

Dear Parents/Carers

At Saint Benedict we aim to promote personal wellbeing and development for our pupils. During lessons and in tutor time, we teach pupils a Personal Development (PD) curriculum. This curriculum gives our pupils the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives.

The Department for Education have recently made Relationships, Sex and Health Education (RSHE) compulsory in all schools. We will begin to teach RSHE this term.

## What does the new guidance mean for our school?

We will be teaching pupils about healthy relationships and staying safe in the modern world, and about physical and mental health. We hope that we will equip pupils with the knowledge, understanding and positive values to be able to take responsibility for their well-being.

## How will the curriculum be delivered?

This curriculum will form part of our PD curriculum. This is taught during the school's tutor time. Subjects such as Science, Religious Studies, Physical Education and Computing will also contribute to the PD curriculum.

Some of the most sensitive topics will be taught by specialists in Religious Studies. All teaching will take place in a safe learning environment and will be underpinned by our Catholic ethos and values. There will be opportunities for pupils to ask questions to further their understanding. The curriculum will be monitored and reviewed regularly by leaders and Governing body.

## What if I have questions?

You can find out more information on our RSHE Online Consultation page on the school website from Monday 10<sup>th</sup> May, where you will find the draft policy and details of our curriculum content. Much of the content is statutory – it is a government requirement that we teach it. This page will be available until Friday 21<sup>st</sup> May 2021.

There is a 'frequently asked questions' document, which includes important information for parents who are concerned about how this curriculum might impact their child. We hope that this document will reassure you.

We welcome your feedback and questions, by the 21st May 2021. You can provide this by

- Contacting me by email: <u>dkelly@saintben.derby.sch.uk</u>
- Completing the online form on our website
- Writing to me at school, marking the envelope FAO Mr Kelly

Yours sincerely

Assistant Headteacher



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