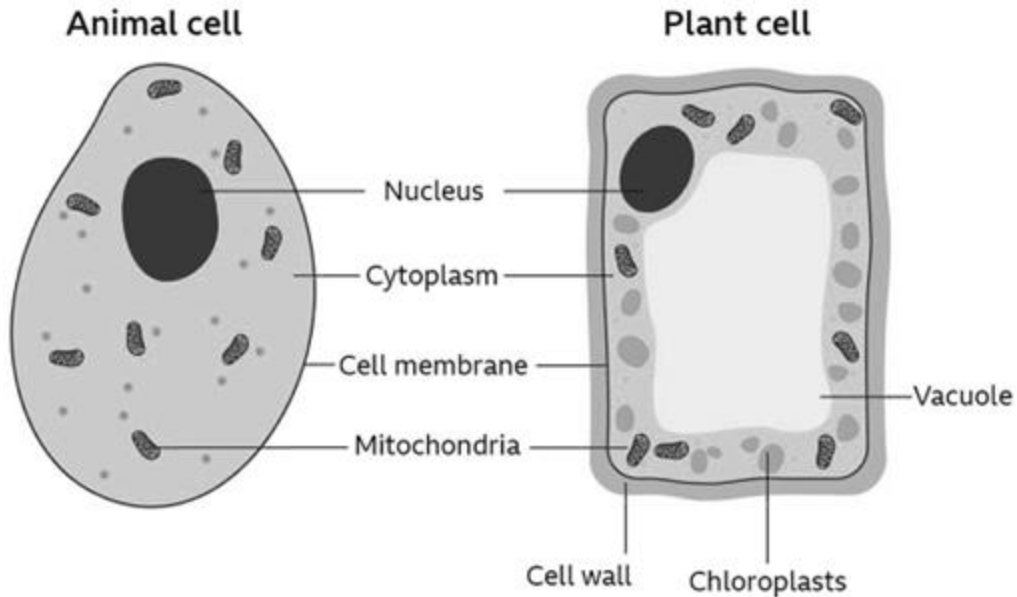


# Biology Paper 1 (Combined Science: Higher & Foundation)

1. Cells
2. Organisation of cells
3. Eukaryotic and prokaryotic cells
4. Animal specialised cells
5. Plant specialised cells
6. Nucleus
7. Stem cells and microscopes
8. Transport in and out of cells – diffusion
9. Levels of organisation
10. Organisation of cells in the digestive system 1
11. Enzymes in the digestive system
12. Organisation of cells in the breathing system
13. Organisation of cells in the circulatory system 1
14. Organisation of cells in the circulatory system 2
15. Cross section of leaf
16. Organisation of cells in plants
17. Coronary heart disease
18. Cell division: Mitosis and cancer
19. Communicable disease: pathogens
20. Communicable disease: viruses
21. Communicable disease: bacteria, fungi and protists
22. Human defences against pathogens
23. Medical drugs
24. Health issues
25. Transport – osmosis and active transport
26. Photosynthesis
27. Limiting factors of photosynthesis (Higher)
28. Respiration
29. Response to exercise and metabolism
30. Required Practicals 1: Microscopy & food tests
31. Required Practical 2: Osmosis
32. Required Practical 3: Enzymes
33. Required Practical 4: Photosynthesis

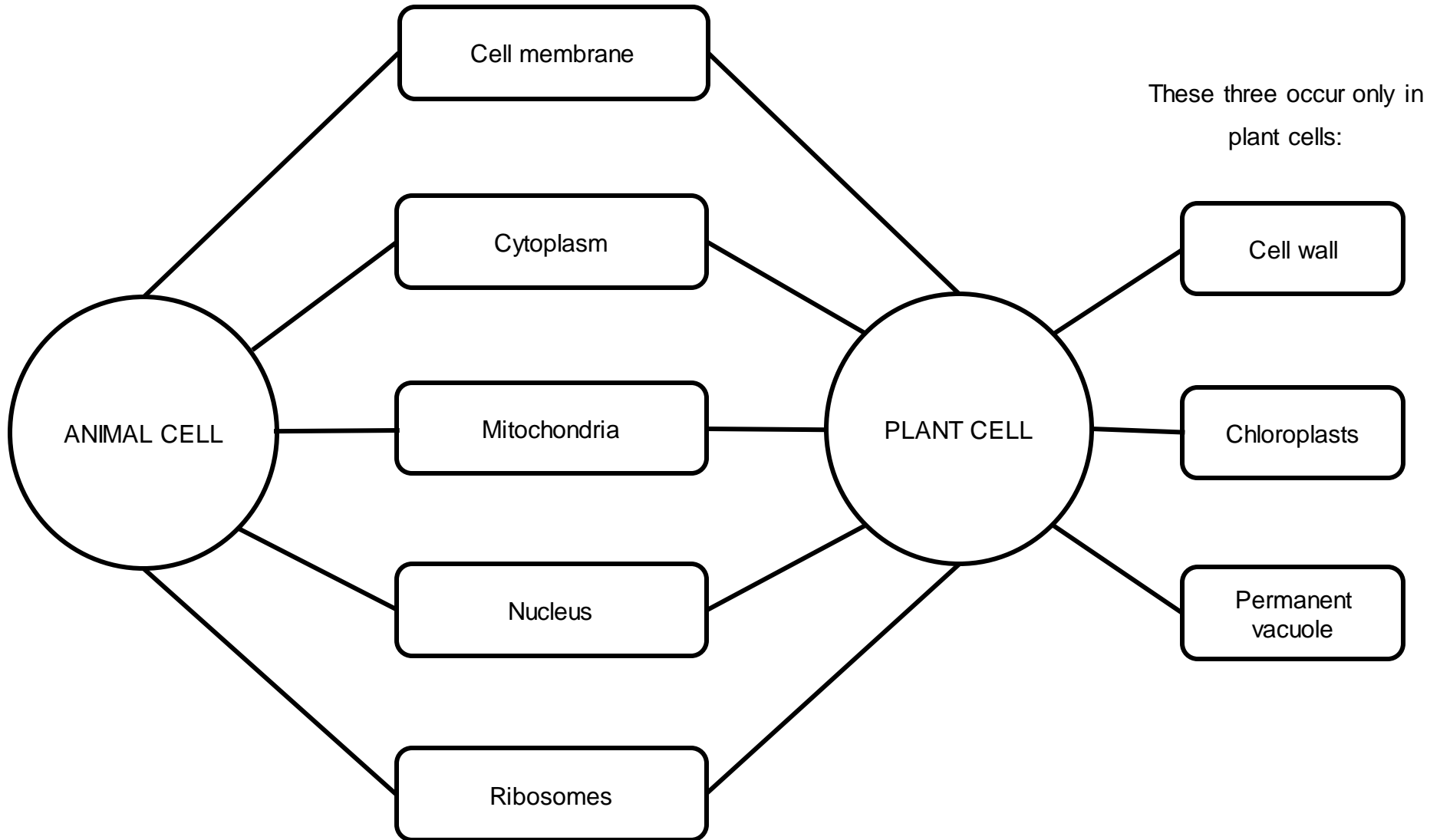
# 1. Cells



Both animal and plant cells contain a nucleus, cytoplasm, cell membrane, mitochondria and ribosomes. Plant cells also contain a cell wall, chloroplasts, and a permanent vacuole.

Cell organelle	Description
Cell membrane	Controls what enters and leaves the cell.
Cell wall	Made of cellulose, to strengthen the cell.
Chloroplast	The site of photosynthesis.
Cytoplasm	The site of chemical reactions.
Mitochondria	To release energy during respiration.
Nucleus	Contains <b>chromosomes</b> made of DNA molecules. Each chromosome carries a large number of genes.
Permanent vacuole	Filled with cell sap (a weak solution of sugars and salts).
Ribosomes	The site of protein synthesis (where proteins are made).

## 2. Organisation of Cells



### 3. Eukaryotic and prokaryotic cells

**Eukaryotic cells** contain a nucleus.

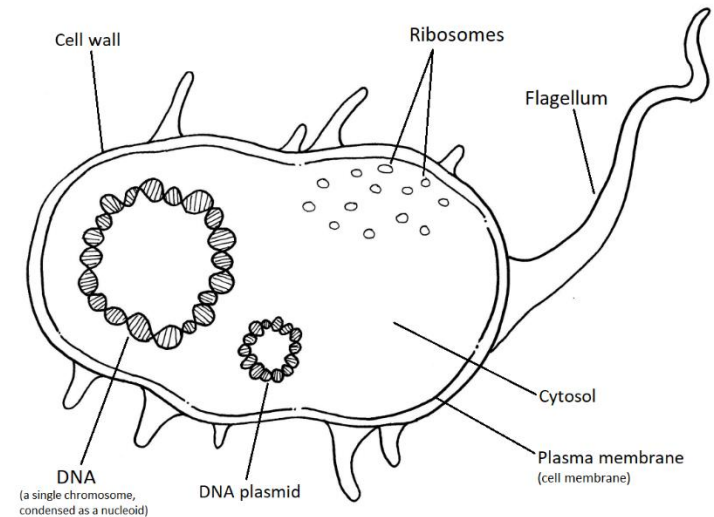
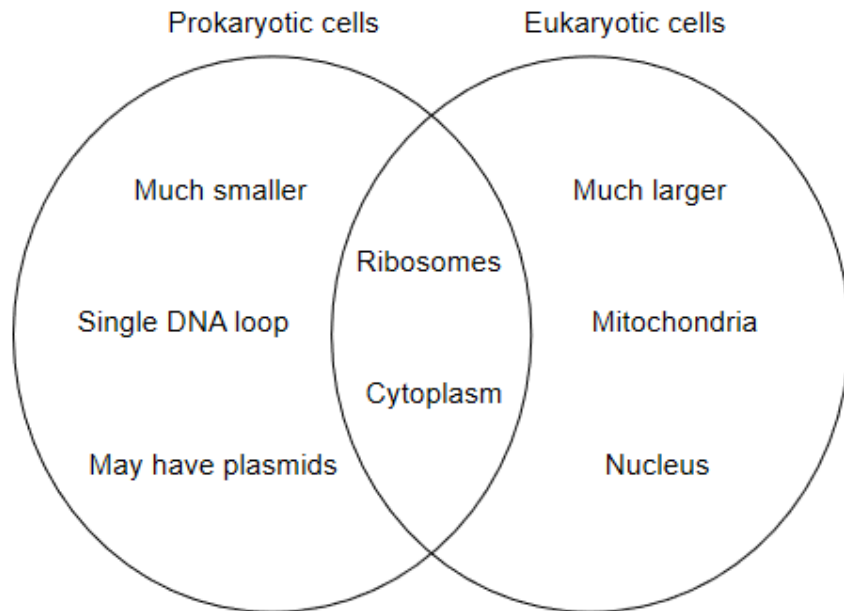
Plant cells and animal cells are eukaryotic.

**Prokaryotic cells** (bacteria) are much smaller than eukaryotic cells.

They do not have a nucleus.

They do not have mitochondria but do have ribosomes.

They have a single DNA loop and may also have small rings of DNA called plasmids.



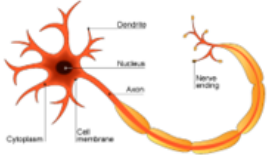
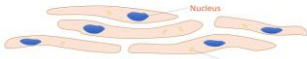
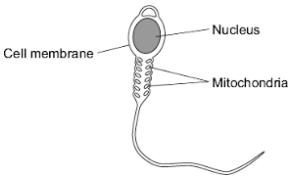
1000nm (nanometres) = 1µm

1000µm (micrometres) = 1mm

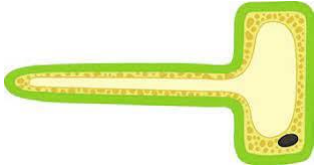
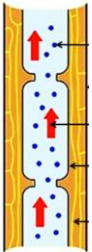

1000mm (millimetre) = 1m

10mm = 1cm (centimetre)

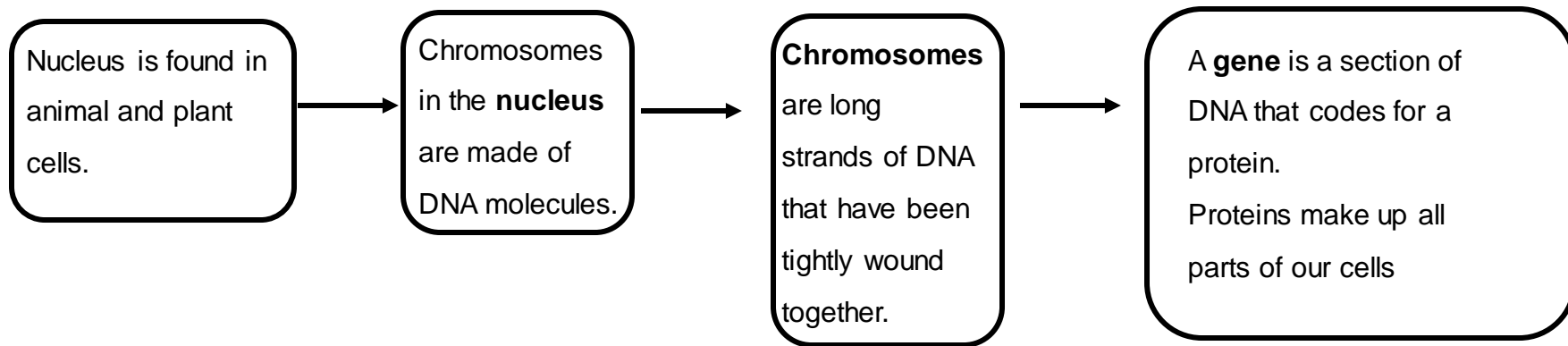
## 4. Animal Specialised Cells

Type of specialised cell	Function	Adaptations
<p>Nerve cell</p> 	<p>Carry electrical impulses around the body</p>	<p>Lots of dendrites to make connections to other cells</p> <p>A very long axon that carries the electrical impulse from one place to another</p> <p>Contain lots of mitochondria to provide the energy needed to make special transmitter molecules, to carry impulses across gaps (synapses) between one nerve cell and the next</p>
<p>Muscle cells</p> 	<p>Contract and relax to allow movement</p>	<p>Contain special fibres that can slide over one another to allow the muscle to contract and relax</p> <p>Contain lots of mitochondria to provide energy for contraction</p> <p>Store glycogen which can be converted into glucose for respiration</p>
<p>Sperm cells</p> 	<p>Fertilise an egg cell</p>	<p>A tail for movement</p> <p>Middle section full of mitochondria to provide energy for tail to move</p> <p>Digestive enzymes in acrosome to digest a pathway into the egg</p> <p>A large nucleus containing half the genetic information needed to make an organism</p>

## 5. Plant Specialised Cells

Specialised cell	Function	Adaptations
Root hair cell 	Absorb water and mineral ions	Large surface area available for water to move into cell by osmosis  Large permanent vacuole that speeds up osmosis  Lots of mitochondria that carry out respiration to provide the energy needed for active transport of mineral ions
Xylem cells 	Transport water and mineral ions from the roots to the highest leaves and shoots - always upwards.	When first formed xylem cells are alive but due to build-up of lignin the cells die and form long hollow tubes (vessels). The lignin makes the xylem vessels very strong and helps them withstand the pressure of water moving up the plant.
Phloem cells 	Transport sugars up and down the plant	End walls between cells break down to form sieve plates that allow water carrying dissolved sugars to move up and down the phloem.  Neighbouring companion cells are packed with mitochondria to provide their energy needs.

## 6. Nucleus



The nucleus contains **chromosomes** made of DNA molecules.

Each chromosome carries a large number of genes.

Gametes (sperm and egg cells) only have 1 set of chromosomes, so they have 23 chromosomes.

When human gametes come together in fertilisation, they form a zygote (fertilised egg cell) with 23 pairs of chromosomes (46 chromosomes).

Human body cells contain 23 pairs of chromosomes.

### Biological structures in size order

Smallest



Largest

Gene

Chromosome

Nucleus

Cell

Tissue

Organ

## 7. Stem Cells and Microscopes

Use the EVERY model to complete calculations:

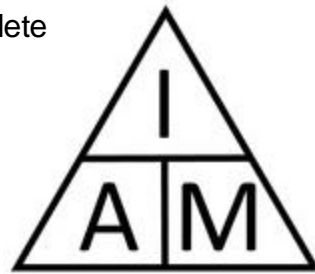
E = equation

V = values

E = enter results

R = result

Y = units



Magnification =  $\frac{\text{size of image}}{\text{size of real object}}$

**Magnification** increases the size of the image.

**Resolution** increases the detail of the image.

**Electron microscopes** have higher magnification and higher resolution than **light microscopes**.

They have allowed scientists to study cells in much finer detail.

They have increased our understanding of sub-cellular structures such as mitochondria.

Type	Description
Adult stem cells	Adult cells which can form many types of cells, including blood cells.
Embryonic stem cells	Stem cells from embryos which divide and differentiate into specialised cells.
Differentiation	Specialisation of cells
Stem cells	Undifferentiated cells, capable of dividing to make lots of cells, and of differentiating to form specialised cells.
Meristem tissue	Tissue made up of stem cells in plants. It can differentiate into any type of plant cell, throughout the plant's life. Can be used to produce plant clones quickly and economically. Can be used to clone rare species. Can be used to clone plants with useful features, e.g. disease resistance.
Therapeutic cloning	Scientists can use embryo stem cells to make different types of human cells. The cells are not rejected by the patient's body, but some people have ethical or religious concerns.



## 8. Transport in and out of cells: diffusion

**Diffusion:** The overall movement of particles from high concentration to low concentration – they spread out.

### Examples

Oxygen and carbon dioxide diffuse in and out of cells in **gas exchange**.

Urea moves out of cells into the blood plasma. It is a waste product. It goes to the kidney to be excreted.

### Factors that affect the rate of diffusion

- The bigger the difference in concentrations, the faster diffusion is.
- The higher the temperature, the faster diffusion is.
- The bigger the surface area of the membrane, the faster diffusion is.

### Diffusion and single celled organisms

Single celled organisms have a large surface area compared with their volume.

Diffusion is enough to get them all the molecules that they need.

### Diffusion and larger organisms

Larger organisms have a small surface area compared to their volume.

They need exchange surfaces and transport systems to allow them to absorb enough oxygen and move it around the body.

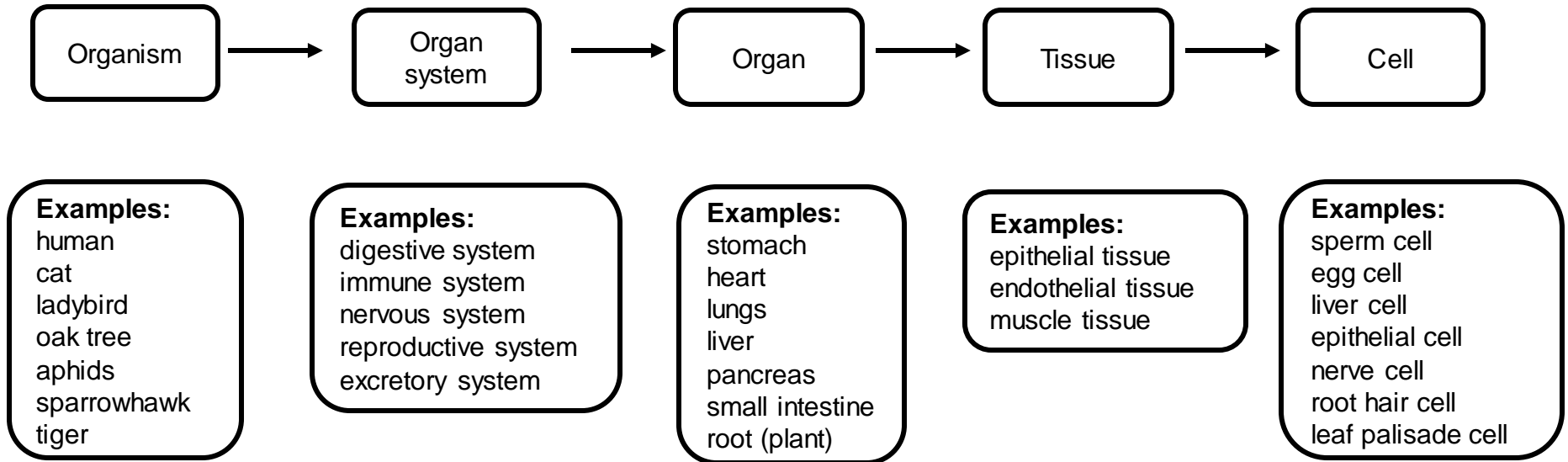
### Exchange surfaces in plants have:

1. a large surface area.
2. thin membranes, to provide a short diffusion path.

### Exchange surfaces in animals have:

1. a large surface area
2. thin membranes, to provide a short diffusion path.
3. a good blood supply
4. good ventilation (they breathe)

## 9. Levels of organisation



### Basics of organisation

Cells are the building blocks of all organisms.

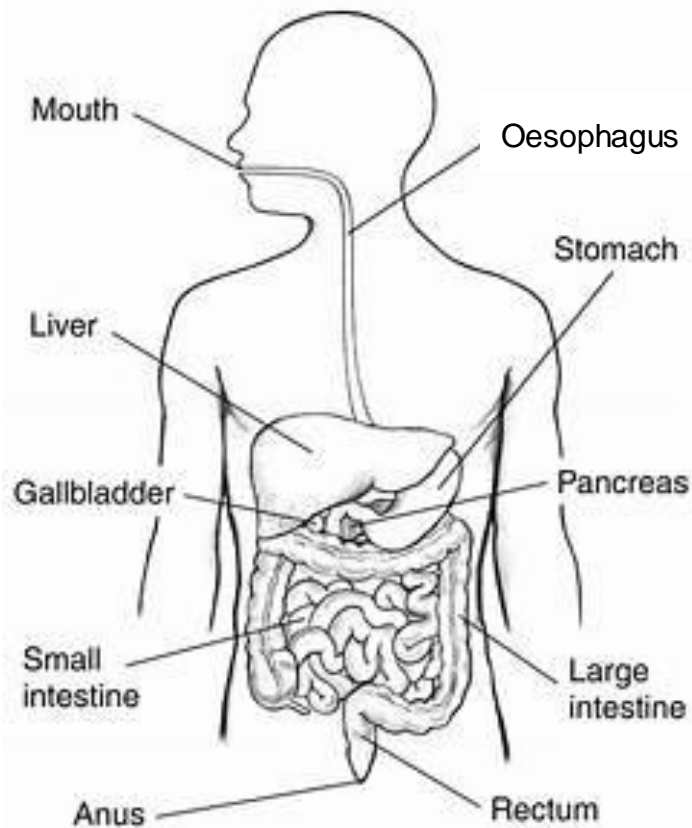
**A tissue** is a group of cells with a similar structure and function.

**An organ** is a group of tissues performing similar functions.

**An organ system** is a group of organs, which work together to perform a particular function.

## 10. Organisation of cells in the digestive system

The **human digestive system** is an example of an organ system in which several organs work together to digest and absorb food.

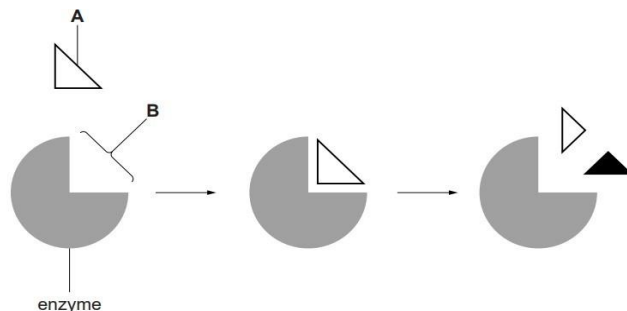


Organ	Function
Mouth	First stage of digestion, teeth break up food with mechanical digestion and salivary amylase breaks down food in chemical digestion.
Oesophagus	Transports food from the mouth to the stomach.
Stomach	Churns food and adds acid.
Small intestine	Adds digestive enzymes (amylase, lipase, and protease) and absorbs nutrients from the food.
Large intestine	Absorbs water, producing waste.
Rectum	Stores waste.
Anus	Waste passes out of the anus.
Liver	Produces bile. Bile neutralises stomach acid and emulsifies fats. Food does not pass through here.
Gall bladder	Stores bile which has been produced in the liver. Food does not pass through here.
Pancreas	Produces digestive enzymes: amylase, lipase, and protease. Food does not pass through here.

# 11. Enzymes in the digestive system

**Digestive enzymes** break down food into small soluble molecules that can be absorbed into the blood stream.

Digestive Enzyme	Produced by	Converts...	Into...
Amylase (carbohydrase)	Mouth, small intestine, pancreas	Starch (carbohydrate)	Sugar
Lipase	Small intestine, pancreas	Lipid (fat)	Glycerol + fatty acid
Protease	Stomach, small intestine, pancreas	Protein	Amino acids



Enzymes are **specific**.

They have a specific shape (**the active site**) which works on a specific substrate – like a lock and key.

If the active site changes shape, it no longer works. Changes in pH and temperature can **denature** – change the shape of the active site - so that it no longer works.

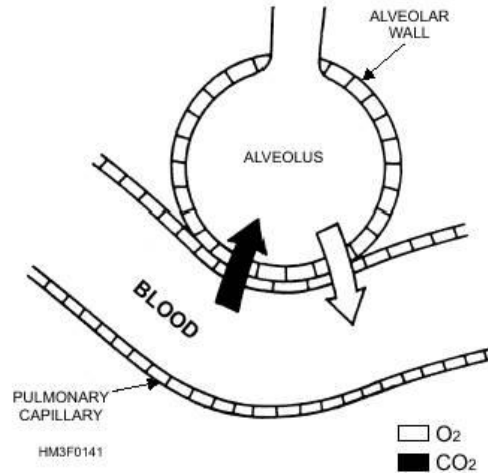
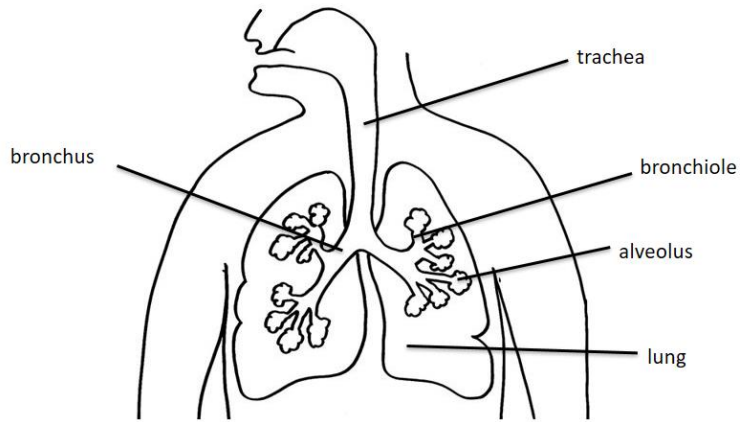
The products of digestion are used to build new carbohydrates, lipids and proteins. Glucose can also be respired.

**Bile** is made in the liver and is stored in the gall bladder.

It is alkaline and neutralises the hydrochloric acid from the stomach.

It emulsifies fat to form small droplets, increasing the surface area. This makes fat digestion quicker.

## 12. The breathing system



Air enters the body through the **mouth** and **nose**.



Air enters the **trachea**.



The trachea divides into two **bronchi**.  
One **bronchus** enters each lung.



Each bronchus branches out into smaller tubes called **bronchioles**.  
Air travels through these bronchioles.



At the end of the bronchioles, the air enters one of the many millions of **alveoli** where gaseous exchange takes place

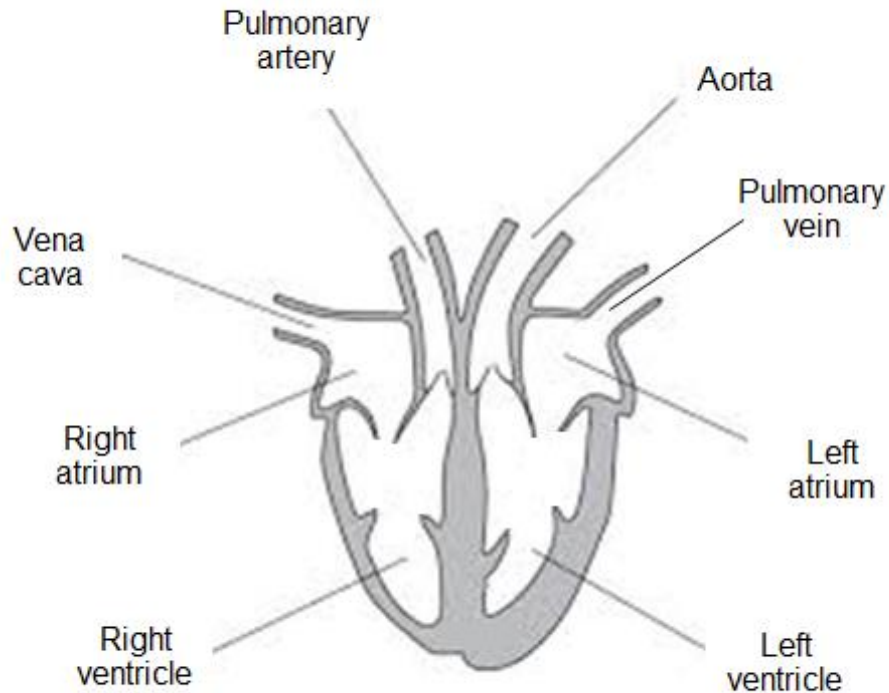
The lungs provide a good exchange surface for oxygen:

1. **Large surface area** provided by alveoli.
2. **Thin walls** of alveoli (one cell thick) and blood supply (capillary), providing a short diffusion distance.
3. **Good blood supply** to transport the oxygen away from the lungs.
4. **Well ventilated** to supply more oxygen.

# 13. Organisation of cells in the circulatory system 1

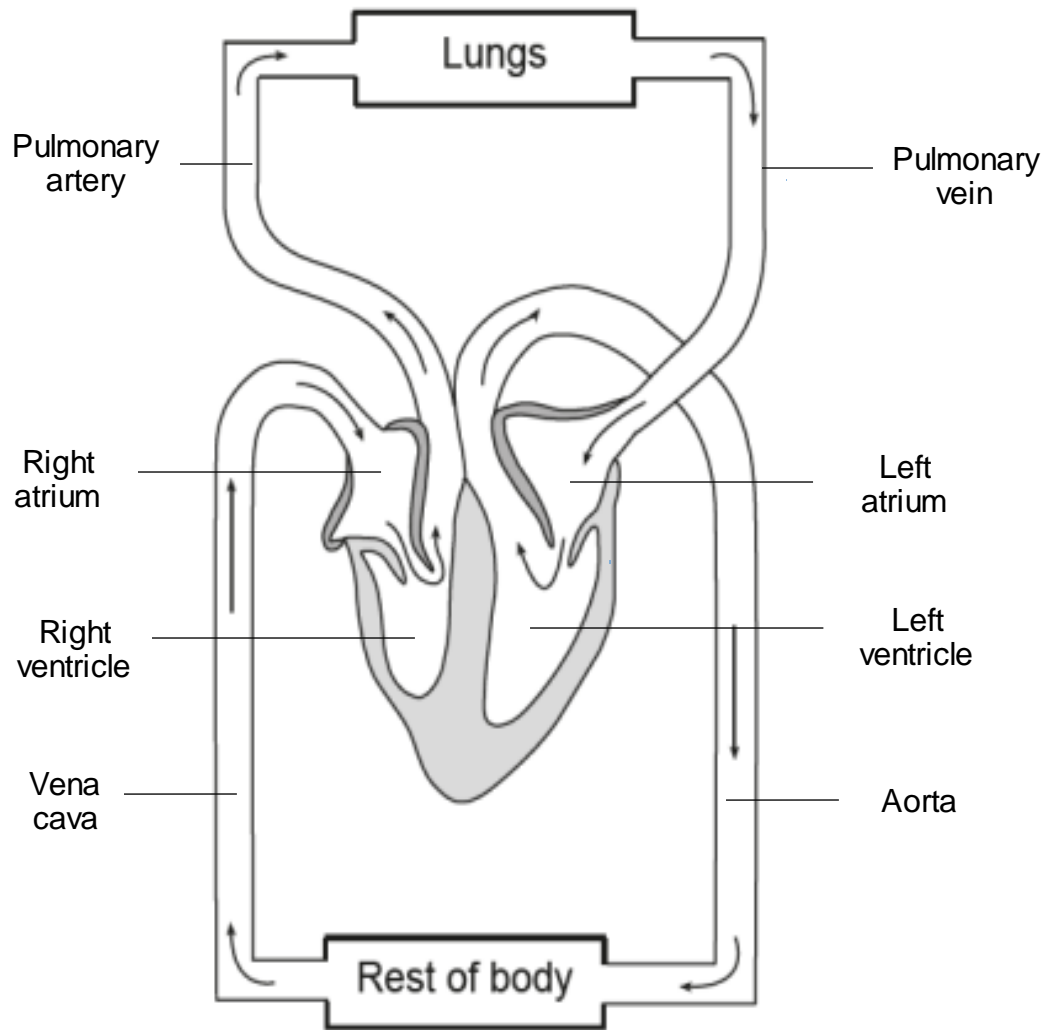
The heart is an **organ**.

The function of the heart is to pump blood around the body. Humans have a **double circulatory system**, which means that blood must pass through the heart **twice** to complete a full circuit of the body.



Organ	Function
Heart	Organ that pumps blood around the body in a double circulatory system.
Vena cava	Vein which brings blood from the body to the right atrium of the heart.
Right ventricle	Chamber which pumps blood to the lungs where gas exchange takes place.
Pulmonary artery	Artery takes blood from the right ventricle to the lungs.
Left ventricle	Chamber which pumps blood around the rest of the body
Pulmonary vein	Vein which brings blood from the lungs to the left atrium of the heart.
Aorta	The aorta takes blood from the left ventricle to the body.
Pacemaker	In the wall of the right atrium, controls heart rate.

## 14. Organisation of cells in the circulatory system 2

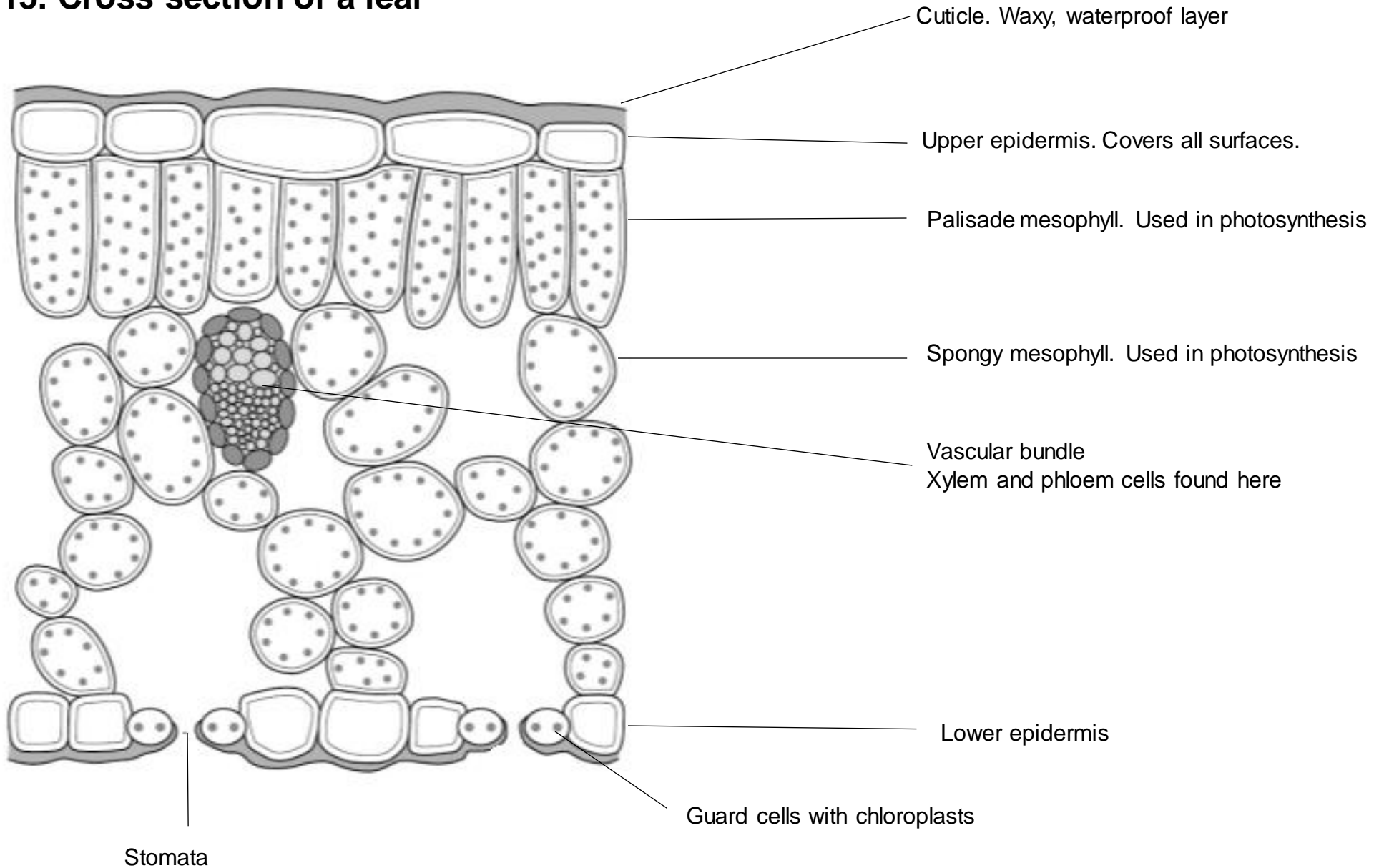


The blood is a tissue.

Blood component	Role
<b>Plasma</b>	Solution in which cells are suspended; carries dissolved food and hormones around the body
<b>Red blood cells</b>	Carry oxygen
<b>White blood cells</b>	Involved in immune response to fight pathogens
<b>Platelets</b>	Involved in blood clotting

Blood vessel	Role	Description
<b>Artery</b>	Carry blood <b>away</b> from heart	Walls contain lots of strong elastic tissue to withstand pressure
<b>Capillary</b>	Allow substances to diffuse into and out of the blood	Walls are one cell thick and include small holes to allow substances to move in and out easily
<b>Vein</b>	Carry blood <b>to</b> the heart	Have valves to keep blood flowing in one direction only

## 15. Cross section of a leaf





# 16. Organisation of cells in plants

Water is absorbed (by osmosis) by **root hair cells** that have a large surface area.

The root hair cells also absorb mineral ions (by active transport).

## Xylem Cells

Transports **water and mineral ions** from the roots to the stems and leaves.

Made of hollow tubes, strengthened by lignin.

**Transpiration** is the transport of water and minerals up the xylem of a plant, and the evaporation of water through the stomata.

Transpiration is increased by

- Increased temperature
- Increased air movement
- Increased light intensity
- Decreased humidity

## Phloem Cells

**Translocation** is the transport of sugars in the phloem, to all parts of the plant.

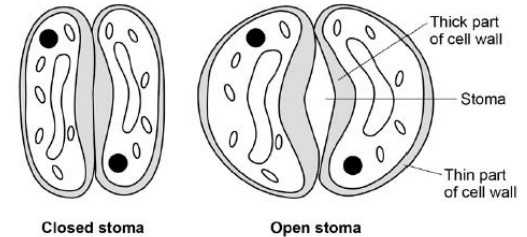
The leaves make sugars through photosynthesis.

The **phloem** transports dissolved sugars from the leaves to the rest of the plant for respiration or for storage of starch.

Phloem is made of tubes of elongated cells.

Cell sap (dissolved sugars) moves from one phloem cell to the next through pores in the end walls.

## Stomata and Guard Cells



The **stomata** (small holes in the underside of the leaf) are needed for gas exchange in the leaf.

Water is also lost to the surroundings through the stomata.

To reduce water loss, **guard cells** can change the size of the stomata.

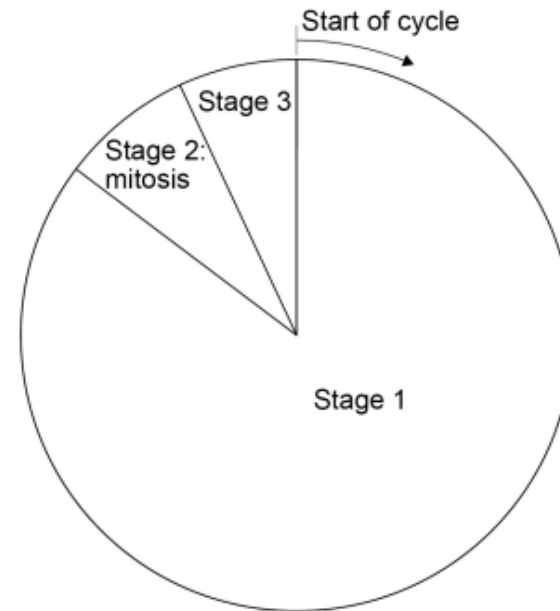
## 17. Coronary Heart Disease

Term	Definition
<b>Disease</b>	dis-ease (not at ease; something in our body or mind is not working correctly)
<b>Coronary Heart Disease</b>	a non-communicable disease (you can't catch it)
<b>Coronary arteries</b>	supply the heart muscle with oxygen and glucose
<b>Coronary heart disease</b>	The coronary arteries have layers of fatty material building up in them. They get narrower. Less blood can flow through the coronary arteries, so the heart muscle lacks oxygen.

Treatment	Description
<b>Statins</b>	Tablets used to reduce blood cholesterol. They slow down the rate of fatty material build up.
<b>Stents</b>	Used to keep the coronary arteries open.
<b>Heart valve replacement</b>	Valves keep blood flowing through the heart in the right direction. Sometimes the valves don't open fully or become leaky. This prevents blood flowing through the heart properly. The patient becomes out of breath and lacks energy. Faulty heart valves can be replaced with new biological valves (from a donor) or mechanical valves.
<b>Heart failure</b>	Can be treated with a new heart and lungs. The heart would come from a donor. Mechanical hearts can be used to keep the patient alive whilst waiting for a heart transplant.

# 18. Cell Cycle: Mitosis

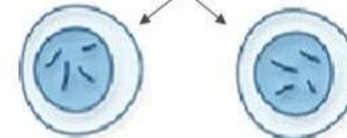
Stage of the cell cycle	Events
1	The cell grows. The DNA replicates to form two copies of each chromosome. New mitochondria and ribosomes are made.
2	<b>Mitosis:</b> one set of chromosomes is pulled to each end of the cell. The nucleus divides.
3	The cytoplasm and cell membranes divide. There are now two identical cells.



Replication



Cell division



## Uses of cell division by mitosis

1. Growth
2. Repair of tissues
3. Asexual reproduction

## 19. Cell Cycle: Mitosis and Cancer

Stage of the cell cycle	Events
1	The cell grows. The DNA replicates to form two copies of each chromosome. New mitochondria and ribosomes are made.
2	<b>Mitosis:</b> one set of chromosomes is pulled to each end of the cell. The nucleus divides.
3	The cytoplasm and cell membranes divide. There are now two identical cells.

### Uses of cell division by mitosis

1. Growth
2. Repair of tissues
3. Asexual reproduction

**Cancer** is the result of uncontrolled growth and division of cells. This is caused by a change in the genetic material of the cell.

**Benign tumours** are growths of abnormal cells.

They are contained in one area, usually within a membrane. They do not invade other parts of the body.

**Malignant tumour** cells are cancers.

They invade neighbouring tissues and spread around the body in the blood, where they form secondary tumours. Lifestyle factors and genetic factors can be risk factors for cancers.

## 19. Communicable diseases: pathogens

**Communicable diseases** are diseases caused by pathogens – they can spread from one organism to another.

**Pathogens** are organisms that cause infectious disease.

They can be viruses, bacteria, protists or fungi.

Pathogens may infect plants or animals.

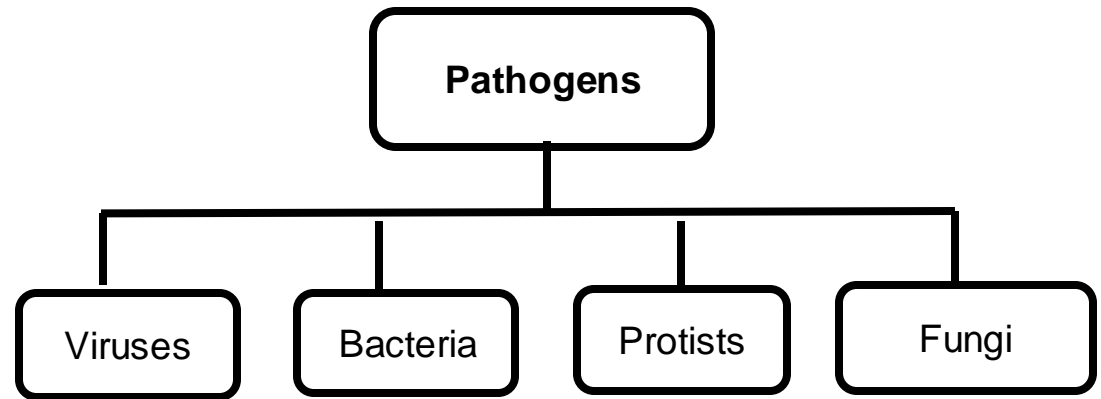
Pathogens can spread by direct contact, water or by air.

**Bacteria** reproduce rapidly inside the body.

Bacteria produce poisons/toxins that damage tissues and make us feel ill.

**Viruses** reproduce rapidly inside the body.

Viruses live and reproduce inside cells, causing cell damage.



## 20. Communicable diseases: viruses

Pathogen	Disease	Transmission	Symptoms	Treatment or prevention
Virus	Measles	Sneezing and coughing produces droplets containing the virus; these droplets can be inhaled by others.	Fever and red skin rash. It can be fatal if there are complications.	Most young children are vaccinated against measles.
Virus	HIV/AIDs	Sexual contact or exchange of body fluids such as blood.	Flu-like illness, which then attacks the body's immune cells. Late stage HIV, known as <b>AIDS</b> , happens when the immune system is so damaged that it cannot deal with infections or cancers	treated with antiretroviral drugs.
Virus	Tobacco mosaic virus (TMV)	By direct contact	A distinctive mosaic pattern of discoloration on the leaves. The leaves can't photosynthesise as well, which affects the growth of the plant.	Remove infected plants; wash hands when handling plants to prevent transfer from one to another

## 21. Communicable diseases: bacteria, fungi and protists

Pathogen	Disease	Transmission	Symptoms	Treatment or prevention
Bacterium	Salmonella (food poisoning)	Undercooked chicken, or contamination of surfaces from raw chicken	Fever, abdominal cramps, vomiting and diarrhoea, caused by the bacteria and the toxins from the bacteria.	Poultry (chicken, turkey and ducks) are vaccinated against salmonella to control the spread
Bacterium	Gonorrhoea	sexually transmitted disease	Thick yellow or green discharge from the vagina or penis; as well as pain when urinating.	Antibiotics, although there are many resistant strains. Barrier methods of contraception can reduce the spread.
Fungus	Rose black spot	by wind or water	Purple or black spots develop on leaves. The leaves turn yellow and drop off. The leaves don't photosynthesise well, which affects the growth of the plant.	Fungicides and removing and destroying the affected leaves.
Protist	Malaria	Spread by mosquito bites.	Recurrent (repeating) episodes of fever. It can be fatal.	Prevented by stopping mosquitos from breeding, and by avoiding being bitten e.g. with a mosquito net.

## 22. Human defences against pathogens

Humans have several **non-specific defences** against pathogens.

These defences are general i.e. they work on most pathogens.

Skin is a physical barrier.

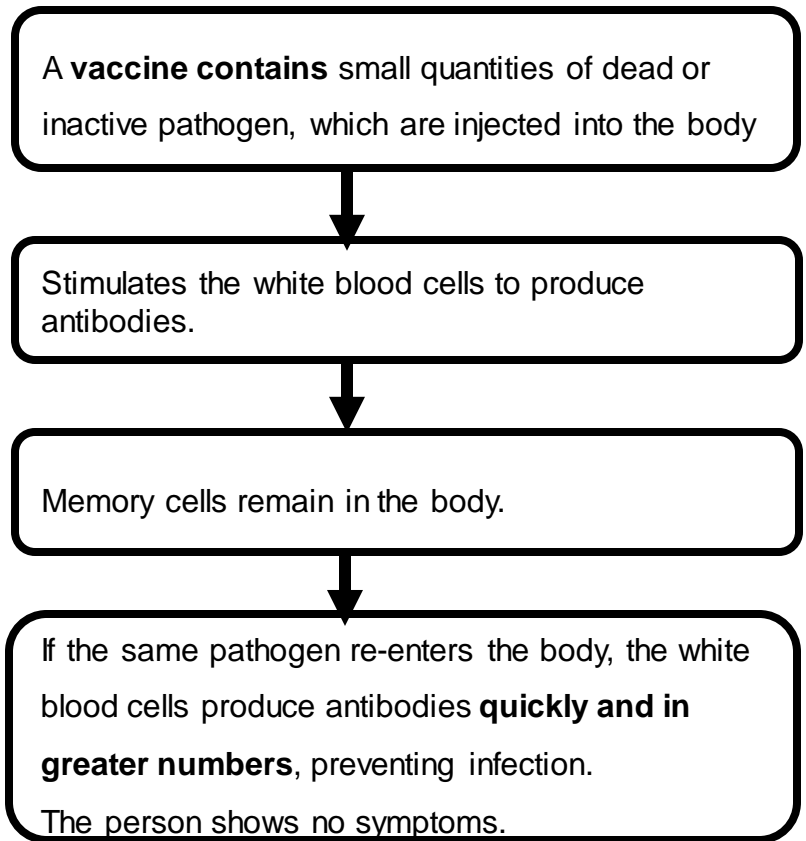
Nose, trachea, bronchi contains mucus and hairs to trap pathogens.

Stomach contains acid which kills pathogens.

If a pathogen enters the body, the **immune system** tries to destroy it.

White blood cells kill pathogens by:

1. Phagocytosis (absorbing the pathogen and destroying it)
2. Antibody production (they make pathogens stick together)
3. Antitoxin production



### Benefits of Vaccinations:

Prevent infection in individuals (see above).

Prevent the spread of infection from one person to another.



## 23. Medical Drugs

**Antibiotics** are medicines that help to cure bacterial disease. They kill infectious bacteria inside the body. An example is penicillin. It is important that the right antibiotic is used for the right bacteria. Antibiotics cannot be used to kill viruses. Resistant strains of bacteria have evolved – e.g. MRSA – these are not affected by antibiotics.

**Painkillers** do not kill pathogens, but they do treat the symptoms of disease.

**Antivirals** are difficult to produce. They tend to damage body tissues as well as kill the virus.

Drug	Source	Purpose
Digitalis	Foxgloves	Heart disease
Aspirin	Willow	Painkiller
Penicillin	Penicillium mould	Antibiotic (discovered by Alexander Fleming)

### New drugs

Traditional drugs came from plants and microorganisms.

New drugs are synthesised by chemists in the pharmaceutical industry. However, the starting point may still be a chemical extracted from a plant.

### Testing new drugs

New medical drugs must be tested and trialled to check that they are safe and effective.

They are tested for **toxicity**, **efficacy** (does it work), and **dose**.

**Preclinical trials** use cells, tissues and animals

**Clinical trials** use healthy volunteers and patients

1. Very low doses are given at the start.
2. If it is safe, further clinical trials are done to find the optimum dose.
3. In double blind trials, some patients are given a placebo. A **placebo** looks like the drug but contains no drug. In a **double blind trial**, neither the scientist nor the patient knows if they have been given the drug, or the placebo.

## 24. Health Issues

**Health** is the state of physical and mental wellbeing.  
Health may be affected by diet, stress and life situations.

### **Diseases often interact:**

Defects in the immune system increase the chance of infectious disease.

Viruses living in cells can trigger cancers.

Pathogens can cause immune reactions; the immune reactions can then trigger allergies, such as asthma and skin rashes.

Severe physical illness can lead to mental illness e.g. depression.

**Lifestyle** has an effect on some non-communicable diseases  
Many diseases are caused by the interaction of a number of risk factors.

### **Examples** include:

Poor diet, smoking and lack of exercise are risk factors for cardiovascular disease.

Obesity is a risk factor for type 2 diabetes.

Alcohol can affect liver and brain function.

Smoking is a risk factor for lung disease and lung cancer.

Smoking and alcohol have effects on unborn babies.

Carcinogens, including ionising radiation, are risk factors for cancer.

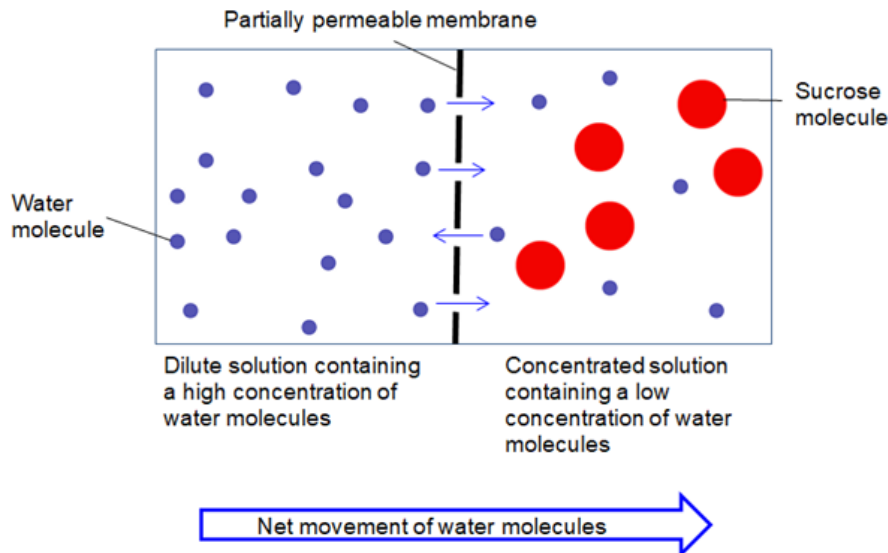
## 25. Transport across membranes: osmosis and active transport

**Osmosis** is the **diffusion** of **water** through a partially permeable membrane.

Water moves from a **dilute solution** to a **concentrated solution**.

Cell membranes are partially permeable.

This means that they allow some things to cross e.g. water, but not other things e.g. sugar.

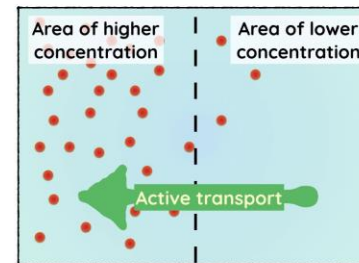


**Active Transport** is the movement of substances from a **low concentration** to a **high concentration**.

This is the opposite of diffusion.

Active transport needs **energy** from respiration.

This is because it moves substances against the concentration gradient; from **low to high** concentration.



Active transport is used by plant root hairs to move mineral ions from the soil to the plant. The mineral ions are needed for growth.

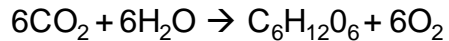
Active transport is used in the small intestine to move sugar molecules into the blood. Sugar molecules are used for cell respiration.

## 26. Photosynthesis

### Photosynthesis

carbon dioxide + water → glucose + oxygen

We remember it as COW → GO



Light is needed to provide the energy for photosynthesis.

Photosynthesis is endothermic.

During photosynthesis, energy is transferred from the environment to chloroplasts.

### Rate of photosynthesis

The rate of photosynthesis is **increased** when:

The light intensity increases

The carbon dioxide concentration increases

The amount of chlorophyll increases

The temperature increases\*

\*if the temperature increases too much, enzymes that control photosynthesis are denatured, and the rate decreases.

### Uses of glucose from photosynthesis

The glucose produced in photosynthesis may be:

Used for **respiration**

Converted into insoluble **starch** for storage

Used to produce amino acids for **protein** synthesis

Used to produce **cellulose**, to strengthen the cell wall

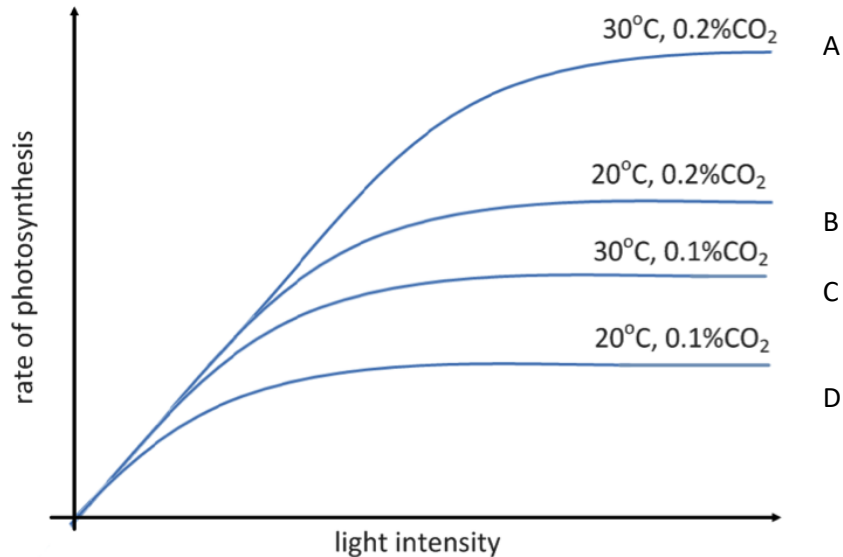
Used to produce **fat** or oil for storage  
(RSPCF)

To produce amino acids, plants also use nitrate ions.

Nitrate ions are absorbed from the soil.

They are absorbed by root hair cells by active transport.

## 27 Limiting Factors in Photosynthesis: Higher only



### Why does this matter?

Limiting factors are important in the economics of enhancing the conditions in greenhouses to gain the maximum rate of photosynthesis while still maintaining profit.

Carbon dioxide concentration, temperature, light intensity and the amount of chlorophyll all affect the rate of photosynthesis.

A

Any of these factors may be the factor that limits the rate of photosynthesis. For example, if there is plenty of carbon dioxide, but light intensity is low, then light intensity will be the limiting factor.

B

C

You will need to be able to tell from a graph which factor is the limiting factor.

D

At first, as light intensity increases, the rate of photosynthesis increases, meaning that light intensity is the limiting factor.

Then, light intensity continues to increase, but photosynthesis does not. This means that there is another limiting factor.

By comparing line C and D, or line A and B, we can see that when the temperature increases, the rate of photosynthesis increases. This means that temperature is a limiting factor.

By comparing line A and C, or line B and D, we can see that when the concentration of carbon dioxide increases, the rate of photosynthesis increases. This means that concentration of carbon dioxide is a limiting factor.

## 28. Respiration

Cellular respiration happens continuously in living cells.

It is exothermic.

It transfers all the energy needed for living processes.

It can be aerobic (using oxygen) or anaerobic (without oxygen).

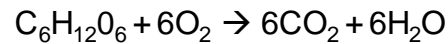
Organisms need energy for

- Chemical reactions to build larger molecules
- Movement
- Keeping warm

### **Aerobic respiration**

Glucose + oxygen → carbon dioxide + water

Remember it as GO → COW



### **Anaerobic respiration in muscles**

Glucose → lactic acid

Anaerobic respiration transfers much less energy than aerobic respiration, as oxidation is incomplete.

### **Anaerobic respiration in plants and yeast cells**

Glucose → ethanol and carbon dioxide

Anaerobic respiration in yeast cells is called fermentation.

It is important in the manufacture of bread and alcoholic drinks.

## 29. Response to exercise and metabolism

### Response to exercise

During exercise, the body needs more energy.

The heart rate, breathing rate, and breath volume increase to supply the muscles with more oxygenated blood.

If muscles do not get enough oxygen, anaerobic respiration occurs.

Problems:

Incomplete oxidation of glucose means that less energy is released.

Lactic acid is produced.

An oxygen debt is caused.

Muscles become fatigued and stop contracting efficiently.

### After exercise (Higher only)

Lactic acid is transported by the blood from the muscles to the liver

It is converted back to glucose

This conversion requires oxygen.

The amount of oxygen required to convert the lactic acid back to glucose is called the **oxygen debt**.

### Metabolism

Metabolism is the total of all the reactions in a cell, or in the body.

The energy transferred by respiration in cells is used by the organism for the constant enzyme-controlled reactions that synthesis new molecules. These reactions are known as metabolism.

Metabolism includes:

respiration

glucose → starch/ glycogen/ cellulose

glucose + nitrate ions → amino acids → proteins

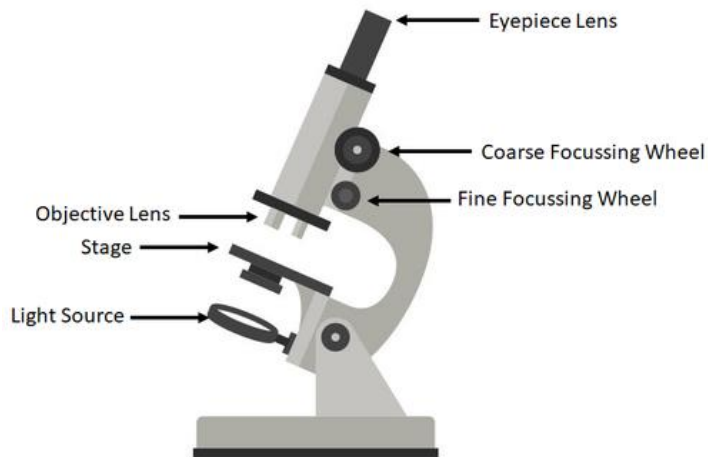
glycerol + fatty acids → lipids

breakdown of excess proteins → urea for excretion

# 30 Required Practicals 1: Microscopy and Food Tests

## Using a Microscope

1. Light on
2. Platform (stage) high
3. Lowest magnification objective lens first
4. Coarse focus first, then fine focus



## Rules for Biological Drawings

- Sharp pencil
- Smooth lines
- Ruler for label lines
- No arrowheads
- Add magnification (multiply eyepiece lens by objective lens)

## Food tests

Food	Test	Positive result
<b>Starch</b>	add iodine solution	turns black
<b>Sugars</b>	add Benedict's solution → heat	makes (orange) precipitate
<b>Protein</b>	add Biuret solution	turns purple
<b>Fats (lipids)</b>	add ethanol → shake → add water → shake	cloudy white emulsion



## 31. Required Practical 2: Osmosis

**Investigate the effect of concentration of salt or sugar solutions on mass of potato**

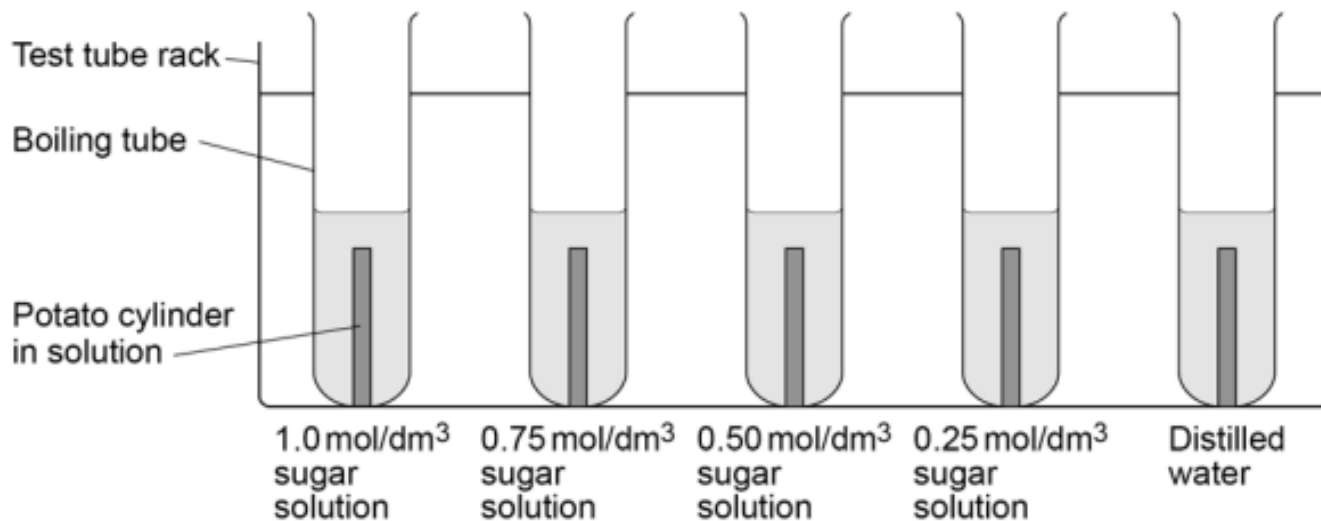
**IV:** concentration of salt (or sugar) solution (need at least 5 different concentrations)

**DV:** change in mass of potato cylinders

**CV:** volume of salt solution; surface area of potato; time in solution; all potato skin removed; method of drying the potato

### Method

1. Use a cork borer to cut 5 pieces of potato; make them the same length.
2. Place a known volume of each salt solution into each of 5 boiling tubes.
3. Weigh each potato cylinder.
4. Add one potato to each boiling tube, recording the mass for each.
5. After 30 minutes, remove each piece of potato; dry by rolling three times on a paper towel.
6. Reweigh each potato piece.
7. Calculate the change in mass of the potato and the % change in mass.
8. Plot a graph of salt concentration against % change in mass.



## 32. Required Practical 3: Enzymes

**Investigate the effect of pH on the reaction of amylase enzyme**

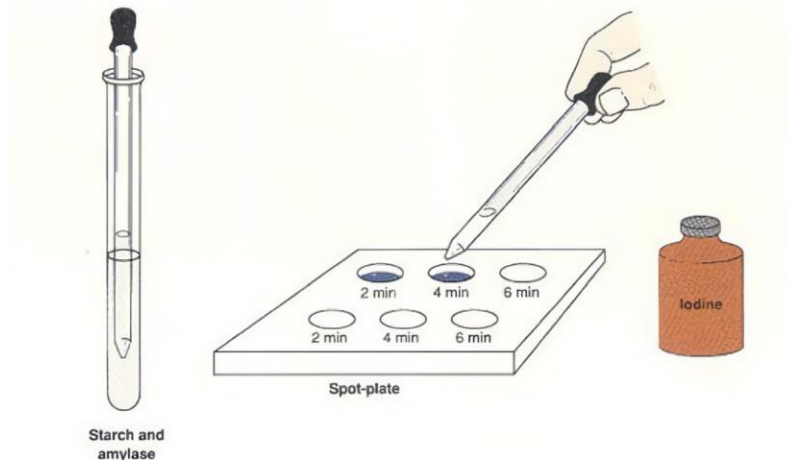
**IV:** pH (change using at least 5 different buffer solutions)

**DV:** time taken to digest starch (measured as the time it takes for a sample of the mixture **not** to turn black when mixed with iodine solution)

**CV:** volume and concentration of amylase solution; volume and concentration of starch solution; temperature; time for samples

### Method:

1. Place known volume of starch solution into a boiling tube.
2. Place known volume of amylase solution into the boiling tube.
3. Stir using a glass rod.
4. Take a sample of mixture and place onto a spot tile.
5. Add a drop of iodine solution to the spot tile; repeat every 30s; record the time taken for the mixture not to turn black.
6. Repeat steps 1 – 5 for at least 5 different pHs.



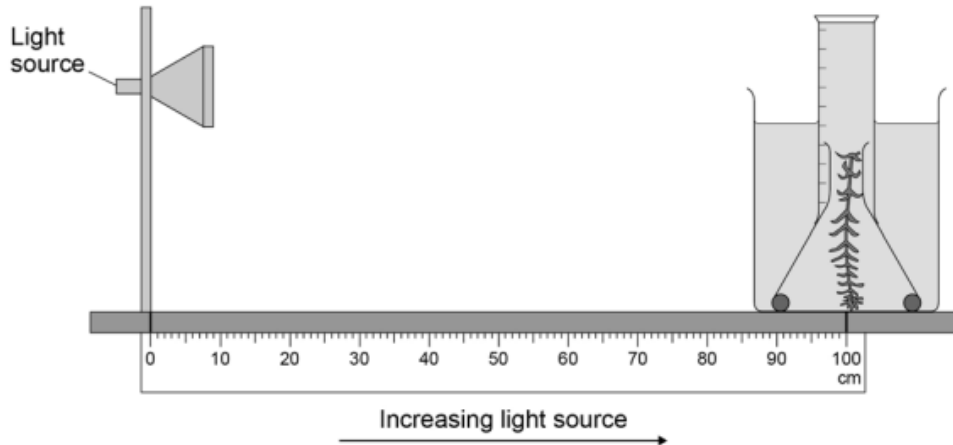
### 33. Required Practical 4: Photosynthesis

**Investigate the effect of light intensity on the rate of photosynthesis**

**IV:** light intensity (using at least 5 different distances from lamp to pondweed)

**DV:** number of bubbles released from pondweed per minute

**CV:** concentration of carbon dioxide; power of the bulb; no background light; time; length of pondweed



**Method:**

1. Cut a piece of pondweed, with a diagonal cut.
2. Place cut end uppermost into a boiling tube.
3. Immerse in water or a dilute solution of sodium hydrogen carbonate (to provide carbon dioxide).
4. Place a lamp 10cm away from the boiling tube; turn off all other lights.
5. When bubbles appear, start to count bubbles for one minute.
6. Using same pondweed, repeat the experiment, increasing the distance from the lamp by 10cm each time, for at least 5 distances.
7. Plot a graph of distance from the lamp against number of bubbles produced per minute.

# Biology Paper 2 (Combined Science: Higher & Foundation)

34. Homeostasis
35. Reflex actions
36. Endocrine System
37. Control of blood glucose
38. Diabetes
39. Adrenaline, thyroxine
40. Hormones in human reproduction
41. Hormones to treat infertility
42. Contraception
43. Adaptation and independence
44. Competition
45. Organisation of an ecosystem
46. Recycling materials: carbon
47. Recycling materials: water
48. Biodiversity and human interaction 1
49. Biodiversity and human interaction 2
50. Variation
51. Chromosomes
52. Cell division: mitosis
53. Cell division: meiosis
54. Reproduction: asexual and sexual
55. Genetic crosses: definitions and inheritance
56. Genetic crosses: Punnett squares
57. Evolution
58. Evidence for evolution: fossils, extinction
59. Evidence for evolution: resistant bacteria
60. Selective breeding
61. Cloning
62. Genetic engineering
63. Classification
64. Required practical 6: Human reaction time
65. Required practical 7: Field investigations 1
66. Required practical 8: Field investigations 2
- 67-68 Maths in Science

## 34. Homeostasis

**Homeostasis** is maintaining constant internal conditions, so that cells can survive.

Cells in the body can only survive within narrow physical and chemical limits. Outside of these limits, enzyme action and all cell functions stop.

Homeostasis maintains optimal conditions.

This includes

Blood glucose concentration

Body temperature

Water levels.

Homeostasis is **automatic**.

There are two automatic control systems in the body.

1. The nervous system
2. The endocrine system (chemicals called hormones).

The nervous system enables humans to react to changes in surroundings and to coordinate behaviour.

Automatic control systems have three parts.

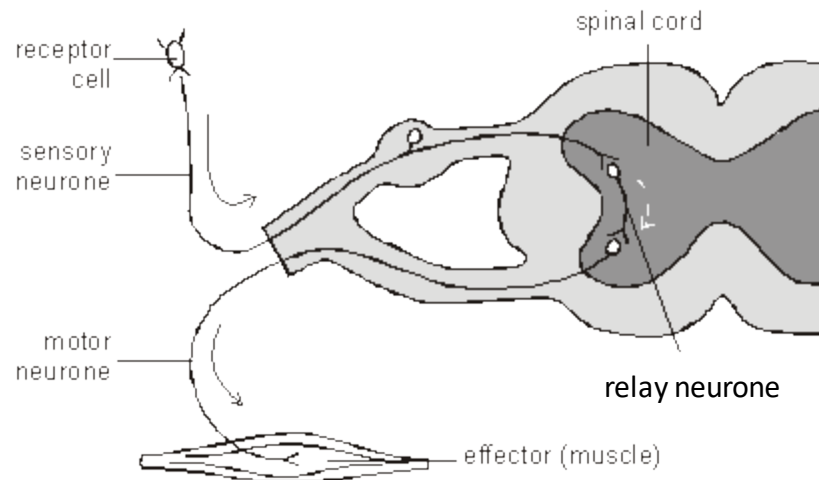
1. **Receptors**: cells that detect stimuli, and pass this information along neurones as electrical impulses.
2. **Coordination centre** is the central nervous system, which receives and processes information from receptors. The CNS sends instructions to...
3. **Effectors** that make changes to restore optimum levels, e.g. muscles or glands.

## 35. Reflex Actions

Reflexes are quick and short lasting.

They do not involve the conscious part of the brain.

Gaps between neurones are called synapses.



stimulus



receptor



sensory neurone



synapse



relay neurone



synapse



motor neurone



effector



response

## 36. The Endocrine System

### Examples of endocrine glands

Pituitary gland

Thyroid

Pancreas

Adrenal gland

Ovary

Testes

### The Endocrine System

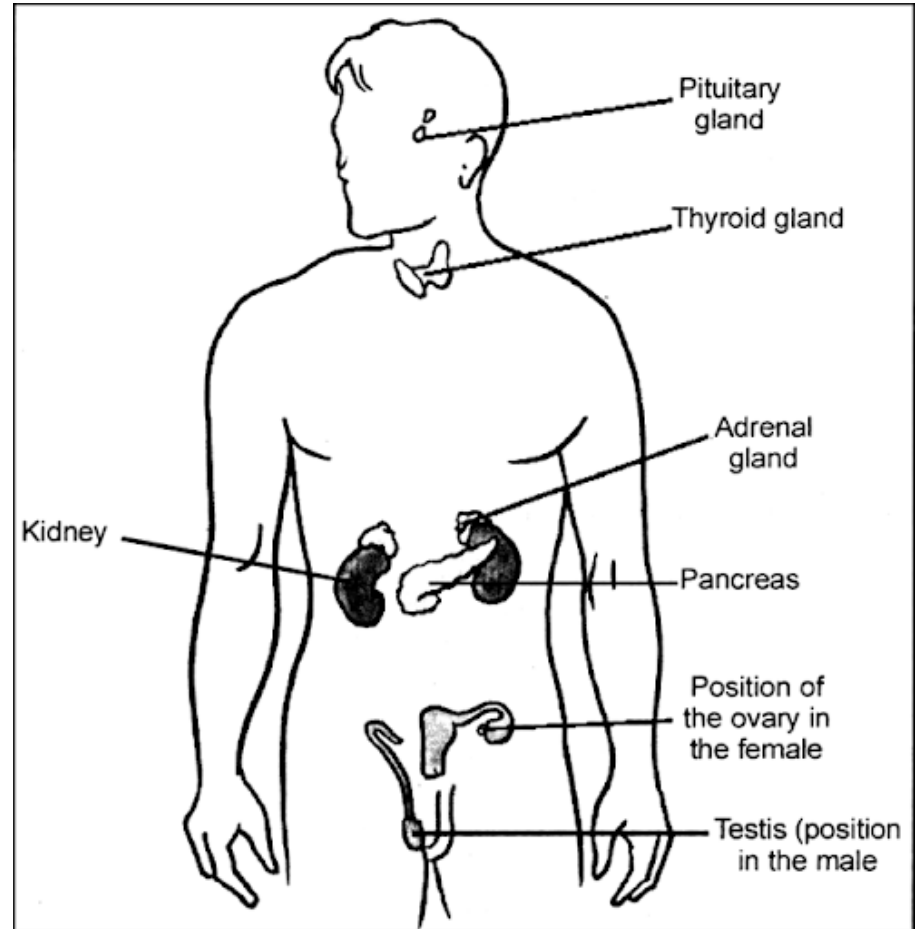
The endocrine system is made of glands.

Glands secrete (release) chemicals called hormones.

Hormones are secreted straight into the blood stream.

The blood carries the hormone to a target organ where it produces an effect.

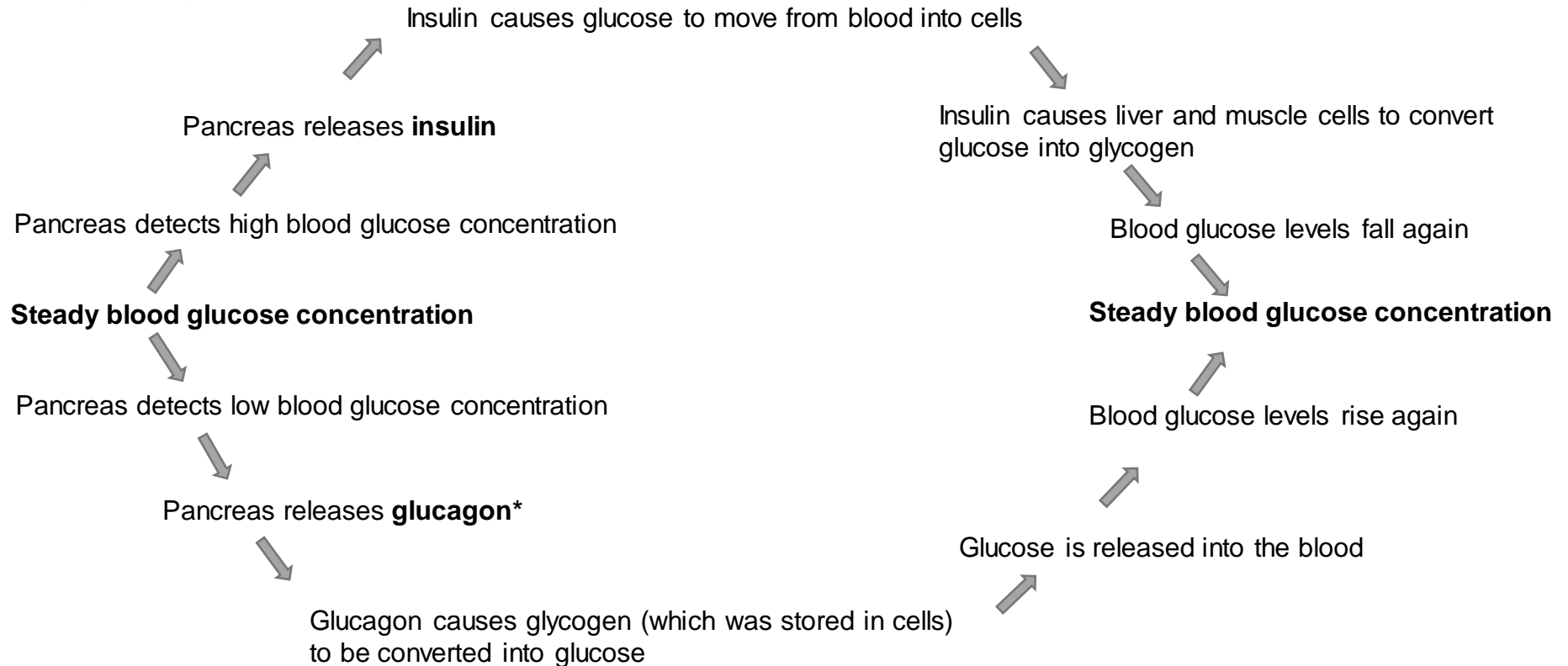
Compared to the nervous system, the effects are slower but last longer.



## 37. Control of blood glucose

Blood glucose concentration is monitored and controlled by the pancreas.

\*Glucagon is higher only



**Negative feedback:** when the body responds to a change in a factor (temperature, glucose concentration, salt concentration) by correcting it.



## 38. Diabetes

**Type 1 diabetes** is a disorder.

The pancreas does not produce enough insulin.

People with type 1 diabetes have uncontrolled high blood glucose levels.

Type 1 diabetes is treated with insulin injections.



**Type 2 diabetes** is a disorder.

Cells do not respond to insulin.

Obesity is a risk factor for type 2 diabetes.

Type 2 diabetes is treated with a carbohydrate-controlled diet (e.g. starch rather than sugar) and exercise regimes.



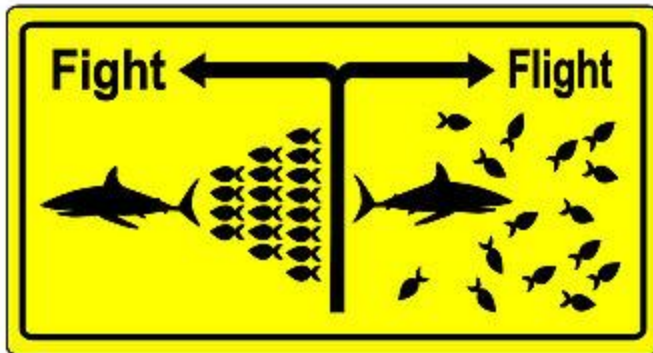
## 39. Adrenaline and thyroxine: higher only

**Adrenaline** is produced by the adrenal glands.

Adrenaline is produced in times of fear or stress.

Adrenaline increases the heart rate.

It increases the delivery of oxygen and glucose to the brain and muscles, preparing the body for fight or flight.



**Thyroxine** is produced by the thyroid gland.

Thyroxine stimulates the basal metabolic rate.

Thyroxine plays an important role in growth and development.



When thyroxine levels increase, signals sent to the thyroid gland turn off thyroxine production, so that levels decrease again.

This is another example of negative feedback.

## 40. Hormones in Human Reproduction

**Secondary sex characteristics** include the changes that take place at puberty.

During puberty reproductive hormones cause secondary sex characteristics to develop.

**Testosterone** is the main male hormone.

It is produced by the testes.

It stimulates sperm production.

Female hormone	Produced by	Function
<b>Follicle stimulating hormone (FSH)</b>	pituitary gland	causes an egg in the ovary to mature
<b>Luteinising hormone (LH)</b>	pituitary gland	causes the mature egg to be released into the oviduct – <b>ovulation</b>
<b>Oestrogen</b>	ovary	involved in thickening the lining of the uterus inhibits FSH
<b>Progesterone</b>	ovary	involved in maintaining the thickened lining of the uterus

## 41. Hormones to treat infertility: higher only

### **The use of hormones to treat infertility**

The woman may be given a 'fertility drug'.

This drug contains FSH and LH.

She may become pregnant in the normal way.

The couple may have **IVF treatment (in vitro fertilisation)**.

The woman is given FSH and LH to stimulate the maturation of several eggs.

The eggs are collected from the mother and fertilised by sperm from the father in the laboratory.

The fertilised eggs develop into embryos.

When they are tiny balls of cells, one or two embryos are inserted into the mother's uterus (womb).

### **Positives of fertility treatment**

Gives a woman/couple a chance to have a baby of her/their own.

### **Negatives of fertility treatment**

It is very emotionally and physically stressful.

The success rate is not high.

It can lead to multiple births, which are a risk to the babies and mother.

## 42. Contraception

Contraception can be used to control fertility.

Contraceptives may be classified as hormonal or non-hormonal.

Type	Method	How it works
Hormonal	Oral contraceptives	contain hormones to inhibit FSH production, so that no eggs mature
	Injection, skin patch or implant of slow-release progesterone	inhibit the maturation of eggs for a number of months or years
	Intrauterine devices (IUD)	prevent the implantation of an embryo or release a hormone
Non-hormonal	Barrier methods such as condoms and diaphragms	prevent the sperm reaching an egg
	Spermicidal agents	kill or disable sperm
	Abstaining from intercourse when an egg may be in the oviduct	prevents fertilisation
	Surgical methods of male and female sterilisation	eggs cannot move along oviduct; sperm cannot move along sperm ducts

## 43. Adaptation and interdependence

---

Ecosystem	The interaction of a community of living organisms with the non-living parts of their environment.
Community	A group of species that live in the same place. A change in an abiotic or a biotic factor can affect the community.
Interdependence	Each species in a community depends on other species for food, shelter, pollination, seed dispersal etc. If one species is removed it can affect the whole community.
Stable community	All the biotic and abiotic factors are in balance. Population sizes remain fairly constant.

### **Adaptation**

Organisms have features (adaptations) that enable them to survive in their natural environment.

Adaptations can be:

**structural**

**behavioural**

**functional**

Some organisms are adapted to very extreme environments – high temp, pressure or salt concentration. They are known as **extremophiles** e.g. bacteria in deep sea vents.

## 44. Competition

To survive and reproduce, organisms require materials – from biotic and abiotic sources.

These materials are limited; this leads to competition between individuals.

### Competition in plants

Light

Space

Water

Mineral ions

### Competition in animals

Food

Mates

Territory

**Abiotic factors** caused by non-living things:

light intensity

temperature

moisture levels

soil pH

soil mineral content

carbon dioxide (for plants)

oxygen (for aquatic animals)

wind intensity and direction

**Biotic factors:** caused by living organisms

availability of food

new predators

new pathogens

one species outcompeting another, leaving too few individuals to breed

## 45. Organisation of an ecosystem

Feeding relationships are shown in food chains.

Every food chain starts with a producer.

Producers synthesise (make) molecules.

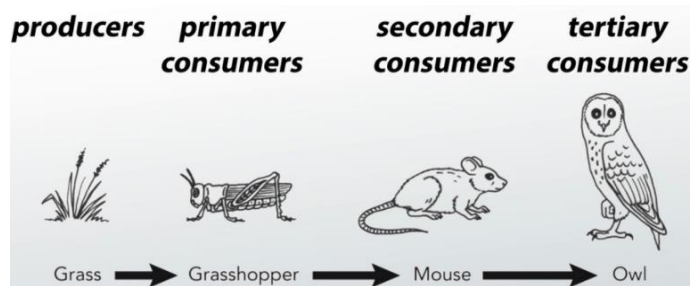
Usually, the **producer** is a green plant or alga that makes glucose by photosynthesis.

Photosynthetic organisms are the producers of biomass for life on Earth.

Producers are eaten by **primary consumers**.

Primary consumers may be eaten by **secondary consumers** and then **tertiary consumers**.

In a food chain, the arrow shows the direction of energy or biomass movement – from producer to consumer.



**Predators** kill and eat other animals.

Animals that are eaten are **prey**.

In a stable community the numbers of predators and prey rise and fall in cycles.

**Environmental changes** affect the distribution of species in an ecosystem.

These changes include:

temperature

availability of water

composition of atmospheric gases (abiotic factors)

The changes may be seasonal, geographic or caused by human interaction.



## 46. Recycling materials: carbon

All materials in the living world are recycled to provide the building blocks for future organisms. Two examples are the carbon and the water cycle.

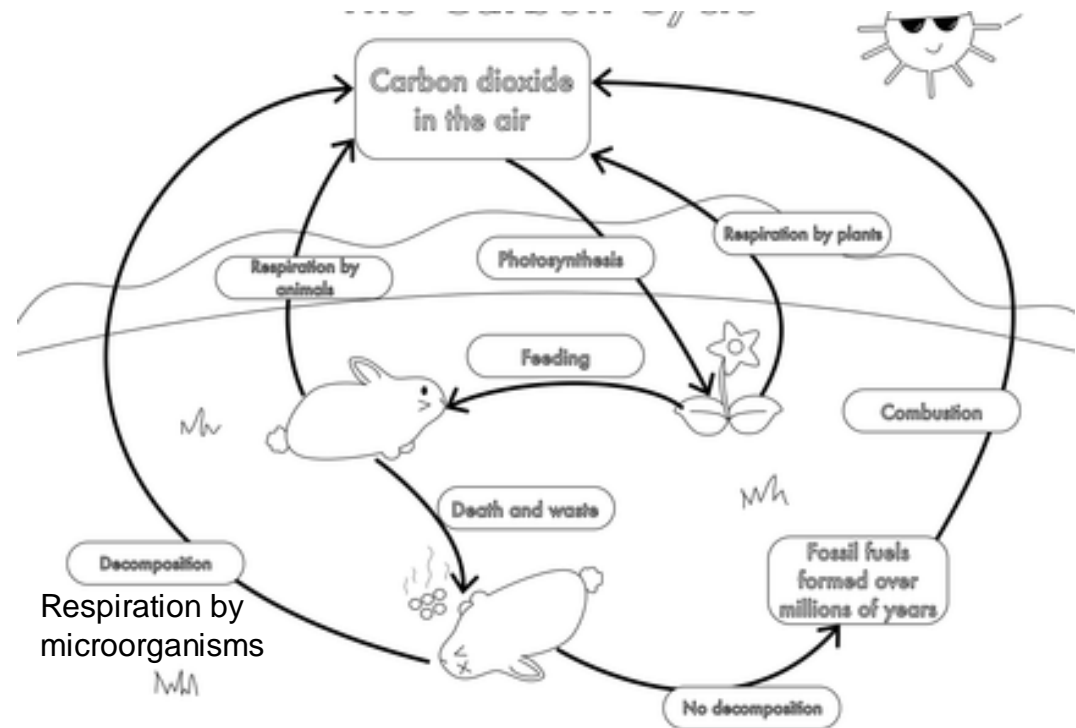
### Carbon Cycle

Carbon moves from the atmosphere into organisms through photosynthesis.

It is released from organisms to the atmosphere through respiration.

When living things die and decay, microorganisms (bacteria and fungi) break chemicals down.

They return carbon dioxide to the atmosphere and mineral ions to the soil.



## 47. Recycling materials: water

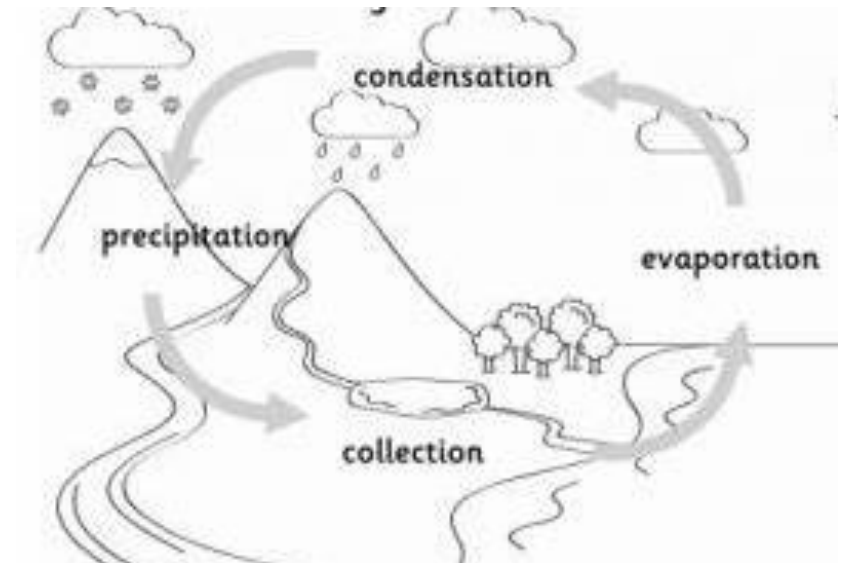
### Water cycle

Rain provides fresh water for plants and animals on land.

The water drains into the sea through rivers.

There is continuous evaporation of water from land and sea.

There is continuous precipitation of water onto the land and into the sea.



## 48. Biodiversity and human interaction 1

**Biodiversity:** the variety of all the different species of organism on earth, or within an ecosystem.

High biodiversity is good for the stability of ecosystems.

It reduces the dependence of species on one another for food and shelter.

Biodiversity is good for humans too – for food, for medicines, for materials.

Human activities have reduced biodiversity.

Only recently have humans made efforts to stop this reduction.

**Pollution** is increasing.

There are more humans and an increase in the standard of living, so we are using more resources and producing more waste.

Pollution kills plants and animals; this reduces biodiversity.

Pollution can occur:

In water – from sewage, fertiliser or toxic chemicals

In air – from smoke and acidic gases

On land – from landfill and toxic chemicals

**Global warming** is happening.

This is the consensus of scientists all over the world, based on thousands of peer-reviewed publications.

We have increased the levels of carbon dioxide and methane in the atmosphere.

Global warming impacts:

loss of habitat

loss of food

the spread of disease

This will lead to extinctions and the loss of biodiversity.

## 49. Biodiversity and human interaction 2

### Land use

Humans use land for building, quarrying, farming and dumping waste.

This reduces the land available for animals and plants.

We have destroyed **peat bogs** to produce cheap compost.

This reduces the habitat and reduces biodiversity.

Compost increases food production.

When peat decays or burns, it releases carbon dioxide into the atmosphere.

**Deforestation** is the reduction in size of forests.

Deforestation is a big problem in tropical areas.

People want the land for cattle and rice fields, and to grow crops for biofuels.

### Stopping the decline in biodiversity

There are breeding programmes for endangered species.

Rare habitats are protected and regenerated.

Farmers have reintroduced hedgerows to promote biodiversity.

Some governments have passed laws to reduce deforestation and carbon dioxide emissions.

Some governments have passed laws to increase recycling resources instead of dumping waste in landfill.

## 50. Variation

There is usually extensive genetic variation within a population of a species.

**Variation** means differences in the characteristics of individuals in a population.

### **Causes of variation:**

The genes they have inherited (genetic causes)

The conditions in which they have developed  
(environmental causes)

A combination of genes and the environment.

# 51. Chromosomes

Refer back to paper 1 page 6

A **genome** is the entire genetic material of an organism.  
The whole human genome has been studied.

In a eukaryotic cell, genetic material is found in the nucleus, and contained in chromosomes.

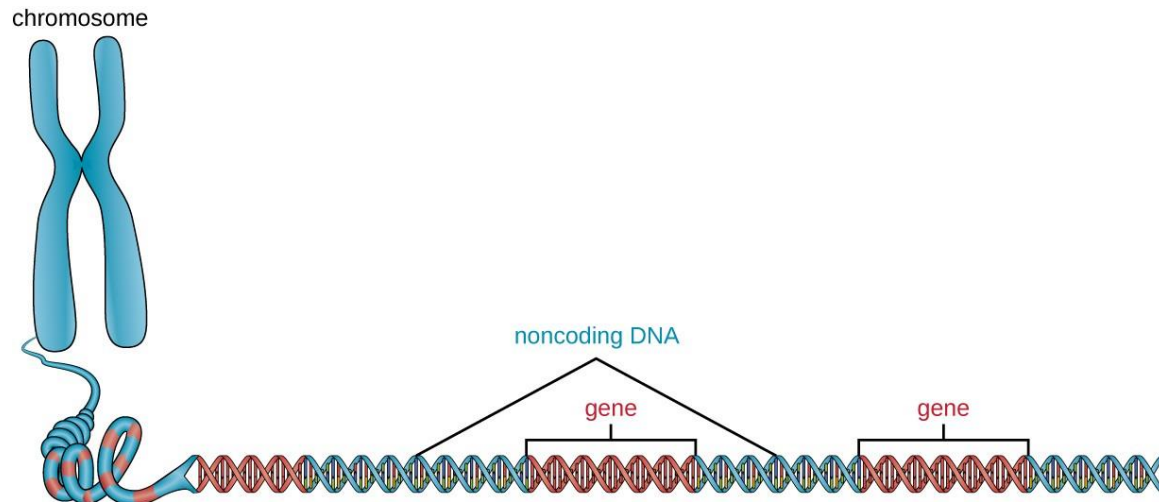
Humans have 23 pairs of chromosomes in their body cells.

Genetic material is made of a chemical called DNA.

A **gene** is a short section of DNA on a chromosome  
A gene codes for a sequence of amino acids, making a specific protein.

Not all parts of DNA code for proteins.

**Non-coding** parts of DNA can switch genes on and off, so variations in these areas of DNA may affect how genes are expressed.

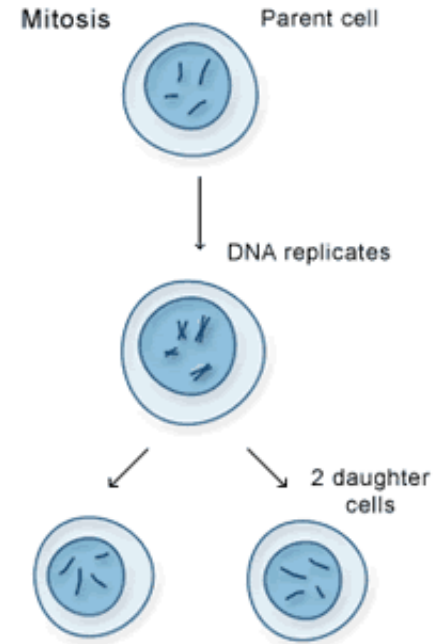


## 52. Cell Division: Mitosis (reminder from paper 1)

Mitosis happens in body cells.

In mitosis, the number of chromosomes remains the same.

Stage of the cell cycle	Events
1	The cell grows. The DNA replicates to form two copies of each chromosome. New mitochondria and ribosomes are made.
2.	<b>Mitosis:</b> one set of chromosomes is pulled to each end of the cell. The nucleus divides.
3	The cytoplasm and cell membranes divide. There are now two identical cells.



### Uses of cell division by mitosis

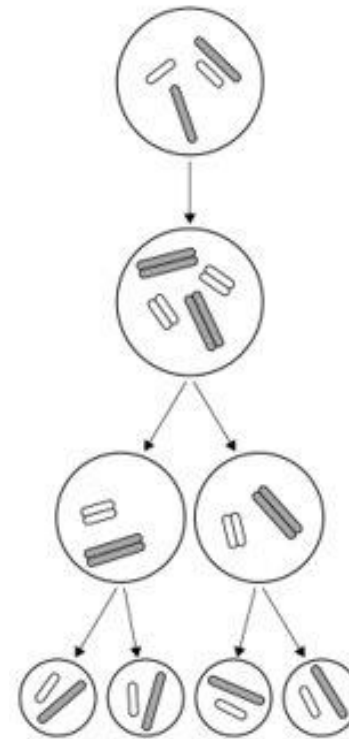
1. Growth
2. Repair of tissues
3. Asexual reproduction

## 53. Cell Division: Meiosis

Meiosis happens in reproductive organs: ovaries and testes.

In meiosis, the number of chromosomes is halved.

The full number of chromosomes is restored when the male and female gametes fuse during fertilisation.



Stage of the cell cycle	Events
1	The cell grows. The DNA replicates to form two copies of each chromosome. New mitochondria and ribosomes are made.
2.	<b>Meiosis:</b> the chromosomes are pulled to opposite poles twice.
3	The cytoplasm and cell membranes divide twice. There are now four genetically different gametes (sex cells) Each gamete has just one set of chromosomes.

### At fertilisation

Male and female gametes join.

The new cell has two sets of chromosomes.

The new cell divides by mitosis.

### After fertilisation

The cells continue to divide by mitosis.

The cells begin to differentiate.



## 54. Reproduction: Asexual and Sexual

**Asexual reproduction** involves only one parent.

There is no fusion of gametes.

There is no mixing of genetic information.

The offspring are genetically identical.

They are clones.

Only mitosis is involved.

**Sexual reproduction** involves the fusion of male and female gametes (sex cells)

In animals, these are sperm and egg cells.

In flowering plants, these are pollen and egg cells.

Sexual reproduction involves the mixing of genetic information.

This leads to variety in the offspring.

Gametes are made through **meiosis**.

## 55. Genetic Crosses: definitions and inheritance

Term	Meaning
<b>gene</b>	part of a chromosome that codes for a protein e.g. codes for eye colour
<b>allele</b>	version of a gene e.g. blue eyes, brown eyes
<b>genotype</b>	the alleles that an organism has e.g. AA, Aa or aa
<b>phenotype</b>	the characteristics that an organism has e.g. tall, dimples, red flowers
<b>dominant</b>	A dominant allele is always expressed, even if there is only one copy
<b>recessive</b>	two copies of a recessive allele are required for it to be expressed
<b>homozygous</b>	two of the same alleles for a gene e.g. AA or aa
<b>heterozygous</b>	two different alleles for a gene e.g. Aa

**Polydactyly** causes extra fingers or toes.

It is caused by a dominant allele.

**Cystic fibrosis** is a disorder of cell membranes, causing mucus to block narrow passages such as the bronchioles.

It is caused by a recessive allele.

### **Sex determination**

Humans have 23 pairs of chromosomes in each nucleus but only one pair determines sex.

Human females have XX.

Human males have XY.

## 56. Genetic Crosses: Punnett Squares

Parents: Pp x Pp

Gametes: P, p P, p

		Father	
		P	p
Mother	P	PP	Pp
	p	Pp	pp

The chance of any one offspring being pp is 1 in 4 or 25%

Parents: pp x Pp

Gametes: p, p P, p

		Father	
		p	p
Mother	P	Pp	Pp
	p	pp	pp

The chance of any one offspring being pp is 50% or 1 in 2

## 57. Evolution

**Evolution** is a change in the inherited characteristics of a population over time through a process of natural selection. This may result in the formation of a new species

The theory of evolution by natural selection states that all species of living things have evolved from simple life forms that first developed more than three billion years ago.

### **Natural Selection**

Mutation causes variation in the population. Individuals with characteristics most suited to the environment are more likely to survive to breed successfully. These characteristics are then passed on to the next generation.

Over many generations, the proportion of the population with this characteristic increases.

## 58. Evidence for evolution: fossils and extinction

Charles Darwin was criticised in the 1800s as he didn't have sufficient evidence for his theory of natural selection. There is now lots of evidence for natural selection.

### **Fossils are evidence for natural selection.**

Fossils are the remains of organisms from millions of years ago, found in rocks.

We can learn from fossils about how life changed over time.

Fossils show us that extinctions happen.

**Extinction** is due to :

New disease

New predator

Climate change

Habitat loss

Single catastrophic events e.g. an asteroid

### **Formation of fossils:**

Replacement of hard parts of organisms with minerals as they decay

Imprints of organisms e.g. footprints, burrows, rootlet traces

Preserved parts of organisms that have not decayed, due to lack of oxygen, water or warmth

### **Problems with the fossil record**

Many early life forms were soft bodied.

They have left few traces behind.

These have mainly been destroyed by geological activity.

So we can't be certain about how life began.

## 59. Evidence for evolution: antibiotic resistant bacteria

**Resistant bacteria are evidence for natural selection  
(refer to page 23 – medical drugs)**

Mutation causes variation in the population – some bacteria are more resistant to antibiotics than others.

Resistant bacteria have an advantage as they are less likely to be killed by antibiotics.

These individuals survive and reproduce.

The genes for the resistance are passed on.

The resistant strain becomes more common.

**To combat resistant strains:**

Doctors should not give antibiotics for mild infections or viral infections

Patients should complete the whole course of antibiotics so all bacteria are killed and none survive to mutate and become resistant

Antibiotics should be used less by farmers in pigs, cows, sheep etc.

## 60. Selective breeding

**Selective breeding** is the process where humans breed plants and animals for particular characteristics.

People have been doing this for thousands of years to produce food crops and domesticated animals.

Mutations cause variation in the population.

Individuals with a particular characteristic are chosen by humans.

These individuals are allowed to reproduce.

The genes for the characteristic are passed on and become more common over time.

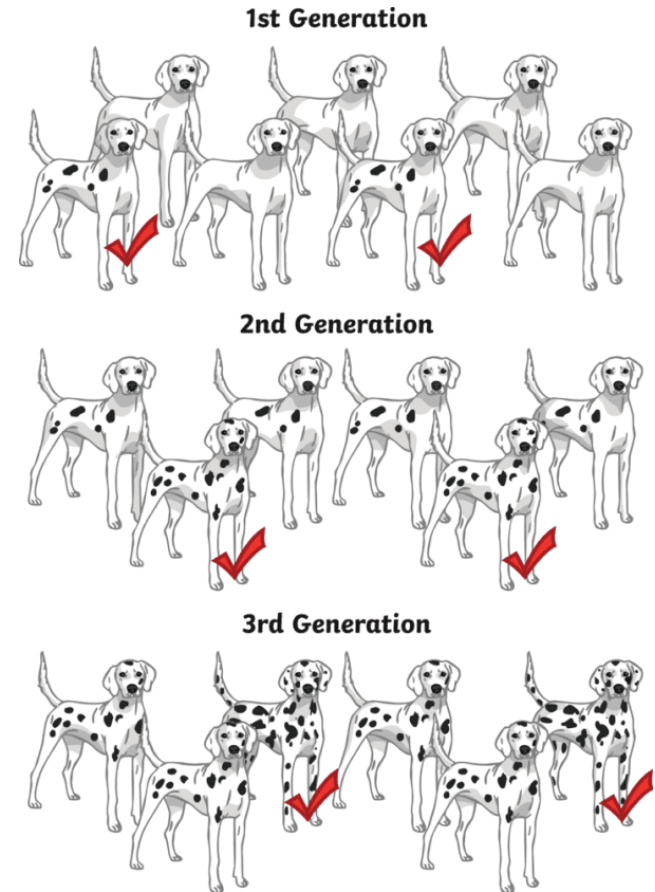
**Examples** include:

Disease resistance in crops

Animals that produce more meat or milk

Domestic dogs with a gentle nature

Large or unusual flowers



**Disadvantages:**

Selective breeding can lead to inbreeding.

Some breeds are prone to disease.

## 62. Genetic Engineering

**Genetic engineering** is where a genome of an organism is changed by technology.

A gene is taken from one organism and given to another to produce a desired characteristic.

### Examples:

Plants have been genetically engineered to produce a bigger yield and be resistant to disease.

Bacteria have been engineered to produce useful chemicals e.g. insulin.

### The method (higher only)

Enzymes are used to cut out the useful gene from one organism.

The useful gene is inserted into a vector

The vector inserts the useful gene into the required cell

This is done at an early stage of development

### Objections

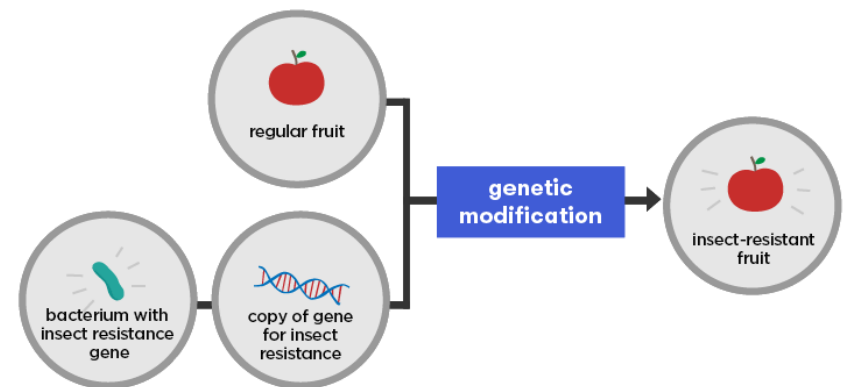
Some people object to genetic engineering.

There may be risks to human health that we don't yet understand.

There may be an effect on wild populations of flowers and insects.

### Benefits

Genetic engineering could be used to cure diseases.





## 63. Classification

### Classification

Originally **Carl Linnaeus** classified organisms by their structure and characteristics into the following system:



Animal Example	Taxonomic Rank
Animalia	<b>Kingdom</b>
Chordata	<b>Phylum</b>
Mammalia	<b>Class</b>
Primate	<b>Order</b>
Hominidae	<b>Family</b>
<i>Homo</i>	<b>Genus</b>
<i>sapiens</i>	<b>Species</b>
Human	Common Name

The genus and the species gives the binomial name, e.g. *Homo sapiens*

The genus always starts with a capital letter, and the species with a small case letter.

Our understanding of internal structures, biochemistry and genetics meant that some organisms were reclassified.

Three new groups called domains were proposed by **Carl Woese**.

Archaea – bacteria living in extreme environments

Bacteria – true bacteria

Eukaryota – animals, plants, fungi and protists.

## 64. Required Practical 5 – Human Reaction Time

**Plan and carry out an investigation into the effect of a factor on human reaction time.**

IV: number of times a ruler is dropped

DV: measuring the distance where it is caught (we get faster, up to a point)

CV: same person

CV: same hand

CV: rest elbow on the table

CV: hold ruler in same position

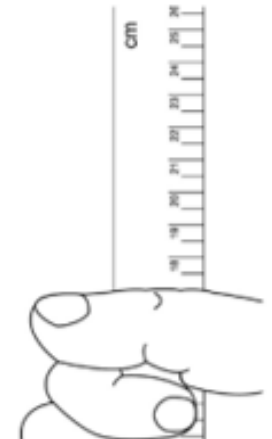
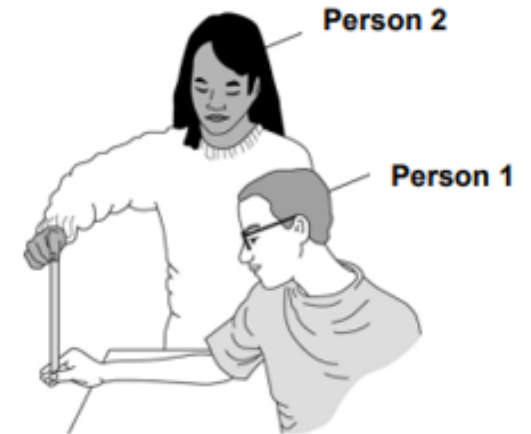
### 1. Method

2. Place your weakest hand on a table with your hand over the edge.
3. Your partner holds a metre ruler at 0 cm above your hand so the top of your thumb is at the zero mark.
4. Without any notice, your partner drops the ruler and you catch it.
5. Read metre ruler from the top of the thumb.
6. Repeat steps 1-4 four more times.
7. Convert the distance on the ruler into reaction time in seconds using a table of data.

### To improve the method

To be more confident of the results, carry out 3 replicates on different people to identify anomalies; remove any anomalous results; calculate a mean.

Use a computer to give a more precise reaction time because they remove the possibility of human error and it is more accurate.



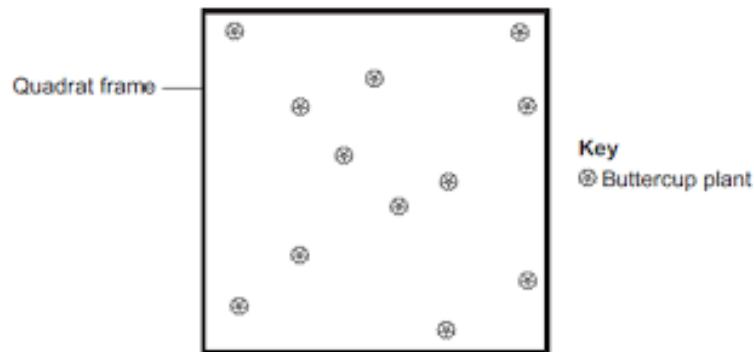
# 65. Required Practical 6 – Field Investigations 1

**Measure the population size of a common species in a habitat.**

**Use sampling techniques to investigate the effect of a factor on the distribution of this species.**

Quadrats are square shapes that are placed on the ground; the numbers of organisms in the square can be counted.

Transects are lines that are placed on the ground; quadrats can be placed at regular intervals along the transect to find out if the number of organisms changes along the line.



## Method to estimate population size

1. Choose one area to investigate.
2. Divide the area into an imaginary grid.
3. Use a random number generator to select points in the area e.g. 4m in one direction, and 3m at right angles to this point.
4. Place the quadrat down so that the left-hand bottom corner is on the identified point.
5. Count the number of dandelion plants in the quadrat.
6. Record the number in your results table.
7. Repeat at least 10 times.
8. Calculate the mean number of dandelions per quadrat.
9. Calculate the total area of the field.
10. Divide the area by the area of one quadrat, then multiply this number by the mean number of dandelions per quadrat.

## To improve the method

Dependent on random sampling, so will be more valid if more quadrats are used, or larger quadrats are used.

Repeat at different times of the year.

## 66. Required Practical 7 – Field Investigations 2

**Use sampling techniques to investigate the effect of a factor on the distribution of this species.**

Quadrats are square shapes that are placed on the ground; the numbers of organisms in the square can be counted.

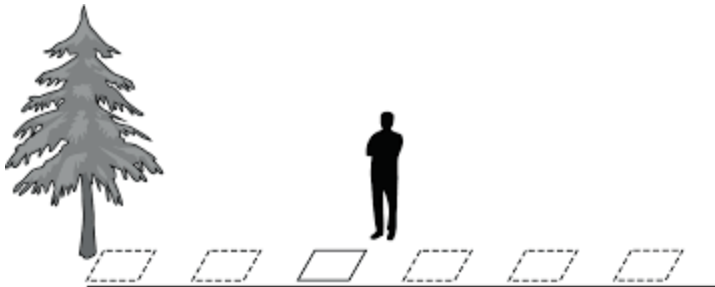
Transects are lines that are placed on the ground; quadrats can be placed at regular intervals along the transect to find out if the number of organisms changes along the line.

IV: light intensity

DV: number of daisies per quadrat

CV: size of quadrat

CV: sample every 1m along transect



### **Method to investigate the effect of light intensity**

1. Choose two areas where dandelions grow; one in a sunny area and one in the shade.
2. Measure the light intensity in the sunny area.
3. Put down a transect line in the sunny area – do not look at the grass as you lay the line down.
4. Place the quadrat down next to the line at the start.
5. Count the number of dandelion plants in the quadrat.
6. Record the number in your results table.
7. Move the quadrat 1m further along the transect and repeat at least 8 times.
8. Repeat in the shady area.

### **Problems with the design of the method**

Other variables are not controlled in this method. The soil pH, temperature, water availability and trampling may all affect the distribution of plants.

### **To improve the method**

Complete three transects in each area.

Record observations.

Repeat at different times of the year.

## 67. Maths in Science 1

**Anomalous result** A number that does not fit the pattern

**Mean** Adding up a list of numbers and dividing by how many numbers are in the list.  
Exclude the anomalous result.

**Median** The middle value when a list of numbers is put in order from smallest to largest

**Mode** The most common value in a list of numbers.  
If two values are tied then there are two modes.  
If more than two values are tied then there is no mode.

**Range** The largest number take away the smallest value in a set of data or written as X-Y.

**Uncertainty** range  $\div$  2

**Surface area of a cube** (area of 1 side) x 6 sides

**Volume of a cube** Width x height x depth

**Area of a circle**  $\pi$  x (radius)<sup>2</sup>

### Prefixes

$$1 \text{ kJ} = 1 \times 10^3 \text{ J} = 1000 \text{ J}$$

$$1 \text{ pm} = 1 \times 10^{-12} \text{ m}$$

$$1 \text{ mm} = 1 \times 10^{-3} \text{ m} = 0.001 \text{ m}$$

kilo	$10^3$
centi	$10^{-2}$
milli	$10^{-3}$
micro	$10^{-6}$
nano	$10^{-9}$
pico	$10^{-12}$

**5607.376**

**Standard form:**  $5.607 \times 10^3$

**2 decimal places:** 5607.38

**3 significant figures:** 5610

**0.03581**

**Standard form:**  $3.581 \times 10^{-2}$

**2 decimal places:** 0.04

**3 significant figures:** 0.0358

## 68. Maths in Science 2

**Calculating percentage:** (part ÷ whole) x 100

e.g. Out of 90 insects, 40 of them were ladybirds. What is the % of ladybirds?

$$(40 \div 90) \times 100 = 44 \%$$

**Calculating percentage change:**

(difference ÷ starting value) x 100

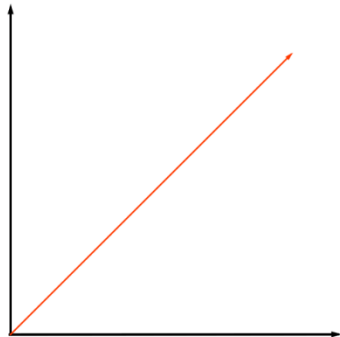
$$(0.59 \div 2.22) \times 100 = 26.6 \%$$

Conc of Sucrose (M)	Mass of potato at start (g)	Mass of potato at end (g)	Change in mass (g)
0	2.22	2.81	0.59

### Graphs

#### Proportional ( $\alpha$ )

When the line passes through the origin

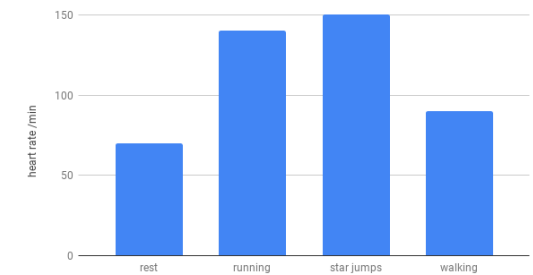


x axis = independent variable = left hand column of results table

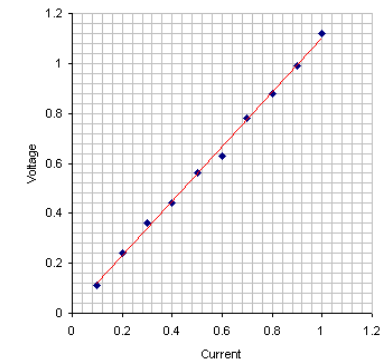
y axis = dependent variable = right hand column of results table

**Categoric data:** data put into groups e.g. colour of eyes  
Draw a bar chart

The effect of exercise on heart rate



**Continuous data:** data that can take any value e.g. current  
Draw a line graph



### Gradient and Graphs

$$\text{Gradient} = \frac{\text{Change in y}}{\text{Change in x}}$$

