change dynamics within a piece. We often

Music is divided into sections. The order of these sections create structure. For

Each note can have a long or short duration. Putting different notes together

## Example

"the pulse of the music is steady"
"the tempo is fast"
"the music is high"
"the music is quiet and then gets louder"
"the music starts with an ' A ' section"
"there are lots of instruments playing lots of different melodies"
" the flute has a warm timbre when played low down"
"there are lots of crotchet rhythms in this piece"
" the melody of this song is made up of lots of repeated sections"

## Dynamics - volume



Tempo - speed

accelerando : getting faster

rallentando: getting slower


Pitch

Treble Clef Notes


Notes on the line: Every Green Bus Drives Fast
Notes in the space: FACE


## Rhythm

## Rhythms



Minim: 2 Beats


4
4
3
4 Beats in a bar up the music: You are allowed so many beats in each bar.

3 Beats in a bar

## Vocal Music

| Keyword | Definition |
| :--- | :--- |
| Unison | Singing or playing the same thing as someone else |
| Soprano | The highest female voice |
| Alto | The lower female voice |
| Tenor | The lowest male voice |
| Bass | Two or more different notes sung/played at the same time |
| Harmony | Singing with no accompaniment |
| A capella | One person singing or playing with or without an accompaniment |
| Solo | Two people playing or singing together |

## African Music

| Keyword | Definition |  |
| :---: | :---: | :---: |
| Polyrhythm | More than one rhythm playing at a time |  |
| Djembe | An African drum that you hit with your hand (the ones we use in school) |  |
| Master Drummer | The experienced drummer who leads the rest of the group |  |
| Syncopation | A rhythm where the main accents do not fall on the beat |  |
| Improvisation | Making something up on the spot |  |
| Ostinato | A short, repeated pattern or rhythm |  |
| Call and response | A singer or musician leads with a 'call' and the group responds with a musical answer |  |
| Balafon | A musical instrument that is a bit like a xylophone - different lengths of wood lead to different pitches - they hit them with a stick |  |



## Musical Structures

| Keyword | Definition |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Structure | The way different sections of music are put together |  |  |  |
| Binary | Two contrasting sections of music which are not repeated later on in the piece: |  |  |  |
| Ternary | Two contrasting sections of music, where the first section is repeated later on: |  |  |  |
| Conjunct | A melody that moves up and down in step |  |  |  |
| Disjunct | A melody that moves up and down by large jumps/leaps |  |  |  |
| Modulate | To change key in a piece |  |  |  |
| Chord | More than one note played at the same time: play a note, miss a note, play a note, miss a note, play a note on the keyboard | c | E | c |
| Major | A 'happy' sounding key |  |  |  |
| Minor | A 'sad' sounding key |  |  |  |

## Instruments of the Orchestra

## Keyword Definition

Instrument An object that makes a musical sound

String Family Violin, Viola, Cello, Double Bass, Harp

Woodwind Flute, Clarinet, Oboe, Saxophone, Bassoon
Family

| Percussion | Anything you hit or shake: Drum, |
| :--- | :--- |
| Family | Glockenspiel, Triangle, Tambourine |

Brass Family Trumpet, Trombone, French Horn, Tuba

Conductor The person in charge of the Orchestra leading them from the front

Orchestra
A group of musicians playing together containing woodwind, strings, brass and percussion


Brass Family


Keyboards


## Percussion Family



Timpani


Glockenspiel (metal)
Xylophone (wooden)


Triangle


Bass Drum


Tambourine

Baroque era

| Keyword | Definition |
| :--- | :--- |
| Baroque Era | $1600-1750$ |
| Ground Bass | Repeating bass line over which the melody is played |
| Canon | A bit like a round - each part come in one at a time and plays what the previous part <br> has played (think of Frere Jacques) <br> Composer who wrote 'Pachelbel's Canon' |
| Pachelbel | Where you 'decorate' the melody |
| Ornamentation | Melay two notes next to each other really fast - (form of ornamentation in step |
| Trill | Keyboard instrument used in the Baroque era (bit like a piano but sounds 'twangy') |
| Conjunct Melody | The Bass instrument that plays in a Baroque piece of music |
| Harpsichord | The Key of the music - the music has 2 sharps - F\# and C\# |
| Cello | Bach, Handel Vivaldi |
| D major |  |

## Physical Education

## Year 7

## Contents

1. 4 stages of a warm up and benefits of a warm up
2. The stages of the warm up examples
3. Components offitness
4. Aerobic and Anaerobic respiration
5. Muscle locations
6. Netball
7. Basketball
8. Gymnastics
9. Volleyball
10. Hockey
11. Football
12. Outdooradventurous activities
13. Fitness
14. Badminton
15. Rugby League
16. Rounders
17. Athletics

## Year 7

Warm up-4 Stages

| 1. Pulse Raiser | Raising the heart rate through running, jogging <br> or swimming |
| :--- | :--- |
| 2. Mobility | Moving your joint through a full range of <br> movement (circling arms) |
| 3. Dynamic <br> stretching | Stretching whilst moving e.g. lunges, open the <br> gate or close gate at hip joint |
| 4. Skill Rehearsal | Practise a skill to be used in the activity e.g. <br> passing a ball |

## Benefits of a warm up

Warm up muscles - makes them ready for exercise

Increase body temperature - helps with oxygen transfer

Increase heart rate - increases blood flow to deliver oxygen

Increase flexibility of muscles and joints - increases range of movement

Increase pliability of ligaments and tendons - increases movement

Increase blood flow and oxygen - to help supply working muscles with oxygen

Increase muscle speed contractions - help to improve performance

## Year 7

## Stages of the warm up with examples

The 4 stages of the warm up showing examples of what you might do at each stage.


## Year 7

## Components of fitness

| 1. Strength | Muscles working against a resistance |
| :--- | :--- |
| 2. Power | Performing any skill which requires <br> strength at speed <br> Speed $x$ strength |
| 3. Agility | Ability to move and change direction <br> quickly under control |
| 4. Balance | Ability to maintain an upright or stable |
| position |  |

\(\left.$$
\begin{array}{ll}\text { 5. Flexibility } & \begin{array}{l}\text { Ability to move joints through a range of } \\
\text { movement }\end{array}
$$ <br>
6. Muscular Endurance \& Ability to keep the muscles working <br>

repeatedly\end{array}\right]\)| 7. Cardiovascular | Ability of the heart, lungs and the blood <br> Endurance |
| :--- | :--- |
| 8. Bossels to get oxygen to the muscles |  |
| The percentage of muscle, fat and bone |  |
| within the body. |  |

Year 7

Aerobic and Anaerobic respiration
\(\left.$$
\begin{array}{|ll}\text { Aerobic } & \begin{array}{l}\text { Using oxygen to perform exercise at a low } \\
\text { steady rate }\end{array}
$$ <br>
For example working at low <br>

intensity jogging, cycling, swimming, rowing\end{array}\right\}\)| Performing activity without oxygen at a high |
| :--- |
| intensity and usually for less than 60 |
| seconds |
| For example sprinting, lifting heavy weights |

## Aerobic Respiration equation



## Anaerobic Respiration equation



Year 7

## Muscle location and contractions



## Year 7

## Netball

## Rules

1. You can only pivot on your landing foot and you cannot lift it up and put in back down whilst in possession of the ball
2. The centre pass must be caught in the centre third
3. You can only hold the ball for 3 seconds
4. You have to be a meter away from the player when defending the ball
5. No part of your foot should be on or over the line when taking back line and side-line passes

## Key Terms

| Footwork | The movement of your feet when you receive the ball <br> either landing or pivoting |
| :--- | :--- |
| Man to man | Staying with your partner wherever they go when <br> marking |
| Feint dodge | Changing your body position quickly to make your <br> marker think you are going one way but then you go <br> another way to receive the ball |

## Year 7

## Basketball

Rules

1. Once the ball has gone over the half-way line it can not be returned by the attacking team
2. You cannot dribble the ball pick it up and then dribble the ball again or bounce the ball with two hands (double dribble)
3. You can be as close as you like when you are marking and you can knock the ball out of your opponents' hand
4. You cannot move with the ball unless you are dribbling (travel)
5. C annot stand in the key for more 3 seconds

## Key Terms



## Year 7

Gymnastics


## Key Terms

| Extension Making sure any part of your body is fully stretched out |
| :--- |
| Tension $\quad$Making sure that your position is held using your muscle <br> so that they are tense |
| Control Moving your body and knowing exactly what each part of |
| Bolance $\quad$ Holding a position still for $3-5$ seconds |


| Travel | Moving from one place to another using a variety of <br> different ways e.g. roll, cartwheel |
| :--- | :--- |
| Cannon | Do the same movement at a different time e.g. one after <br> the like a Mexican wave |
| Unison | Do the same movement at the same time e.g. acting like a <br> mirror |

## Year 7

## Volleyball

Key Terms

| Volley / Set | A shot played above the head using two hands |
| :--- | :--- |
| Dig | A shot played underarm to give the ball height |
| overarm |  |

## Year 7

## Hockey

## Rules

1. You cannot use the back of your stick (the rounded part)
2. You cannot touch the ball with your feet
3. You must tackle with you stick on the ground
4. You cannot lift the ball dangerously into someone
5. You must back away 5 yards from the ball when a free pass is taken

## Key Terms

| Push Pass | Passing the ball using a push so no backward swing |
| :--- | :--- |
| Slap Hit | Hands apart on the stick and hit the ball with a small <br> back swing |
| Block tackle | Tackling with your stick flat on the ground |
| Reverse Stick | Stopping or hitting the ball on your left side through <br> turning the stick |

10

## Year 7

## Football

## Rules

1. You cannot use any part of your hand or arm to play the ball
2. When throwing the ball in you must throw the ball with two hands from behind your head and both feet on the floor
3. You must take the ball and not any part of the body when tackling
4. When taking a free kick defenders must be 10 yards away
5. At a goal kick the defenders are allowed in the penalty area, the attackers are not

Key Terms

Instep pass | Using the inside of your foot to make a pass |
| :--- |
| Jockeying |
| Defender stays between the player with the ball and |
| the goal in a side on position strongest foot |
| furthest from the ball |

Dribbling
Moving with the ball under control using the

inside outside and top of the foot $\quad$| When the rules are broken and the other team gain |
| :--- |
| possession |

## Year 7

## Outdoor Adventurous Activities

Key Terms

Map | Geographical picture of the surrounding area or location |
| :--- |
| Key $\quad$ Information given to be able to read a map which are |
| identified by colour or a symbol |

Orientating Moving the map to mirror your surroundings
the map
\(\left.\begin{array}{|ll|}\hline Landmarks \& A feature of a landscape of building to aid in orientating <br>

a map\end{array}\right]\)| Route | The directions you plan out and take to complete an |
| :--- | :--- |
| orienteering course |  |

## Year 7

## Fitness

Key Terms

| Heart rate | How many times your heart beats per minute <br> (BPM) |
| :--- | :--- |
| Working heart | Your heart rate when you are exercising or <br> immediately after exercise |
| rate | e.g., raise heart rate and breathing rate |
| Short term effects the body responds to exercise at the time |  |
| of exercise |  | |  |
| :--- |

## Year 7

## Badminton

## Rules

1. When serving you must serve diagonally across the court into the serving box
2. A serve must be hit under arm and below the servers waist
3. If a player touches the net with their racquet or any part of the body it is called a fault
4. The shuttlecock can only be hit once on your side of the net
5. There are no second serves

## Key Terms

\(\left.$$
\begin{array}{ll}\text { Serve } & \begin{array}{l}\text { Start of game the shuttlecock is hit underarm over } \\
\text { the net }\end{array}
$$ <br>
Overhead Clear \& The shuttlecock is played over the head and hit to <br>

the back of the court\end{array}\right]\)| A shot played as close to the net as possible |
| :--- | :--- | Played in the same way as an overhead clear except | it lands close by the net |
| :--- |

## Year 7

## Rugby League

## Rules

1. Pass the ball backwards or flat (inline with you)
2. If your in front of the ball you are offside
3. Can't tackle above shoulder height
4. Cannot jump into contact
5. If your foot touches the line when you are holding the ball you are out of play

Key Terms

| OffsideIf you are in front of the ball you are offside, If you <br> are not 10 metres back from the tackle area you are <br> offside. If you are not square on at the play the ball <br> you are offside. <br> After a tackle, the defenders must release the tackle <br> and the attacker must stand up place the ball on the <br> Play the ball <br> foor and roll the ball backwards with the sole of their <br> foommate to pick up and carry on the next <br> Try <br> A score of 4 points when the ball in placed over the <br> try line on the floor under control and with downward <br> pressure <br> When a player with the ball is brought to the ground |
| :--- |

## Year 7

## Rounders

## Rules

1. The ball must be bowled above the knee and below the head and must not be wide or at the body
2. $1 / 2$ a rounder is scored if you hit the ball and make it to the second post
3. 1 rounder is scored if you hit the ball and make it around all bases ensuring you touch fourth post as you pass it
4. $1 / 2$ rounder is awarded for 2 no balls in a row
5. You must run outside the postotherwise running inside you will be called out

## Key Terms

| Bowling Ball is bowled to batter underarm |
| :--- |
| Batting |
| The act of hitting the ball in the box |
| Rounder |
| When the ball is hit and the player goes around all <br> Long Barrier <br> Getting your body low is scored <br> the ball when fielding |

## Year 7

## Athletics



Key Terms

| J avelin | Throwing a spear like implement |
| :--- | :--- |
| Shot P utt $\quad$ Pushing a heavy weighted ball through the air |  |
| Discus $\quad$ Throwing a disc like implement |  |
| Long J ump |  |


| High J ump | Jumping as high as you can over a bar onto a soft mat |
| :--- | :--- |
| Personal | Your best possible time, height or distance in an athletic or |
| Best | sporting event | |  |  |
| :--- | :--- |
| Relay | 4 participants run 100 m and pass a baton around a 400 m |
| $4 \times 100 \mathrm{~m}$ | track. |


[^0]:    Finally, use the diagnosis - therapy - test worksheet to plan your independent study.

[^1]:    Suggest...
    $\dot{0}$
    $\stackrel{0}{0}$
    ÉO
    0

[^2]:    Steps $\rightarrow$ flow chart Transform a sequence of steps into a flow chart or a diagram.
    Flow chart $\boldsymbol{\rightarrow}$ steps Transform a flow chart or a diagram into a sequence of steps.
    Look, cover, write, check Cover a list of key words. Write them down. Check which ones you have got right. Repeat until you get them all right. a diagram. Repeat until all the key words have been linked.

[^3]:    N4.25
    denominator of a surd is
    removing the surd from the
    denominator of a fraction by
    multiplying the numerator
    and denominator of that
    fraction by the denominator.

