

VAPING AND E-CIGARETTES THE FACTS

Derby City Secondary Schools
Awareness Week



BBC

NEWS

Australia to ban recreational vaping in major public health move

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Call for more action to curb teen vaping

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Government to crack down on vape advertising 'targeted at children'

In the News

Vaping: Young people reveal fears about the habit

Young people have revealed their fears about the health risks of vapes.

On Tuesday, the UK government said it would close a loophole allowing shops to give free samples to children.

The Welsh government has also said it would publish its plan for preventing children and young people vaping.

Asked by the BBC in Cardiff, Charlotte, 19 said: "I think in the future we're going to be quite shocked by how bad it can be."

Georgia, 16, added: "It's very popular, I guess peer pressure is a big thing in it."

Why?

Schools across the UK have noticed the increase in vaping and are concerned that young people are being targeted to try vaping but are not aware of the risks and consequences.

Current vaping among children 11-17 is up from 4% in 2020, around the time of the first lockdown, to 7% in 2022

Over half (56%) of 11-17 year olds reported being aware of e-cigarette promotion, most frequently in shops, or online e.g. Tik Tok, Instagram.

Vaping was only designed to help people quit smoking. They are not meant for people who don't smoke as they are not harmless

Who is being targeted?



Vapes are sold in colours and flavours that are designed to target children and young people.



The shops and online sellers who are knowingly selling vapes to under 18s don't care who they sell to and they are just interested in making money.

Remember that it's illegal to sell vapes to under 18s, and for adults to buy them on their behalf. This is because they contain nicotine which is a highly addictive chemical.

Nicotine is made from tobacco. This industry want young people to become addicted so they can make money out of you

Those who knowingly sell to under 18s are driven by profit and don't care who they sell to.

DON'T BE DUPED!

IT'S ALL ABOUT YOU!

The impact of vaping on the health of young people is a big concern.



Vapes contain nicotine. This is a highly addictive chemical that causes damage to your developing brain.



Disposable vapes have been found to contain dangerous levels of metals that are poisonous.

In the short term, vaping can cause headaches, dizziness, sore throats and make you more likely to catch other illnesses. However the long term effects are still not known.



In Derby City

All of the Derby City secondary schools are working together to highlight the facts and concerns about vaping.

Having vapes in school, using or selling them are not allowed and can be illegal. These can have serious consequences including possible suspensions.

We are working with the Public Health department who are also concerned about the risks to your health.

We want all young people to be able to make informed choices and take care of themselves.



Awareness Week

All schools in Derby are participating in the awareness week.

- A letter is being to every family
- You will see posters/leaflets on display
- You may participate in some lessons or awareness sessions

**DON'T SMOKE?
DON'T START TO VAPE.**

VAPING AND E-CIGARETTES
THE FACTS

MOST CHILDREN AND YOUNG PEOPLE
DON'T VAPE OR SMOKE.
Vapes containing nicotine are age-restricted products: it is illegal to sell them to under 18s and for adults to buy them on their behalf.

VAPES ARE NOT HARMLESS. Short-term effects can include coughing, headaches, dizziness, and sore throats. Long-term effects are as yet unknown.

HARMFUL FOR THE ENVIRONMENT. Disposable vapes and the batteries inside them are bad for the environment, with many ending up in landfills.

Those who knowingly sell to under 18s are driven by profit and don't care who they sell to. **DON'T BE DUPED!**

DON'T SMOKE? DON'T START TO VAPE.